

1 Background

At the 2nd annual meeting of HEPA Europe¹ in Tampere, Finland, in May 2006, the work programme for the period July 2006 - June 2007 was developed². The current state of affairs of these activities is summarized in this document. A short version is available at www.euro.who.int/hepa.



2 Foreword by the chairman

The Network Meeting in Graz concludes the second year of existence for HEPA Europe, the European network for the promotion of health-enhancing physical activity. Again, the Network Meeting is bigger than the one the year before, the number of member organisations has risen, and the number of activities in the report has increased. For all of us, HEPA Europe is only one of our responsibilities. Therefore not every goal we have set ourselves has been accomplished, but with the excellent support from the secretariat in Rome and in collaboration with WHO we have made progress in many areas. For me, the most important one was the way in which we have been able to contribute to WHO's Conference on Counteracting Obesity in Istanbul, an event that has highlighted the public health importance of physical activity for Europe.

We all know the promotion of health-enhancing physical is a long term endeavour. Through the work of its members, HEPA Europe can and will make a contribution to it.

Brian Martin, Chairman of the Steering Committee, April 2007

¹ 2nd annual meeting of HEPA Europe, European network for the promotion of health-enhancing physical activity. Report of a WHO meeting 14-16 June 2006 Tampere, Finland. WHO Regional Office for Europe, 2007 (available at www.euro.who.int/hepa).

² Work programme 2006/2007. HEPA Europe, European network for the promotion of health-enhancing physical activity. WHO Regional Office for Europe, July 2006.

3 Overview of activities

3.1 Core activities of the network

Activity	State of affairs
Maintenance and regular updating of the HEPA Europe website (www.euro.who.int/hepa)	Mostly implemented, ongoing
Holding of the 3 rd annual HEPA Europe network meeting (16-18 May 2007, Graz, Austria)	Implemented as planned, concluded
Development of ideas for and possibly organization of a scientific network conference (possibly in 2008)	Implemented as planned, concluded
Support and contributions to other conferences and events	Implemented as planned, ongoing
Cooperation and collaboration with other activities, projects, and networks	Implemented as planned, ongoing

3.2 Projects and products

Activity	State of affairs
Finalization of an advocacy booklet on physical activity and health with the key facts and figures for policy makers	Implemented as planned, product concluded but follow-up activities ongoing
Continue collating an inventory of existing approaches, policy documents, and targets related to physical activity promotion	Partly implemented, ongoing
Review of examples of national approaches and networks for physical activity promotion and the exploration of the need and possibility to create a "network of national networks"	Implementation delayed, ongoing
Finalization of the collection of case studies of collaboration between the physical activity promotion and the transport or other sectors	Mostly implemented, ongoing
Development of a general framework for physical activity promotion policy	Implemented delayed, ongoing
Development of a discussion paper on currently used recommendations for health-enhancing physical activity	Implementation delayed, ongoing
Review on cost-benefit analyses methodology with regard to walking and cycling and organization of an international workshop	Implementation delayed, ongoing
Finalization of an overview of ongoing international and European activities and networks relevant to HEPA Europe	Implementation delayed, ongoing
Launch of work group on exchange of experiences in physical activity and sports promotion in children	Implemented as planned, ongoing
Development of a European Region course on physical activity and public health	Implementation delayed, ongoing

3.3 Activities aimed at optimizing the network

Activity	State of affairs
Development of an impact model for HEPA Europe of how the stated aims shall be achieved	Implementation delayed, ongoing
Implementation and updating of the financing concept to identify funding sources and secure the future funding	Implementation delayed, ongoing
Development of a communication strategy and a recruitment strategy for HEPA Europe	Not yet started

3.4 Possible activities to be launched later

Activity	State of affairs
Development of methods for economic valuation of transport-related health effects in children	Implementation ongoing

3.5 Publications and presentations

Activity	State of affairs
Publications (9 reports, booklets and information material, 2 newsletters and 1 journal publications produced)	Continuous activity
Presentations (15 presentations on HEPA Europe or mentioning it given)	Continuous activity