

HEPA EUROPE

EUROPEAN NETWORK FOR THE PROMOTION OF HEALTH-ENHANCING PHYSICAL ACTIVITY

2ND MEETING HEPA EUROPE STEERING COMMITTEE

ROME, ITALY – 24 FEBRUARY 2006

REPORT: EXECUTIVE SUMMARY

1. Background

The 2nd meeting of the Steering Committee was convened to:

- update on important recent international developments and activities;
- assess and decide on the first applications for membership;
- review the implementation of the work programme 2005/2006;
- prepare the next annual meeting of the network in June 2006;
- discuss and decide on the next steps with regard to network funding.

The meeting was attended by thirteen participants from European organizations and institutions located in Denmark, Finland, France, Italy, Sweden, the Czech Republic, the Netherlands, the United Kingdom, and Switzerland as well as one invited guest (see list of participants in Annex 1). It was chaired by Brian Martin from the Swiss Federal Office of Sports, and hosted and assisted by the WHO European Centre for Environment and Health, Rome Office.

2. Evaluations of applications for membership

All 24 applications for membership were accepted by the Steering Committee (see Annex 2). The applicants will now be given the status of “temporary members” until confirmation by the network at its next annual meeting on 14-16 June 2006 in Tampere, Finland.

With regard to the participation of commercial members, it was decided that HEPA Europe will continue its inclusive approach in welcoming applications for membership rather than excluding certain groups per se. With regard to the role and responsibilities of members, a change to the Terms of Reference of HEPA Europe was endorsed and will be submitted to the network for approval at the annual meeting.

3. Update on recent international activities and developments

An update was given on the ongoing activities on the international level, including:

- Activities of the WHO
- Activities of the EU
- Other international activities and events.

4. Review of progress with regard to the work programme 2005/2006

- A draft framework for physical activity promotion was discussed. It will be developed further for discussion at the next meetings.



- The results of the first step of development of an inventory of existing policy documents and approaches to physical activity promotion was presented and discussed. The first version of the inventory will be made available online in summer. Further steps of development include sending the current list to the HEPA Europe mailing list and the Task Force on Cycling and Walking of the Transport, Environment and Health Pan-European Programme (THE PEP) for input and completion.
- The outcomes of the first meeting of the editorial board for the advocacy booklet on physical activity and health (23 February 2006) were summarized. The deadline for the finalization of the text is 9 June 2006 and the booklet will be launched at the WHO Ministerial Conference on Counteracting Obesity on 15-17 November 2006 (Istanbul, Turkey).
- An overview on currently used recommendations for physical activity was presented and further steps of work were discussed. An updated version of the presentation will be presented at the next meeting of the Steering Committee and the annual network meeting.
- The launch and first steps of the work group on a review of national approaches for physical activity promotion will be defined in close coordination with the ongoing work on the inventory of national approaches to physical activity promotion.

5. Draft financing concept

The draft concept gives an overview of the current status of funding and contributions received so far, describes possible funding sources and the planned steps to secure these funds. It also contains a scheme for a voluntary membership fee. The next steps with regard to funding were decided upon. The document will be finalized for endorsement at the next annual network meeting.

6. Network meetings and events

- In the preparation of the 2nd annual meeting of HEPA Europe on 14-16 June 2006 in Tampere, Finland, various organizational questions were clarified and a number of topics were proposed for the meeting.
- The pledge of the University of Graz to host the 3rd annual meeting of HEPA Europe in 2007 was warmly welcomed and accepted by the Steering Committee.
- HEPA Europe will support 5 scientific events in 2006 and 2007: 1) 1st World Congress on Public Health Nutrition, 28-29 September 2006, Barcelona, Spain; 2) Satellite Symposium on children's transport related physical activity and health, 28 February – 2 March, 2007, Constance, Germany; 3) 2nd International Conference on Promoting Health through Healthy Nutrition and Physical Activity, 2007, Slovenia; 4) Satellite symposium to the 2007 annual meeting of the International Society for Behavioural Nutrition and Physical Activity (ISBNPA), June 2007, Norway; 5) 5th International Conference on Movement and Health, Olomouc, Czech Republic, 2007.
- In view of the currently limited resources of the Network, the Steering Committee decided that 2007 was too early to organize a network conference.

7. Next meetings of the Steering Committee

A work meeting will be organized with the 7 members of the Steering Committee participating in the International Congress on Physical Activity & Public Health (ICPAPH) on 17-20 April 2006 in Atlanta, USA. The next meeting of the Steering Committee will be a full-day event taking place on 14 June 2006, back to back with the annual meeting of the network at the UKK Institute in Tampere, Finland.

ANNEX 1: LIST OF PARTICIPANTS

- Brian MARTIN, Swiss Federal Office of Sports (BASPO), Switzerland (Chair)
- Finn BERGGREN, Gerlev Academy for Physical Education and Sports, Denmark
- Eddy ENGELSMAN, Ministry of Health, Welfare and Sport, The Netherlands
- Mari MIETTINEN, Ministry of Social Affairs and Health, Finland
- Radim SLACHTA, Palacky University, Czech Republic
- Pekka OJA, Retired - UKK Institute for Health Promotion Research, Finland
- Jean-Michel OPPERT, University Paris VI, France
- Harry RUTTER, South East Public Health Observatory, United Kingdom
- Michael SJÖSTRÖM, Karolinska Institute, Sweden
- Mireille VAN POPPEL, VU University Medical Center, The Netherlands

WHO European Centre for Environment and Health, Italy:

- Sonja KAHLMEIER
- Cyrus ROSTAMI
- Manuela GALLITTO
- Francesca RACIOPPI (via teleconference)

Guests

- Eva MARTIN, Swiss Federal Office of Sports (BASPO), Switzerland

ANNEX 2: LIST OF APPLICATIONS FOR MEMBERSHIP

	Organization / Institution	Country	Represented through		Proposed type of membership
1	University of Akdeniz	Turkey	Hakan	Yaman	member
2	Federazione Italiana Aerobica & Fitness - FIAeF	Italy	Maria-Emilia	Rodriguez	member
3	Catholic University	Italy	Geltrude	Mingrone	member
4	NHS Health Scotland	United Kingdom	Helen	Cogan	member
5	Omron Healthcare Europe B.V.	The Netherlands	Peter	Redert	member
6	Finnish Centre for Health Promotion	Finland	Nella	Mikkonen	member
7	Cavill Associates	United Kingdom	Nick	Cavill	member
8	Sustrans	United Kingdom	Philip	Insall	member
9	HEPA Makedonija	Macedonia	Vera	Simovska	member
10	Faculdade de Ciências do Desporto e de Educação Física da Universidade do Porto	Portugal	Jorge	Mota	member
11	BHFNC, National Centre for Physical Activity & Health	United Kingdom	Fiona	Bull	member
12	Lithuanian Academy of Physical Education	Lithuania	Alvydas	Kalvenas	member
13	Palacky University	Czech Republic	Radim	Slachta	contributing member
14	University of Graz	Austria	Sylvia	Titze	contributing member
15	Swiss Federal Office of Sports	Switzerland	Brian	Martin	funding and contributing member
16	Norwegian Directorate for Health and Social Affairs	Norway	Brita	Jorde	contributing member
17	South East Public Health Observatory	United Kingdom	Harry	Rutter	contributing member
18	Ghent University (on behalf of IPEN)	Belgium	Ilse	De Bourdeaudhuij	member
19	UKK Institute	Finland	Mikael	Fogelholm	contributing member
20	University of Erlangen	Germany	Alfred	Ruetten	member
21	Accion para el bienestar y la Salud	Mexico	Elena	Subirats	observer
22	Ministry of Health	Bulgaria	Irina	Kovacheva	member
23	Karolinska Institutet	Sweden	Michael	Sjöström	contributing member
24	Ministry of Social Affairs and Health	Finland	Mari	Miettinen	contributing member