



**World Health
Organization**

REGIONAL OFFICE FOR **Europe**

Regional Committee for Europe
65th session

EUR/RC65/R3

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ORIGINAL: ENGLISH

Resolution

Physical activity strategy for the WHO European Region 2016–2025

The Regional Committee,

Having considered the Physical activity strategy for the WHO European Region 2016–2025 (document EUR/RC65/9);

Recalling resolution WHA57.17, endorsing the WHO Global Strategy on Diet, Physical Activity and Health;

Recalling resolution WHA66.10, endorsing the WHO Global Action Plan for the Prevention and Control of Noncommunicable Diseases 2013–2020;

Recognizing the importance of tackling noncommunicable diseases within the policy priorities of Health 2020, the WHO European policy framework for health and well-being;

Noting resolution EUR/RC61/R3, concerning the Action Plan for Implementation of the European Strategy for the Prevention and Control of Noncommunicable Diseases 2012–2016 as a strategic framework for action by Member States in the European Region;

Noting resolution EUR/RC63/R4, endorsing the Vienna Declaration on Nutrition and Noncommunicable Diseases in the context of Health 2020;

Recalling the outcome documents of the Second International Conference on Nutrition;

1. ADOPTS the Physical activity strategy for the WHO European Region 2016–2025;
2. URGES Member States:¹
 - (a) to apply the policy priorities presented in the Physical activity strategy for the WHO European Region 2016–2025 in developing, implementing and evaluating national policies on health enhancing physical activity in a complementary way, as applicable, to existing regional initiatives and actions;
 - (b) to promote physical activity throughout the life-course and aiming to reduce inequalities using evidence-based policies at all levels by facilitating affordable, accessible opportunities for increased physical activities;
 - (c) to set up, if applicable, appropriate governance mechanisms for implementation of multisectoral actions, to promote health enhancing physical activity, to prevent conditions related to physical inactivity and sedentary behaviours;
 - (d) to build intersectoral alliances and networks, engaging relevant stakeholders and fostering citizen empowerment;
 - (e) to support action through regular monitoring, surveillance, evaluation and research;
3. REQUESTS the Regional Director:
 - (a) to support Member States in the implementation of the Physical activity strategy for the WHO European Region 2016–2025 in a way that is

¹ And regional economic integration organizations, where applicable

complementary to existing regional initiatives, avoiding overlap and duplication of effort;

- (b) to pursue the aims of the Physical activity strategy for the WHO European Region 2016–2025 and the related aims of the Vienna Declaration, in partnership with international, intergovernmental organizations and non-State actors;
- (c) to monitor and report to the Regional Committee at its 68th, 72nd and 75th sessions in 2018, 2022 and 2025, respectively, on the implementation of the Physical activity strategy for the WHO European Region 2016–2025 and to report on the mid-term evaluation of the strategy due in 2020.

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