

## Background

At the 4<sup>th</sup> annual meeting of HEPA Europe<sup>1</sup> in Glasgow, United Kingdom, in September 2008, the work programme for the period September 2008 to October 2009 was endorsed<sup>2</sup>. The state of affairs of these activities is summarized in this document. This short version is available also at [www.euro.who.int/hepa](http://www.euro.who.int/hepa).



## Overview of activities

Below, the state of affairs of the activities of the work programme 2008 / 2009 is summarized.

### *Networking and cooperation*

Activity	State of affairs
Support and contributions to other conferences and events	Implemented as planned, ongoing
Cooperation and collaboration with other activities, projects, and networks	Implemented as planned, ongoing

### *Information dissemination*

Activity	State of affairs
Maintenance and regular updating of the HEPA Europe website ( <a href="http://www.euro.who.int/hepa">www.euro.who.int/hepa</a> )	Mostly implemented, ongoing
Holding of the 5 <sup>th</sup> annual network meeting (11-12 November 2009, Bologna, Italy)	Implemented as planned, concluded
Dissemination of the advocacy booklets on physical activity	Implemented as planned, ongoing; development of communication strategy started
Inventory of existing approaches, policy documents, and targets related to physical activity promotion	Implemented as planned, ongoing
Finalization of the collection of case studies of collaboration between the physical activity promotion and the transport or other sectors	Mostly implemented, ongoing; development of communication strategy started

<sup>1</sup> 3<sup>rd</sup> annual meeting of HEPA Europe, European network for the promotion of health-enhancing physical activity. Report of a WHO meeting 16-18 May 2007 Graz, Austria. WHO Regional Office for Europe, 2007 (available at [www.euro.who.int/hepa](http://www.euro.who.int/hepa)).

<sup>2</sup> Work programme 2007/2008. HEPA Europe, European network for the promotion of health-enhancing physical activity. WHO Regional Office for Europe, June 2007.

**Projects, reports and products**

<b>Activity</b>	<b>State of affairs</b>
Work group on national approaches for physical activity promotion	Implementation as planned, ongoing
Development of methods for quantification of health benefits from walking and cycling	Implemented as planned; follow-up project on Health Economic Assessment Tool (HEAT) for walking foreseen
Development of methods for economic valuation of transport-related negative health effects (including on walking and cycling), with a particular focus on children	Implementation as planned, first phase concluded; continuation depending on further developments in the Transport, Health and Environment Pan-European Programme (THE PEP)
Work group on exchange of experiences in physical activity and sports promotion in children	Implementation as planned, ongoing
Work group on HEPA promotion through primary care practice	Implementation ongoing, delayed
Work group on Sport Clubs for Health programme	Implementation as planned, ongoing
Publication of a framework for physical activity promotion policy	Implementation delayed
Publication on currently used recommendations for health-enhancing physical activity	Implementation as planned, ongoing

**Teaching and education**

<b>Activity</b>	<b>State of affairs</b>
Development of a HEPA Europe exchange programme	Implementation started, postponed

**Activities aimed at optimizing the network**

<b>Activity</b>	<b>State of affairs</b>
Finalization of the impact model for HEPA Europe of how the stated aims shall be achieved	Implementation as planned, concluded
Development of a concept for management and interaction with members of the network as well as key partner institutions and organizations	Partly implemented, ongoing

**Possible activities to be launched later**

<b>Activity</b>	<b>State of affairs</b>
Development of a European Region teaching course on physical activity and public health	Implementation started, ongoing
Development of information material for migrant populations	Not yet started
Occupational physical activity promotion, including active commuting	Not yet started

**Publications**

<b>Activity</b>	<b>State of affairs</b>
Publications (6 reports, booklets and information material, 2 scientific publications, 1 HEPA Europe newsletter and 2 electronic news alerts produced)	Continuous activity