

HEPA Europe
European network for the promotion of health-enhancing physical activity

Background

At the 5th annual meeting of HEPA Europe¹ in Bologna, Italy, November 2009, the work programme for the period November 2009 to November 2010 was endorsed². The state of affairs of these activities is summarized in this document. This short version is also available also at www.euro.who.int/hepa.



Overview of activities

Below, the state of affairs of the activities of the work programme 2009/2010 is summarized.

Networking and cooperation

Activity	State of affairs
Coordination and cooperation with other activities, projects, and networks	Implemented as planned, ongoing
Support and contributions to other conferences and events	No request for co-sponsorship; ongoing

Information dissemination

Activity	State of affairs
Maintenance and regular updating of the HEPA Europe website (www.euro.who.int/hepa)	Mostly implemented as planned, ongoing
Holding of the 6th annual network meeting (26 November 2010) and 2nd HEPA Europe conference (24-25 November 2010); Olomouc, Czech Republic	Implemented as planned, concluded
Dissemination of products and publications of HEPA Europe,	Mostly implemented as planned, ongoing
Inventory of existing approaches, policy documents, and targets related to physical activity promotion	Implementation ongoing, delayed

¹ 3rd annual meeting of HEPA Europe, European network for the promotion of health-enhancing physical activity. Report of a WHO meeting 16-18 May 2007 Graz, Austria. WHO Regional Office for Europe, 2007 (available at www.euro.who.int/hepa).

² Work programme 2007/2008. HEPA Europe, European network for the promotion of health-enhancing physical activity. WHO Regional Office for Europe, June 2007.

Projects, reports and products

Activity	State of affairs
Working group on national approaches for physical activity promotion	Implemented as planned, ongoing
Development of methods for quantification of health benefits from walking and cycling and dissemination	Implemented as planned; ongoing
Working group on exchange of experiences in physical activity and sports promotion in children	Implementation ongoing, delayed
Working group on HEPA promotion in health care settings	Implementation ongoing, delayed
Working group on Sport Clubs for Health programme	Implemented as planned, ongoing
Working group on HEPA promotion in socially disadvantaged groups	Implemented as planned, ongoing
Working group on occupational HEPA promotion	Implementation postponed
Working group on monitoring and surveillance of physical activity	Implemented as planned, ongoing
Publication of a general framework for physical activity promotion policy	Implementation postponed

Teaching and education

Activity	State of affairs
Summer school/teaching course on physical activity and public health	Implementation postponed

Activities aimed at optimizing the network

Activity	State of affairs
Finalization of the impact model for HEPA Europe of how the stated aims shall be achieved	Implementation as planned, concluded
Development of a concept for management and interaction with members of the network as well as key partner institutions and organizations	Partly implemented, ongoing

Possible activities to be launched later

Activity	State of affairs
HEPA Europe exchange programme for students and professionals	Not yet started
Methodological guidance and practical approaches on economic valuation of transport-related health effects	Not yet started
Quantification of co-benefits of other sectoral policies for physical activity and health	Not yet started

Publications

Activity	State of affairs
11 Publications (1 scientific publication, 4 conference abstracts, 4 reports, 2 HEPA Europe electronic news alerts produced)	Continuous activity