

# **ACTIVITY REPORT 2007 / 2008: SUMMARY**

**HEPA Europe** 

European network for the promotion of health-enhancing physical activity

#### **Background**

At the 3<sup>rd</sup> annual meeting of HEPA Europe<sup>1</sup> in Graz, Austria, in May 2007, the work programme for the period July 2007 to September 2008 was endorsed<sup>2</sup>. The state of affairs of these activities is summarized in this document. This short version is also available also at www.euro.who.int/hepa.



#### Overview of activities

Below, the state of affairs of the activities of the work programme 2007 / 2008 is summarized.

### Networking and cooperation

Activity	State of affairs
Support and contributions to other conferences and events	Implemented as planned, ongoing
Cooperation and collaboration with other activities, projects, and networks	Implemented as planned, ongoing

#### Information dissemination

Activity	State of affairs
Maintenance and regular updating of the HEPA Europe website (www.euro.who.int/hepa)	Mostly implemented, ongoing
Holding of the 1 <sup>st</sup> HEPA Europe conference and 4 <sup>th</sup> annual network meeting (8-10 September 2008, Glasgow, United Kingdom)	Implemented as planned, concluded
Dissemination of the advocacy booklets on physical activity	Implemented as planned, ongoing
Inventory of existing approaches, policy documents, and targets related to physical activity promotion	Partly implemented, ongoing
Finalization of the collection of case studies of collaboration between the physical activity promotion and the transport or other sectors	Mostly implemented, ongoing

<sup>3&</sup>lt;sup>rd</sup> annual meeting of HEPA Europe, European network for the promotion of health-enhancing physical activity. Report of a WHO meeting 16-18 May 2007 Graz, Austria. WHO Regional Office for Europe, 2007 (available at <a href="https://www.euro.who.int/hepa">www.euro.who.int/hepa</a>).

Work programme 2007/2008. HEPA Europe, European network for the promotion of health-enhancing physical activity. WHO Regional Office for Europe, June 2007.

### Projects, reports and products

Activity	State of affairs
Work group on review of examples of national approaches and networks for physical activity promotion and the exploration of the need and possibility to create a "network of national networks"	Implementation ongoing, delayed
Review on cost-benefit analyses methodology with regard to walking and cycling and organization of an international workshop	Implemented as planned and concluded; follow-up project foreseen
Development of methods for economic valuation of transport- related health effects, with a particular focus on children	Implementation as planned, finalization ongoing
Work group on exchange of experiences in physical activity and sports promotion in children	Implementation ongoing, delayed
Work group on HEPA promotion through primary care practice	Implementation ongoing, delayed
Publication of a framework for physical activity promotion policy	Implementation ongoing, delayed
Publication on currently used recommendations for health- enhancing physical activity	Implementation ongoing, delayed

# Teaching and education

Activity	State of affairs
Development of a European Region teaching course on physical activity and public health	Not yet started
Development of a HEPA Europe exchange programme	Implementation ongoing

# Activities aimed at optimizing the network

Activity	State of affairs
Development of an impact model for HEPA Europe of how the stated aims shall be achieved	Implementation ongoing, delayed
Implementation and updating of the financing concept to identify funding sources and secure the future funding	Implementation ongoing
Development of a communication strategy and a recruitment strategy for HEPA Europe	Implementation ongoing, delayed

#### Possible activities to be launched later

Activity	State of affairs
Development of information material for migrant populations	Not yet started

# **Publications**

Activity	State of affairs
Publications (6 reports, booklets and information material and 2 HEPA Europe newsletters produced)	Continuous activity

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