

# ANTIBIOTIC RESISTANCE

## WHAT YOU CAN DO



Antibiotic resistance happens when bacteria change and become resistant to the antibiotics used to treat the infections they cause.



- 1 Only use antibiotics when prescribed by a certified health professional
- 2 Always take the full prescription, even if you feel better
- 3 Never use left over antibiotics
- 4 Never share antibiotics with others
- 5 Prevent infections by regularly washing your hands, avoiding contact with sick people and keeping your vaccinations up to date

[www.who.int/drugresistance](http://www.who.int/drugresistance)

#AntibioticResistance



World Health  
Organization