SALMONELLA IN EUROPE

Reduce food safety risk through shared responsibility

What is Salmonella?

Salmonellosis is a disease you get by eating contaminated food or by touching animals carrying the *Salmonella* bacteria.

Salmonella is one of the most common causes of **foodborne illness.**

Salmonella can cause

fever, abdominal pain, diarrhoea, nausea, and can possibly lead to death.

There are over

85 000

cases of human salmonellosis reported each year in the European Union



eggs

are a common source of human *Salmonella* infection

Salmonellosis in humans is preventable

Everyone can help make eggs safe



POLICY-MAKERS SHOULD

- Address food safety risks along the entire food chain
- Promote collaboration between the health, veterinary and agriculture sectors
- Encourage Salmonella control programmes in poultry production and set targets
- Work with the food industry to ensure compliance with food safety measures

FOOD HANDLERS AND CONSUMERS SHOULD



- Use only fresh, clean, uncracked eggs
- Wash hands, surfaces and equipment before and after contact with eggs
- Keep eggs refrigerated
- Cook eggs thoroughly
- Avoid leaving cooked eggs at room temperature for more than 2 hours
- Use pasteurized eggs when preparing foods that won't be cooked further, such as mayonnaise

Sources: WHO, European Centre for Disease Prevention and Control, European Food Safety Authority

