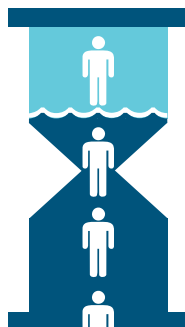


DROWNING

in the WHO European Region

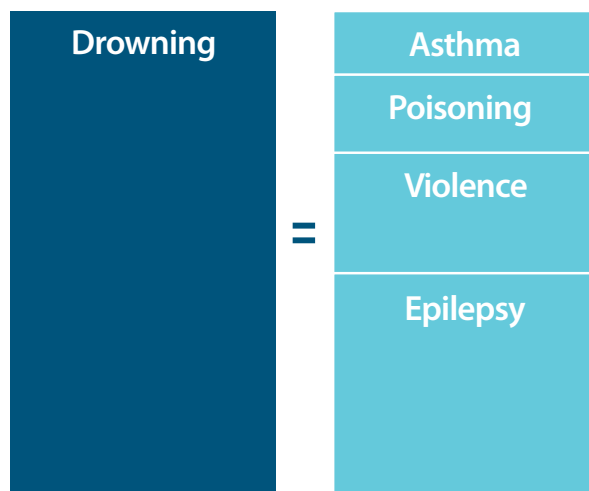
An average of

3.5



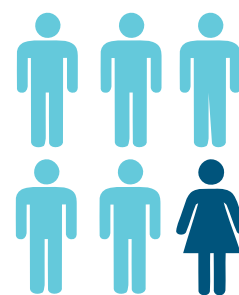
people
drown
every
hour

Drowning is the
second leading cause of death
among 5–14-year-olds



5 times

as many
males as
females die
from drowning



10 ACTIONS TO PREVENT DROWNING

-  Install barriers controlling access to water
-  Provide safe places away from water for pre-school children
-  Teach children basic swimming, water safety and safe rescue skills
-  Train people in safe rescue and resuscitation
-  Strengthen public awareness and highlight the vulnerability of children
-  Set and enforce safe boating, shipping and ferry regulations
-  Improve flood risk management locally and nationally
-  Coordinate drowning prevention efforts with other sectors
-  Develop a national water safety plan
-  Address priority research questions with well-designed studies