



## Executive summary

### 1. Background

The 6<sup>th</sup> meeting of the Steering Committee of HEPA Europe was convened to continue the development of an impact model for HEPA Europe and to start preparations of the 4<sup>th</sup> annual meeting. In addition, applications for membership received from May to August 2007 were assessed and decided on, first steps made in the implementation of the new work programme 2007/2008 were reviewed, and decisions on the next steps were made.

The meeting was attended by 6 members of the Steering Committee from 6 countries, a representative of the hosts of the next annual meeting and one invited guest (see Annex). It was chaired by Brian Martin from the Swiss Federal Office of Sport (BASPO) and assisted by the WHO European Centre for Environment and Health, Rome Office. The meeting was kindly hosted by the University of Strathclyde, Glasgow, Scotland, United Kingdom.

### 2. Evaluation of applications for membership

3 applications received since the 3<sup>rd</sup> annual meeting in May 2007 were accepted by the Steering Committee. These 3 new temporary members will be proposed to the network for confirmation at the 4<sup>th</sup> annual meeting in September 2008. A fourth application requires further inquiries and will be discussed again at the next meeting of the Steering Committee.

### 3. Update on recent international activities and developments

An update was given on the ongoing activities on the international level, including:

- activities of the WHO;
- activities of the EU; and
- other international activities.

Participants also debriefed on past meetings and conferences attended and informed on forthcoming meetings and events.

### 4. Development of an impact model for HEPA Europe

At the 4<sup>th</sup> meeting of the Steering Committee (21 November 2006, Magglingen, Switzerland), the Steering Committee started the development of an implementation strategy based on an "impact model" for HEPA Europe. At the current meeting, the work was continued again with a guided brain storming sessions. In earlier work sessions, answers on the following questions had been

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developed: 1) Which are the main causes that prevent better health through physical activity among all people in Europe?; and 2) How can these causes be addressed/solved? In this meeting, specifically answers on the following question were developed:

- Do the current activities contribute to the solutions identified earlier?

## **5. Review of progress with regard to the work programme 2006 / 2007**

First results on the ongoing activities were discussed and next steps were decided, specifically on the inventory on physical activity promotion, the work group on "Review for national approaches to physical activity promotion", on the review on cost-benefit analyses methodology with regard to walking and cycling, the work group on exchange of experiences in physical activity and sports promotion in children and on preparations for a students exchange programme.

## **6. Upcoming HEPA Europe meetings**

The draft programme of the 4<sup>th</sup> annual meeting of HEPA Europe (8-10 September 2008, Glasgow, Scotland, United Kingdom) was discussed. The first announcement is foreseen to be published before Christmas 2007 and the first call for abstracts will be made in April 2008.

## **7. Updates on HEPA Europe-supported events**

Updates on the HEPA Europe-supported events were discussed as well, specifically the following two:

- 5th International Conference on Movement and Health, hosted by the Faculty of Physical Culture, Palacký University, Olomouc, Czech Republic, 14-17 November 2007
- 2<sup>nd</sup> International Conference on Promoting Health through Healthy Nutrition and Physical Activity, organized by CINDI Slovenia (either spring or autumn 2008).

## **8. Next meetings of the Steering Committee**

The 6<sup>th</sup> meeting of the Steering Committee will be hosted by Palacký University, Olomouc on 14 November 2007. It will take place back to back with the International Conference on Movement and Health.

An expression of interest to host one of the next meetings of the Steering Committee was received by the University of Frankfurt, Germany and from the United Kingdom. They will be discussed further at the next meeting, as well as possible joint meetings with the Steering Committee of the ALPHA project.

## Annex: List of participants

### Steering Committee

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**University of Strathclyde – hosts**

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**Invited guest**

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