#### PROGRESS IN THE PREVENTION OF INJURIES IN THE WHO EUROPEAN REGION



# Spain

This country assessment is based on (1) the responses to a WHO Regional Office for Europe questionnaire designed to gather information on key elements of WHO Regional Committee for Europe resolution EUR/RC55/R9 and of the European Council Recommendation on the prevention of injury and promotion of safety and (2) Regional Office data and information.

## Summary of country assessment

Spain reports implementing 80% of effective interventions reported as implemented of a total of 99 interventions to prevent a range of injuries, versus a European Region median score of 73% and a third quartile of 81%.

The country feedback was positive on some of the key areas identified, such as injury surveillance, capacity-building, multisectoral collaboration and evidence-based emergency care.

#### **National policies**

There are no overall national policies for preventing violence and injuries. There are specific national policies for road safety and preventing poisoning, falls, child maltreatment, elder abuse, youth, intimate partner and sexual violence. National policies have not highlighted socioeconomic inequality in injury and violence as a priority but, during the last year, there were policies targeted to reduce socioeconomic differences in health.

#### Implementation of effective interventions

- Spain reported overall implementation of 66% of the selected effective interventions for injury prevention and 100% for violence prevention. This is lower than the median regional scores of 72% for unintentional injury and higher than the median regional score of 81% for violence prevention. Table 2 shows the details of percentages per injury type. The list of interventions implemented for each injury type is available separately from the country questionnaire. The proportion of reported implementation was lower than the median regional score for poisoning and falls.
- Spain reported overall implementation of 76% of selected effective interventions on alcohol, as much as the median regional score (Table 2).

#### Impact of resolution EUR/RC55/R9 and of the European Council Recommendation

■ Spain acknowledged that the adoption of resolution EUR/RC55/R9 and of the European Council Recommendation helped to raise the policy profile of the prevention of violence and injuries as a health priority by the Ministry of Health. Although there is no overall national policy on injury prevention, there is political commitment for this and many of the key steps considered necessary for policy development are in place. There has been positive progress in the past 12 months in injury surveillance, capacity-building, multisectoral collaboration and evidence-based emergency care. All the elements of resolution EUR/RC55/R9 were successfully achieved.

#### **Next steps**

Greater attention needs to be given to national policy development, multisectoral collaboration and implementing evidence-based interventions for preventing poisoning and falls. Several interventions (on falls, suicides, child maltreatment and elder abuse) were implemented in selected regions rather than nationally, and expanding these could be an area for future activity.

### Country profile

#### Table 1. Demographics

- Spain has a population of 44.6 million. The percentage of children 0–14 years old is lower than the European Region average, and the percentage of people 65+ years old is higher than the regional average.
- Life expectancy at birth is higher than the European Region average, both for males and for females.

Indicator (last available year)	Spain	WHO European Region	European Union (EU27)
Mid-year population	44.6 million	890.9 million	493.8 million
% of population aged 0–14 years	14.1	17.5	15.7
% of population aged 65+ years	16.3	14.0	16.8
Males, life expectancy at birth, in years	77.1	71.4	76.0
Females, life expectancy at birth, in years	83.8	79.1	82.2

- Injuries are the fourth leading cause of death. The rates for all unintentional injuries combined and for all intentional injuries are lower than the European Region averages.
- There has been a downward trend in injury mortality rates in the last 15 years (Fig. 1).
- The leading causes of unintentional injury-related death are road traffic injuries, followed by falls, poisoning, drowning and fires.
- The leading causes of intentional injury-related death are suicide followed by homicide.
- The WHO Regional Office for Europe has been working closely with focal persons. Spain participated in the advocacy events of the First United Nations Global Road Safety Week and took part in the project on a global status report on road safety. The TEACH-VIP course has been translated into Spanish by the health ministry and a train the trainer course is planned for the end of the year as part of a commitment to capacity building; the *European report on child injury prevention* was translated into Spanish and an injury prevention conference was organized by the Ministry in 2009 to raise awareness of the magnitude of the problem.

Fig. 1. Standardized death rate (SDR) for external causes of injury and poisoning in Spain, the WHO European Region and the European Union, 1980–2008

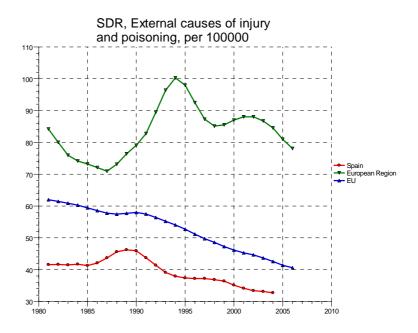


Table 2. Injury burden, policy response and effective prevention measures in place

Legend: ? Not specified or no response Yes No NA Not applicable No data

Cause of injury	Mortality <sup>a</sup> (SDR per 100 000 population, all ages, last available year) <sup>b</sup>		National	Intervention effectiveness (%)		
	Spain	WHO European Region	European Union <sup>c</sup>	policy?	Country score <sup>d</sup>	Regional median score <sup>e</sup>
All injuries	31.7	75.8	40.0	NA	80	73
Unintentional injury <sup>f</sup>	23.2	45.9	25.9	×	66	72
Road traffic injuries	10.0	13.3	9.3	$\checkmark$	81	81
Fires and burns	0.4	2.4	0.7	×	60	60
Poisoning	1.8	10.7	2.3	$\checkmark$	40	80
Drowning or submersion	1.0	3.4	1.3	×	88	63
Falls	2.8	5.6	5.5	$\checkmark$	50	75
Intentional injury	NA	NA	NA	×	100	81
Interpersonal violence <sup>g</sup>	0.8	5.2	1.0	×	NA	NA
Youth violence <sup>h</sup>	1.1	5.3	1.0	$\checkmark$	100	86
Child maltreatment <sup>i</sup>	0.2	0.6	0.3	$\checkmark$	100	100
Intimate partner violence	-	-	-	$\checkmark$	100	75
Elder abuse and neglect	-	-	-	✓	100	67
Self-directed violence	6.6	14.0	10.2	×	100	88
Alcohol <sup>j</sup>	NA	NA	NA	NA	76	76
Alcohol-related poisoning	0.1	2.8	0.9	NA	NA	NA
Alcoholic liver diseases <sup>k</sup>	2.5	-	8.6	NA	NA	NA
Road traffic injuries (fatal and non-fatal) involving alcohol	10.6	18.0	19.2	NA	NA	NA
Fiscal and legal measures <sup>l</sup>	NA	NA	NA	NA	71	71
Health system-based programmes <sup>m</sup>	NA	NA	NA	NA	100	67

Unless otherwise specified.

Sources for mortality data: European Health for All database and European Health for All mortality database [online databases]. Copenhagen, WHO Regional Office for Europe, 2010 (http://www.euro.who.int/hfadb, accessed 15 January 2010).

The 27 European Union countries.

Calculated as the proportion of effective interventions in place in the country. This is based on WHO list of effective interventions published in: *Preventing injuries and violence: a guide for ministries of health.* Geneva, World Health Organization, 2007 (http://www.who.int/violence\_injury\_prevention/publications/injury\_policy\_planning/prevention\_moh/en, accessed 15 January 2010). For the full range of interventions and responses, please consult the country questionnaire. Median of the proportion of effective interventions in place in countries in the WHO European Region.

Standardized death rates (SDR) from accidents

Proxy for mortality: mortality from homicide and assault, all ages.

Proxy for mortality: mortality from homicide and assault, 15–29 years.

Proxy for mortality: mortality from homicide and assault 0-14 years.

This score was calculated from 17 alcohol-related interventions.

The EU average was calculated based on 20 countries. Data retrieved from: European detailed mortality database [online database]. Copenhagen, WHO Regional Office for Europe, 2009 (http://www.euro.who.int/InformationSources/Data/20070615\_2, accessed 15 January 2010).

This score was calculated from 14 interventions on access to alcohol (availability, restrictions and bans).

This score was calculated from three interventions on health system-based programmes to reduce alcohol-related harm.

Table 3. Key elements of policy development in preventing injury and violence

Legend: ✓ Yes 🗶 No ? Not specified or no response

National policies	
Overall national policy on injury prevention	×
Overall national policy on violence prevention	×
Commitment to develop national policy	$\checkmark$
Alcohol identified as a risk factor for injuries	$\checkmark$
Alcohol identified as a risk factor for violence	$\checkmark$
Policies targeted to reduce socioeconomic differences in violence and injurio	es 🗸
National policies highlight socioeconomic inequality as a priority	×
Political support for the agenda for injury and violence prevention	✓
Easy access to surveillance data	✓
ntersectoral collaboration	
Key stakeholders identified	✓
Secretariat to support the intersectoral committee	×
Questionnaire answered in consensus with other sectors and stakeholders	*
Can WHO help to achieve intersectoral collaboration in the country?	$\checkmark$
Capacity-building	
Process in place	✓
Exchange of evidence-based practice as part of this process	$\checkmark$
Promotion of research as part of this process	$\checkmark$
Emergency care	
Evidence-based approach	✓
Quality assessment programme	$\checkmark$
Process to build capacity identified	$\checkmark$
EUR/RC55/R9 influenced the agenda for injury and violence prevention	✓
Recent developments in injury and violence prevention (during the past 1	2 months)
National policy	*
Surveillance	$\checkmark$
Multisectoral collaboration	$\checkmark$
Capacity-building	✓
Evidence-based emergency care	$\checkmark$