

HEPA Europe

European network for the promotion of Health-Enhancing Physical Activity

25 September 2013



## Executive summary

#### 1. Background and overview

The 20th meeting of the Steering Committee of HEPA Europe was convened to review progress with implementation of the 2012/2013 work programme and to update on relevant international developments. In addition, the applications for membership received since the last meeting were assessed and two pending applications were further discussed, based on a pre-meeting with WHO's Governance and Multisectoral Partnerships. Input was also given to the preparations of the 9th annual meeting and 4th conference in October 2013 in Helsinki, and one application to host the 2014 meeting was assessed. In addition, strategies with regard to the short- and medium-term funding were discussed, and the development of a communication strategy for HEPA Europe was continued.

The meeting was chaired by Willem van Mechelen from the VU Medical Center, the Netherlands and attended by 10 members of the Steering Committee in person and by 3 members via Skype, as well as by one staff member from the WHO Regional Office for Europe. The meeting was kindly hosted by the WHO Regional Office for Europe, Governance and Multisectoral Partnerships, and assisted by the Institute of Social and Preventive Medicine of the University of Zurich.

#### 2. Evaluation of applications for membership

Two of the three new applications received since the last meeting were supported by the participants. These applicants will become temporary members and will be proposed to the network for confirmation at the 9th annual meeting on 24 October 2013 in Helsinki, Finland. On one application further information will be sought. A final decision on two pending applications was also taken.

#### 3. Update on recent, relevant activities and developments

Updates were given on the ongoing activities at the international level, including:

- activities of the WHO
- activities of the EU
- other international activities

### 4. Work programme 2012/2013 and funding

Participants took note of the update on the state of affairs on the implementation of the work programme. They also further discussed ideas regarding the short- and medium-term funding for HEPA Europe.

#### 5. Annual meetings of HEPA Europe

An update on preparations of the 9th annual meeting and 4th conference in October 2013 was given. The meeting will be hosted by the Fit for Life Program and the UKK Institute for Health Promotion Research. An expression of interest to host the annual meeting 2014 was assessed and supported.

#### 6. Other business and next meetings of the Steering Committee

The Steering Committee will hold a brief informal meeting on 21 October 2013 early afternoon before the start of the annual meeting and conference. Dates for the 2014 meetings will be identified by online survey.

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## List of participants

Professor Winfried Banzer Head of Department German Olympics Sports Confederation Frankfurt am Main, Germany

Professor Finn Berggren President Gerlev Physical Education and Sports Academy Slagelse, Denmark

Mr Eddy Engelsman Individual Member Netherlands Institute for Sport and Physical Activity (NISB) Den Haag, Netherlands

Professor Narcis Gusi Head of Fitness & Quality of Life Lab University of Extremadura Rectorate of Caceres Caceres, Spain

Dr Sonja Kahlmeier Physical Activity and Health Unit Institute for Social and Preventive Medicine of the University of Zurich Zurich, Switzerland Mr Maarten Koornneef Co-ordinator Sport, Health & Sports Research Sports Division Ministry of Health, Welfare and Sport The Hague, The Netherlands

Dr Niamh Murphy Director Department of Health Sport and Exercise Science, School of Health Sciences Waterford Institute of Technology Waterford, Ireland

Professor Nanette Mutri CPsychol FBASES Chair of Physical Activity for Health University of Edinburgh Moray House School of Education Institute for Sport, Physical Education and Health Sciences Edinburgh, United Kingdom

Professor Willem van Mechelen VU University Medical Center, EMGO Institute for Health and Care Research Public and Occupational Health Amsterdam, The Netherlands

Dr Anne Vuillemin Assistant Professor Faculty of Sport Nancy University Villers-les-Nancy, France

### World Health Organization

#### **Regional Office for Europe**

Ms Francesca Racioppi Senior Policy and Programme Adviser Environment and Health Governance and Multisectoral Partnerships Division of Communicable Diseases, Health Security and Environment

# Connected via Skype for part of the meeting

Mrs Andrea Backovic Jurican National Health Promoter Ministry of Health Ljubljana, Slovenia

Dr Charlie Foster Senior Researcher British Heart Foundation Health Promotion Research Group Department of Public Health University of Oxford Oxford, United Kingdom

Professor Tommi Vasankari Director UKK Institute for Health Promotion Research Tampere, Finland