



EUROPE

## WHO Regional Office for Europe

### Empowerment in Mental Health – Working together towards Leadership

A meeting in partnership with the European Commission

Hosted by EUFAMI

27-28 October 2010, Leuven, Belgium

#### Wednesday 27 October 2010

<b>8.00-9.00</b>	Registration
<b>9.00-9.45</b>	<b>OPENING SESSION</b> <ul style="list-style-type: none"><li>• Louis Tobback, Burgermeester of Leuven</li><li>• Matt Muijen, World Health Organization Regional Office for Europe</li><li>• Jürgen Schefflein, European Commission DG Sanco</li><li>• Debra Shulkes, ENUSP</li><li>• Kevin Jones, EUFAMI, host</li></ul>
<b>09.45-11.00</b>	<b>SESSION ONE: Empowering users and carers</b> Chair: Matt Muijen <ul style="list-style-type: none"><li>• The WHO-EC Partnership Project: Anja Baumann</li><li>• User movement and empowerment: David Crepaz-Keay</li><li>• Carer leadership: Connie Magro, EUFAMI</li><li>• User research and empowerment: Diana Rose, Felicity Callard</li></ul>
<b>11.00-11.30</b>	<b>Coffee break</b>
<b>11.30-12.45</b>	<b>SESSION TWO: Developing communities that empower people</b> Chair: Anja Baumann <ul style="list-style-type: none"><li>• Challenging disempowerment and fighting discrimination: Clemens Huitink</li><li>• Mental health promotion and social inclusion: Lynne Friedli</li><li>• Empowerment and community integration: Malgorzata Kmita</li></ul>
<b>12.45-14.00</b>	<b>Lunch break</b>
<b>14.00-15.30</b>	<b>DEBATE: User and carer leadership in empowerment</b> Chair: Andrew McCulloch Participants: <ul style="list-style-type: none"><li>• Mary Van Dievel, Mental Health Europe</li><li>• Paul Arteel, Gamian</li><li>• Debra Shulkes, ENUSP</li><li>• Connie Magro, EUFAMI</li><li>• Manuel Gomez-Beneyto, Ministry of Health, Spain</li></ul>
<b>15.30-16.00</b>	<b>Coffee break</b>
<b>16.00-17.30</b>	<b>PARALLEL WORKSHOPS</b> <ul style="list-style-type: none"><li>• User and carer leadership (chaired by Paul Arteel and Peter Ryan)</li><li>• Empowered services (chaired by Jean-Luc Roelandt and Roberto Mezzina)</li><li>• Employment opportunities for people with mental health problems (chaired by Malgorzata Kmita and María J San Pío)</li></ul>
<b>19.00</b>	<b>Reception</b>

## Thursday 28 October 2010

<b>09.00</b>	<b>Opening of day two:</b> Kevin Jones, Anja Baumann
<b>9.00-11.00</b>	<b><i>SESSSION ONE: Working with governments towards empowerment</i></b> Chair: Jürgen Scheftlein <ul style="list-style-type: none"><li>• The role of governments in user empowerment: Andrew McCulloch</li><li>• The role of service users in governments: Hédinn Unnsteinsson</li><li>• The use of WHO indicators for empowerment in mental health: Nicolas Daumerie</li><li>• Quality assurance and monitoring of mental health services: Angela Sweeney</li><li>• Family training and empowerment trough PROSPECT: Annette Devèze</li></ul>
<b>11.00-11.30</b>	<b>Coffee break</b>
<b>11.30-13.30</b>	<b><i>SESSION TWO: Panel “The way forward – realizing the vision”</i></b> Moderator: Matt Muijen Clemens Huitink, Hédinn Unnsteinsson, Kevin Jones, Anja Baumann, Jürgen Scheftlein
<b>13.30-14.30</b>	<b>Lunch</b>
Breaks	<b>Poster exhibition</b>