

# **INFLUENZA CAN BE SERIOUS IF YOU HAVE A HEALTH PROBLEM**

## **Get vaccinated**

**If you have asthma, diabetes,  
heart disease or certain other  
long-term medical conditions  
you are at a higher risk  
of complications due to  
influenza.**



**Vaccination is safe**  
[www.euro.who.int/en/fluaware](http://www.euro.who.int/en/fluaware)