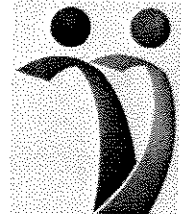




EUROPE

7<sup>th</sup> MEETING OF THE HEPA EUROPE STEERING COMMITTEE  
OLOMOUC, CZECH REPUBLIC, 14 NOVEMBER 2007

HEPA Europe  
European network for the promotion of health-enhancing physical activity



14/03/08

## Executive summary

### 1. Background

The 7<sup>th</sup> meeting of the Steering Committee of HEPA Europe was convened to review progress in the implementation of the work programme 2007/2008 and to continue the development of the impact model for HEPA Europe. In addition, applications for membership received from October to November 2007 were assessed and decided on.

The meeting was attended by 5 members of the Steering Committee from 5 countries (see Annex). It was chaired by Brian Martin from the Swiss Federal Office of Sport (BASPO) and assisted by the Palacký University, Czech Republic and the WHO European Centre for Environment and Health, Rome Office. The meeting was kindly hosted by the Palacký University, Olomouc, Czech Republic and took place back-to-back with the International conference "Movement and Health".

### 2. Evaluation of applications for membership

2 applications received since the last meeting were discussed. While both were welcomed in general, both applicants will be invited to provide further information for further assessment. A pending application discussed at the last meeting was re-assessed and now accepted based on further information provided by the applicant.

### 3. Update on recent international activities and developments

An update was given on the ongoing activities on the international level, including:

- activities of the WHO;
- activities of the EU; and
- other international activities.

Participants also debriefed on past meetings and conferences attended and informed on forthcoming meetings and events.

### 4. Development of an impact model for HEPA Europe

At the 4<sup>th</sup> meeting of the Steering Committee (21 November 2006, Magglingen, Switzerland), the Steering Committee started the development of an implementation strategy based on an "impact model" for HEPA Europe. The work was continued at the meetings in Glasgow (September 2007). At

the current meeting, the work was continued again with a guided brain storming session. In earlier work sessions, answers on the following questions had been developed: 1) Which are the main causes that prevent better health through physical activity among all people in Europe?; 2) How can these causes be addressed/solved? And 3) Do the current activities contribute to the solutions identified earlier?

In this meeting, specific answers on the following question were developed:

- What effect do the current activities have on the identified causes?

The work will be continued and finalized at the next meetings.

## **5. Review of progress with regard to the work programme 2006 / 2007**

First results on the ongoing activities were discussed and next steps were decided, specifically on the inventory on physical activity promotion, the work group on "Review for national approaches to physical activity promotion" and the work group on exchange of experiences in physical activity and sports promotion in children as well as a number of publications which are being prepared.

## **6. Support and contributions to conferences and events**

Updates on upcoming events with participation from HEPA Europe were discussed as well, in particular the following ones:

- 5th International Conference on Movement and Health, hosted by the Faculty of Physical Culture, Palacký University, Olomouc, Czech Republic, 14-17 November 2007
- EU Platform on Diet, Physical Activity and Health – Workshop on physical activity, Brussels, Belgium, 14 November 2007
- 2<sup>nd</sup> International Conference on Physical Activity and Public Health (ICPAPH), VU Medical Centre, Amsterdam (8-10 April 2008).

## **7. Next meetings of the Steering Committee**

One possibility for the next meeting would be back-to-back with the ALPHA project Steering Committee meeting in early February. A poll will be carried out on this and further possible dates.

An expression of interest to host one of the next meetings of the Steering Committee was received by the University of Frankfurt, Germany and from the United Kingdom. They will be discussed further, as well as the possibility for further joint meetings with the Steering Committee of the ALPHA project.

## Annex: List of participants

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