

## HEN Report Uptake Summary

HEN publishes synthesis reports that aim to support public health decision-makers in the WHO European Region to formulate health policies based on the best available evidence. To understand how each HEN synthesis report is disseminated, shared, discussed and used, and then contributes to public health decision-making, the HEN Secretariat analyses the uptake of each report. The Secretariat assesses the short- and long-term (up to one year) reach of each HEN report and summarizes the findings in a brief format.



Title	<b>HEN 61. What is the evidence on the policy specifications, development processes and effectiveness of existing front-of-pack food labelling policies in the WHO European Region?</b>
Published in	<a href="#">WHO Regional Office for Europe</a> ; <a href="#">NCBI Bookshelf</a>
Authors	Bridget Kelly, Jo Jewell
Analytics covering	<i>October 2018 to November 2019</i>
Data source	WHO Regional Office for Europe, NCBI Bookshelf, Altmetric, Google

### Presented at the following events

- Teaching workshop with WHO: Front-of-pack labelling (1.5 hours). In: [26th European Congress on Obesity](#), Glasgow, Scotland, 28 April–1 May 2019

### Summary of uptake

#### NCBI Bookshelf:

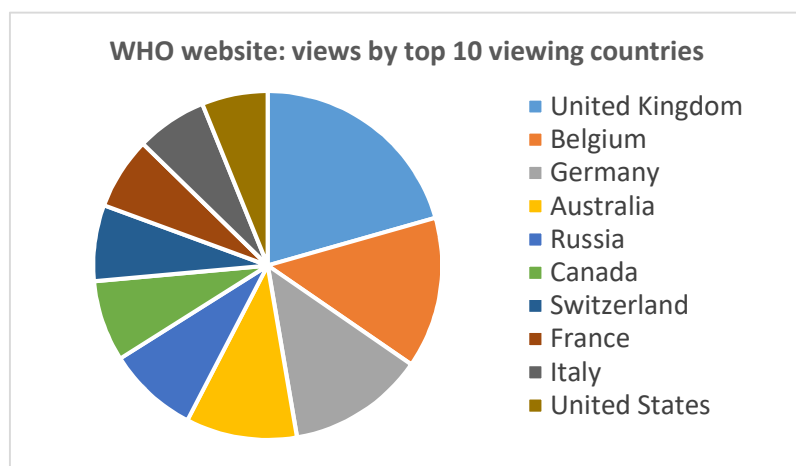
- Number of content views: **294**
- Number of PDF downloads: **81**

#### Social media:

- Number of tweets: **8**

#### WHO Regional Office for Europe Website:

- Number of landing page views: **2868**
- Number of PDF downloads: **278**



### Citation tracking

- Cited in 10 academic articles, five reports, eight websites and one book and is available for download from one database.

Academic articles
Alves ML. <a href="#">Aplicabilidade do Modelo de Rotulagem Nutricional do Nutri-Score aos alimentos Portugueses</a> [Applicability of the Nutri-Score Nutritional Labelling Model to Portuguese foods] [thesis]. Porto: University of Porto; 2019 (in Portuguese).
Goiana-da-Silva F, Cruz-e-Silva D, Miraldo M, Calhau C, Bento A, Cruz D et al. Front-of-pack labelling policies and the need for guidance. <i>Lancet Public Health</i> . 2019;4(1):e15. doi: 10.1016/S2468-2667(18)30256-1.
Holzäpfel C. Lebensmittelkennzeichnung als Maßnahme zur Prävention von Übergewicht und Adipositas. <i>Adipositas-Ursachen, Folgeerkrankungen, Therapie</i> . 2019;13(3):127–32. doi: 10.1055/a-0964-1224.
Jones A, Neal B, Reeve B, Ni Mhurchu C, Thow AM. Front-of-pack nutrition labelling to promote healthier diets: current practice and opportunities to strengthen regulation worldwide. <i>BMJ Glob Health</i> . 2019;4(6):e001882. doi: 10.1136/bmjgh-2019-001882.
Kelly B, Jewell J. Front-of-pack nutrition labelling in the European region: identifying what works for governments and consumers. <i>Public Health Nutr</i> . 2019;22(6):1125–8. doi: 10.1017/S136898001800373.
Nieto C, Jáuregui A, Contreras-Manzano A, Arillo-Santillan E, Barquera S, White CM et al. Understanding and use of food labeling systems among Whites and Latinos in the United States and among Mexicans: results from the International Food Policy Study, 2017. <i>Int J Behav Nutr Phys Act</i> . 2019;16(1):87. doi: 10.1186/s12966-019-0842-1.
Talati Z, Egnell M, Hercberg S, Julia C, Pettigrew S. Consumers' perceptions of five front-of-package nutrition labels: an experimental study across 12 countries. <i>Nutrients</i> . 2019;11(8):pii E1934. doi: 10.3390/nu11081934.
Vasconcelos J. <a href="#">The status quo of intervention methodology on childhood and adolescent obesity</a> [thesis]. Porto: University of Porto; 2019.
Waterlander W. Are front-of-pack nutrition labels the silver bullet for achieving healthier population diets? <i>Am J Public Health</i> . 2019; 109(8):1067–8. doi: 10.2105/AJPH.2019.305169.
van der Bend DL, Lissner L. Differences and similarities between front-of-pack nutrition labels in Europe: a comparison of functional and visual aspects. <i>Nutrients</i> . 2019;11(3):pii E626. doi: 10.3390/nu11030626.
Books
<a href="#">The heavy burden of obesity: the economics of prevention</a> . Paris: OECD Publishing; 2019 (OECD Health Policy Studies).
Reports
<a href="#">Um olhar sobre os sistemas de rotulagem alimentar Front of Pack (FOP)</a> [A look at front-of-pack food labelling systems]. Porto: Associação Portuguesa de Nutrição; 2019 (in Portuguese).
Walker M. <a href="#">Food and feed law: compendium of UK food and feed legislation with associated context and changes during January – March 2019</a> . London: Department for Business, Energy & Industrial Strategy; 2019 (Government Chemist Programme Report).
Walker M. <a href="#">Food and feed law: compendium of UK food and feed legislation with associated context and changes during April – June 2019</a> . London: Department for Business, Energy & Industrial Strategy; 2019 (Government Chemist Programme Report).

<a href="#">Health star rating system: five year review draft report</a> . Melbourne: MPConsulting; 2019.
<a href="#">Guiding principles and framework manual for front-of-pack labelling for promoting healthy diets</a> . Geneva: World Health organization; 2019.
<b>Newsletters &amp; websites</b>
<a href="#">Front-of-pack nutrition labelling</a> . In: Obesity Evidence Hub [website]. 2020.
Interesting publications. In: <a href="#">Newsletter</a> [website]. Utrecht: European Public Health Association; January 2019.
Resources. In: <a href="#">eNewsletter</a> [website]. Winnipeg: Health in Common; January 2019.
van Eijsden M, van Roost M. [ <a href="#">Top of flop: which food selection logo really works?</a> ]. Foodlog. 28 August 2019 (in Dutch).
Vanderspikken G. [ <a href="#">Nutritional info: on label reading and understanding</a> ]. NutriNews. 2019 No. 2 (in Dutch).
<a href="#">Minutes of the Joint meeting on front-of-pack nutrition labelling between Working Group of the Standing Committee on Plants, Animals, Food and Feed – Regulation (EU) No. 1169/2011 on the provision of food information to consumers (FIC) &amp; Advisory Group on the Food chain, Animal and Plant Health</a> . 22 October 2018. Brussels: Health and Food Safety Directorate General, European Commission; 2018.
News and events. In: <a href="#">Food Policy WHO Collaborating Centre on Population Salt Reduction</a> [website]. Newton (NSW): The George Institute for Global Health; 6 December 2018.
Reports. In <a href="#">Newsletter No. 162</a> . Brussels: European Hospital and Healthcare Federation; October 2018.
<b>Databases or available for download</b>
<a href="#">Nutri-Score</a> . In: Iglo [website]. Hamburg: Iglo; 2020.

#### Added values described by commissioners, reviewers and others

- A progress update of the European Food and Nutrition Action Plan 2015–2020, delivered at the WHO Regional Committee for Europe, was informed by findings from this report.
- The report has been an entry point for a study examining the nutritional composition of baby food and the best practices for using labelling to inform consumers, and especially parents

This HEN synthesis report has been used by national policy stakeholders from across the region to inform initial planning or the process of developing options for front of pack labelling. The report has shaped an agenda and political discussions about a high profile and controversial topic.

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