



# 5<sup>TH</sup> MEETING OF THE STEERING COMMITTEE OF HEPA EUROPE ROME, ITALY – 21 MARCH 2007

**HEPA Europe**  
European network for the promotion of health-enhancing physical activity

## Executive summary



### 1. Background

The 5<sup>th</sup> meeting of the Steering Committee was convened to:

- assess and decide on applications for membership received from November 2006 to February 2007;
- to finalize preparations of the 3<sup>rd</sup> annual meeting of HEPA Europe.

The meeting was attended by 8 members of the Steering Committee from 7 countries and WHO/Europe. It was chaired by Brian Martin from the Swiss Federal Office of Sports (BASPO), hosted and assisted by the WHO European Centre for Environment and Health, Rome Office.

### 2. Evaluation of applications for membership

All 5 applications received since the last meeting in November 2006 were accepted by the Steering Committee. These 5 new temporary members will be proposed to the network for confirmation at the upcoming 3<sup>rd</sup> annual meeting. Further applications received until April will be assessed by e-mail.

### 3. Update on recent international activities and developments

An update was given on the ongoing activities on the international level, including:

- activities of the WHO;
- activities of the EU; and
- other international as well as important national activities.

### 4. Development of an impact model for HEPA Europe

Outcomes of the brain storming session for the development of an implementation strategy for HEPA Europe were summarized and compared with activities of HEPA Europe in 2006/2007. The impact model will be discussed further and finalized at the next meeting of the Steering Committee.

The impact model will also be part of a publication on the framework for integrated evidence-based HEPA promotion which is currently being finalized.

### 5. Upcoming HEPA Europe meetings

The programme of the 3<sup>rd</sup> annual meeting of HEPA Europe (16-18 May 2007, Graz, Austria) was finalized as well as the draft activity report 2006/2007 and the draft new work programme 2007/2008.

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The 4<sup>th</sup> annual meeting will take place on 8-10 September 2008, kindly hosted by the Scottish Physical Activity Research Collaboration (SparColl), University of Strathclyde, Glasgow, Scotland, United Kingdom.

In addition, updates on the following two HEPA Europe-supported events were discussed:

- Satellite Symposium to the International meeting on health enhancing physical activity interventions and programs for children and adolescents (“Kinderkongress”) on HEPA in children and adolescents, Universities of Konstanz and of Karlsruhe, 28 February – 2 March, 2007, Karlsruhe, Germany
- 5th International Conference on Movement and Health, hosted by the Faculty of Physical Culture, Palacký University, Olomouc, Czech Republic, 14-17 November 2007

A possible HEPA Symposium has been submitted to the European College of Sports Science (ECSS) conference, 11-14 July 2007, Jyväskylä, Finland.

The 2<sup>nd</sup> International Conference on Promoting Health through Healthy Nutrition and Physical Activity, organized by CINDI Slovenia, has been postponed.

## **6. Next meetings of the Steering Committee**

An informal work meeting will take place back to back with the 3<sup>rd</sup> annual meeting of HEPA Europe, in Graz, Austria (tentatively on 16 May 2007).

The next confirmed meeting will be hosted by Palacký University, Olomouc, back to back with the International Conference on Movement and Health (tentatively on 14 November 2007). An additional meeting will be held depending on need during summer 2007.

## **Annex 1: List of participants**

### **Steering Committee members**

#### **Czech Republic**

- Dr Radim Slachta, Palacky University, Olomouc

#### **Germany**

- Prof. Winfried Banzer, German Olympics Sports Confederation, Frankfurt

#### **France**

- Prof Jean-Michel Oppert, Université Pierre et Marie Curie-Paris6, Paris

#### **Finland**

- Dr Pekka Oja, Individual member, Tampere

#### **Switzerland - Chairman**

- Dr Brian Martin, Swiss Federal Office of Sports (BASPO), Magglingen

#### **The Netherlands**

- Mr Eddy Engelsman, Ministry of Health, Welfare and Sport, the Hague

#### **United Kingdom of Great Britain and Northern Ireland**

- Dr Harry Rutter, South East Public Health Observatory (SEPHO), Oxford

#### **World Health Organization, Regional Office for Europe**

- Ms Francesca Racioppi, Scientist Transport and Health/violence and Injury Prevention, European Centre for Environment and Health, Rome office

### **Meeting secretariat**

#### **World Health Organization, Regional Office for Europe, European Centre for Environment and Health, Rome office**

- Dr Sonja Kahlmeier, Technical Officer, Transport and Health / HEPA Europe
- Ms Cristina Fumo, Programme Assistant, Transport and Health / HEPA Europe