

# 3<sup>RD</sup> MEETING OF THE STEERING COMMITTEE OF HEPA EUROPE

TAMPERE, FINLAND - 14 JUNE 2006

**HEPA Europe** 

European network for the promotion of Health-Enhancing Physical Activity

# **Executive summary**



# 1. Background

The meeting was convened to:

- assess and decide on applications for membership received from March to May 2006;
- review the activity report 2005 / 2006, and to take the necessary steps and decisions for the further work;
- finalize the draft work programme 2006 / 2007;
- finalize preparations for the 2nd annual meeting of the network.

The meeting was attended by 9 members of the Steering Committee from 7 countries as well as 3 invited guests. It was chaired by Brian Martin from the Swiss Federal Office of Sports, hosted by the UKK Institute for Health Promotion Research, Tampere, Finland, and assisted by the WHO European Centre for Environment and Health, Rome Office, and the UKK Institute.

# 2. Evaluation of applications for membership

All 11 applications received since the last meeting on 24 February 2006 were accepted by the Steering Committee. These 11 and the 24 temporary members as well as 2 individual members accepted earlier will be proposed the network for confirmation at the upcoming 2<sup>nd</sup> annual meeting.

# 3. Update on recent international activities and developments

An update was given on the ongoing activities on the international level, including:

- activities of the WHO:
- activities of the EU; and
- other international activities.

# 4. Review of progress with regard to the work programme 2005/2006

The activity report 2005/2006 was discussed and endorsed. The finalized version will be presented at the upcoming 2<sup>nd</sup> annual meeting. A summary of the final version will be made available on the HEPA Europe website at <a href="https://www.euro.who.int/hepa">www.euro.who.int/hepa</a>.

# 5. 2<sup>nd</sup> annual meeting of HEPA Europe

The organization of the 2<sup>nd</sup> annual meeting (14-16 June 2006) which is also kindly hosted by the UKK Institute for Health Promotion Research in Tampere, Finland, was finalized and the detailed programme was decided upon. The summary of the meeting report will also be available at <a href="https://www.euro.who.int/hepa">www.euro.who.int/hepa</a>.

# 6. Collaboration with other international organizations and activities

Discussions for the development of a strategy to address the challenge from the increasing number of invitations to contribute to or collaborate with ongoing international activities were started. Important conclusions could be drawn. The discussion will be continued at the next Steering Committee meeting in relation to the development of an impact model for HEPA Europe.

# 7. Network meetings and events

The 3<sup>rd</sup> annual meeting of HEPA Europe will take place on 16-18 May 2007, kindly hosted by the University of Graz, Austria.

Ideas for the organization of a scientific network conference, ideally to take place in 2008, were discussed. Two preliminary expressions of interest to host an event in 2008 were received by the Steering Committee so far. The Steering Committee will follow them up and clarify the process for formal biddings. A decision will be taken based on a list of criteria which was endorsed at the last Steering Committee meeting.

No new events were added to the list of 5 events which are supported but not co-organized by HEPA Europe.

# 8. Work programme 2006 / 2007

The draft work programme was discussed and decisions about the activities to be proposed to the network at the upcoming 2<sup>nd</sup> annual meeting for implementation in the next year were taken. A short version of the finalized work programme will be made available at www.euro.who.int/hepa.

# 9. Next meetings of the Steering Committee

The 4<sup>th</sup> meeting of the Steering Committee will be organized in fall 2006, probably back to back with the workshop to launch the activity 4.9 on "Exchange of experiences in physical activity and sports promotion in children" at the Federal Office of Sports (BASPO), Magglingen, Switzerland.

The invitation expressed by CINDI Slovenia to host the 5<sup>th</sup> meeting next spring was warmly welcomed and accepted. It will take place back to back with the 2<sup>nd</sup> International Conference on Promoting Health through Healthy Nutrition and Physical Activity which will be organized by CINDI Slovenia and supported by HEPA Europe.

# **Annex 1: List of participants**

# **Steering Committee members**

## **Czech Republic**

Dr Radim Slachta, Palacky University, Olomouc,

#### **Denmark**

Prof Finn Berggren, Gerlev Physical Education and Sports, Academy, Slagelse

#### **Finland**

- Prof Mari Miettinen, Ministry of Social Affairs and Health, Helsinki
- Dr Pekka Oja, Individual member, Tampere

#### **Netherlands**

- Mr Eddy Engelsmann, Diet, Physical Activity and Health, Ministry of Health, Welfare and Sport, The Hague
- Dr Mireille van Poppel, VU University Medical Center, Dept. of Public and Occupational Health, Institute for Research in Extramural Medicine, Amsterdam

#### Slovenia

Ms Andrea Backovic Jurican, CINDI Slovenia, Community Health Centre, Ljubljana

### Switzerland - Chairman

Dr Brian Martin, Swiss Federal Office of Sports (BASPO), Magglingen

# **United Kingdom of Great Britain and Northern Ireland**

Dr Harry Rutter, South East Public Health Observatory (SEPHO), Oxford

# **Invited guests**

## World Health Organization, Regional Office for Europe

• Mr Roar Blom, Technical Officer, Physical Activity and Health

### **UKK Institute for Health Promotion Research, Tampere Finland**

- Dr Mikael Fogelholm, Director
- Ms Katriina Kukkonen-Harjula, senior researcher

# **Meeting secretariat**

# World Health Organization, Regional Office for Europe, European Centre for Environment and Health, Rome office

• Dr Sonja Kahlmeier, Technical Officer Transport and Health, HEPA Europe

#### **UKK Institute for Health Promotion Research, Tampere Finland**

Ms Raija Tulimäki