



19 August 2010

Executive summary

1. Background

The 13th meeting of the Steering Committee of HEPA Europe was convened to review progress with implementation of the work programme and to update on recent developments. In addition, the applications for membership received since the last meeting were assessed. An evaluation and membership survey was discussed as well as an overview of international institutions active in physical activity promotion and physical activity monitoring recommendations. Preparations of the 6th annual meeting and 2nd HEPA Europe conference in November 2010 were also discussed.

The meeting was attended by 7 members of the Steering Committee from 4 countries as well as one temporary adviser and WHO staff from the Regional Office for Europe and Headquarters; 3 more members from 3 countries participated in part of the meeting through a phone conference (see Annex). The meeting was kindly hosted and supported by the VU University Medical Center in Amsterdam. It was chaired by Willem van Mechelen from the VU University Medical Center and assisted by the WHO European Centre for Environment and Health, Rome office, and the Institute of Social and Preventive Medicine of the University of Zurich.

2. Evaluation of applications for membership

4 of the 5 new applications received since the last meeting were supported by the participants; further information will be sought on one application, as well as a pending application from last meeting. All supported applicants will then become temporary members and will be proposed to the network for confirmation at the 6th annual meeting on 26 November 2010 in Olomouc, Czech Republic.

3. Update on recent, relevant activities and developments

Updates were given on the ongoing activities at the international level, including:

- activities of the WHO
- activities of the EU
- other international activities

4. Selected activities of the work 2009/2010 programme

Besides the general update on progress with the current work programme, two of the activities were discussed in more detail, namely the development of a member and evaluation survey and an overview of international bodies and institutions active in physical activity promotion. Both activities contribute to the development of a communication strategy for HEPA Europe.

5. Annual meetings of HEPA Europe

Progress with the preparations of the 2nd conference and 6th annual meeting of HEPA Europe in November 2010 was presented. The call for abstracts has been published and the registration will open shortly.

An expression for interest to host the 2011 annual meeting received by the Netherlands Institute for Sport and Physical Activity (NISB) was warmly welcomed and supported by the Steering Committee.

6. Other business and next meetings of the Steering Committee

The 14th meeting will take place on 28-29 September 2010, kindly hosted by the Institute of Social and Preventive Medicine of the University of Zurich, Work Unit Physical Activity and Health. The Committee is also planning to meet informally in advance of the annual meeting on 24 November late afternoon in Olomouc.

Annex: List of participants

Andrea Backović Juričan
National Health Promotor
National Institute of Public Health
Center for prevention of chronic diseases CINDI
Slovenia

Professor Winfried Banzer
Member of the Advisory Board for the
Development of Sport - Policy of
Preventions and Health Management
German Olympics Sports Confederation
(DOSB)
Germany

Mr Maarten Koornneef
Co-ordinator Sport, Health & Sports Research
Sports Division
Ministry of Health, Welfare and Sport (VWS)
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Dr Brian Martin
Head of Unit
Physical Activity and Health Work Unit
University of Zurich
Institute of Social and Preventive Medicine
Switzerland

Professor Willem van Mechelen
Head
Dept. of Public and Occupational
Health, VU University Medical Center
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Connected via teleconference

Dr Charlie Foster
Research lecturer
University of Oxford
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Prof Jean-Michel Oppert
Professor of Nutrition
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Mr Michael Sjostrom
Unit Head
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Temporary Adviser

Dr Sonja Kahlmeier
Deputy Head of Unit
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World Health Organization

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Mr Eddy Engelsman
Technical Officer
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Regional Office for Europe

Ms Francesca Racioppi
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