

14TH MEETING OF THE HEPA EUROPE STEERING COMMITTEE ZURICH, SWITZERLAND, 28-29 SEPTEMBER 2010

HEPA Europe

European network for the promotion of Health-Enhancing Physical Activity

15 November 2010



Executive summary

1. Background

The 14th meeting of the Steering Committee of HEPA Europe was convened to review progress with implementation of the new 2009/2010 work programme and to update on recent developments. In addition, the applications for membership received since the last meeting were assessed. An evaluation and membership survey as well as an overview of international institutions active in physical activity promotion and physical activity monitoring recommendations were also discussed. In addition, the preparations of the 6th annual meeting and 2nd HEPA Europe conference in November 2010 were finalized.

The meeting was attended by 8 members of the Steering Committee from 7 countries as well as one temporary adviser and WHO staff from the Regional Office for Europe. The meeting was kindly hosted and supported by the Institute of Social and Preventive Medicine of the University of Zurich, Switzerland. It was chaired by Willem van Mechelen from the VU University Medical Center and assisted by the WHO European Centre for Environment and Health, Rome office, and the Institute of Social and Preventive Medicine of the University of Zurich.

2. Evaluation of applications for membership

All four new applications received since the last meeting were supported by the participants; one pending application was also supported based on further information received, while further information was pending on another pending application from last meeting. All supported applicants will become temporary members and will be proposed to the network for confirmation at the 6th annual meeting on 26 November 2010 in Olomouc, Czech Republic. In addition, it was decided to propose an amendment to the Terms of Reference of the Network with regard to a members where no active contact person can be identified within one year.

3. Update on recent, relevant activities and developments

Updates were given on the ongoing activities at the international level, including:

- activities of the WHO
- activities of the EU
- other international activities

4. Selected activities of the work 2009/2010 programme

Besides the general update on progress with the current work programme, three of the activities were discussed in more detail. These include namely the development of a member and evaluation survey and an overview of international bodies and institutions active in physical activity promotion. Both activities contribute to the development of a communication strategy for HEPA Europe. In addition, final draft recommendations for physical activity monitoring and surveillance were discussed which will be presented to the members at the 6th annual meeting in November.

5. Annual meetings of HEPA Europe

Progress with the preparations of the 2nd conference and 6th annual meeting of HEPA Europe in November 2010 was presented. In particular, the draft activity report 2009/2010 and the draft work programme 2010/2011 were discussed. The call for abstracts for the conference has been closed and the registration for the events will be open until the end of October.

6. Other business and next meetings of the Steering Committee

Possible venues for the 15th meeting were discussed; dates will be set at a later stage. The Committee will also meet informally in advance of the annual meeting on 23 November 2010 late afternoon in Olomouc.

Annex: List of participants

Mrs Andrea Backović Juričan National Health Promotor National Institute of Public Health Center for prevention of chronic diseases CINDI Ljubljana, Slovenia

Professor Finn Berggren Gerlev Physical Education and Sports Academy Slagelse, Denmark

Mr Maarten Koornneef Policy advisor sport and health Sports Division Ministry of Health, Welfare and Sport (VWS) The Hague, The Netherlands

Dr Brian Martin Head of Unit Physical Activity and Health Work Unit Institute of Social and Preventive Medicine University of Zurich Zurich, Switzerland

Professor Jean-Michel Oppert Professor of Nutrition European Association for the Study of Obesity EASO Université Pierre et Marie Curie-Paris6 (UPMC), Pitié-Salpêtrière Hospital Paris, France Dr Michael Sjöström
Unit Head
Department of Biosciences and Nutrition
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Dr Radim Šlachta Teacher Faculty of Physical Culture Palacký University Olomouc, Czech Republic

Professor Willem van Mechelen Head Department of Public and Occupational Health VU University Medical Center Amsterdam, Netherlands

Temporary Adviser

Dr Sonja Kahlmeier Deputy Head of Unit Physical Activity and Health Unit Institute of Social and Preventive Medicine University of Zurich Zurich, Switzerland

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