



4TH MEETING OF THE STEERING COMMITTEE OF HEPA EUROPE

MAGGLINGEN, SWITZERLAND – 21 NOVEMBER 2006

HEPA Europe

European network for the promotion of health-enhancing physical activity

Executive summary



1. Background

The 4th meeting of the Steering Committee was convened to:

- assess and decide on applications for membership received from June to October 2006;
- start developing an impact model for HEPA Europe;
- review progress made in the various activities since the last meeting; and
- start preparations of the 3rd annual meeting taking place on 16-18 May 2007, Graz, Austria.

The meeting was attended by 7 members of the Steering Committee from 5 countries and WHO/Europe. It was chaired by Brian Martin from the Swiss Federal Office of Sports (BASPO), hosted and supported by BASPO, and assisted by the WHO European Centre for Environment and Health, Rome Office, and BASPO.

2. Evaluation of applications for membership

All 7 applications received since the last meeting in June were accepted by the Steering Committee. These 7 new temporary members will be proposed to the network for confirmation at the upcoming 3rd annual meeting.

3. Update on recent international activities and developments

An update was given on the ongoing activities on the international level, including:

- activities of the WHO;
- activities of the EU; and
- other international activities.

4. Development of an impact model for HEPA Europe

During a guided brain storming session, participants went through the first steps of the development of an implementation strategy for HEPA Europe. The session was structured through a series of questions which were worked individually and discussed in group. Specifically, answers on the following two questions were developed:

- Which are the up to 5 main causes that prevent better health through physical activity among all people in Europe?
 - How can these causes be addressed or solved?
-

5. Review of progress with regard to the work programme 2006 / 2007

First results and next steps of the work group on “review of national approaches / network of networks” were discussed. Updates on the other ongoing activities and work groups will be discussed at the next meeting.

6. Upcoming HEPA Europe meetings

The draft programme of the 3rd annual meeting of HEPA Europe (16-18 May 2007, Graz, Austria) was discussed. The first call for abstracts will be published in February 2007.

The pledge made by Scottish Physical Activity Research Collaboration (SparColl), University of Strathclyde, Glasgow, Scotland to host the 4th annual meeting was warmly welcomed and accepted by the Steering Committee. The meeting will be held in autumn 2008, exact dates will be communicated in due time.

7. Updates on HEPA Europe-supported events

Updates on the HEPA Europe-supported events were discussed as well, specifically the draft programmes of the following two events:

- Satellite Symposium to the International meeting on health enhancing physical activity interventions and programs for children and adolescents (“Kinderkongress”) on HEPA in children and adolescents, Universities of Konstanz and of Karlsruhe, 28 February – 2 March, 2007, Karlsruhe, Germany
- 5th International Conference on Movement and Health, hosted by the Faculty of Physical Culture, Palacký University, Olomouc, Czech Republic, 14-17 November 2007

The 2nd International Conference on Promoting Health through Healthy Nutrition and Physical Activity, organized by CINDI Slovenia, has been postponed.

A possible additional event of importance to HEPA Europe is the European College of Sports Science (ECSS) conference, 11-14 July 2007, Jyväskylä, Finland.

8. Update of the Terms of Reference of HEPA Europe and use of the design element

The Steering Committee discussed advice of the legal department of WHO on the updated version of the Terms of Reference as well as regarding the use of the design element by HEPA Europe members. Further clarifications will be made until the next meeting.

9. Next meetings of the Steering Committee

The 5th meeting of the Steering Committee will take place on 21 March 2007. Indicative expressions of interest to host the meeting in the UK will be explored by the Secretariat; alternatively the meeting will take place in Rome.

The 6th meeting will take place back to back with the 3rd annual meeting of HEPA Europe, in Graz, Austria (tentatively on 16 May 2007). A further meeting will be hosted by Palacký University, Olomouc, back to back with the International Conference on Movement and Health (tentatively on 14 November 2007).

Annex 1: List of participants

Steering Committee members

Czech Republic

- Dr Radim Slachta, Palacky University, Olomouc,

Finland

- Dr Pekka Oja, Individual member, Tampere

Netherlands

- Mr Eddy Engelsmann, Diet, Physical Activity and Health, Ministry of Health, Welfare and Sport, The Hague

Switzerland - Chairman

- Dr Brian Martin, Swiss Federal Office of Sports (BASPO), Magglingen

United Kingdom of Great Britain and Northern Ireland

- Dr Harry Rutter, South East Public Health Observatory (SEPHO), Oxford

Observer

Global Physical Activity Alliance (GAPA)

Meeting secretariat

World Health Organization, Regional Office for Europe, European Centre for Environment and Health, Rome office

- Dr Sonja Kahlmeier, Technical Officer, Transport and Health / HEPA Europe
- Ms Manuela Gallitto, Programme Assistant, Transport and Health / HEPA Europe

Swiss Federal Office of Sports, Magglingen, Switzerland

- Ms Corinne Hanselmann, Assistant