

ACTIVITY REPORT 2014 / 2015 SUMMARY

HEPA Europe

European network for the promotion of health-enhancing physical activity

Background

At the 10th annual meeting of HEPA Europe, held on 29 August 2014 in Switzerland, a number of activities were outlined to be carried out by the network in 2014/2015¹. The state of affairs on these activities is summarized in this document. This short version is also available at www.euro.who.int/hepaeurope.



Overview of activities

1.1 Networking and cooperation

Activity	State of affairs
Coordination and cooperation with other activities, projects, and networks	Implemented mostly as planned
Support and contributions to other conferences and events	Implemented as planned

1.2 Information dissemination

Activity	State of affairs
Dissemination of products and publications of HEPA Europe and website (www.euro.who.int/hepaeurope)	Implemented as planned
Holding of the 11 th annual network meeting and 6 th conference of HEPA Europe (7-9 October, Istanbul, Turkey)	Implemented as planned
Support to European database on Nutrition, Obesity and Physical Activity (NOPA)	Mostly implemented as planned

See also: Annex 5: Work programme 2014/2015. In: 10th annual meeting of HEPA Europe, European network for the promotion of health-enhancing physical activity. Report of a WHO meeting. 28-29 August 2014, Zurich, Switzerland. Copenhagen, WHO Regional Office for Europe (www.euro.who.int/hepaeurope).

1.3 Projects, reports and products

Activity	State of affairs
Working group on national approaches to physical activity promotion	Implemented mostly as planned
Working group on exchange of experiences in physical activity and sports promotion in youth	Implemented mostly as planned
Working group on active aging: Physical activity promotion in the elderly	Implemented mostly as planned
Working group on HEPA promotion in socially disadvantaged groups	Implemented mostly as planned
Working group on HEPA promotion in health care settings	Implemented mostly as planned
Working group on Sport Clubs for Health programme	Implemented as planned
Working group on workplace HEPA promotion	Mostly implemented as planned
HEPA Europe/EuroSafe working group on HEPA promotion and injury prevention	Moved to possible future activities
Working group on HEPA promotion and the environment	Implementation delayed
Development and dissemination of methods for quantification of health benefits from walking and cycling	Mostly implemented as planned
Working group on monitoring and surveillance of physical activity	Implemented as planned

1.4 Activities aimed at optimizing the network

Activity	State of affairs
Implement partner management strategy and finalize member	Mostly implemented as
management strategy	planned, ongoing

1.5 Possible activities to be launched later

Activity	State of affairs
Development of a teaching course on physical activity and public health	Implemented
Methodological guidance and practical approaches on economic valuation of transport-related health effects	Not started

1.6 Publications

Activity	State of affairs
2 publications and 3 news alerts / newsletters	Continuous activity