



## Executive summary

### 1. Background

The 10<sup>th</sup> meeting of the Steering Committee of HEPA Europe was convened to review first steps in the implementation of the new work programme and to update on recent developments. In addition, management and interaction with members and partners was discussed and the applications for membership received from mid-August to December 2008 were assessed and decided upon.

The meeting was attended by 10 members of the Steering Committee from 9 countries and one observer (see Annex). It was chaired by Brian Martin from the Swiss Federal Office of Sport (BASPO), kindly hosted by the University of Frankfurt and assisted by the WHO European Centre for Environment and Health, Rome office.

### 2. Management and interaction with partners and members

The first part of the meeting was dedicated to starting the development of a strategy for a more proactive management of and interaction with partners and members. The discussion was kicked off by input presentations, recalling the situation for HEPA Europe after the 4<sup>th</sup> annual meeting and existing partnerships as well as highlighting other existing models and examples. Initial conclusions were drawn which will be discussed further at the next meeting.

### 2. Evaluation of applications for membership

The one application received since the last meeting was assessed and supported by the Steering Committee. It will be proposed to the network for confirmation at the 5<sup>th</sup> annual meeting.

### 3. Annual meetings of HEPA Europe

The final draft report of the 4<sup>th</sup> annual meeting was disseminated for input and comments. The preparations of the 5<sup>th</sup> annual meetings are currently starting with host, the Public Health Service of the Emilia Romagna Region. Due to organizational reasons, it has been decided to postpone the meeting to 11-12 November 2009. The meeting will include a half-day topical symposium and the annual meeting.

The 6<sup>th</sup> annual meeting, to take place on 26 November 2010, will be hosted by the Faculty of Physical Culture at Palacký University in Olomouc, Czech Republic. Back-to-back with the annual

meeting, the 2<sup>nd</sup> HEPA Europe conference will be organized on 24-25 November, in association with the 6<sup>th</sup> International Conference on Movement and Health. The main focus will be on the relation between physical activity and the physical, transport, social and cultural environment.

Draft criteria for the selection of hosts for the following annual meetings were discussed; a call for expressions of interest will be finalized at the next meeting.

#### **4. Update on recent, relevant activities and developments**

An update was given on the ongoing activities at the international level, including:

- activities of the WHO
- activities of the EU
- other international activities

Participants also debriefed on past meetings and conferences attended and informed on forthcoming meetings and events.

#### **6. Other business and next meetings of the Steering Committee**

The members of the working group on Steering Committee arrangements met in advance of the Steering Committee meeting. The scope of the working group includes on the one hand the procedure regarding succession of chairmanship of HEPA Europe and on the other hand more generally reviewing the Terms of Reference of the Steering Committee. Initial ideas were discussed at the Steering Committee meeting and will be further developed until the next meeting.

The 10<sup>th</sup> meeting of the Steering Committee will take place on 20-21 April 2009 in Rome, Italy.

## Annex 1: List of participants

Professor Winfried Banzer  
Member, Advisory Board for the Development of Sport - Policy of Preventions and Health Management  
German Olympics Sports Confederation  
Germany

Dr Fiona Bull  
Co Director, The British Heart Foundation's National Centre for Physical Activity and Health  
School of Sport and Exercise Science,  
United Kingdom

Ms Janet Klara Djomba  
Physician, Preventive unit CINDI Slovenija  
Community Health Centre Ljubljana  
Slovenia

Mr Eddy Engelsman  
Ambassador Physical Activity and Health  
Ministry of Health, Welfare and Sport  
Netherlands

Dr Brian Martin  
Chair  
The European Network for the Promotion of Health - Enhancing Physical Activity HEPA Europe  
Federal Office of Sports  
Switzerland

Professor Jean-Michel Oppert  
Professor of Nutrition  
European Association for the Study of Obesity EASO  
Université Pierre et Marie Curie-Paris (UPMC), Pitié-Salpêtrière Hôpital  
France

Dr Harry Rutter  
Director, National Obesity Observatory  
United Kingdom

Dr Michael Sjöström  
Unit Head, Unit for preventive nutrition  
Department Biosciences and Nutrition  
Karolinska Institute  
Sweden

Dr Radim Slachta  
Vice dean, Assistant, Faculty of Physical Culture  
Palacky University  
Czech Republic

Dr Mireille van Poppel  
Senior Researcher, Department of Public and Occupational Health  
VU University Medical Center  
Netherlands

Professor Tommi Vasankuri  
UKK Institute for health promotion research  
Finland

## **World Health Organization**

### **Regional Office for Europe**

Ms Sonja Kahlmeier  
Technical Officer, Transport and Health