

### Strengthening health systems in Europe in the context of the financial crisis

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HICE FOR Europe



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REGIONALBÜRO FÜR EUROPA



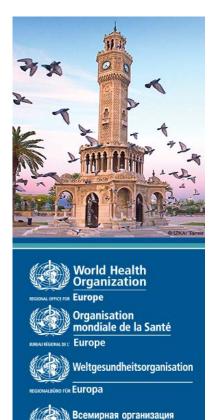


### Health systems and the right policies go hand in hand









2010 2011 2012 2013

### Improved life expectancy but European Region scarred by inequalities

Life expectancy at birth trends by European regions, 1980-2010

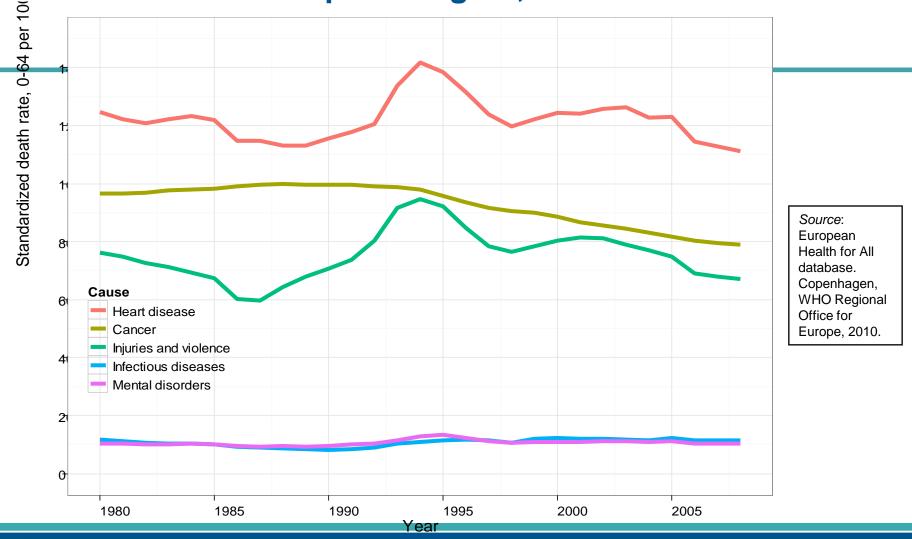


CIS: Commonwealth of Independent States EU12: countries belonging to the European Union (EU) after May 2004 EU15: countries belonging to the EU before May 2004

Source: European Health for All database. Copenhagen, WHO Regional Office for Europe, 2010.



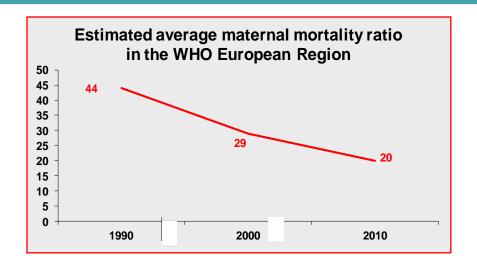
### Trends in premature mortality by broad group of causes in the European Region, 1980–2008





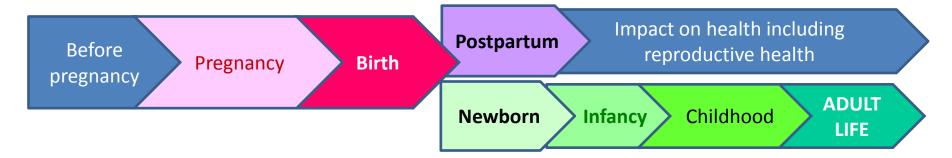
# Maternal, newborn, sexual and reproductive health





Maternal mortality ratio decreased by 54% since 1990

but more than 40 times difference in related risks

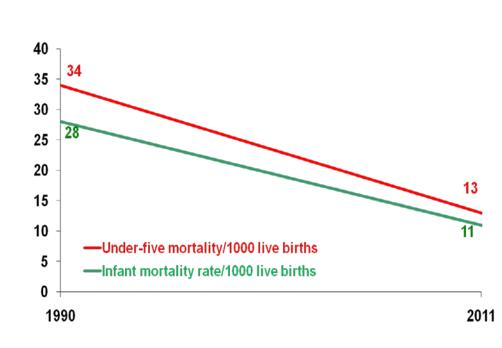




# Millennium Development Goal 4: reduce child mortality



- Regional average mortality rates for children under 5 years decreased from 34 per 1000 live births in 1990 to 13 per 1000 in 2011 (by almost two thirds: close to the 2015 target of 11 deaths per 1000 live births)
- Regional average infant mortality rates decreased from 28 per 100 live births in 1990 to 11 per 1000 in 2011
- Nevertheless, there are major discrepancies within and between countries



Source: WHO European Region estimates, WHO, 2013.



### Health 2020: strategic objectives

Working to improve health for all and reducing the health divide

Improving leadership, and participatory governance for health

#### Health 2020: four common policy priorities for health

Investing in health through a life-course approach and empowering people

Tackling Europe's major health challenges: noncommunicable diseases (NCDs) and communicable diseases

Strengthening people-centred health systems, public health capacities and emergency preparedness, surveillance and response

Creating resilient communities and supportive environments



#### Health-related indicators, Greece





### The Tallinn Charter and the Declaration of Alma- Ata: two key anniversaries





Tallinn: 2008 and 2013 governance

Alma-Ata: 1978 and 2013 primary health care (PHC)



### Tallinn follow-up meeting Tallinn, Estonia, 17–18 October 2013



- A platform for understanding new frontiers to improving population health
- 2. An exchange of inspiring examples of health-system strengthening
- 3. Agreement on the future direction of the interwoven commitments to the Tallinn Charter and the Health 2020 policy framework

### Tallinn meeting: basis of our work to strengthen health systems

Supporting Member States in keeping or moving towards universal health coverage (UHC), guided by the mission and vision of Health 2020

- Transforming financing arrangements to overcome sustainability concerns
- Positioning primary health care as the hub for other levels of care
- Ensuring coordination across primary health care and public health services
- Revitalizing a flexible, multiskilled workforce with aligned task profiles
- Strategizing the use of modern technology and medicines for maximum benefits



# International conference marking 35th anniversary of Declaration of Alma-Ata:

6-7 November 2013, Almaty, Kazakhstan

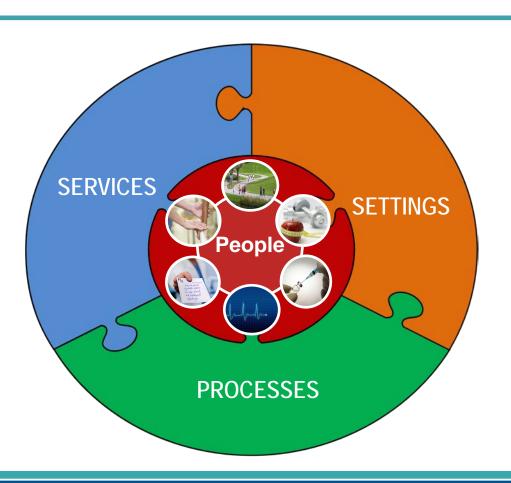








#### Greek health system towards more peoplecentred services delivery with PHC at the centre



#### **SERVICES**

- Health protection
- Health promotion
- Disease prevention
- Diagnosis
- Treatment
- Rehabilitation
- Palliative care

#### **SETTINGS**

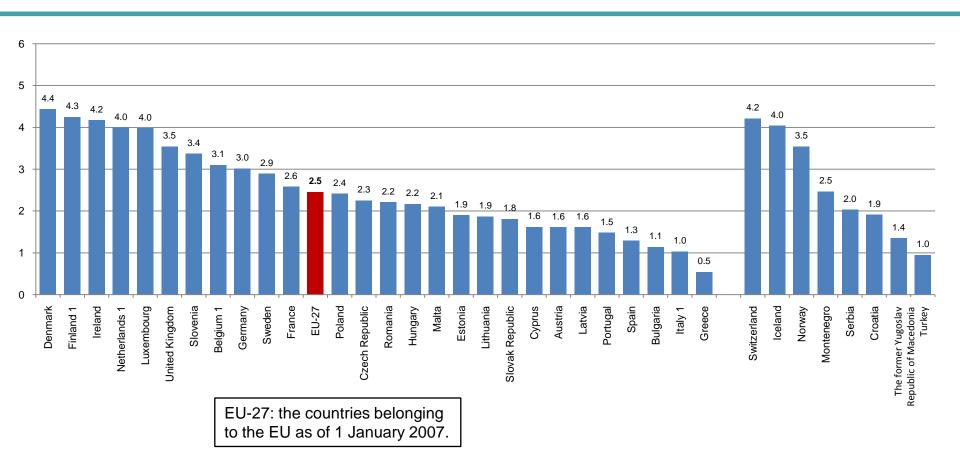
- Public health (National Health Service NHS)
- Primary health care (NHS)
- Secondary care (EOPYY)
- Long-term care
- Community, home and social care
- Pharmacies

#### **PROCESSES**

- **Delivery system (re)design** (case managers, multidisciplinary teams, co-location of services)
- Alignment of incentives (P4P)
- Common information systems (e records, e-prescription)
- Decision support (integrated care pathways)

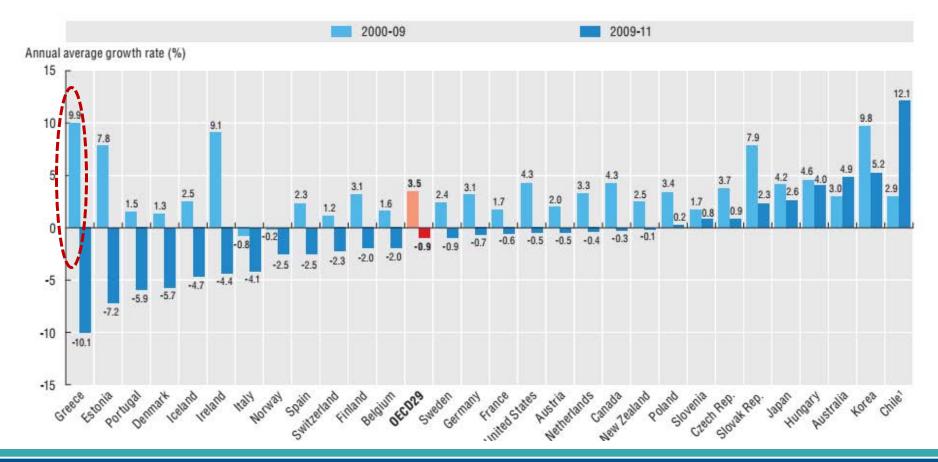


### Human resources for health: requirements in the Greek context



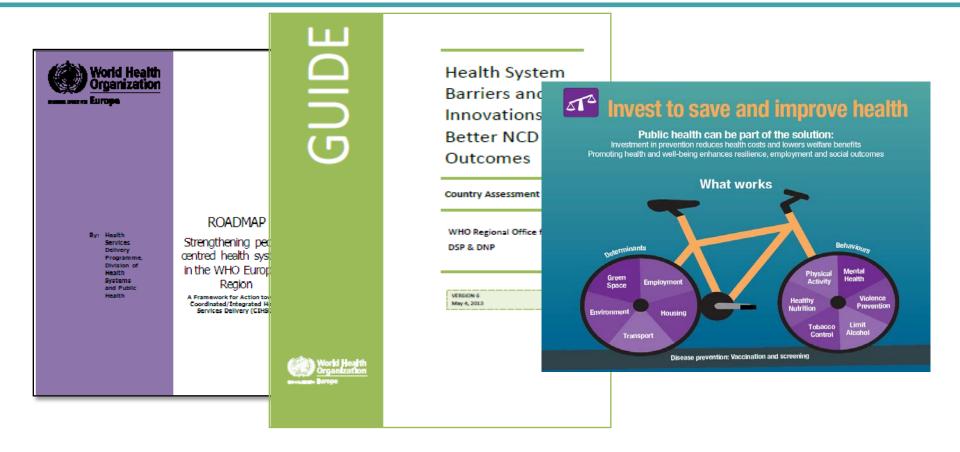


# Average annual growth in pharmaceutical expenditure per capita in real terms, 2010/2011



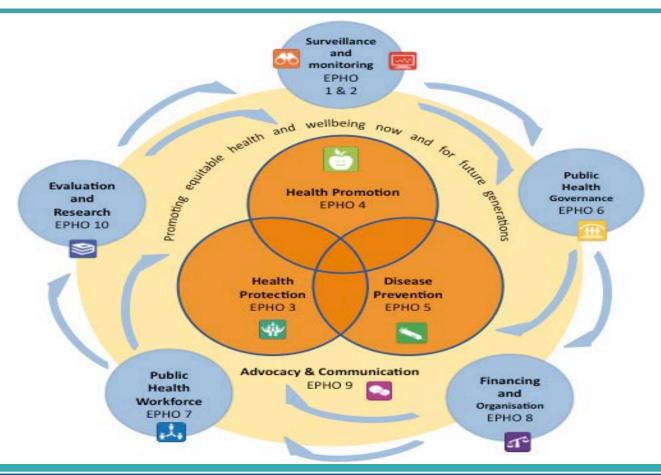


# Transforming service delivery, addressing NCDs, investing in prevention





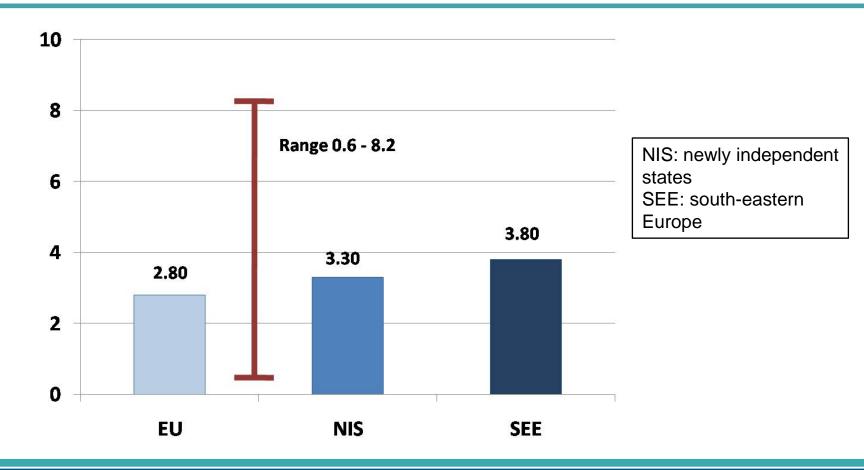
# WHO Regional Office for Europe's essential public health operations (EPHOs) in relation to the policy cycle





#### Case for investing in public health: estimated

expenditure on prevention and public health as % of total health expenditure



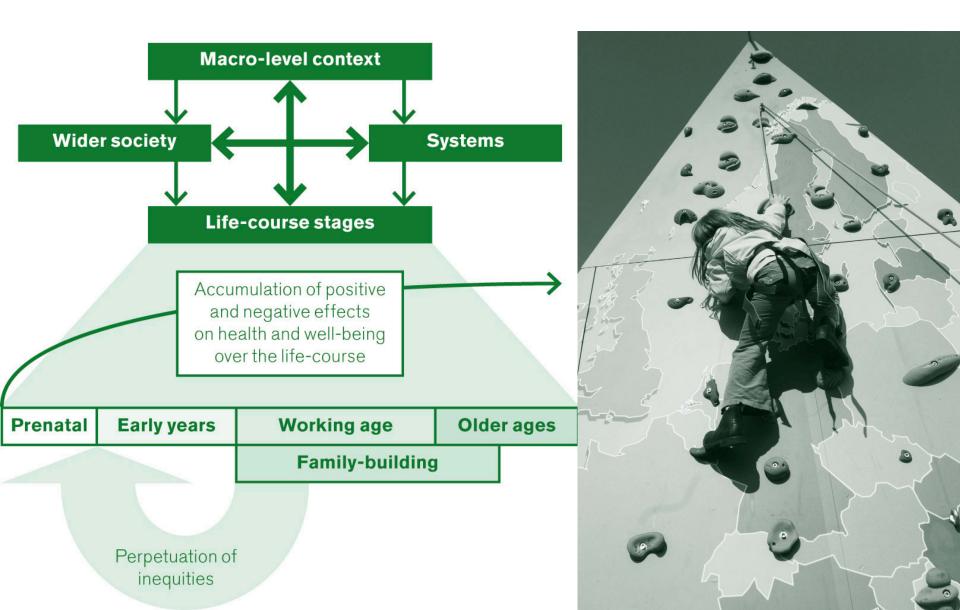


### WHO cost-effective public health interventions

- Anti-tobacco interventions
  - Taxes, tobacco-free environments, health warnings, advertising bans
- Reducing harmful alcohol use
  - Taxes, health warnings, advertising bans
- Improving diet and physical activity
  - Reducing salt intake and salt content, reducing trans fats, promoting public awareness



### Four areas for action to address health inequalities – emphasizing priorities



### Crisis has been challenging

Severe, sustained pressure on public spending on health

2008	2009	2010	2011		
Andorra	Andorra	Albania	Andorra		
Azerbaijan	Bulgaria	Amenia	Armenia Azerbaijan		
Belarus	Croatia	Azerbaijan			
Kyrgyzstan	Ice land	Croatia	Be lanus		
Turkmenistan	Ire land	Czech Republic	Georgia		
	Latvia	Estonia	Germany		
	Lithuania	Finland	Greece		
	Romania	Greece	Kaza khstan		
	San Marino	Iceland	Portugal		
	Serbia	Ire land	Ukraine		
Countries	Ukraine	Italy	United Kingdom		
	4 •	Kyrgyzstan			
with negation	tive	Montenegro			
growth in	public	Republic of Moldova			
	-	Russian Federation			
spending	On	San Marino			
health		Slovakia			
Source: WHO	national health	Slovenia			
accounts, 2013		Spain			



### Percentage of individuals reporting health care to be unaffordable, EU27, 2007

Hospital		Medical or surgical specialists		Family doctors or general practitioners (GPs)		Dentists		Out-of-pocket share of total health expenditure (2009)	
Greece	45	Portugal	78	Greece	43	Portugal	82	Cyprus	48.6
Portugal	40	Greece	71	Cyprus	39	Greece	75	Greece	35.3
Ireland	33	Cyprus	66	Portugal	37	Spain	70	Portugal	20.3
EU27	21	Ireland	53	Ireland	33	Cyprus	62	Spain	19.0
Spain	10	EU27	35	EU27	11	EU27	51	EU27	15.6
Cyprus	10	Spain	22	Spain	7	Ireland	46	Ireland	14.9



### Health systems' responses to economic crisis in Europe



### Some positive responses in challenging circumstances

- Needed reforms introduced by countries
- Immediate efficiency gains lower drug prices
- Other efficiency gains identifying and prioritizing cost-effective services
- Efforts to protect people from financial hardship

### But negative implications for health systems' performance, too

- Countries that reduced population coverage often targeted vulnerable people (poorer people, migrants)
- Over 25 countries increased user charges for essential services
- Some cuts had unintended consequences



### Health systems in times of global economic crisis: an update, 17–18 April, Oslo, Norway

#### **Objectives:**

- to review the impact of the economic crisis on health and health systems in the Region;
- to draw policy lessons around three themes: maintaining and reinforcing equity, solidarity and UHC; coping mechanisms, with a focus on improving efficiency; improving health system preparedness and resilience; and
- to identify policy recommendations for consideration by countries and possible future political commitments.



### Oslo meeting: 10 policy lessons and messages

- 2. Factor 3. Safe 1. Be cor 4. Health po 5. Protect funding for costwith lone impac response can n health s influence h€ effective public fiscal p many r health services health effects goa
- 8. Struc 7. Hi 9. Need 10. Good performin prolong reforms r informatic governance for prepared, resilsystems excessiv time to c monito health b ient systems more re savin syste

### Letter of intent



#### LETTER OF INTENT

The Ministry of Health has developed a Road Map for the reform process under the Initiative "Health in Action" (hereafter "Health in Action") in co-operation with the EU Task Force for Greece and Germany as the Domain Leader in the health sector as described in the Memorandum of Understanding by and between the Ministry of Health of the Hellenic Republic and the Federal Ministry of Health of the Federal Republic of Germany and in co-operation with the Task Force for Greece-European Commission of 20 April 2012 (Annex 1 to this Letter).

Under Health in Action the Ministry of Health has set up a governance structure including a Health Reform Steering Committee and nine subcommittees in which the MoU parties participate.

The Greek Authorities have decided to request technical assistance for the implementation of Road Map of reforms in the health sector directly through National Authorities, European Institutions, International Organisations, accredited agencies or via the private sector by using financial resources from the 2007-2013 Greek National Strategic Reference Framework financial envelope, as appropriately reserved for this purpose by the Greek authorities.

In this framework the Greek Authorities would like to involve the World Health Organisation (hereafter "the WHO") in addition to its usual normative and technical cooperation role uniquely (taking into consideration the Greek financial conditions) to deliver support for the monitoring and implementation of reforms in the context of the Health Reform Steering Committee and Road Map, including technical support in the fields of Public Health, and Primary Health Care and the management of financial resources to ensure high quality in project management and effective implementation deriving from the credibility and extensive experience and expertise of WHO in the health sector.

The undersigned are hereby stating their willingness and intention to further examining the possibility of co-operation in the provision of support to the Hellenic Republic for the implementation of reforms in the health sector in Greece as described hereby.

Athens, 10 April 2013

Minister of Health Hellenic Republic Secretary General for Coordination Office at the Prime Minister's Hellenic Republic

Hellenic Republic

Dimirtios Vartzopoul

Minister of Health Federal Ministry of Health Federal Republic of Germany

Dal\_

Daniel Bake

Head of Task Force for Greece European Commission

Horst Reichenbach

Regional Director World Regional Office for Europe Health Organisation

Zsuzsanna Jakab

# Contribution agreement between WHO Regional Office for Europe and Greece





#### WHO's public health vision for 2020

- Health a priority, a core value and a public benefit
- Health indispensable to development a an indicator of government performance
- Action and advocacy for health
- A strong public health workforce and intersectoral mechanism
- Determinants of health including social determinants – are our DNA





WHO Regional Office for Europe
Division of
Health Systems
and Public Health

### σας ευχαριστώ

#### **THANK YOU**

(http://www.euro.who.int/en/w hat-we-do/health-topics/Healthsystems)