

## Myths and Realities

### Webinar on refugee and migrant mental health

Tuesday, 5 September 2017, 12:15 – 14:00 CEST  
Auditorium 1, UN City Copenhagen

Recognizing and responding appropriately to the mental health needs of migrants and refugees can pose many challenges. There are specific stressors associated with migration and resettlement, such as the traumatic journeys that are frequently endured. Differences in language and culture can make it difficult for migrants as well as health practitioners to articulate and identify mental health needs, which can lead to the unnecessary medicalization of certain symptoms.

The webinar will explore the myths and reality surrounding the mental health of refugees and migrants, showcase successful interventions and responses as well as critically examine current policy options.

Myths and Realities is part of an ongoing series of webinars on health and migration which are live-streamed to an international audience.

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For more information, please visit <http://www.euro.who.int/KHMWebinars>



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