

**HEPA Europe** European network for the promotion of Health-Enhancing Physical Activity

24 August 2015



# Executive summary

### 1. Background and overview

This meeting of the Steering Committee of HEPA Europe was convened to review progress with implementation of the 2014/2015 work programme and to update on relevant international developments. In addition, one application for membership received since the last meeting was assessed. Further input was also given to the preparations of the 11<sup>th</sup> annual meeting and 6<sup>th</sup> conference. In addition, guidance on supporting funding proposals was further discussed and next steps in implementing the funding strategies for HEPA Europe were discussed.

The meeting was kindly hosted by WHO Regional Office for Europe and chaired by Tommi Vasankari, UKK Institute for Health Promotion Research, Finland. Six members of the Steering Committee attended in person and 4 members via phone conference connection, as well as two WHO staff from the Regional Office for Europe. The meeting was kindly prepared and assisted by the Epidemiology, Biostatics and Prevention Institute (EBPI), University of Zurich, Switzerland.

#### 2. Evaluation of applications for membership

One new application received since the last meeting was assessed and it was decided to re-visit it at a later stage when more information on the nature of the applying institution would become available.

#### 3. Update on recent, relevant activities and developments

Updates were given on the ongoing activities at the international level, including:

- activities of the WHO
- activities of the EU
- other international activities

### 4. Work programme 2014/2015 and funding

Participants took note of the update on the state of affairs on the implementation of the work programme. They also agreed next steps regarding the funding for HEPA Europe. They also further discussed a final draft guidance document on support from HEPA Europe for funding applications and decided on the last steps for finalization.

## 5. Annual meetings of HEPA Europe

An update on preparations of the 11<sup>th</sup> annual meeting and 6<sup>th</sup> conference to take place on 7-9 October 2015 in Istanbul, Turkey, was given. The meeting will be hosted by the Active Living Association in association with Hacettepe University, Faculty of Sport Sciences, and the Association for Promotion of Healthy Life and Health Policies. Co-sponsorship by WHO Regional Office for Europe was sought.

### 6. Other business and next meetings of the Steering Committee

A phone conference will take place before the annual meeting to discuss new applications and the draft work programme 2015/2016 as well as other urgent items; the originally foreseen date of 16 September 2015 is considered to be moved in view of the clash with the WHO European Regional Committee meeting. Further meeting dates will be set during this phone conference.

The Steering Committee will also hold an informal meeting within the framework of the HEPA Europe annual meeting and conference in Istanbul.

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# List of participants

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University Professor University of Lausanne Institute of Sports Sciences Lausanne, Switzerland Sonja Kahlmeier Epidemiology, Biostatistics, and Prevention Institute (EBPI) University of Zurich Switzerland

### Participation by WEBEX

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Narcis Gusi Exercise, Quality of Life and Health Economics, Extremadura University Spain

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