

ACTIVITY REPORT 2012/2013: SUMMARY

HEPA Europe

European network for the promotion of Health-Enhancing Physical Activity

Background

At the 8th annual meeting in Cardiff, United Kingdom (27 September 2012), a number of activities were endorsed to be carried out by the network in 2012/2013¹. The state of affairs on these activities is summarized in this document.



This short version is also available at www.euro.who.int/hepaeurope.

Overview of activities

Below, the state of affairs of the activities of the work programme 2012/2013 is summarized.

1.1 Networking and cooperation

Activity	State of affairs
Coordination and cooperation with other activities, projects and networks	Partly implemented as planned, ongoing
Support and contributions to other conferences and events	No request for co-sponsorship; ongoing

1.2 Information dissemination

Activity	State of affairs
Maintenance and regular updating of the HEPA Europe website (www.euro.who.int/hepaeurope)	Mostly implemented as planned
Hosting of the 9th annual network meeting (24 October 2013) and 4th conference (22–23 October 2013) of HEPA Europe: Helsinki, Finland	Implemented as planned, concluded
Dissemination of products and publications of HEPA Europe	Partly implemented as planned
International inventory of documents on physical activity promotion/ European database on Nutrition, Obesity and Physical Activity (NOPA)	Partly implemented as planned

See also, Annex 5: Work programme 2012/2013. In: Eighth annual meeting of HEPA Europe – European network for the promotion of health-enhancing physical activity, Report of a WHO meeting, 26–27 September 2012.

1.3 Projects, reports and products

Activity	State of affairs
Working group on national approaches to physical activity promotion	Mostly implemented as planned
Working group on exchange of experiences in physical activity and sports promotion in youth	Partly implemented
Working group on active aging: physical activity promotion in the elderly	Mostly implemented as planned
Working group on HEPA promotion in socially disadvantaged groups	Partly implemented
Working group on HEPA promotion in health care settings	Implemented as planned
Working group on Sport Clubs for Health programme	Partly implemented
Working group on workplace HEPA promotion	Mostly implemented as planned
HEPA Europe/EuroSafe working group on HEPA promotion and injury prevention	Partly implemented
Development and dissemination of methods for quantification of health benefits from walking and cycling	Implemented as planned
Working group on monitoring and surveillance of physical activity	Implementation delayed

1.4 Activities aimed at optimizing the network

Activity	State of affairs
Implement partner management strategy and finalize member	Mostly implemented as planned,
management strategy	ongoing

1.5 Possible activities to be launched later

Activity	State of affairs
Develop a teaching course on physical activity and public health	Not implemented
Methodological guidance and practical approaches on economic valuation of transport-related health effects	Not implemented

1.6 Publications

Activity	State of affairs
4 publications (2 reports, 1 paper, 1 HEPA Europe electronic news alert) produced	Continuous activity