

# Tuberculosis country brief, 2016

### KAZAKHSTAN

Total population: 17 625 226 Regionally high TB-priority country Globally high MDR-TB burden country

| Main impact indicators                  | Number | Rate        |  |
|---|--------|-------------|--|
| TB burden estimates                     | Number | per 100 000 |  |
| Incidence (including HIV+TB)            | 16 000 | 89.00       |  |
| Mortality (including HIV+TB)            | 1 469  | 8.33        |  |
| Incidence (HIV+TB only)                 | 500    | 2.80        |  |
| Mortality (HIV+TB only)                 | 69     | 0.40        |  |
| Incidence (RR/MDR-TB <sup>a</sup> only) | 8 800  | 49.90       |  |
|   |        |             |  |

Epidemiological burden and response monitoring<sup>1</sup>

| MDR-TB detection and care                                     | Number | %    |
|---|--------|------|
| WDR-TB detection and care                                     | Number | 70   |
| RR/MDR-TB estimates among new TB                              |        | 25.0 |
| RR/MDR-TB estimates (previously treated TB)                   |        | 43.0 |
| RR/MDR estimates (notified pulmonary TB)                      | 4 000  |      |
| Tested for RR/MDR-TB  | 10 764 | 73.6 |
| Detected with RR/MDR-TB from                                  | 6 497  |      |
| estimates   |        |      |
| RR/MDR-TB started SLD <sup>b</sup> treatment                  | 6 482  | 99.8 |
| Successfully treated (RR/MDR-TB only)                         | 4 730  | 72.4 |
| <sup>a</sup> RR/MDR = rifampicin-resistant multidrug-resistan | t TB.  |      |

<sup>b</sup> SLD = second-line drug.

| TB detection and care              | Number | %    |
|------------------------------------|--------|------|
| Total TB new and relapses detected | 14 006 | 87.5 |
| Pulmonary TB                       | 12 334 | 88.1 |
| Bacteriologically confirmed        | 10 031 | 81.3 |
| TB detected with rapid diagnostics | 11 631 | 83.0 |
| Successfully treated               | 11 186 | 89.7 |
|                                    |        |      |

| HIV/TB detection and care          | Number | %    |
|------------------------------------|--------|------|
| TB cases tested for HIV status     | 13 868 | 99.0 |
| HIV/TB cases detected              | 376    | 75.2 |
| from estimates                     |        |      |
| HIV/TB cases on ARV <sup>c</sup>   | 275    | 73.1 |
| Successfully treated (HIV/TB only) | 267    | 70.6 |
| HIV diagnosis and care             |        |      |
| Newly diagnosed HIV cases          | 1 825  |      |
| HIV cases started IPT <sup>d</sup> | 1 013  | 55.5 |

<sup>c</sup> ARV = antiretroviral treatment.

<sup>d</sup> IPT = isoniazid preventive therapy.

#### **Major challenges**

Kazakhstan is one of the 18 high-priority countries to fight tuberculosis (TB) in the WHO European Region and 30 high multidrug-resistant TB (MDR-TB) burden countries in the world. The country has achieved several important attainments in recent years, such as a decrease in TB incidence and reduced mortality, but one of the key challenges of TB control remains TB among migrants: Kazakhstan is the main recipient of labour migrants in the central Asia region, which signals a need for TB-prevention activities among the migrant population. Access to harm-reduction preventive services, such as opioid substitution therapy for high-risk populations (intravenous drug users, among whom HIV prevalence is 2.9%), also remains limited.

#### Achievements

Achievements in collaboration with WHO are as follows.

- WHO has supported updating of the structure, mandate and organigram of the national TB programme (NTP) to make TB control activities more efficient.
- WHO conducted joint Green Light Committee and Global Drug Facility missions in 2014 and 2015 to provide support on treatment, drug management and laboratory issues.
- In response to a request from the Minister of Health, WHO led a review of NTP and its progress towards achievement of goals in November 2015.
- Kazakhstan updated the national MDR-TB response plan in line with the new regional multidrug- and extensively drugresistant TB (M/XDR-TB) action plan.
- Health reforms on optimization of the hospital TB care model and gradual transition from a hospital- to ambulatory-based model, including suggestions to commence revision and rationalization of hospitalization criteria to reduce excessive hospitalization of patients and TB suspects, has been advocated.
- Advocacy has been carried out for integration of TB and HIV services with primary health care.

<sup>&</sup>lt;sup>1</sup> European TB surveillance and monitoring report in Europe 2017. Copenhagen: WHO Regional Office for Europe; 2017 (http://www.euro.who.int/en/health-topics/communicable-diseases/tuberculosis/publications/2017/tuberculosis-surveillance-and-monitoring-in-europe-2017).

- Technical assistance has been provided for management of TB programmes in hospitals and promotion of the ambulatory model of care.
- Paediatric TB services have been reviewed, with a special focus on vaccination and Mantoux testing, to address
  preventive treatment and hospitalization of children with latent TB.

### WHO activities

Planned WHO activities are to provide technical assistance to:

- update the current national strategic plan for TB control;
- continue support for shifting to the ambulatory model of care and optimization of health financing;
- prepare the plan to introduce new drugs (bedaquiline and others) to further improve treatment of M/XDR-TB patients, including setting up appropriate pharmacovigilance;
- support further optimization to enhance the patient-centred approach and service delivery at primary health-care level;
- regularly update the national strategic plan for TB control;
- improve the management of co-infections, particularly TB/HIV, and assure uninterrupted TB treatment and service provision across the penitentiary and civilian sectors; and
- empower patients in TB control activities through strengthening civil society and community involvement.

## Main partners

WHO's main partners are:

- Ministry of Health and Social Development
- National TB Control Programme
- Global Fund to Fight AIDS, Tuberculosis and Malaria
- United States Agency for International Development
- Project HOPE
- Partners in Health
- KNCV Tuberculosis Foundation
- Challenge TB (led by KNCV).