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Survey on the health status, services utilization and determinants of health
Syrian refugee population in Turkey


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# Survey on the health status, services utilization and determinants of health of the Syrian refugee population in Turkey 

Ankara, Turkey<br>2019

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#### Abstract

This publication reports the results of a survey on the health status, services utilization and determinants of health of the Syrian refugee population in Turkey. The general goal of the survey is to determine and better understand the health status of Syrian refugees living outside camps. Among the data available in this report are the measurements of the demographic and socioeconomic characteristics of this population, health status including self-reported perceived health in six dimensions and the prevalence of self-reported morbidity for chronic diseases and mental health conditions and the prevalence of chronic diseases risk factors. Moreover, the report shows data concerning the health care service utilization, satisfaction and accessibility with special focus on the geographical variability among Turkish provinces and the health literacy of Syrian refugees. Finally, the report evaluates maternal and child health and health care access, in particular the prevalence of general health conditions among children, the presence of acute conditions among children under 5 years, the vaccination rate (reported by parents) and the antenatal and postnatal care accessibility and utilization by mothers and children.


## Keywords

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## Abbreviations

| AFAD | Republic of Turkey Prime Minister Disaster and Emergency Management Authority |
| :--- | :--- |
| BCG | bacille Calmette-Guérin |
| BMI | body mass index |
| CI | confidence interval |
| DGMM | Ministry of Interior Directorate General of Migration Management |
| NCDs | noncommunicable diseases |
| PSU | primary sampling unit |
| RSE | relative standard error |
| TL | Turkish Lira |
| UNHCR | Office of the United Nations High Commissioner for Refugees |
| UNICEF | United Nations Children's Fund |

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## Introduction

The internal conflict in the Syrian Arab Republic began in the early spring of 2011 and has forced millions of people to seek asylum in countries in the region. As of September 2018, over 5.6 million people have fled the country since the beginning of the internal conflict, seeking safety in Jordan, Lebanon and Turkey and beyond (UNHCR, 2018). More than half of these migrants are women and children, who face social upheaval and gender discrimination and abuse, and live in substandard conditions, both in their home country and in the countries to which they have fled.

The ongoing civil war has caused over 450000 deaths, reducing life expectancy for those in Syria from 70 to 56 years; well over 12.2 million Syrians have fled their homes, often leaving with only their clothing and with serious injuries. The civil war has had devastating effects not only on Syria but also on Jordan, Lebanon and Turkey and, more recently, on a number of European Union countries due to refugee inflows coming either directly from Syria or, in most cases, indirectly from Turkey. By the beginning of 2016, the economic cost of the Syrian war with its spill over into Egypt, Iraq, Jordan, Lebanon and Turkey is estimated at US\$ 35 billion and is climbing rapidly (World Bank, 2016).

Previous surveys conducted on Syrian refugees in Turkey investigated the health and nutrition status of children (AFAD \& UNICEF, 2016), and the prevalence of noncommunicable diseases (NCDs) risk factors among the adult population (AFAD et al., 2016). In 2014, among children under 60 months of age surveyed, the prevalence of stunting was $23.9 \%$, while wasting ( $4.3 \%$ ) and underweight ( $9.2 \%$ ) were considered of low public health concern. The prevalence of overweight was 5.7\% (AFAD et al., 2016). In December 2015, the Health Status Survey of Syrian Refugees in Turkey collected data from 5769 Syrian refugees living either in or outside camp settlements. The survey was coordinated by the Republic of Turkey Prime Minister Disaster and Emergency Management Authority (AFAD) in collaboration with WHO and the Ministry of Health of Turkey. This study focused on NCD risk factors, and identified high rates of tobacco use, low physical activity and inadequate diet as important risk factors in the Syrian refugee population. Overall, $58.7 \%$ of Syrian refugees had 3-5 risk factors, putting them at high risk of developing NCDs (AFAD et al., 2016).

A review of epidemiological research conducted in Turkey suggested possible areas of improvement and intervention for Syrian refugees - mental health, maternal and child health - and highlighted the need to investigate these fields together with chronic conditions and accessibility of health care services (WHO Regional Office for Europe, 2018).

This report is based on the results of a household survey entitled "Survey on the health status, services utilization and determinants of health of the Syrian refugee population in Turkey". The survey was contracted to Etik Research by WHO in full coordination with the Ministry of Health and AFAD. It collected data from 4068 households through questionnaires completed by face-to-face interviews.

The purpose of the survey was to generate reliable and representative data on the health status, services utilization and determinants of health of the Syrian refugee population in Turkey. In particular, the survey investigated six domains of health , the prevalence of chronic diseases, the prevalence of symptoms of mental disorders, the risk factors for noncommunicable diseases in the adult population, the use of health care facilities, satisfaction with health care services, awareness and utilization of preventive services and health literacy. The final section of the study investigated the health status of Syrian refugee children, the rate of vaccination among children 1-59 months old, and prenatal and postnatal health care service utilization by mothers and children.

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## Background

Since 2011, over 3.5 million Syrians who fled the conflict in their homeland have found refuge in Turkey and were offered temporary protection by the Government of Turkey. Of these, about 7\% are cared for in temporary shelters, while the rest are spread out in all 81 provinces in Turkey and live among host communities. The vast majority ( $90 \%$ ) are concentrated in 15 provinces, five of which (Gaziantep, Hatay, Istanbul, Mersin and Şanlıurfa) host more than half of the Syrian population in Turkey. The Government of Turkey and a coalition of United Nations organizations, donors and partners (including nongovernmental organizations) have made concerted efforts to extend support to the Syrians under temporary protection, by providing shelter, food and equitable access to quality and affordable services, in an open door policy and under the motto "leave no one behind".

The efforts in the health sector are led by the Government and supported by WHO and several other United Nations organizations, donors and partners. This support is based on refugee population health needs and gaps identified through a series of surveys and rapid assessments conducted in the past few years. The surveys focused on assessing the health status of this population group and identifying the risks from communicable and noncommunicable diseases. The Ministry of Health and other partners used these findings to design public health interventions to reduce NCDs and injuries, promote vaccination campaigns that reached over 365000 Syrian children under 5 years of age, and to provide mental health and psychological support programmes aimed at both the refugees and the host communities.

WHO Country Office in Turkey supported the Ministry of Health to design and provide essential health services to the Syrian refugees during this protracted emergency. This was done by improving access to quality and affordable services, and by designing and implementing trainings of Syrian doctors, nurses, medical translators, and mental health and psychosocial workers.

Overall, the health measures taken at all levels have led to an increased health system resilience that is better adapted to serve the needs of both the refugee population and the host communities, thus further reducing the tensions stemming from the arrival of large numbers of refugees over a short period of time.

The commitment of the Government to provide all necessary services to the Syrian refugees has been outstanding. However, additional lessons learned and improvements have been identified and will be addressed under the leadership of the Ministry of Health. The focus will be on strengthening achievements, ensuring the sustainability of interventions, and increasing the efficiency of service provision by better positioning and investing in the health workforce while continuing to support the training and other activities implemented so far. A strategic vision will be better aligned with the long-term challenges, and also with the WHO European framework for health and well-being (Health 2020; WHO Regional Office for Europe, 2013), universal health coverage and the Sustainable Development Goals ( 2030 Agenda for Sustainable Development).

## Access of Syrian refugees to health services in Turkey

Since the beginning of the crisis in Syria, the Government of Turkey has provided significant opportunities for Syrian refugees, especially regarding access to health services by enacting the following legislation:

- AFAD Regulation (April 2011);
- AFAD Circular no. 374 (February 2013);
- Law 6458 on Foreigners and International Protection (2013);
- Temporary Protection Regulation of 2014;
- Principles on Health Services Provided under Temporary Protection by the AFAD and Ministry of Health Protocol (2015);
- Guidelines on Migrant Health Centres/Units (2015); and
- Circular on Health Services for Temporary Protection (2015).

In October 2011, the Ministry of Interior granted temporary protection status to asylum seekers. Syrians are provided with unlimited access to non-emergency health services and protection against forced repatriation under the temporary protection status. In addition, accommodation, food, education and health services are provided to refugees living in camps. All Syrian refugees living outside camps are granted free access to health care and medicine, if they are registered as refugees with temporary protection status with the Ministry of Interior. Those who do not register for various reasons may have limited access to health care services.

In Turkey, emergency services are provided to all refugees irrespective of refugee status and without a requirement to register. Syrian refugees who have temporary protection identity documents can seek care directly at health institutions, or they can make appointments by calling the Ministry of Health Call Centre from Ministry-affiliated health centres.

Syrian refugees account for $30-40 \%$ of patients in State hospitals in provinces in Turkey on the Syrian-Turkish border. Thus, health care institutions in the border provinces face enormous pressure, and need both physical capacity and health staff. By obtaining detailed information on health service usage, the survey might be used to address capacity issues in the border provinces.

## Survey goal and objectives

## Rationale for the survey

Scaling up the Government of Turkey's, WHO's and other United Nations organizations' response to provide health care to the 3.5 million Syrian refugees living in Turkey needs to be based on a situation analysis of the current prevalence of diseases and their risk factors, and practices, challenges and gaps with regards to the provision of care. Information about access to health services and the health conditions and health risks of the refugees is required to prevent disease and scale up the response. It can inform evidence-based planning and evaluation of health policies and preventive activities. While some population-level information, such as morbidity and mortality, can be obtained from registries or from previous surveys (AFAD et al., 2016), gaps still exist.

To fill the data gaps and to develop and improve health care services, the WHO Country Office in coordination and close collaboration with the Government of Turkey planned and implemented this comprehensive household survey. It collects a wide range of data on the refugee population, health and nutrition status, health care service needs, access to various types of health services and medicines, and maternal and child health.

The outcomes of the "Survey on the health status, services utilization and determinants of health of the Syrian refugee population in Turkey" can be used to:

- provide decision-makers at all levels of Government and the international community with reliable information and analyses to inform policy choices for Syrian refugees living in Turkey;
- improve coordination and partnerships in data collection among Syrian refugees at the country level; and
- improve the dissemination and utilization of data and generate reliable, valid and country representative measures that cover general health status, health needs, services utilization and determinants of health.


## Survey goal

The general goal of the survey is to determine and better understand the health status of Syrian refugees living outside camps. The survey's use of a standardized method for collecting, analysing and disseminating data benefited from the methods of the WHO Stepwise approach to surveillance (STEPS) (WHO, 2017) and the Demographic and Health Surveys of the United States Agency for International Development.

This survey also aims to gather information on the priority health needs of Syrian refugees living in Turkey and focuses on chronic conditions, injuries and mental health to establish a baseline and more efficient planning of activities for the prevention, control and management of NCDs, violence and injuries, and mental disorders.

This survey may help policy-makers to identify social determinants of health, health outcomes among the Syrian population and access and utilization of health care service in order to better target health interventions. It will help to validate international scales for self-assessed health status and allow data comparison at international level (in line with the strategic discussions between WHO, the Ministry of Health and AFAD).

## Survey objectives

The survey has five specific objectives.

Objective 1. Assess the demographic and socioeconomic characteristics of Syrian refugees living outside camps in Turkey. The survey investigates the educational level, marital status, household size, income, employment in Turkey and time spent as a refugee in Turkey.

Objective 2. Evaluate the health status of Syrian refugees living outside camps. In particular the survey evaluates the self-reported general health status defined in six dimensions (affect, cognitive capacity, mobility, presence of pain or discomfort, functional ability to perform activities of daily living, functional ability to perform self-care). Moreover, it evaluates the prevalence of symptoms of illness experienced in the two weeks prior to the survey, the prevalence of selfreported morbidity for chronic diseases and the prevalence of symptoms of mental health conditions.

Objective 3. Evaluate the prevalence of chronic diseases risk factors, with special focus on alcohol consumption, nutrition and body mass index.

Objective 4. Evaluate the health care service utilization, satisfaction and accessibility with special focus on the geographical variability among Turkish provinces. In particular the survey assesses the accessibility and use of health care services, awareness of and access to preventive services, payment for health care services, satisfaction with health care services and health literacy of Syrian refugees.

Objective 5. Evaluate maternal and child health and health care access, in particular the prevalence of general health conditions among children, the presence of acute conditions among children under 5 years, the vaccination rate (reported by parents) and the antenatal and postnatal care accessibility and utilization by mothers and children.

## Survey methodology

## Survey population

Household members who met all of the following criteria were included in the survey. Subjects:

- were Syrian refugees living outside camps and settlements in Turkey;
- gave written informed consent; and
- were able to answer the survey questions, excluding children for whom parents might have answered questions on their behalf.

Household members who met at least one of the following criteria were excluded from the study:

- status as visitors to the homes where the field survey was performed; and
- cognitive impairment at a level that would hinder the subject from understanding the survey questions and giving clear and correct answers.

All Syrians households in the 15 provinces with the most Syrian refugees formed the study population. Three randomly chosen subjects were interviewed in each sampled household:

- a currently married woman aged 15-69 years
- a man aged 15-69 years
- a child aged 0-14 years.

The respondents were selected based on their availability in the sampled household.

## Survey design

The survey was implemented using an Arabic survey instrument (questionnaire) designed with estimates for all of the above indicators, taking into account local requirements and resources. Trained data collectors conducted face-to-face interviews with the respondents to collect demographic and behavioural information. Survey responses were captured using computer-assisted personal interviewing, a technique in which the interviewer records the respondents' answers by entering the data into small computer tablets.

Survey documentation such as manuals for interviewers and supervisors were also translated into Arabic, English and Turkish and used by all of the field staff.

## Sampling design

The total sample size with a number of survey domains (design domain: a married woman aged 15-69 years, a man aged $15-69$ years and a child aged $0-14$ years) is the sum of the sample sizes over all domains. An appropriate sample size for the survey domain is the minimum number of persons that achieves the desired survey precision for core indicators at the domain level.

A sample size of 4584 households is calculated using the following assumptions: a $12 \%$ minimum estimated proportion of interest in the survey $(P)$ based on previous surveys on the health, living conditions and demographic characteristics of the study population (AFAD, 2014; AFAD et al.,2016); a 5\% desired level of standard error (); a complex sampling design effect (Deft) coefficient of 1.50; a household gross response rate of $90 \%$ ( $R_{h}=0.90$ ); an $80 \%$ individual response rate ( $R_{i}=0.80$ ); and two eligible individuals for each domain (women, men and children) per household ( $d=2$ ).

The formula for calculating the final sample size in terms of the number of households while taking non-response into account is given by:

$$
n=\operatorname{Deft}^{2} \times \frac{(1 / P-1)}{\alpha^{2}} /\left(R_{i} \times R_{h} \times d\right)
$$

where $n$ is the sample size in households
Deft is the design effect (a default value of 1.5 is used if not otherwise specified)
$P \quad$ is the estimated proportion
$\alpha \quad$ is the desired relative standard error
$R_{i} \quad$ is the individual response rate
$R_{h} \quad$ is the household gross response rate
$d$ is the number of eligible individuals per household.

The household gross response rate is the number of households interviewed divided by the number of households selected. The application of the formula with survey assumptions gives:

$$
n=1.5^{2} \times \frac{(1 / 0.12-1)}{0.05^{2}} /(0.80 \times 0.90 \times 2) \cong 4584^{2}
$$

The width of the confidence interval for $P$ is determined by the relative standard error (RSE) on which the sample size calculation is based on. The RSE is given by:

$$
R S E=\sqrt{\left(\frac{1-f}{n} \times \frac{N}{N-1} \times P(1-P)\right) / P}
$$

where $n$ is the sample size in households
$P \quad$ is the estimated proportion
$N$ is the target population size
$f=n / N$ is the sampling fraction.

With a confidence level of $95 \%$, is the half-length of the confidence interval for $P$. For this case, $R S E=0.014$ and $P=0.12$. The half-length of the confidence interval is 0.007 , which means the confidence interval for $P$ is $(0.113,0.127)$.

A multistage random sampling methodology was used to select the participants. At the first stage, sample sizes for those living outside camps were determined based on the proportion of refugees in each province. At the second stage, 15 provinces with the highest Syrian populations were selected for the study to cover a high concentration (90\%) of the total Syrian refugee population. Table 1 presents the distribution of 4584 samples (households) across 15 provinces. As Fig. 1 shows, these 15 provinces also have high concentrations of refugees. The distribution of the sample proportions across the provinces presented in Fig. 2 shows that the distribution of Syrian refugees across the provinces is not related to the province population sizes; rather it is related to the proximity to Syria and the job opportunities in the province.

A second-level multistage random sampling was designed to select the households in a given neighbourhood of a province. Based on previous experience, WHO provided target neighbourhood lists, and neighbourhood mukhtars were consulted to acquire information regarding Syrians living in both high- and low-density refugee areas. Then random selection of households within the areas was performed.

[^1]The survey has the following limitations.

- Ten per cent of Syrian refugees living in Turkey may not be represented in the sample because they do not reside in the 15 provinces selected.
- As reported in a previous study on Syrian refugees in Turkey a possible "sample selection bias might exist due to the unavailability of accurate addresses of refugees at the neighbourhood level. It was discovered that the official registration addresses were only accurate about $40 \%$ to $60 \%$ of the time, because refugees do not stay long at the same address" (DGMM, 2017). This could still be a problem in sampling.

Table 1. Syrian refugee population and sample size by province in Turkey

${ }^{\text {a }}$ Data were provided by the Ministry of Interior Directorate General of Migration Management (DGMM, 2017).
${ }^{\text {b }}$ The proportion uses 3531416 Syrian refugees living in Turkey as the denominator.
${ }^{\text {c }}$ The sample size adds up to 4584 due to rounding of an integer value.


Fig. 1. Proportion of Syrian refugees living in 81 provinces in Turkey as a percentage of province population


Fig. 2. Distribution of the survey sample in 15 provinces with the highest concentration of refugees

## Weighting of data

Because the data covered a sample of the target population, they had to be weighted. Thus, sample weighting and poststratification were carried out to correct differences in the age, sex and area of residence distribution of the sample versus the target population and probabilities of selection. The sample weight for each case in the survey sample accounted for the number of cases it represented in the sampling frame, based on the sample selection procedure. The first-stage sample weights based on the inclusion probabilities of the province-level population sampling units (PSUs) are in Table 2. Equal inclusion of the relevant households and relevant age-sex groups were assumed. The inclusion probability of each selected male, female and child was calculated based on the number of eligible persons over each
domain (men, women and children) in the household. The inverse of the product of the province, household and individual inclusion probabilities provided the sample weights. Non-response weights were calculated for each province. The product sampling and non-response weights provided the base weight used in the study, which was further poststratified by age-sex and province population proportions.

Table 2. Inclusion probabilities of PSUs at the province level

| PSU number | Province | Estimated size of sampling units | Probability of inclusion |
| :---: | :--- | :---: | :---: |
| 1 | Adana | 37605 | 0.042 |
| 2 | Ankara | 19069 | 0.022 |
| 3 | Bursa | 35063 | 0.040 |
| 4 | Gaziantep | 92273 | 0.104 |
| 5 | Hatay | 151108 | 0.171 |
| 6 | İstanbul | 109714 | 0.124 |
| 7 | İzmir | 33456 | 0.038 |
| 8 | Kahramanmaraş | 24982 | 0.028 |
| 9 | Kayseri | 17924 | 0.020 |
| 10 | Kilis | 32640 | 0.037 |
| 11 | Konya | 25764 | 0.029 |
| 12 | Mardin | 22862 | 0.026 |
| 13 | Mersin | 50344 | 0.057 |
| 14 | Osmaniye | 13267 | 0.015 |
| 15 | Şanlıurfa | 157916 | 0.178 |

In order to account for differences in the age-sex and province-level population and sample proportion differences, the base weight was further adjusted by poststratification using the raking method. The poststratification for age-sex was based on the age and sex distribution of the Syrian refugees obtained from the Ministry of Interior Directorate General of Migration Management (DGMM), which was further calibrated with a 2014 AFAD survey (AFAD, 2014) and demographic characteristics of all the household members in the sample. These age-sex proportions used in the poststratification are in Table 3. The province-level proportions were obtained from DGMM, which is in the fourth column of Table 1.

As explained above, the target sample size was calculated as 4584 households, including nonresponses. At the end of the fieldwork, 4068 households participated in the survey with a response rate of $88.76 \%$. The survey design required interviewing one married woman aged 15-69 years, one male aged 15-69 years and one child aged 0-14 years. ${ }^{4}$ Interviewing all three types of participants in one household was not always possible for several reasons. First, within each household visited, one or two potential respondents may not live there. Examples include a household with one woman but no man or child, or one woman with two children aged 0-14 years but no man, or one man but no child or woman. Another reason is a household whose members were not at home or rejected participation, which accounted for the varying response rates across participant types (survey domains) (married women, men and children).

It was not possible to perform nonresponse weighting across age groups, but a nonresponse weight across each respondent type was performed. In a weighted data analysis, the sum of the weights is arbitrary. The sum of the weights was normalized to 12 204, which is the total number of potential respondents in 4068 households. When descriptive statistics were reported and data were available for all cases, the sum of the weights was naturally 12204.

[^2]All tables report weighted statistics unless otherwise stated, and the number of respondents correspond to the sum of the weights (weighted respondents). In some tables, the total per cent may exceed $\mathbf{1 0 0 \%}$, which corresponds to questions with multiple responses.

Table 3. Age-sex distribution of the refugee population in Turkey

| Age group (years) | Population proportion (\%) ${ }^{\mathbf{a}}$ |  |
| :---: | :---: | :---: |
|  | Male | Female |
| $0-2$ | 3.6 | 3.0 |
| $3-5$ | 4.3 | 3.8 |
| $6-9$ | 6.5 | 5.2 |
| $10-14$ | 6.6 | 5.6 |
| $15-17$ | 3.7 | 2.8 |
| $18-29$ | 11.4 | 11.7 |
| $30-44$ | 10.9 | 9.6 |
| $45-59$ | 4.9 | 3.9 |
| $60-69$ | 1.1 | 0.7 |

${ }^{\text {a }}$ Data were provided by the Ministry of Interior Directorate General of Migration Management (DGMM, 2018).

## Training of field data collectors

The number of field staff was calculated based on a 30-workday data collection period. In total, 40 data collectors (20 teams each comprised of one male and one female), five supervisors (one supervisor managed four teams), one project manager and one project coordinator were employed. All team members attended three days of training. The training included general information about the survey, data collection methodology, methods of sampling at the household level, obtaining informed consent from participants, interviewing skills, questionnaire administration and data entry using small computer tablets. Data collectors were specifically informed of the purpose of the study, study protocol, interview techniques to administer a face-to-face questionnaire and the method for filling out the forms. They were also given detailed instructions on how to electronically transfer the collected data to the study centre through the Internet.

During training in December 2016, trainees practiced administering the questionnaire and entering data using tablets. The core of the training focused on the survey questionnaire and the skills required performing data entry. On the last day of training, all participants took part in a pilot study in Adana to validate what they learned during training by administering the questionnaire to participants. Each team performed a pilot questionnaire entry. They conducted faceto face interviews on approximately $5-6$ individuals. The pilot implementation aimed at confirming the ability of field data collectors to use the questionnaire and the computer tablets, and to test the understanding of the questions by the respondents. The questionnaire was revised based on feedback from the pilot study.

## Data collection and entry

The field work lasted 30 workdays and was completed by the end of January 2017. WHO authorities monitored the implementation of the field survey. A total of 20 two-person teams collected data. Supervision and coordination of the data collection were performed by five supervisors, each supervisor responsible for four teams, one project coordinator and one project manager, resulting in a 47-person field team in total. Field teams visited the addresses in the neighbourhoods obtained from the local authorities and provided general information on the goal and objectives of the survey. After obtaining the participant's consent, they administered the questionnaire, recording the responses on tablets.

Once each form was completed, data were uploaded to the data server. Simultaneously, data were sent to the project team (project coordinator, project manager and project assistant) via the Internet using a 3G connection. Hence, the research team could see the data recorded and, if a mistake was found, could correct it.

At the end of the field work, survey data collected electronically were re-checked for entry errors and appropriately transformed into the format required by the analysis software.

## Data analysis

Under the guidance of WHO, an implementing partner agency performed the initial descriptive statistical analysis of the survey data.

## Ethical Committee Approval

This study was conducted with the Ethical Committee Approval obtained on 2 March 2018 and approval letter from Ministry of Health received on 18 January 2018.

## Demographic characteristics of the study population

## Respondent groups, age and sex characteristics

According to the latest figures from DGMM, 1852563 males, 1571674 females and a total of 3424237 Syrians with temporary protection status live in Turkey (DGMM, 2018). ${ }^{5}$

DGMM also provides information regarding the age distribution of the Syrian refugees in Turkey: 2461664 Syrians in Turkey are under the age of 29 years, which is $71.9 \%$ of the total refugee population. Of the total refugees:

- 515116 (15.0\%) are aged 0-4 years
- 465574 (13.6\%) are aged 5-9 years
- 349008 (10.2\%) are aged $10-14$ years
- 292892 (8.6\%) are aged 15-18 years
- 513274 (15.0\%) are aged 19-24 years
- 325800 (9.5\%) are aged 25-29 years.

This section first presents the age and sex characteristics of the unweighted sample and then the weighted sample. Table 4 shows the unweighted distribution of the 10019 survey respondents by participant category - men (37.4\%), women (34.6\%) and children (28\%) - and age group. As the survey respondents were limited to people aged 0-69 years, the sample's age-sex distribution is not representative of the whole population of Syrian refugees in Turkey. Minor differences exist across the age groups and sexes between the sample and population, which are adjusted by poststratification.

Table 4. Participant categories and age and sex characteristics, unweighted


* Due to rounding, the percentage does not appear to add up to 100.0\%.

The weighted participant category and age-sex distribution in Table 5 represents the actual refugee population distribution according to the registered records of DGMM owing to poststratification by two-way sex-age distribution. When a weighted sample was used with weights normalized to 12 204, the sum of the weights for all respondents equalled 11441 . Of the 11441 respondents, $30.5 \%$ are women, $29.0 \%$ are men and $40.5 \%$ are children.

[^3]Table 5. Participant categories and age-sex characteristics after poststratification ${ }^{\text {a }}$

| Age group (years) | Men |  | Women |  | Children |  | Total |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | n | \% | n | \% | n | \% | n | \% |
| 0-2 | - | - | - | - | 809 | 17.5 | 809 | 7.1 |
| 3-5 | - | - | - | - | 961 | 20.7 | 961 | 8.4 |
| 6-9 | - | - | - | - | 1404 | 30.3 | 1404 | 12.3 |
| 10-14 | - | - | - | - | 1460 | 31.5 | 1460 | 12.8 |
| 15-17 | 353 | 10.6 | 343 | 9.8 | - | - | 696 | 6.1 |
| 18-29 | 1172 | 35.3 | 1376 | 39.5 | - | - | 2548 | 22.3 |
| 30-44 | 1221 | 36.8 | 1195 | 34.3 | - | - | 2416 | 21.1 |
| 45-59 | 507 | 15.3 | 455 | 13.1 | - | - | 962 | 8.4 |
| 60-69 | 68 | 2.0 | 117 | 3.4 | - | - | 185 | 1.6 |
| Total | 3321 | 29.0 | 3486 | 30.5 | 4634 | 40.5 | 11441 | 100.0 |

${ }^{\text {a }}$ The table reports the weighted numbers.

The age-sex distribution of adult respondents in Table 5 shows that, on average, the average age of men is higher than women. For example, in the $45-59$ age group, $15.3 \%$ are men and $13.1 \%$ are women. This applies to all adult age groups except for respondents aged 18-29 years. The average age of the adult survey respondent is 33.4 years. The average age of an adult male respondent is 33.7 years and that of an adult female respondent is 33.2 years. The age distribution of the adult sample respondents for the four groups - 18-29, $30-44,45-59$ and $60-69-$ are $22.3 \%, 21.1 \%, 8.4 \%$ and $1.6 \%$, respectively. In the following sections of the study, results on health status, services utilization and determinants of health of adults are reported for the age groups 18-29, 30-44, 45-59 and 60-69 to be consistent with previous studies (AFAD et al., 2016).

Fig. 3 shows both the weighted and unweighted distributions of survey respondents by sex; however, this figure classifies children as respondents aged $0-14$, which was necessary due to sample design. The data analysis presented in this report classifies respondents aged 18-69 years as adults for comparability to previous research. The data show that there are more male respondents than female in the unweighted sample (men $52.0 \%$, women $48.0 \%$ ) while there are more female respondents than male respondents in the weighted sample (men 48.6\%, women 51.4\%).

Fig. 3. Age and sex distribution of respondents*


[^4]
## Geographical distribution of the sample

The field implementation of the survey was carried out in the 15 provinces that host $90 \%$ of the Syrian refugees in Turkey (four provinces in the south-east, four in the south, four in central Anatolia and three in the west). The provinces in the west are among the most developed parts of Turkey; those in the south and central Anatolia are in the middle-income group, and the ones in the south-east are in the low-income group. The provinces in the west provide the most work opportunities for refugees, followed by provinces in the south and central Anatolia. The refugee concertation by province is highly correlated with the work opportunities available in the provinces.

Table 6 displays the weighed and unweighted geographical distributions of the sample. The weighted sample proportions exactly match the proportions of the 15 provinces published by DGMM. As a result of sampling, the distribution of respondents by provinces was proportional to the number of refugees in each province; correspondingly, the provinces of İstanbul and Hatay have the largest number of respondents, $17.4 \%$ and $14.4 \%$, respectively. Only minor differences exist across the weighted and unweighted respondents for each province, indicating that the sample was also highly representative of the refugee distribution at the province level.

Table 6. Geographical distribution of respondents by province in Turkey

|  | Weighted |  |  | Unweighted |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Province | n | \% | 95\% CI | n | \% | 95\% CI |
| Adana | 728 | 6.0 | $5.4-6.5$ | 735 | 6.0 | 5.6-6.5 |
| Ankara | 369 | 3.0 | 2.6-3.4 | 324 | 2.7 | 2.4-3.0 |
| Bursa | 543 | 4.4 | 4.0-4.9 | 507 | 4.2 | 3.8-4.5 |
| Gaziantep | 1428 | 11.7 | 11.0-12.5 | 1482 | 12.1 | 11.6-12.7 |
| Hatay | 1754 | 14.4 | 13.6-15.2 | 1791 | 14.7 | 14.1-15.3 |
| İstanbul | 2123 | 17.4 | 16.5-18.3 | 2133 | 17.5 | 16.8-18.2 |
| İzmir | 518 | 4.2 | $3.8-4.7$ | 480 | 3.9 | $3.6-4.3$ |
| Kahramanmaraş | 387 | 3.2 | 2.8-3.6 | 408 | 3.3 | $3.0-3.7$ |
| Kayseri | 277 | 2.3 | 1.9-2.6 | 258 | 2.1 | 1.9-2.4 |
| Kilis | 505 | 4.1 | $3.7-4.6$ | 564 | 4.6 | 4.3-5.0 |
| Konya | 399 | 3.3 | 2.9-3.7 | 333 | 2.7 | 2.5-3.0 |
| Mardin | 354 | 2.9 | 2.5-3.3 | 435 | 3.6 | $3.2-3.9$ |
| Mersin | 779 | 6.4 | 5.8-7.0 | 654 | 5.4 | $5.0-5.8$ |
| Osmaniye | 205 | 1.7 | 1.4-2.0 | 201 | 1.6 | 1.4-1.9 |
| Şanlıurfa | 1834 | 15.0 | 14.2-15.9 | 1899 | 15.6 | 14.9-16.2 |
| Total | 12203 | 100.0 | - | 12204 | 100.0 | - |

[^5]Fig. 4 shows that respondents are concentrated in the western province of ìstanbul, the southern province of Hatay and the south-eastern provinces of Şanlıurfa and Gaziantep. These provinces are the top four refugee hosting regions.

Fig. 4. Distribution of unweighted sample by provinces in Turkey


## Home governorates in the Syrian Arab Republic

The refugee outflow from Syria to Turkey varies greatly across Syrian governorates. This is due to the level of violence that the governorates were and are exposed. The refugee inflow to Turkey depends on two factors: (i) accessibility, i.e., ease of transportation and (ii) level of violence in the home governorate. Table 7 presents the home governorates of respondents before entering Turkey. Although the numbers in Table 7 are based on respondents who live in just 15 provinces in Turkey, they should be representative since the sample is taken from the $90 \%$ of Syrian refugees who live in these provinces. In order to see if there is any misrepresentation, Table 7 shows both weighted and unweighted numbers.

Table 7 indicates that most respondents migrated from Aleppo governorate, $62.5 \%$ (weighted) and $62.0 \%$ (unweighted). In other words, about three out of every five Syrian refugees in Turkey is from Aleppo. Next is Rif Dimashq and Idlib with $8.7 \%$ and $8.6 \%$ of respondents (weighted percentages), respectively. According to 2011 population estimates (Central Bureau of Statistics of Syria, 2019), Aleppo had a population of 4.7 million, Rif Dimashq's population was 2.7 million and Idlib's population was 1.5 million, indicating a significant refugee outflow to Turkey from these populous governorates. Both Aleppo and Idlib governorates are close to the Syrian-Turkish border. Al-Hasakah is ranked fourth in terms of refugee outflow into Turkey, followed by Al-Raqqah and Hama. Both Al-Raqqah and Hama are near Turkey, albeit not as close as Aleppo and Idlib. According to 2011 population estimates, Al-Raqqah had a population of about 921000 while Hama had a population of 1.6 million (Central Bureau of Statistics of Syria, 2019).

Table 7. Syrian governorate of origin of respondents in Turkey

|  | Weighted |  |  | Unweighted |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Governorate | n | \% | 95\% CI | n | \% | 95\% CI |
| Aleppo | 4262 | 62.5 | 61.0-64.0 | 4354 | 62.0 | 61.0-63.3 |
| Al-Hasakah | 513 | 7.5 | $6.8-8.4$ | 523 | 7.5 | $6.9-8.1$ |
| Al-Raqqah | 204 | 3.0 | 2.5-3.6 | 186 | 2.7 | 2.3-3.0 |
| As-Suwayda | 4 | 0.1 | 0.0-0.2 | 6 | 0.1 | 0.0-0.2 |
| Damascus | 63 | 0.9 | 0.7-1.3 | 63 | 0.9 | 0.7-1.1 |
| Daraa | 19 | 0.3 | 0.2-0.5 | 19 | 0.3 | 0.2-0.4 |
| Dier ez-Zor | 167 | 2.5 | 2.0-3.0 | 175 | 2.5 | 2.2-2.9 |
| Hama | 192 | 2.8 | $2.3-3.3$ | 170 | 2.4 | 2.1-2.8 |
| Homs | 117 | 1.7 | $1.4-2.2$ | 123 | 1.8 | 1.5-2.1 |
| Idlib | 583 | 8.6 | 7.7-9.4 | 591 | 8.4 | 7.8-9.1 |
| Lattakia | 84 | 1.2 | 0.9-1.6 | 94 | 1.3 | 1.1-1.6 |
| Quneitra | 3 | 0.0 | 0.0-0.1 | 4 | 0.1 | 0.0-0.1 |
| Rif Dimashq | 593 | 8.7 | 7.9-9.6 | 690 | 9.8 | 9.2-10.6 |
| Tartus | 12 | 0.2 | 0.1-0.3 | 11 | 0.2 | $0.1-0.3$ |
| Total | 6816 | 100.0 | - | 7009 | 100.0 | - |

Fig. 5 presents the geographic distribution of respondents by home governorate. Excluding Rif Dimashq, most of the respondents came from governorates near the Syrian-Turkish border. AFAD had previously reported that the majority of Syrian refugees stated that the reason for seeking asylum in Turkey was accessibility and easy transportation (AFAD, 2014; AFAD et al., 2016).

Fig. 5. Percentage of respondents by governate of origin in the Syrian Arab Republic (unweighted sample)


## Education

Table 8 shows educational attainment by sex and age group. Overall, $11.5 \%$ of respondents aged $6-69$ years are illiterate, and $17.6 \%$ have not received any education, that is, no formal schooling. Table 8 also shows that $31.8 \%$ finished primary school, $14.5 \%$ finished secondary school and $4.3 \%$ finished high school. University graduates account for $1.2 \%$ of respondents. The proportion of illiterate adults increases with age, ranging from $19.6 \%$ (aged 18-29) to 56.2\% (aged $60-69)$. In contrast, the proportion of those who received a primary school education is $36.3 \%$ in the $18-29$ age group, peaks at $38.5 \%$ in the 30-44 age group, and then declines to $32.3 \%$ ( $45-59$ age group) and $27.8 \%$ in the oldest age group. In summary, higher levels of education are found in younger age groups.

Table 8 also shows that $15.8 \%$ of male respondents are illiterate. Roughly one third of men attended primary school but just $15.5 \%$ finished secondary school, $4.5 \%$ finished high school and $1.4 \%$ holds bachelor or graduate degrees. Educational attainment for men decreases with age. While only $15.9 \%$ of men aged $18-29$ years have no formal education, this proportion rises for each group; nearly one half of men aged 60-69 years are illiterate.

Table 8 and Fig. 6 show that $21.9 \%$ of female respondents have not received any education and are illiterate, while 6.0\% are literate but have no formal schooling. This corresponds to more than one fourth of Syrian refugee women. Among female respondents, $31.9 \%$ attended primary school but just $13.5 \%$ completed secondary school. Thus, highest level of education that $82.5 \%$ of school-aged female respondents received is a secondary school education. Only $4.1 \%$ of women finished high school and just 1.1\% have bachelor or graduate degrees.

Educational attainment decreases with age but is particularly salient for women, especially for older women. While 22.3\% of women aged 18-29 are illiterate, this proportion rises for each age group and is $64.7 \%$ for those aged 60-69, or about two thirds. The proportion of women who received high school or higher level of education declines with each age group, from $10.4 \%$ (aged 18-29 years) to 0.0\% (aged 60-69 years).
Table 8．Educational attainment of respondents by age group and sex

|  | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\stackrel{7}{0}$ | $\stackrel{4}{0}$ | $\stackrel{\text { ¢ }}{0}$ | $\begin{aligned} & \infty \\ & \underset{\sim}{2} \end{aligned}$ | N | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\circ \stackrel{\circ}{\circ}$ | $\bigcirc$ | No | $\stackrel{\sim}{0}$ | $\stackrel{\square}{\circ}$ | $\bigcirc$ | $\stackrel{-1}{0}$ | $\bigcirc$ | $0$ | $0$ | $\bigcirc$ | $0$ | $\stackrel{-}{0}$ | m | $\stackrel{\square}{\circ}$ | $\bigcirc$ | $\stackrel{-1}{0}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\stackrel{\circ}{\mathrm{m}}$ | $\underset{i}{ }$ | $\stackrel{+}{+}$ | $\stackrel{-}{\infty}$ | $\stackrel{\text { I }}{\text {－}}$ | $\bigcirc$ | $\bigcirc$ | ㅇ． | $\bigcirc$ | $\bigcirc$ | N | $\stackrel{\sim}{\sim}$ | 9. | ㅇ． | － | $\bigcirc$ | O | $\bigcirc$ | O． | $\bigcirc$ | $\stackrel{\sim}{i}$ | － | $\stackrel{m}{i}$ | $\stackrel{\text { ¢ }}{\text { ¢ }}$ | $\underset{\sim}{\text { N }}$ |
|  | $0 .$ | $\bigcirc$ | $0$ | ㅇ． | $\stackrel{\sim}{\mathrm{i}}$ | $\stackrel{\text { mi }}{ }$ | $\stackrel{\rightharpoonup}{6}$ | $\stackrel{\sim}{\infty}$ | $\stackrel{-}{\square}$ | $\stackrel{\text { セn }}{\text { ¢ }}$ | $\bigcirc$ | $\bigcirc$ | ㅇ． | ${ }_{0}^{\infty}$ | $\stackrel{\text { ̇ }}{ }$ | ${ }^{\circ}$ | $\stackrel{n}{n}$ | $\stackrel{m}{m}$ | ㅇ． | $\stackrel{7}{-}$ | $0$ | $\bigcirc$ | $0 .$ | $\stackrel{\square}{\circ}$ | $\stackrel{\sim}{\text { n }}$ | ${ }_{\infty}^{\circ}$ | ค่ | $\stackrel{7}{6}$ | $\stackrel{\infty}{\sim}$ | $\stackrel{m}{\sim}$ |
|  | $0$ | $\bigcirc$ | $\stackrel{\text { \％}}{0}$ | $\begin{aligned} & \mathrm{O} \\ & \mathrm{H} \end{aligned}$ | ন্ণ | $\underset{\sim}{\text { I }}$ | $\underset{\sim}{\underset{\sim}{\sim}}$ | $\stackrel{n}{2}$ | $\stackrel{9}{\wedge}$ | $\begin{aligned} & \text { ñ } \\ & \end{aligned}$ | $0$ | $\bigcirc$ | $\stackrel{m}{0}$ | $\hat{i}$ | $\underset{\text { i}}{\underset{~}{2}}$ | $\stackrel{\mathrm{O}}{\stackrel{1}{\mathrm{~N}}}$ | $\begin{aligned} & \bullet \\ & \underset{\sim}{\infty} \end{aligned}$ | $\stackrel{\varrho}{\circ}$ | ㅇ． | $\stackrel{N}{\underset{\sim}{n}}$ | $0$ | $0$ | $\stackrel{m}{\circ}$ | $\underset{\sim}{9}$ | $\underset{\sim}{\text { ® }}$ | $\stackrel{\sim}{\sim}$ | $\underset{\sim}{\text { I }}$ | $\stackrel{\infty}{\oplus}$ | $\begin{aligned} & m \\ & 子 \end{aligned}$ | N゙へ |
|  | $\bigcirc$ | $\stackrel{H}{i}$ | $\begin{aligned} & \stackrel{n}{\sim} \\ & \underset{\sim}{n} \end{aligned}$ | $\underset{子}{\underset{子}{9}}$ | $\stackrel{\lambda}{\dot{\gamma}}$ | $\begin{aligned} & \infty \\ & \dot{m} \\ & \hline \end{aligned}$ | $\underset{\sim}{\text { din }}$ | $\begin{aligned} & \infty \\ & \underset{m}{2} \end{aligned}$ | $\stackrel{n}{\mathrm{n}}$ | $\begin{aligned} & \bullet \\ & \stackrel{\sim}{m} \end{aligned}$ | $\bigcirc$ | $\bigcirc$ | $\stackrel{0}{\mathrm{~N}}$ | $\stackrel{Y}{\dot{F}}$ | $\underset{\sim}{\underset{子}{4}}$ | M | $\stackrel{\bullet}{\stackrel{0}{\mathrm{~m}}}$ | $\stackrel{m}{\underset{m}{2}}$ | $\stackrel{m}{m}$ | $\stackrel{9}{e}$ | $0$ | $\stackrel{0}{\circ}$ | $\stackrel{n}{\sim}$ | $\begin{aligned} & \infty \\ & \dot{\sim} \end{aligned}$ | $\stackrel{\bullet}{\underset{G}{j}}$ | $\begin{gathered} m \\ \underset{\sim}{m} \end{gathered}$ | $\begin{aligned} & n \\ & \underset{\sim}{\infty} \\ & \hline \end{aligned}$ | $\underset{\sim}{\underset{\sim}{j}}$ | $\stackrel{\infty}{へ}$ | － |
|  | $\bigcirc$ | $\stackrel{\infty}{\text { i }}$ | 우 | $\stackrel{\stackrel{\rightharpoonup}{\sim}}{i}$ | $\stackrel{\mu}{\omega}$ | $\stackrel{\text { O }}{\substack{\text { O }}}$ | $\stackrel{\infty}{\infty}$ | $\stackrel{\circ}{-}$ | $\begin{aligned} & 0 \\ & i \end{aligned}$ | $0$ | $\bigcirc$ | $\underset{\sim}{i}$ | $\begin{aligned} & \mathrm{n} \\ & \stackrel{n}{n} \end{aligned}$ | $\stackrel{\underset{\sim}{\infty}}{ }$ | $\stackrel{m}{\sim}$ | 咀 | $\xrightarrow[\mathrm{i}]{\mathrm{O}}$ | $\stackrel{m}{0}$ | $\bigcirc$ | Nั | $0$ | $\underset{\sim}{\mathrm{i}}$ | $\begin{aligned} & 9 \\ & i n \end{aligned}$ | $\underset{\sim}{N}$ | $\stackrel{\sim}{\infty}$ | $\stackrel{n}{0}$ | 9 | $\stackrel{1}{0}$ | $\stackrel{n}{\circ}$ | $\stackrel{7}{\square}$ |
|  | $0$ | $\stackrel{\square}{\circ}$ | $\stackrel{\sim}{\sim}$ | ¢ | $\hat{6}$ | $\begin{aligned} & 0 \\ & 0 \\ & 0 \end{aligned}$ | $\underset{\sim}{\sigma}$ | $\stackrel{\bullet}{\infty}$ | $\stackrel{\wedge}{\mathrm{m}}$ | $\stackrel{\bullet}{\bullet}$ | $0$ | $0$ | $\stackrel{\text { i }}{\text { i }}$ | $\stackrel{\sim}{\sim}$ | $\stackrel{\bullet}{\bullet}$ | ুু | $\stackrel{n}{\sim}$ | $\underset{\infty}{\sim}$ | $\bigcirc$ | $\stackrel{O}{0}$ | $0$ | N゙ | $\underset{\sim}{i}$ | $\stackrel{\bullet}{\text { m }}$ | $\stackrel{\bullet}{\bullet}$ | $\begin{aligned} & \circ \\ & \stackrel{\rightharpoonup}{\mathrm{O}} \end{aligned}$ | $\stackrel{\square}{\infty}$ | $\stackrel{\sim}{\infty}$ | $\stackrel{\circ}{i}$ | $\stackrel{m}{6}$ |
|  | $\bigcirc$ | $\bigcirc$ | $\begin{aligned} & \underset{\sim}{\dot{\prime}} \end{aligned}$ | $\underset{\sim}{m}$ | $\begin{array}{\|c} \substack{\underset{\sim}{4} \\ \hline} \end{array}$ | ò | $\begin{aligned} & 0 \\ & \underset{~}{n} \end{aligned}$ | $\underset{\sim}{\underset{\sim}{c}}$ | $\begin{array}{\|c\|} \hline \dot{G} \\ \hline \end{array}$ | ṇ | $0$ | $\stackrel{\bullet}{\infty}$ | $\underset{\sim}{n}$ | $\stackrel{\infty}{\infty}$ | $\underset{\sim}{\underset{\sim}{2}}$ | $\stackrel{m}{\sim}$ | $\stackrel{\cap}{\infty}$ | $\begin{aligned} & \dot{9} \\ & \dot{6} \end{aligned}$ | $\begin{aligned} & \hat{G} \\ & \dot{G} \end{aligned}$ | $\stackrel{9}{\dot{N}}$ | $0$ | $\stackrel{N}{N}$ | $\begin{aligned} & 0 \\ & \underset{\sim}{n} \end{aligned}$ | تِ | $\stackrel{\underset{\sim}{n}}{ }$ | $\stackrel{\bullet}{\mathrm{G}}$ | $\stackrel{0}{\underset{\sim}{n}}$ | $\underset{\sim}{n}$ | $\begin{aligned} & \text { Ň } \\ & \text { in } \end{aligned}$ | $\stackrel{\text {－}}{\substack{\text { a }}}$ |
|  | $\begin{aligned} & 0 \\ & 0 . \\ & 0 \\ & \hline \end{aligned}$ | $\stackrel{\rightharpoonup}{\dot{\infty}}$ | $0$ | $\bigcirc$ | $0$ | $0$ | $0$ | $0$ | $0$ | $\stackrel{\underset{\sim}{m}}{ }$ | $\begin{aligned} & 0 . \\ & 0 . \\ & \hline-1 \end{aligned}$ | $\begin{array}{\|c} \text { חু } \\ \infty \\ \hline \end{array}$ | $0$ | $0$ | $0$ | $0$ | $0$ | $\bigcirc$ | $0$ | $\underset{\sim}{\underset{\sim}{\dot{N}}}$ | $\begin{aligned} & 0 . \\ & 0 . \\ & \hline 1 \end{aligned}$ | $\begin{array}{\|l\|} \hline \\ \infty \\ \hline \end{array}$ | $0 .$ | $\bigcirc$ | $0$ | $\bigcirc$ | $0$ | $0$ | $\bigcirc$ | $\stackrel{0}{\text { m }}$ |
| ＝ | \％ | $\stackrel{\sim}{0}$ | ${ }^{3}$ | ®ٌ | $\underset{\mathrm{m}}{\mathrm{t}}$ | $\begin{aligned} & \circ \\ & \underset{7}{\circ} \end{aligned}$ | $\underset{\sim}{N}$ | กูู | g | $\begin{aligned} & 0 \\ & 0 \\ & \text { in } \end{aligned}$ | oio | $\stackrel{\substack{\infty \\ \mathrm{m} \\ \hline}}{ }$ | $\begin{aligned} & \text { O } \\ & \end{aligned}$ | ${ }_{0}^{\infty}$ | － | $\stackrel{\underset{\sim}{\infty}}{\underset{-}{\infty}}$ | $\underset{\sim}{\underset{\sim}{\sim}}$ | 7 | － | $\underset{\sim}{\infty}$ | \％ | $\stackrel{\square}{0}$ | $\begin{aligned} & \underset{\sim}{\lambda} \\ & \underset{-}{2} \end{aligned}$ | $\underset{\sim}{\underset{y}{\sim}}$ | $\stackrel{n}{6}$ | $\underset{\sim}{\infty}$ | $\underset{\sim}{\stackrel{\circ}{\mathrm{j}}}$ | － | $\stackrel{\infty}{\sim}$ | O O － |
|  | $\begin{aligned} & N \\ & 1 \\ & 0 \end{aligned}$ | $\begin{aligned} & \text { n } \\ & 1 \\ & 1 \\ & m \end{aligned}$ | $\begin{aligned} & a \\ & 1 \\ & 6 \end{aligned}$ | $\begin{gathered} \underset{\sim}{1} \\ 1 \\ \vdots \end{gathered}$ | $\begin{aligned} & \lambda \\ & 1 \\ & n \\ & \end{aligned}$ | $\begin{aligned} & \underset{2}{1} \\ & 1 \\ & \infty \\ & \end{aligned}$ | $\begin{aligned} & J \\ & 1 \\ & 1 \\ & m \end{aligned}$ | $\begin{aligned} & \text { n } \\ & 1 \\ & 1 \\ & \text { g } \end{aligned}$ | $\left[\begin{array}{l} 0 \\ 1 \\ 1 \\ 0 \end{array}\right.$ | $\begin{aligned} & \overline{\mathrm{N}} \\ & \stackrel{1}{\circ} \end{aligned}$ | $\begin{aligned} & N \\ & 1 \\ & 0 \end{aligned}$ | $\begin{aligned} & \text { in } \\ & 1 \\ & 1 \\ & n \end{aligned}$ | $\begin{aligned} & 0 \\ & 1 \\ & 1 \end{aligned}$ | $\begin{aligned} & \underset{1}{1} \\ & 1 \\ & 1 \\ & \end{aligned}$ | $\begin{aligned} & \hat{\imath} \\ & 1 \\ & n \end{aligned}$ | $\begin{aligned} & \underset{\sim}{2} \\ & 1 \\ & \infty \\ & \hline \end{aligned}$ | $\begin{aligned} & Z \\ & 1 \\ & 1 \\ & m \end{aligned}$ | $\begin{aligned} & \text { on } \\ & 1 \\ & 1 \\ & \text { n } \end{aligned}$ | $\begin{aligned} & 0 \\ & 1 \\ & 1 \\ & 8 \end{aligned}$ |  | $\begin{aligned} & N \\ & 1 \\ & 0 \end{aligned}$ | $\begin{aligned} & \text { n } \\ & 1 \\ & 1 \\ & \hline \end{aligned}$ | $\begin{aligned} & a \\ & 1 \\ & 1 \end{aligned}$ | $\begin{aligned} & \underset{7}{7} \\ & 1 \\ & 0 \end{aligned}$ | $\begin{aligned} & \hat{1} \\ & 1 \\ & \end{aligned}$ | $\begin{gathered} \underset{\sim}{2} \\ 1 \\ \infty \\ \end{gathered}$ | $\begin{aligned} & Z \\ & 1 \\ & b \\ & m \end{aligned}$ | $\begin{aligned} & \text { n } \\ & 1 \\ & 1 \\ & \text { un } \end{aligned}$ | $\begin{aligned} & 8 \\ & 1 \\ & 1 \\ & 8 \end{aligned}$ | ¢ |
| ¢ |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\stackrel{\text { N }}{0}$ |  |  |  |  |  |  |  |  |  |  |  |  |  |  |

Fig. 6. Overall educational attainment of respondents by sex


## Marital status

Table 9 presents the marital status of the 6319 adult survey respondents by sex and age group (aged 18-69 years). Among all respondents, $82.9 \%$ are married, $12.1 \%$ have never married, $3.5 \%$ are widowed, $1.2 \%$ are separated/divorced and $0.3 \%$ cohabit with a partner.

The proportion of those who have never married quickly decreases with age for the four groups - 18-29, 30-44, 45-59 and $60-69$ - and are $26.5 \%, 2.1 \%, 0.8 \%$ and $1.2 \%$, respectively. The proportion of widowed respondents increases with age from $1 \%$ to $19.3 \%$.

For male respondents, $83.6 \%$ are married, $14.8 \%$ have never married and $1.5 \%$ are either separated, widowed or cohabit with a partner. The corresponding percentages for females are $82.1 \%, 9.5 \%$ and $8.3 \%$, respectively. The marital status of women and men diverge the most in the widowed category at $0.6 \%$ for men and $6.3 \%$ for women. Previous surveys reported that a significant number of widowed refugees lost their spouse due to the Syrian civil war that started in March 2011 (AFAD, 2014; AFAD et al., 2016).
Table 9. Marital status by sex and age group

| Sex | Age group (years) |  | Single (never married) |  | Married |  | Separated/Divorced |  | Widowed |  | Living together |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | n | \% | 95\% CI | \% | 95\% CI | \% | 95\% CI | \% | 95\% CI | \% | 95\% CI |
| Men | 18-29 | 1172 | 37.0 | 33.6-40.4 | 61.4 | 57.9-64.8 | 0.8 | 0.3-1.6 | 0.1 | 0.0-0.5 | 0.8 | 0.3-1.6 |
|  | 30-44 | 1221 | 1.9 | $1.3-2.8$ | 97.1 | 96.1-98.0 | 0.5 | 0.2-1.0 | 0.4 | 0.1-0.9 | 0.1 | 0.0-0.3 |
|  | 45-59 | 507 | 0.9 | 0.3-2.4 | 97.3 | 95.1-98.6 | 0.8 | 0.2-2.2 | 1.0 | 0.3-2.5 | 0.0 | - |
|  | 60-69 | 68 | 0.9 | 0.0-6.3 | 92.3 | 83.3-97.2 | 0.0 | - | 6.8 | 2.3-15.4 | 0.0 | - |
|  | Total | 2968 | 14.8 | 13.4-16.3 | 83.6 | 82.1-85.1 | 0.6 | 0.4-1.0 | 0.6 | 0.3-1.0 | 0.3 | 0.1-0.7 |
| Women | 18-29 | 1376 | 18.3 | 16.3-20.6 | 78.3 | 75.9-80.5 | 1.1 | 0.7-1.8 | 1.7 | 1.1-2.5 | 0.6 | 0.3-1.1 |
|  | 30-44 | 1195 | 2.3 | $1.6-3.3$ | 89.8 | 87.9-91.4 | 2.0 | 1.3-2.9 | 5.9 | $4.6-7.3$ | 0.0 | 0.0-0.3 |
|  | 45-59 | 455 | 0.7 | 0.0-4.2 | 77.0 | 67.8-84.6 | 3.3 | 1.0-8.5 | 18.7 | 11.8-27.5 | 0.3 | 0.0-3.3 |
|  | 60-69 | 117 | 1.5 | 0.0-20.8 | 63.7 | 36.7-85.2 | 0.0 | - | 34.8 | 13.8-61.9 | 0.0 | - |
|  | Total | 3143 | 9.5 | 8.3-10.9 | 82.1 | 80.3-83.8 | 1.7 | 1.2-2.4 | 6.3 | 5.3-7.5 | 0.3 | 0.1-0.6 |
| Both sexes | 18-29 | 2548 | 26.5 | 24.6-28.5 | 70.9 | 68.9-72.9 | 1.0 | 0.6-1.5 | 1.0 | 0.6-1.5 | 0.7 | 0.4-1.1 |
|  | 30-44 | 2416 | 2.1 | 1.6-2.7 | 93.5 | 92.5-94.5 | 1.2 | 0.8-1.7 | 3.1 | 2.4-3.8 | 0.1 | 0.0-0.2 |
|  | 45-59 | 962 | 0.8 | 0.2-2.2 | 88.7 | 85.0-91.7 | 1.9 | 0.8-3.7 | 8.5 | 5.9-11.8 | 0.1 | 0.0-1.0 |
|  | 60-69 | 185 | 1.2 | 0.1-7.7 | 79.5 | 66.4-89.0 | 0.0 | - | 19.3 | 10.1-32.2 | 0.0 | - |
|  | Total | 6111 | 12.1 | 11.2-13.2 | 82.9 | 81.7-84.0 | 1.2 | 0.9-1.6 | 3.5 | 3.0-4.1 | 0.3 | 0.2-0.5 |

## Household size

Table 10 presents the household size (number of individuals in a household) in the surveyed provinces selected for the sample. On average, respondent households are composed of 5.0 individuals.

Due to various factors, such as income, availability of work opportunities, etc., household size may vary across provinces. The provinces with the smallest mean household size are Şanlıurfa at 4.1, Bursa at 4.2, Kayseri at 4.3, Hatay at 4.4 and Mardin at 4.6. The provinces with the largest mean household size are Ankara at 6.7, Adana at 5.8, İstanbul and Mersin each at 5.7 and Gaziantep at 5.3.

Table 10. Mean household size by province in Turkey

| Province | $\mathbf{n}$ | Mean household size | $\mathbf{9 5 \% ~ C I}$ |
| :--- | :---: | :---: | :---: |
| Adana | 728 | 5.8 | $5.6-6.0$ |
| Ankara | 369 | 6.7 | $6.3-7.0$ |
| Bursa | 543 | 4.2 | $4.1-4.3$ |
| Gaziantep | 1428 | 5.3 | $5.2-5.5$ |
| Hatay | 1754 | 4.4 | $4.3-4.5$ |
| İstanbul | 2123 | 5.7 | $5.5-5.8$ |
| İzmir | 518 | 5.1 | $4.9-5.3$ |
| Kahramanmaraş | 387 | 4.9 | $4.8-5.1$ |
| Kayseri | 277 | 4.3 | $4.0-4.6$ |
| Kilis | 505 | 5.1 | $4.9-5.3$ |
| Konya | 399 | 5.2 | $4.8-5.6$ |
| Mardin | 354 | 4.6 | $4.4-4.8$ |
| Mersin | 779 | 5.7 | $5.5-5.9$ |
| Osmaniye | 205 | 4.8 | $4.6-5.0$ |
| Şanlırfa | $\mathbf{1 8 3 4}$ | 4.1 | $4.0-4.1$ |
| Total | $\mathbf{1 2} \mathbf{2 0 3}$ | $\mathbf{5 . 0}$ | $\mathbf{5 . 0}$ |

Fig. 7 presents the geographic distribution of mean household sizes by province. The south-east provinces have a smaller household size, probably due to the unfavourable job opportunities there.

Fig. 7. Mean household size of respondents by province in Turkey


## Income

The survey requested the income of the respondents when they lived in Syria (in Syrian pounds) before they migrated to Turkey and their current income in Turkey (in liras). All respondents provided income information. The household income of the respondents was assessed based upon average earnings over the past 12 months. Due to large outlying income levels reported by a few households, median (rather than mean) income is reported.

Table 11 reports the findings for income in Turkey, and Fig. 8 displays the province averages. Median household income per month in Turkey is the total earnings of working age adults (aged 18-69 years). Median monthly earnings per working adult in Turkey is 1000 TL (Turkish Lira) or 33 TL per day. These figures are based on a mean of 3.0 adult members per household and that about $33 \%$ of respondents have a paid job. The average median household income figures are both below the poverty line ( 6252 TL ) and hunger line ( 1919 TL ) set for Turkey for 2016 (Confederation of Labour Unions of Turkey, 2018). The median income level of respondents is above the "US\$ 1 a day" international hunger line. However, given the purchasing power parity disadvantage in Turkey, "US\$ 1 a day" may not apply.

There are significant discrepancies among the provinces with respect to median monthly household income. Provinces with the highest median household incomes are Ankara, İstanbul, Kahramanmaraş and Kayseri, each with a median monthly income of 1200 TL. The provinces with the lowest median household incomes are Mardin at 300 TL and Şanlıurfa at 500 TL . The other provinces have a median monthly income of approximately 1000 TL .

Fig. 8 displays the geographic distribution of median income by province. Most of the provinces fall into the 1000 TL income group. The median income seems to be higher in central Turkey and the western provinces where the per capita income of Turkish citizens is also higher. Household income levels of the respondents seem to be correlated with the household income levels of Turkish households.

Table 11. Median monthly income by province in Turkey and governorate in the Syrian Arab Republic

| Province in Turkey |  |  |  | Governorate in Syrian Arab Republic |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Province | $n$ | Median income (TL) | 95\% CI | Governorate | n | Median income (Syrian pounds) | 95\% CI |
| Adana | 728 | 1000 | 1000-1 200 | Aleppo | 4262 | 7000 | 6000-8000 |
| Ankara | 369 | 1200 | 1200-1500 | Al-Hasakah | 513 | 250 | 200-500 |
| Bursa | 543 | 1000 | 1000-1200 | Al-Raqqah | 204 | 200 | $200-300$ |
| Gaziantep | 1428 | 1000 | 1000-1200 | As-Suwayda | 4 | 15000 | 15000-27000 |
| Hatay | 1754 | 1000 | 1000-1 200 | Damascus | 63 | 11000 | 2000-27000 |
| İstanbul | 2123 | 1200 | 1200-1 300 | Daraa | 19 | 200 | 200-3000 |
| İzmir | 518 | 1000 | 1000-1 200 | Dier ez-Zor | 167 | 200 | $200-800$ |
| Kahramanmaraş | 387 | 1200 | 1200-1400 | Hama | 192 | 8000 | 3000-15000 |
| Kayseri | 277 | 1200 | 1200-1500 | Homs | 117 | 1200 | 600-3000 |
| Kilis | 505 | 1000 | 1000-1200 | Idlib | 583 | 4000 | 4000-5000 |
| Konya | 399 | 1000 | 1000-1 300 | Lattakia | 84 | 3000 | 3000-5000 |
| Mardin | 354 | 300 | 300-400 | Quneitra | 3 | 250 | - |
| Mersin | 779 | 1000 | 1000-1200 | Rif Dimashq | 593 | 250 | 200-1000 |
| Osmaniye | 205 | 999 | 850-1000 | Tartus | 12 | 3000 | 500-12000 |
| Şanlıurfa | 1834 | 500 | 500-800 | - | - | - | - |
| Total | 12203 | 1000 | 1000-1 200 | Total | 6816 | 4000 | 4000-5000 |

Fig. 8. Median monthly income by province in Turkey


Table 11 and Fig. 9 present the median monthly income of respondents in the 12 months before they migrated to Turkey. Those who migrated from As-Suwayda and Damascus have the highest median monthly income of 15000 and 11000 Syrian pounds per month, respectively. Respondents from As-Suwayda have a considerably high household income compared with all other 13 governorates. Fig. 9 shows that both As-Suwayda and Damascus are located in the south-west region of Syria, where the governorates are relatively more developed compared with those particularly in the north-east.

Median incomes in the governorates Hama, Aleppo, Idlib, Lattakia, Tartus and Homs range from 8000 (Hama) to 1200 (Homs) Syrian pounds. Respondents who migrated from the governorates Al-Hasakah, Quneitra, Rif Dimashq, Daraa, Dier ez-Zor and Al-Raqqah, mostly in the east and north-east regions, had median monthly income between 200 and 250 Syrian pounds, which is quite low compared with the other governorates.

Fig. 9. Median income by governorate in the Syrian Arab Republic


## Employment in Turkey

Employment and income status are two of the most important socioeconomic variables that can impact health. Table 12 presents the distribution of adult respondents aged 18-69 years by employment status in the 30 days preceding the survey. Among all respondents, $65.5 \%$ (about two thirds) most of which are women do not have a paid job or are unemployed, $33 \%$ are employed and just $1.5 \%$ are self-employed.

Except for the 30-44 age group, the proportion of respondents who are unemployed or do not have a paid job increases with age. A significant proportion of the unemployed respondents are young; this is significant considering that one third of all Syrian refugees living in Turkey are aged 15-29 according to DGMM. While 67.7\% of those aged 18-29 are unemployed, this proportion declines to $59.3 \%$ for those aged $30-44$, increases to $70.3 \%$ for those aged $45-59$ and peaks at $91.8 \%$ for the oldest age group. Correspondingly, the proportion of respondents who are employed declines with age except for those aged 30-44.

Among male respondents, $64.2 \%$ are employed, $32.9 \%$ are unemployed and just $2.9 \%$ are self-employed (Table 12). The corresponding percentages for men aged $18-29$ years are $68.2 \%, 30.1 \%$ and $1.7 \%$, respectively. Most women are unemployed, with unemployment rates above $90 \%$ across all age groups. Thus, women do not have a paid job irrespective of age.

Table 12. Employment status in Turkey by sex and age group

| Sex | Age group (years) |  | Does not have paid job or unemployed |  | Have paid job |  | Self-employed |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | n | \% | 95\% CI | \% | 95\% CI | \% | 95\% CI |
| Men | 18-29 | 1172 | 30.1 | 26.9-33.4 | 68.2 | 64.9-71.4 | 1.7 | 0.9-2.8 |
|  | 30-44 | 1221 | 23.7 | 21.4-26.2 | 73.0 | 70.5-75.4 | 3.3 | 2.4-4.4 |
|  | 45-59 | 507 | 49.8 | 44.4-55.1 | 45.2 | 39.9-50.5 | 5.1 | 3.1-7.8 |
|  | 60-69 | 68 | 85.3 | 74.5-92.6 | 13.8 | 6.8-24.4 | 0.9 | 0.0-6.2 |
|  | Total | 2968 | 32.9 | 31.0-34.8 | 64.2 | 62.2-66.2 | 2.9 | 2.3-3.7 |
| Women | 18-29 | 1376 | 96.8 | 95.7-97.6 | 3.2 | 2.3-4.3 | 0.0 | 0.0-0.3 |
|  | 30-44 | 1195 | 96.3 | 95.1-97.3 | 3.4 | 2.5-4.6 | 0.3 | 0.1-0.8 |
|  | 45-59 | 455 | 98.1 | 93.7-99.6 | 1.9 | 0.4-6.3 | 0.0 | - |
|  | 60-69 | 117 | 100.0 | - | 0.0 | - | 0.0 | - |
|  | Total | 3143 | 96.8 | 96.0-97.6 | 3.0 | 2.3-3.9 | 0.1 | 0.0-0.4 |
| Both sexes | 18-29 | 2548 | 67.7 | 65.6-69.7 | 31.5 | 29.5-33.6 | 0.8 | 0.4-1.2 |
|  | 30-44 | 2416 | 59.3 | 57.3-61.3 | 38.9 | 36.9-40.8 | 1.8 | 1.3-2.4 |
|  | 45-59 | 962 | 70.3 | 65.3-74.9 | 26.8 | 22.3-31.7 | 2.9 | 1.5-5.1 |
|  | 60-69 | 185 | 91.8 | 81.5-97.3 | 7.7 | 2.5-17.9 | 0.5 | 0.0-6.4 |
|  | Total | 6111 | 65.5 | 64.0-66.9 | 33.0 | 31.6-34.5 | 1.5 | 1.2-1.9 |

Nearly two thirds of respondents did not work in the past month or were unemployed; of these approximately one third are men and $96.8 \%$ are women. Correspondingly, more men ( $64.2 \%$ ) than women ( $3.0 \%$ ) worked in the past month. The low percentage of employment is associated with the labour market in the province in which they currently live and the employment conditions.

Fig. 10 displays the geographic distribution by province of the proportions of respondents who either have a paid job or are self-employed. The three provinces with the highest rates of employment are İstanbul (28.5\%), Osmaniye ( $28.0 \%$ ) and Kilis (27.1\%). The lowest employment rates for respondents are observed in Bursa (18.4\%), Adana (17.0\%) and Şanlıurfa (4.0\%). The other provinces have employment rates between $20.5 \%$ and $25.9 \%$.

Fig. 10. Employment in Turkey by province


## Time spent as a refugee in Turkey

One of the most important factors affecting the life of refugees in the host community is their experience with the new environment they enter. As more time passes, refugees become more integrated in the host country, gain access to the health system, become better informed about the aspects of the legal and social environments, and more importantly, are more likely to find a job. On the other hand, as the length of time extends after leaving the country of origin, and as the damage in the home governorates increases, the physical and psychological effects of the war become more apparent at the individual level, making refugees more separated from their homeland.

Table 13 presents the time in months that respondents have lived as refugees in Turkey by sex. As of January 2018 when the survey was administered, respondents have lived in Turkey on average for 43.5 months. Considering that the Syrian crisis started in March 2011, causing the mass inflow of refugees in mid-2012, this almost four-year period spent as a refugee is quite significant.

Table 13 shows that 4.4\% of respondents have been in Turkey for less than 12 months, 15.1\% for 13-24 months and 20.5\% for 25-36 months. Notably, $25.6 \%$ of respondents have lived in Turkey for $37-48$ months. When these four categories are considered as a whole, more than two thirds (65.6\%) have lived in Turkey for up to four years, and the remaining 34.4\% have lived as a refugee for more than four years. The highest proportion (25\%) has been in Turkey for 3-4 years.

Table 13. Time spent as a refugee in Turkey

| Months spent as a refugee | n | Men |  | Women |  | Both sexes |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | \% | 95\% CI | \% | 95\% CI | \% | 95\% CI |
| 0-12 | 201 | 1.9 | 1.1-2.9 | 5.4 | 4.5-6.6 | 4.4 | 3.7-5.3 |
| 13-24 | 685 | 12.0 | 10.0-14.2 | 16.4 | 14.7-18.2 | 15.1 | 13.8-16.5 |
| 25-36 | 931 | 18.1 | 15.7-20.7 | 21.5 | 19.6-23.5 | 20.5 | 19.0-22.1 |
| 37-48 | 1163 | 26.0 | 23.2-28.9 | 25.5 | 23.5-27.6 | 25.6 | 24.0-27.3 |
| 49-60 | 908 | 22.4 | 19.8-25.2 | 19.0 | 17.2-20.9 | 20.0 | 18.5-21.6 |
| 61-72 | 466 | 13.7 | 11.6-16.0 | 8.9 | 7.6-10.3 | 10.3 | 9.1-11.5 |
| 73-84 | 103 | 3.1 | 2.2-4.4 | 1.9 | 1.3-2.6 | 2.3 | 1.7-2.9 |
| 85-96 | 38 | 1.3 | 0.7-2.2 | 0.7 | 0.4-1.1 | 0.8 | 0.5-1.2 |
| 97-108 | 7 | 0.3 | 0.1-0.8 | 0.1 | 0.0-0.3 | 0.1 | 0.0-0.4 |
| 109-120 | 36 | 1.2 | 0.6-2.1 | 0.6 | 0.3-1.1 | 0.8 | 0.5-1.2 |
| 121-132 | 1 | 0.0 | 0.0-0.4 | 0.0 | 0.0-0.2 | 0.0 | 0.0-0.2 |
| 133-144 | 1 | 0.0 | - | 0.0 | 0.0-0.2 | 0.0 | 0.0-0.2 |
| Average | - | 43.5 | - | 42.5 | - | 43.5 | - |

## Status of homes in the Syrian Arab Republic as a result of the conflict

An important effect of the Syrian war is the destruction of housing, which directly affects the decision to migrate and continues to impact the life and decision-making of refugees in a protracted conflict situation. Table 14 summarizes the information reported by respondents about the damage their Syrian homes have sustained up until the time of the survey, January 2018. Among all respondents, $45.3 \%$ of houses are completely collapsed, $16.5 \%$ are highly damaged and $8.5 \%$ are partially damaged. Moreover, $23.8 \%$ of respondents do not know the status of their homes. Only $5.9 \%$ report that their homes are not damaged.

The governorates with the most completely damaged homes are Al-Raqqah (72.2\%), Quneitra (66.2\%), Dier ez-Zor (65.5\%) and Daraa (58.7\%). The governorates with the smallest completely damaged home proportions are Hama (32.6\%), Lattakia (33.4\%), Rif Dimashq (34.6\%) and Damascus (39.3\%). Although, no completely damaged homes are reported in AsSuwayda, this corresponds to only four households in the sample.

Combining the categories of completely damaged and highly damaged homes in the Syrian governorates shows the level of violence of the Syrian war in various regions. Fig. 11 presents the percentage of respondents stating that their homes are completely or highly damaged. The sum of completely and highly damaged percentages over all regions is $61.8 \%$.
Fig. 11 shows that the highest property damage occurred in Al-Raqqah with $78.5 \%$ of respondents stating that their homes are completely or highly damaged. Al-Raqqah is followed by Dier ez-Zor (70.2\%), Quneitra (66.2\%), Aleppo (65.6\%), Homs ( $64.7 \%$ ), Idlib ( $61.3 \%$ ) and Lattakia ( $49.3 \%$ ). As-Suwayda ( $26.8 \%$ ) and Rif Dimashq ( $37.9 \%$ ) are the governorates with the lowest proportions of homes completely or highly damaged.

Table 14. Status of home in Syrian governorate

| Governorate | n | Completely damaged |  | Highly damaged |  | Somewhat damaged |  | Undamaged |  | Unknown |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | \% | 95\% CI | \% | 95\% Cl | \% | 95\% CI | \% | 95\% Cl | \% | 95\% Cl |
| Aleppo | 4262 | 45.0 | 43.1-46.9 | 20.6 | 19.0-22.1 | 9.1 | $8.1-10.3$ | 4.8 | 4.0-5.7 | 20.5 | 19.0-22.1 |
| Al-Hasakah | 513 | 48.8 | 43.1-54.6 | 9.4 | $6.4-13.2$ | 12.6 | 9.1-16.8 | 9.5 | 6.5-13.3 | 19.7 | 15.4-24.6 |
| Al-Raqqah | 204 | 72.2 | 63.6-79.7 | 6.3 | 2.9-11.8 | 1.1 | 0.2-4.4 | 0.6 | 0.0-3.4 | 19.8 | 13.4-27.7 |
| As-Suwayda | 4 | 0.0 | - | 26.8 | 3.5-72.0 | 14.6 | 0.9-61.0 | 0.0 | - | 58.6 | 17.8-91.2 |
| Damascus | 63 | 39.3 | 24.3-56.0 | 9.2 | $2.7-22.2$ | 14.3 | 5.6-28.7 | 2.2 | 0.2-11.7 | 35.0 | 20.7-51.6 |
| Daraa | 19 | 58.7 | 32.3-81.5 | 0.0 | - | 1.9 | 0.0-21.3 | 0.0 | - | 39.5 | 17.1-66.0 |
| Dier ez-Zor | 167 | 65.5 | 56.8-73.5 | 4.7 | 2.0-9.6 | 2.8 | 0.8-6.9 | 1.0 | 0.1-4.1 | 26.0 | 18.8-34.3 |
| Hama | 192 | 32.6 | 23.0-43.4 | 17.6 | 10.4-27.2 | 6.9 | 2.8-14.1 | 12.3 | $6.4-20.9$ | 30.6 | 21.2-41.3 |
| Homs | 117 | 46.3 | 36.4-56.4 | 18.4 | 11.6-27.2 | 3.8 | 1.2-9.1 | 12.1 | $6.7-19.9$ | 19.4 | 12.4-28.3 |
| Idlib | 583 | 46.5 | 41.3-51.8 | 14.8 | 11.3-18.8 | 6.9 | 4.6-9.9 | 6.6 | 4.3-9.6 | 25.2 | 20.8-30.0 |
| Lattakia | 84 | 33.4 | 22.6-45.8 | 15.8 | 8.4-26.5 | 16.8 | 9.0-27.5 | 7.1 | 2.6-15.5 | 26.9 | 17.0-38.9 |
| Quneitra | 3 | 66.2 | 15.3-96.6 | 0.0 | - | 0.0 | - | 0.0 | - | 33.8 | $3.4-84.7$ |
| Rif Dimashq | 593 | 34.6 | 30.3-39.2 | 3.3 | 1.9-5.3 | 6.2 | $4.2-8.8$ | 10.0 | 7.5-13.1 | 45.8 | 41.2-50.5 |
| Tartus | 12 | 44.2 | 17.0-74.6 | 0.0 | - | 10.9 | 1.2-41.4 | 11.0 | 1.2-41.5 | 33.9 | 10.6-65.9 |
| Total | 6816 | 45.3 | 43.8-46.8 | 16.5 | 15.4-17.7 | 8.5 | 7.7-9.4 | 5.9 | 5.2-6.6 | 23.8 | 22.5-25.1 |

Fig. 11. Completely or highly damaged homes by Syrian governorate


## Health status

## Pathologic conditions in the two weeks before the survey

Table 15 and Fig. 12 summarize the disease conditions experienced by respondents in the two weeks before the survey. The vast majority ( $85.7 \%$ ) of respondents experienced no disease condition in the last two weeks with almost no difference between men and women. The percentage of respondents with no disease condition decreases with age, ranging from $87.5 \%$ in the youngest age group (18-29) to $75.9 \%$ in the oldest (60-69). The most frequent disease condition reported by respondents is non-chronic disease at $8.9 \%$, which is also the most prevalent condition among people aged $18-59$. The highest percentages of people reporting a non-chronic disease in the last two weeks are men aged 45-59 (10.5\%) and women aged 60-69 (10.2\%).

Just 1.9\% of respondents reported being diagnosed by a physician with a chronic disease during the two weeks before the survey. As expected, this figure significantly increases with age, ranging from $1.0 \%$ in the youngest age group to $12.9 \%$ in the oldest age group, which is the highest prevalence of a disease condition. When considering age and sex, women aged 60-69 have the highest prevalence at $16.2 \%$ (chronic disease), which is more than twice that of men of the same age (7.2\%).

Fig. 12. Conditions experienced in the two weeks preceding the interview by sex

Table 15. Disease conditions experienced in the last two weeks by sex and age group

| Sex | Age group (years) | n | Non-chronic disease |  | Accident or injury |  | Chronic disease (diagnosed by a physician in the last two weeks) |  | Long-term discomfort and disability requiring home care |  | A condition/ obstacle that limits the ability to move |  | A condition indicating a symptom of a chronic illness |  | None |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | \% | 95\% Cl | \% | 95\% Cl | \% | 95\% Cl | \% | 95\% Cl | \% | 95\% CI | \% | 95\% CI | \% | 95\% CI |
| Men | 18-29 | 1172 | 8.9 | 7.0-11.0 | 1.0 | 0.5-1.9 | 1.0 | 0.5-1.9 | 1.7 | 0.9-2.7 | 1.5 | 0.8-2.5 | 1.1 | 0.5-2.0 | 86.8 | 84.3-89.0 |
|  | 30-44 | 1221 | 8.7 | 7.2-10.5 | 1.1 | 0.6-1.8 | 1.6 | 1.0-2.4 | 1.4 | 0.8-2.2 | 1.9 | 1.2-2.8 | 1.0 | 0.5-1.7 | 86.9 | 84.8-88.8 |
|  | 45-59 | 507 | 10.5 | 7.6-14.1 | 2.1 | 0.9-4.0 | 3.1 | 1.6-5.3 | 2.3 | 1.1-4.3 | 2.9 | 1.5-5.1 | 1.8 | 0.7-3.6 | 81.3 | 77.0-85.2 |
|  | 60-69 | 68 | 0.0 | - | 0.0 | - | 7.2 | 2.1-17.6 | 6.6 | 1.8-16.8 | 3.5 | 0.6-12.1 | 2.4 | 0.3-10.4 | 81.6 | 68.4-90.9 |
|  | Total | 2968 | 8.9 | 7.8-10.1 | 1.2 | 0.8-1.7 | 1.7 | 1.2-2.3 | 1.8 | 1.3-2.4 | 1.9 | 1.4-2.6 | 1.2 | 0.8-1.7 | 85.8 | 84.3-87.2 |
| Women | 18-29 | 1376 | 9.3 | 7.7-11.0 | 0.3 | 0.1-0.7 | 1.1 | 0.6-1.8 | 1.1 | 0.6-1.9 | 0.9 | 0.5-1.6 | 0.5 | 0.2-1.0 | 88.0 | 86.0-89.8 |
|  | 30-44 | 1195 | 9.7 | 8.1-11.5 | 0.8 | 0.4-1.4 | 0.6 | 0.2-1.1 | 2.3 | 1.5-3.2 | 1.4 | 0.8-2.2 | 0.7 | 0.3-1.3 | 86.3 | 84.2-88.1 |
|  | 45-59 | 455 | 5.9 | 2.5-11.7 | 0.9 | 0.1-4.3 | 5.4 | 2.2-11.1 | 3.3 | 1.0-8.1 | 2.9 | 0.8-7.6 | 6.8 | 3.1-12.8 | 79.4 | 70.9-86.3 |
|  | 60-69 | 117 | 10.2 | 2.4-27.9 | 0.0 | - | 16.2 | 5.3-35.5 | 0.6 | 0.0-12.4 | 0.5 | 0.0-12.0 | 0.0 | - | 72.5 | 51.7-87.7 |
|  | Total | 3143 | 9.0 | 7.7-10.4 | 0.5 | 0.3-1.0 | 2.1 | 1.5-2.8 | 1.9 | 1.3-2.6 | 1.4 | 0.9-2.0 | 1.4 | 1.0-2.1 | 85.5 | 83.8-87.1 |
| Both sexes | 18-29 | 2548 | 9.1 | 7.8-10.4 | 0.6 | 0.3-1.1 | 1.0 | 0.6-1.5 | 1.4 | 0.9-2.0 | 1.2 | 0.7-1.7 | 0.7 | 0.4-1.2 | 87.5 | 85.9-88.9 |
|  | 30-44 | 2416 | 9.2 | 8.1-10.5 | 0.9 | 0.6-1.4 | 1.1 | 0.7-1.6 | 1.8 | 1.3-2.4 | 1.6 | 1.2-2.2 | 0.8 | 0.5-1.3 | 86.6 | 85.1-87.9 |
|  | 45-59 | 962 | 8.4 | 5.8-11.7 | 1.5 | 0.6-3.3 | 4.2 | 2.4-6.7 | 2.8 | 1.4-4.9 | 2.9 | 1.5-5.2 | 4.1 | 2.4-6.6 | 80.4 | 76.0-84.4 |
|  | 60-69 | 185 | 6.5 | 1.8-16.3 | 0.0 | - | 12.9 | 5.5-24.7 | 2.8 | 0.4-10.8 | 1.6 | 0.1-8.6 | 0.9 | 0.0-7.3 | 75.9 | 62.2-86.4 |
|  | Total | 6111 | 8.9 | 8.1-9.9 | 0.9 | 0.6-1.2 | 1.9 | 1.5-2.4 | 1.8 | 1.4-2.3 | 1.6 | 1.3-2.1 | 1.3 | 1.0-1.7 | 85.7 | 84.5-86.7 |

## Chronic conditions

Table 16 and Fig. 13 show the prevalence of chronic diseases in respondents. Most respondents ( $84.8 \%$ ) reported no chronic disease. Although there is almost no difference between men and women, the frequency of having a chronic disease significantly increases with age, ranging from $10.2 \%$ in the youngest age group to $56.6 \%$ in the oldest. Among all respondents, the most common chronic disease is hypertension (3.7\%), followed by psychiatric disorders (2.8\%), asthma ( $2.6 \%$ ), diabetes ( $2.6 \%$ ) and cardiac disease ( $2.5 \%$ ). The prevalences of hypertension, diabetes and cardiac disease significantly increase with age; among the oldest respondents, the most common conditions for women are diabetes $(42.8 \%)$ and hypertension ( $35.9 \%$ ), and cardiac disease for men ( $29.1 \%$ ). The highest rate of psychiatric disorders is among men aged 60-69 (7.4\%), while the highest rate of asthma is among women aged 60-69 (5.6\%).

Among all respondents, the most prevalent condition in 18-29-year-olds is psychiatric disorders, hypertension in $30-59$-year-olds and diabetes in 60-69-year-olds. Among the less frequent chronic diseases, affecting less than $2.5 \%$ of the total sample, it is notable that $7.7 \%$ of men aged 60-69 report having an oral/tooth disease, and $9.9 \%$ of women aged 60-69 report having chronic pulmonary disease.

Fig. 13. Chronic disease/discomfort by sex

Table 16. Chronic disease by sex and age group

| Sex | $\begin{aligned} & \text { Age } \\ & \text { group } \\ & \text { (years) } \end{aligned}$ | n | Cardiac disease |  | Diabetes |  | Hypertension |  | Cancer |  | Psychiatric disorders |  | STD or fertility disorder |  | Oral/Tooth disease |  | Caused by accident and/or injury |  | Asthma |  | Chronic pulmonary disease |  | Other |  | No chronic disease |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | \% | 95\% CI | \% | 95\% CI | \% | 95\% CI | \% | 95\% CI | \% | 95\% CI | \% | 95\% CI | \% | 95\% CI | \% | 95\% CI | \% | 95\% CI | \% | 95\% CI | \% | 95\% CI | \% | 95\% CI |
| Men | 18-29 | 1172 | 1.8 | 1.0-2.9 | 0.5 | 0.1-1.1 | 0.8 | 0.3-1.6 | 0.1 | 0.0-0.6 | 3.0 | 2.0-4.4 | 0.6 | 0.2-1.3 | 1.7 | 1.0-2.8 | 2.3 | 1.4-3.6 | 2.0 | 1.2-3.1 | 0.7 | 0.3-1.5 | 1.4 | 0.8-2.4 | 88.2 | 85.8-90.3 |
|  | 30-44 | 1221 | 1.2 | 0.7-2.0 | 1.3 | 0.8-2.1 | 2.6 | 1.8-3.7 | 0.2 | 0.0-0.6 | 2.6 | 1.8-3.7 | 0.1 | 0.0-0.5 | 2.6 | 1.8-3.6 | 2.0 | 1.3-3.0 | 1.9 | 1.2-2.8 | 1.1 | 0.6-1.8 | 2.7 | 1.9-3.8 | 85.7 | 83.6-87.7 |
|  | 45-59 | 507 | 4.9 | 3.0-7.6 | 5.0 | 3.1-7.7 | 5.5 | 3.5-8.3 | 0.6 | 0.1-1.9 | 2.8 | 1.4-4.9 | 1.0 | 0.3-2.5 | 2.0 | 0.9-3.9 | 2.9 | 1.5-5.1 | 3.4 | 1.9-5.7 | 2.2 | 1.0-4.1 | 3.5 | 1.9-5.8 | 78.5 | 73.9-82.6 |
|  | 60-69 | 68 | 29.1 | 17.3-43.6 | 19.8 | 10.1-33.2 | 19.1 | 9.6-32.4 | 2.0 | 0.2-9.7 | 7.4 | 2.2-17.8 | 1.3 | 0.1-8.4 | 7.7 | 2.4-18.3 | 1.2 | 0.1-8.3 | 4.9 | 1.1-14.3 | 2.4 | 0.3-10.4 | 13.6 | 5.9-25.9 | 51.3 | 36.8-65.6 |
|  | Total | 2968 | 2.7 | 2.1-3.4 | 2.0 | 1.5-2.7 | 2.8 | 2.2-3.5 | 0.3 | 0.1-0.6 | 2.9 | 2.3-3.7 | 0.5 | 0.3-0.8 | 2.3 | 1.7-2.9 | 2.3 | 1.7-3.0 | 2.2 | 1.7-2.9 | 1.2 | 0.8-1.7 | 2.6 | 2.0-3.3 | 84.7 | 83.1-86.1 |
| Women | 18-29 | 1376 | 0.8 | 0.4-1.4 | 0.7 | 0.3-1.3 | 1.5 | 0.9-2.4 | 0.1 | 0.0-0.4 | 2.3 | 1.5-3.3 | 0.2 | 0.1-0.6 | 1.8 | 1.1-2.7 | 0.9 | 0.5-1.6 | 2.2 | 1.4-3.2 | 0.4 | 0.1-0.9 | 0.8 | 0.4-1.5 | 91.1 | 89.4-92.7 |
|  | 30-44 | 1195 | 0.9 | 0.5-1.6 | 0.8 | 0.4-1.4 | 3.5 | 2.5-4.6 | 0.1 | 0.0-0.5 | 2.8 | 2.0-3.9 | 0.4 | 0.1-0.8 | 2.1 | 1.4-3.1 | 1.5 | 0.9-2.3 | 2.6 | 1.8-3.7 | 0.5 | 0.2-1.0 | 2.1 | 1.4-3.0 | 87.2 | 85.2-89.0 |
|  | 45-59 | 455 | 5.6 | 2.3-11.3 | 7.0 | 3.2-13.1 | 8.4 | 4.2-14.9 | 0.1 | 0.0-2.7 | 4.0 | 1.4-9.1 | 0.4 | 0.0-3.3 | 3.1 | 0.9-7.9 | 3.1 | 0.9-7.9 | 5.4 | 2.2-11.0 | 3.2 | 1.0-7.9 | 3.9 | 1.4-9.0 | 72.4 | 63.2-80.3 |
|  | 60-69 | 117 | 19.5 | 7.2-39.5 | 42.8 | 23.9-63.6 | 35.9 | 18.4-56.9 | 0.0 | - | 0.0 | - | 0.0 | - | 0.0 | - | 1.0 | 0.0-13.2 | 5.6 | 0.7-21.2 | 9.9 | 2.2-27.4 | 0.0 | - | 38.8 | 20.7-59.7 |
|  | Total | 3143 | 2.2 | 1.6-3.0 | 3.2 | 2.5-4.1 | 4.5 | 3.6-5.6 | 0.1 | 0.0-0.4 | 2.7 | 2.0-3.5 | 0.3 | 0.1-0.6 | 2.0 | 1.5-2.8 | 1.5 | 1.0-2.1 | 2.9 | 2.2-3.8 | 1.2 | 0.7-1.7 | 1.7 | 1.2-2.4 | 85.0 | 83.3-86.6 |
| Both sexes | 18-29 | 2548 | 1.2 | 0.8-1.8 | 0.6 | 0.3-1.0 | 1.2 | 0.8-1.8 | 0.1 | 0.0-0.4 | 2.6 | 2.0-3.4 | 0.4 | 0.2-0.7 | 1.8 | 1.2-2.4 | 1.6 | 1.1-2.2 | 2.1 | 1.5-2.8 | 0.5 | 0.3-0.9 | 1.1 | 0.7-1.7 | 89.8 | 88.4-91.1 |
|  | 30-44 | 2416 | 1.1 | 0.7-1.5 | 1.1 | 0.7-1.5 | 3.0 | 2.4-3.8 | 0.2 | 0.1-0.4 | 2.7 | 2.1-3.5 | 0.2 | 0.1-0.5 | 2.4 | 1.8-3.0 | 1.8 | 1.3-2.4 | 2.3 | 1.7-2.9 | 0.8 | 0.5-1.2 | 2.4 | 1.9-3.1 | 86.4 | 85.0-87.8 |
|  | 45-59 | 962 | 5.3 | 3.3-8.0 | 5.9 | 3.8-8.8 | 6.9 | 4.5-9.9 | 0.4 | 0.1-1.5 | 3.4 | 1.8-5.7 | 0.7 | 0.2-2.1 | 2.5 | 1.2-4.7 | 3.0 | 1.6-5.3 | 4.4 | 2.6-6.9 | 2.6 | 1.3-4.8 | 3.7 | 2.1-6.1 | 75.6 | 70.8-79.9 |
|  | 60-69 | 185 | 23.1 | 12.8-36.6 | 34.4 | 21.9-48.7 | 29.7 | 18.1-43.9 | 0.7 | 0.0-7.0 | 2.7 | 0.4-10.6 | 0.5 | 0.0-6.4 | 2.8 | 0.4-10.8 | 1.1 | 0.1-7.7 | 5.3 | 1.3-14.7 | 7.1 | 2.2-17.2 | 5.0 | 1.2-14.2 | 43.4 | 29.8-57.7 |
|  | Total | 6111 | 2.5 | 2.0-3.0 | 2.6 | 2.2-3.2 | 3.7 | 3.1-4.3 | 0.2 | 0.1-0.4 | 2.8 | 2.3-3.3 | 0.4 | 0.2-0.6 | 2.2 | 1.7-2.6 | 1.9 | 1.5-2.3 | 2.6 | 2.1-3.1 | 1.2 | 0.9-1.5 | 2.2 | 1.7-2.6 | 84.8 | 83.7-85.9 |

[^6]
## Health status in six domains

Health status was assessed using the main questions listed in the WHO publication Describing population health in six domains: comparable results from 66 household surveys (Sadana et al., 2012). The six health domains and the main question for each domain are as follows.

- Affect: overall in the last 30 days, how much distress, sadness or worry did you experience?
- Cognition: overall in the last 30 days, how much difficulty did you have with concentrating or remembering things?
- Mobility: overall in the last 30 days, how much difficulty did you have with moving around?
- Pain: overall in the last 30 days, how much pain or discomfort did you have?
- Self-care: overall in the last 30 days, how much difficulty did you have with self-care, such as washing or dressing yourself?
- Usual activities: overall in the last 30 days, how much difficulty did you have with work or household activities?

Fig. 14 shows the answers of the adult respondents to the six questions listed above.

Fig. 14. Respondents' health status in six domains


Fig. 15 shows the proportion of respondents reporting a status of severe to moderate in the six domains evaluated, stratified by age. The group with the highest proportion of respondents affected by distress, sadness or worry is that aged 45-59 years (26\%), followed by older adults (21.2\%), those aged $30-44$ (19.1\%) and younger adults (18.4\%). The proportion of respondents reporting a status of severe to extreme increases with age for the cognition, mobility, pain and usual activities domains. Among the oldest age group, $23.2 \%$ report severe or extreme problems regarding concentration and memory (cognition); the corresponding figures for the other domains are mobility ( $21.2 \%$ ), pain ( $21.8 \%$ ) and usual activities ( $21.2 \%$ ). Concerning self-care activities, such as washing or dressing, those aged $45-59$ years have a higher proportion of respondents with severe or extreme difficulties.

Fig. 15. Proportion of adult respondents who report severe to extreme conditions in six domains by age group


## Affect: distress, sadness or worry

Table 17 summarizes the status of respondents regarding the affect domain: distress, sadness or worry experienced in the last 30 days. Among the survey population, the majority experienced no ( $28.1 \%$ ) or mild ( $26.3 \%$ ) distress, sadness or worry; approximately a quarter reported moderate ( $25.6 \%$ ) levels, $15.8 \%$ reported severe and $4.2 \%$ experienced extreme levels. Severe conditions were mainly reported by those aged 45-59 at $20.5 \%$; this figure is significantly higher for women (28.6\%) than men (13.3\%). Finally, 4.2\% of respondents experienced extreme distress, sadness or worry in the last 30 days. The percentage of respondents reporting extreme distress increases with age, ranging from $3.7 \%$ in the youngest age group to $6.7 \%$ in the oldest. Extreme distress mainly affects women aged 45-59 (6.4\%) and men aged 60-69 (8.6\%).

Table 17. Adult respondents' distress, sadness or worry in the previous 30 days, by sex and age group

| Sex | Age group (years) | n | None |  | Mild |  | Moderate |  | Severe |  | Extreme |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | \% | 95\% CI | \% | 95\% CI | \% | 95\% CI | \% | 95\% CI | \% | 95\% CI |
| Men | 18-29 | 1172 | 30.9 | 27.8-34.2 | 25.2 | 22.3-28.3 | 24.2 | 21.3-27.3 | 16.5 | 14.0-19.2 | 3.2 | 2.1-4.6 |
|  | 30-44 | 1221 | 26.5 | 24.0-29.2 | 28.2 | 25.6-30.9 | 25.8 | 23.3-28.4 | 15.3 | 13.3-17.5 | 4.1 | 3.1-5.4 |
|  | 45-59 | 507 | 28.4 | 23.9-33.3 | 27.6 | 23.1-32.5 | 25.9 | 21.5-30.7 | 13.3 | 10.0-17.2 | 4.8 | 2.9-7.4 |
|  | 60-69 | 68 | 29.8 | 17.9-44.2 | 19.2 | $9.7-32.6$ | 26.5 | 15.2-40.7 | 15.9 | 7.4-28.7 | 8.6 | 2.9-19.6 |
|  | Total | 2968 | 28.7 | 26.8-30.6 | 26.7 | 24.9-28.6 | 25.2 | 23.4-27.0 | 15.4 | 14.0-17.0 | 4.0 | 3.2-4.8 |
| Women | 18-29 | 1376 | 30.4 | 27.8-33.1 | 27.3 | 24.7-29.9 | 25.0 | 22.5-27.6 | 13.3 | 11.4-15.3 | 4.1 | $3.0-5.4$ |
|  | 30-44 | 1195 | 26.5 | 24.0-29.1 | 26.7 | 24.2-29.3 | 28.1 | 25.6-30.7 | 15.0 | 13.0-17.1 | 3.8 | 2.8-5.0 |
|  | 45-59 | 455 | 21.3 | 14.3-29.9 | 22.5 | 15.3-31.3 | 21.2 | 14.2-29.8 | 28.6 | 20.6-37.8 | 6.4 | 2.8-12.3 |
|  | 60-69 | 117 | 28.4 | 12.9-49.3 | 15.7 | 5.0-34.9 | 36.6 | 18.9-57.6 | 13.7 | 4.0-32.5 | 5.5 | 0.7-21.2 |
|  | Total | 3143 | 27.5 | 25.5-29.6 | 25.9 | 23.9-28.0 | 26.1 | 24.1-28.1 | 16.2 | 14.5-17.9 | 4.4 | 3.5-5.4 |
| Both sexes | 18-29 | 2548 | 30.7 | 28.6-32.8 | 26.3 | 24.4-28.3 | 24.6 | 22.7-26.6 | 14.7 | 13.2-16.4 | 3.7 | 2.9-4.6 |
|  | 30-44 | 2416 | 26.5 | 24.7-28.4 | 27.5 | 25.6-29.3 | 26.9 | 25.1-28.8 | 15.1 | 13.7-16.7 | 4.0 | 3.2-4.8 |
|  | 45-59 | 962 | 25.1 | 20.7-29.9 | 25.2 | 20.8-30.0 | 23.7 | 19.4-28.4 | 20.5 | 16.5-25.1 | 5.5 | $3.5-8.4$ |
|  | 60-69 | 185 | 28.9 | 17.4-43.0 | 17.0 | 8.3-29.7 | 32.9 | 20.7-47.1 | 14.5 | $6.6-26.7$ | 6.7 | 2.0-16.6 |
|  | Total | 6111 | 28.1 | 26.7-29.5 | 26.3 | 25.0-27.7 | 25.6 | 24.3-27.0 | 15.8 | 14.7-17.0 | 4.2 | 3.6-4.8 |

## Cognition

Table 18 describes the status of respondents regarding the cognition domain: concentration and memory in the last 30 days. The majority of respondents reported no (31\%) or mild ( $26.1 \%$ ) difficulty concentrating or remembering things, and approximately a quarter experienced moderate difficulties (25.3\%). This figure continues to decrease as the level of difficulty increases. Specifically, $14.3 \%$ of all respondents reported severe difficulty concentrating or remembering things, which increases with age, ranging from $12.7 \%$ in the youngest group to $20.6 \%$ in the oldest, and is higher in older women (23.9\%) than older men (14.9\%). Among respondents, $3.3 \%$ experienced extreme difficulty. Those with the most (extreme) difficulty concentrating or remembering things are men aged 60-69 (7.0\%) and women aged 45-59 (6.0\%).

Table 18. Adult respondents' difficulty concentrating or remembering things in the previous 30 days, by sex and age group

| Sex | Age group (years) | n | None |  | Mild |  | Moderate |  | Severe |  | Extreme |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | \% | 95\% CI | \% | 95\% Cl | \% | 95\% CI | \% | 95\% CI | \% | 95\% CI |
| Men | 18-29 | 1172 | 34.6 | 31.3-37.9 | 24.0 | 21.1-27.1 | 24.5 | 21.6-27.6 | 13.8 | 11.5-16.4 | 3.1 | 2.1-4.5 |
|  | 30-44 | 1221 | 28.3 | 25.7-31.0 | 28.0 | 25.4-30.7 | 25.5 | 23.0-28.1 | 15.0 | 13.0-17.2 | 3.2 | 2.3-4.4 |
|  | 45-59 | 507 | 28.8 | 24.2-33.7 | 27.5 | 23.0-32.4 | 28.6 | 24.0-33.5 | 12.3 | 9.2-16.1 | 2.7 | 1.4-4.8 |
|  | 60-69 | 68 | 25.7 | 14.6-39.8 | 27.9 | 16.3-42.2 | 24.6 | 13.8-38.7 | 14.9 | 6.7-27.5 | 7.0 | 2.0-17.3 |
|  | Total | 2968 | 30.8 | 28.9-32.7 | 26.3 | 24.5-28.2 | 25.6 | 23.8-27.5 | 14.1 | 12.7-15.6 | 3.2 | 2.5-4.0 |
| Women | 18-29 | 1376 | 34.7 | 32.0-37.5 | 27.1 | 24.5-29.7 | 23.4 | 21.0-26.0 | 11.7 | 10.0-13.7 | 3.1 | 2.2-4.2 |
|  | 30-44 | 1195 | 29.7 | 27.1-32.3 | 27.7 | 25.2-30.3 | 25.6 | 23.2-28.2 | 13.8 | 11.9-15.9 | 3.2 | 2.3-4.4 |
|  | 45-59 | 455 | 24.6 | 17.1-33.5 | 21.9 | 14.8-30.5 | 24.8 | 17.2-33.7 | 22.7 | 15.5-31.4 | 6.0 | 2.6-11.8 |
|  | 60-69 | 117 | 31.9 | 15.4-52.9 | 8.6 | $1.7-25.7$ | 35.7 | 18.2-56.7 | 23.9 | $9.9-44.4$ | 0.0 | - |
|  | Total | 3143 | 31.2 | 29.1-33.4 | 25.9 | 23.9-27.9 | 24.9 | 23.0-27.0 | 14.6 | 13.0-16.3 | 3.4 | 2.7-4.4 |
| Both sexes | 18-29 | 2548 | 34.6 | 32.5-36.8 | 25.7 | 23.7-27.7 | 23.9 | 22.1-25.9 | 12.7 | 11.3-14.2 | 3.1 | 2.4-3.9 |
|  | 30-44 | 2416 | 29.0 | 27.1-30.9 | 27.8 | 26.0-29.7 | 25.6 | 23.8-27.4 | 14.4 | 13.0-15.9 | 3.2 | 2.6-4.0 |
|  | 45-59 | 962 | 26.8 | 22.3-31.7 | 24.9 | 20.5-29.7 | 26.8 | 22.3-31.7 | 17.2 | 13.5-21.5 | 4.3 | 2.5-6.8 |
|  | 60-69 | 185 | 29.6 | 18.0-43.7 | 15.7 | $7.4-28.1$ | 31.6 | 19.6-45.8 | 20.6 | 10.9-33.8 | 2.6 | 0.3-10.4 |
|  | Total | 6111 | 31.0 | 29.6-32.5 | 26.1 | 24.7-27.5 | 25.3 | 23.9-26.6 | 14.3 | 13.3-15.4 | 3.3 | 2.8-3.9 |

## Mobility

Table 19 summarizes the status of respondents regarding the mobility domain: difficulty moving around in the last 30 days. The majority of respondents had no (33.8\%) or mild ( $24.4 \%$ ) difficulty moving around. The percentage of people having no difficulty decreases with age, ranging from $36.9 \%$ for the youngest age group to $27.3 \%$ for the oldest. About a quarter of respondents had moderate difficulty moving around (24.7\%), while fewer had greater difficulty. Overall, $13.9 \%$ of respondents reported severe difficulty moving around, and this figure increases with age, ranging from $12.7 \%$ in the youngest age group to $17 \%$ in the oldest. The highest rate of men experiencing severe difficulty is $17.9 \%$ in the oldest age group; the corresponding figure for women is $20.8 \%$ in the age group $45-59$. About $3.1 \%$ of all respondents report having extreme difficulty moving around. Those with the most (extreme) difficulty moving around are men aged 60-69 (8.6\%) and women aged 45-59 (5.8\%).

Table 19. Adult respondents' difficulty moving around in the previous 30 days, by sex and age group

| Sex | Age group (years) | n | None |  | Mild |  | Moderate |  | Severe |  | Extreme |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | \% | 95\% CI | \% | 95\% CI | \% | 95\% CI | \% | 95\% CI | \% | 95\% CI |
| Men | 18-29 | 1172 | 35.6 | 32.4-39.0 | 23.8 | 21.0-26.9 | 24.2 | 21.3-27.3 | 14.1 | 11.8-16.6 | 2.3 | $1.4-3.5$ |
|  | 30-44 | 1221 | 31.5 | 28.8-34.3 | 25.7 | 23.2-28.3 | 24.7 | 22.2-27.3 | 14.9 | 12.9-17.0 | 3.3 | $2.4-4.5$ |
|  | 45-59 | 507 | 31.0 | 26.3-36.0 | 26.7 | 22.3-31.6 | 28.9 | 24.4-33.9 | 10.6 | $7.7-14.2$ | 2.7 | $1.4-4.8$ |
|  | 60-69 | 68 | 25.7 | 14.6-39.9 | 22.9 | 12.5-36.8 | 24.9 | 14.0-39.0 | 17.9 | 8.8-31.1 | 8.6 | 2.9-19.5 |
|  | Total | 2968 | 32.9 | 31.0-34.9 | 25.1 | 23.3-26.9 | 25.2 | 23.5-27.0 | 13.9 | 12.5-15.4 | 2.9 | 2.3-3.7 |
| Women | 18-29 | 1376 | 38.0 | 35.2-40.9 | 23.2 | 20.8-25.7 | 24.3 | 21.9-26.9 | 11.5 | $9.8-13.5$ | 3.0 | 2.1-4.1 |
|  | 30-44 | 1195 | 32.6 | 30.0-35.3 | 27.4 | 24.9-30.1 | 23.0 | 20.7-25.5 | 13.9 | 12.0-16.0 | 3.0 | 2.1-4.1 |
|  | 45-59 | 455 | 31.2 | 22.9-40.5 | 16.2 | 10.1-24.2 | 25.9 | 18.2-34.9 | 20.8 | 13.9-29.4 | 5.8 | 2.5-11.6 |
|  | 60-69 | 117 | 28.3 | 12.8-49.1 | 22.2 | $8.8-42.5$ | 31.5 | 15.1-52.4 | 16.4 | $5.4-35.8$ | 1.7 | 0.1-14.5 |
|  | Total | 3143 | 34.6 | 32.4-36.8 | 23.8 | 21.8-25.8 | 24.3 | 22.4-26.3 | 14.0 | 12.4-15.6 | 3.4 | 2.6-4.3 |
| Both sexes | 18-29 | 2548 | 36.9 | 34.8-39.1 | 23.5 | 21.6-25.4 | 24.3 | 22.4-26.2 | 12.7 | 11.3-14.2 | 2.7 | 2.0-3.4 |
|  | 30-44 | 2416 | 32.0 | 30.1-34.0 | 26.6 | 24.8-28.4 | 23.8 | 22.1-25.6 | 14.4 | 13.0-15.9 | 3.2 | $2.5-3.9$ |
|  | 45-59 | 962 | 31.1 | 26.3-36.2 | 21.8 | 17.6-26.4 | 27.5 | 22.9-32.4 | 15.5 | 11.9-19.6 | 4.2 | 2.4-6.7 |
|  | 60-69 | 185 | 27.3 | 16.1-41.3 | 22.4 | 12.3-35.9 | 29.0 | 17.5-43.1 | 17.0 | 8.3-29.6 | 4.2 | 0.9-13.0 |
|  | Total | 6111 | 33.8 | 32.3-35.3 | 24.4 | 23.1-25.8 | 24.7 | 23.4-26.1 | 13.9 | 12.9-15.0 | 3.1 | 2.6-3.7 |

## Pain

Table 20 describes the status of respondents regarding the pain or discomfort experienced in the last 30 days. Most of the survey population had no ( $35.0 \%$ ) or mild ( $25.4 \%$ ) pain/discomfort; $22.6 \%$ had moderate levels and $13.7 \%$ had severe. Of those who experienced severe pain, women aged $45-59$ had the highest rate at $20.4 \%$, almost twice that of men of the same age (10.9\%). Finally, $3.3 \%$ of the overall sample had extreme pain/discomfort in the last 30 days; this figure is slightly higher in women (3.6\%) than in men (2.9\%). Notably, the oldest group of respondents had the highest rate of extreme pain at $6.1 \%$; this is also seen when considering sex and is higher in men ( $7.0 \%$ ) than in women ( $5.5 \%$ ).

Table 20. Adult respondents' pain or discomfort in the last 30 days, by sex and age group

| Sex | Age group (years) | n | None |  | Mild |  | Moderate |  | Severe |  | Extreme |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | \% | 95\% CI | \% | 95\% CI | \% | 95\% CI | \% | 95\% CI | \% | 95\% CI |
| Men | 18-29 | 1172 | 37.9 | 34.6-41.4 | 25.2 | 22.2-28.3 | 20.8 | 18.1-23.8 | 14.0 | 11.7-16.5 | 2.1 | 1.3-3.3 |
|  | 30-44 | 1221 | 33.2 | 30.5-36.1 | 25.6 | 23.1-28.2 | 24.0 | 21.5-26.5 | 14.1 | 12.1-16.2 | 3.1 | 2.2-4.3 |
|  | 45-59 | 507 | 31.5 | 26.8-36.6 | 30.4 | 25.7-35.4 | 23.4 | 19.2-28.1 | 10.9 | 7.9-14.5 | 3.8 | 2.2-6.2 |
|  | 60-69 | 68 | 29.4 | 17.6-43.9 | 21.8 | 11.6-35.6 | 28.2 | 16.6-42.6 | 13.6 | 5.9-25.9 | 7.0 | 2.0-17.3 |
|  | Total | 2968 | 34.7 | 32.8-36.7 | 26.1 | 24.4-28.0 | 22.7 | 21.0-24.5 | 13.5 | 12.1-14.9 | 2.9 | 2.3-3.7 |
| Women | 18-29 | 1376 | 37.9 | 35.1-40.8 | 25.6 | 23.1-28.2 | 21.3 | 19.0-23.8 | 10.9 | $9.2-12.8$ | 4.2 | $3.1-5.5$ |
|  | 30-44 | 1195 | 34.1 | 31.4-36.8 | 26.2 | 23.7-28.7 | 22.9 | 20.6-25.4 | 14.8 | 12.8-16.9 | 2.1 | 1.4-3.0 |
|  | 45-59 | 455 | 30.4 | 22.2-39.7 | 22.0 | 14.9-30.7 | 21.8 | 14.7-30.4 | 20.4 | 13.5-28.9 | 5.4 | 2.2-11.0 |
|  | 60-69 | 117 | 34.9 | 17.6-55.9 | 9.3 | 2.0-26.6 | 33.5 | 16.6-54.5 | 16.9 | 5.6-36.3 | 5.5 | 0.7-21.2 |
|  | Total | 3143 | 35.3 | 33.1-37.5 | 24.7 | 22.7-26.7 | 22.4 | 20.6-24.4 | 14.0 | 12.4-15.7 | 3.6 | 2.8-4.6 |
| Both sexes | 18-29 | 2548 | 37.9 | 35.8-40.1 | 25.4 | 23.5-27.4 | 21.1 | 19.3-23.0 | 12.3 | 10.9-13.9 | 3.2 | 2.5-4.1 |
|  | 30-44 | 2416 | 33.6 | 31.7-35.6 | 25.9 | 24.1-27.7 | 23.5 | 21.7-25.2 | 14.4 | 13.0-15.9 | 2.6 | 2.0-3.3 |
|  | 45-59 | 962 | 31.0 | 26.2-36.1 | 26.4 | 21.9-31.3 | 22.6 | 18.4-27.3 | 15.4 | 11.8-19.5 | 4.6 | 2.7-7.2 |
|  | 60-69 | 185 | 32.9 | 20.7-47.1 | 13.9 | 6.2-25.9 | 31.5 | 19.5-45.7 | 15.7 | $7.4-28.1$ | 6.1 | $1.7-15.7$ |
|  | Total | 6111 | 35.0 | 33.5-36.5 | 25.4 | 24.1-26.8 | 22.6 | 21.3-23.9 | 13.7 | 12.7-14.8 | 3.3 | 2.8-3.9 |

Self-care
Table 21 summarizes the status of respondents regarding the self-care domain: difficulty performing self-care activities such as washing or dressing in the last 30 days. Most respondents had no ( $40.2 \%$ ) or mild ( $23.0 \%$ ) difficulty, while $21.1 \%$ had moderate. About $12.6 \%$ of the survey population had severe difficulty in self-care, with only a slight difference between men (12.3\%) and women (12.9\%). The difference between sexes increases when considering older age groups. Men aged 60-69 years had the highest rate of severe difficulty at $17.6 \%$ almost twice that of women of the same age (9.3\%). For women, the highest percentage of respondents with severe difficulty is $22.1 \%$ in the age group 45-59, almost twice that of men of the same age (11.4\%). Finally, $3.0 \%$ of respondents had extreme difficulty in self-care. When considering age and gender, it is notable that $7 \%$ of men aged 60-69 have extreme difficulty in self-care, the highest across all age groups; the corresponding figure for older women is $1.7 \%$, the lowest across all age groups.

Table 21. Adult respondents' difficulty with self-care, such as washing or getting dressed, in the previous 30 days, by sex and age group

| Sex |  | n | None |  | Mild |  | Moderate |  | Severe |  | Extreme |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | group <br> (years) |  | \% | 95\% CI | \% | 95\% CI | \% | 95\% CI | \% | 95\% CI | \% | 95\% CI |
| Men | 18-29 | 1172 | 42.3 | 38.9-45.7 | 22.9 | 20.1-26.0 | 19.3 | 16.6-22.1 | 12.0 | 9.9-14.4 | 3.5 | 2.4-5.0 |
|  | 30-44 | 1221 | 37.3 | 34.5-40.2 | 24.0 | 21.6-26.6 | 23.2 | 20.8-25.8 | 12.7 | 10.8-14.7 | 2.8 | 1.9-3.8 |
|  | 45-59 | 507 | 37.8 | 32.8-43.0 | 26.6 | 22.1-31.4 | 21.7 | 17.6-26.2 | 11.4 | 8.4-15.1 | 2.5 | 1.2-4.6 |
|  | 60-69 | 68 | 32.9 | 20.5-47.5 | 23.7 | 13.1-37.7 | 18.7 | $9.4-32.0$ | 17.6 | 8.6-30.8 | 7.0 | 2.0-17.3 |
|  | Total | 2968 | 39.3 | 37.3-41.3 | 24.0 | 22.3-25.8 | 21.3 | 19.6-23.0 | 12.3 | 11.0-13.7 | 3.1 | 2.5-3.9 |
| Women | 18-29 | 1376 | 44.4 | 41.5-47.3 | 21.4 | 19.1-23.8 | 20.9 | 18.6-23.3 | 10.2 | 8.6-12.1 | 3.2 | 2.3-4.3 |
|  | 30-44 | 1195 | 39.9 | 37.1-42.7 | 23.2 | 20.9-25.7 | 21.4 | 19.1-23.8 | 12.9 | 11.1-14.9 | 2.6 | 1.8-3.7 |
|  | 45-59 | 455 | 35.0 | 26.4-44.5 | 22.1 | 15.0-30.8 | 17.2 | 10.9-25.3 | 22.1 | 15.0-30.8 | 3.5 | 1.1-8.4 |
|  | 60-69 | 117 | 39.0 | 20.8-59.9 | 18.9 | 6.8-38.8 | 31.1 | 14.8-52.1 | 9.3 | 2.0-26.7 | 1.7 | 0.1-14.5 |
|  | Total | 3143 | 41.1 | 38.9-43.4 | 22.1 | 20.2-24.1 | 20.9 | 19.1-22.8 | 12.9 | 11.4-14.5 | 2.9 | 2.2-3.8 |
| Both sexes | 18-29 | 2548 | 43.4 | 41.2-45.6 | 22.1 | 20.3-24.0 | 20.1 | 18.4-22.0 | 11.0 | $9.7-12.5$ | 3.3 | 2.6-4.2 |
|  | 30-44 | 2416 | 38.6 | 36.6-40.6 | 23.6 | 21.9-25.4 | 22.3 | 20.6-24.0 | 12.8 | 11.5-14.2 | 2.7 | 2.1-3.4 |
|  | 45-59 | 962 | 36.5 | $31.5-41.7$ | 24.5 | 20.1-29.3 | 19.5 | 15.6-24.0 | 16.5 | 12.8-20.7 | 3.0 | 1.6-5.2 |
|  | 60-69 | 185 | 36.8 | 24.0-51.1 | 20.7 | 11.0-33.9 | 26.5 | 15.5-40.4 | 12.4 | 5.2-24.1 | 3.6 | 0.7-12.1 |
|  | Total | 6111 | 40.2 | 38.7-41.7 | 23.0 | 21.7-24.4 | 21.1 | 19.8-22.4 | 12.6 | 11.6-13.7 | 3.0 | 2.5-3.6 |

Table 22 summarizes the status of respondents regarding their ability to perform (usual) work or household activities in the last 30 days. Most respondents had no ( $38.5 \%$ ) or mild ( $24 \%$ ) difficulty with work/household activities. The percentage of people having no difficulty decreases with age, ranging from $42.1 \%$ in the youngest age group to $33.2 \%$ in the oldest. Around $21.9 \%$ had moderate difficulty with work/household activities, and even fewer had severe or extreme difficulty. Particularly, $12.3 \%$ of respondents had severe difficulty with work/household activities in the last 30 days. Women aged $45-59$ had the highest rate of severe difficulty (19.6\%), followed by men aged 60-69 (15.6\%). Just $3.3 \%$ or respondents had extreme difficulty. Overall, the percentage of respondents with extreme difficulty slightly increases with age, but notable differences appear when considering age and gender. In fact, 7\% of men aged 60-69 experienced extreme difficulty versus $1.7 \%$ of women of the same age.

Table 22. Adult respondents' difficulty with work or household activities in the previous 30 days, by sex and age group

| Sex | Age group (years) | n | None |  | Mild |  | Moderate |  | Severe |  | Extreme |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | \% | 95\% CI | \% | 95\% CI | \% | 95\% CI | \% | 95\% CI | \% | 95\% CI |
| Men | 18-29 | 1172 | 41.9 | 38.5-45.4 | 22.1 | 19.3-25.0 | 20.8 | 18.1-23.8 | 11.8 | $9.7-14.1$ | 3.4 | $2.3-4.9$ |
|  | 30-44 | 1221 | 36.4 | 33.6-39.3 | 25.4 | 22.9-28.0 | 22.3 | 19.9-24.8 | 12.4 | 10.6-14.4 | 3.5 | $2.5-4.6$ |
|  | 45-59 | 507 | 36.2 | $31.3-41.4$ | 26.9 | 22.4-31.7 | 22.5 | 18.3-27.1 | 12.0 | 8.9-15.8 | 2.4 | $1.2-4.4$ |
|  | 60-69 | 68 | 35.7 | 22.8-50.4 | 21.0 | 11.0-34.6 | 20.7 | 10.8-34.3 | 15.6 | 7.2-28.4 | 7.0 | 2.0-17.3 |
|  | Total | 2968 | 38.6 | 36.6-40.6 | 24.2 | 22.5-26.0 | 21.7 | 20.0-23.5 | 12.2 | 10.9-13.6 | 3.3 | 2.7-4.1 |
| Women | 18-29 | 1376 | 42.2 | 39.3-45.0 | 22.9 | 20.5-25.4 | 21.6 | 19.3-24.1 | 10.1 | 8.5-12.0 | 3.2 | $2.3-4.4$ |
|  | 30-44 | 1195 | 36.7 | $33.9-39.5$ | 25.4 | 23.0-28.0 | 23.0 | 20.6-25.5 | 11.9 | 10.2-13.9 | 3.0 | 2.1-4.1 |
|  | 45-59 | 455 | 33.9 | 25.4-43.4 | 23.3 | 15.9-32.0 | 19.1 | 12.4-27.4 | 19.6 | 12.9-28.0 | 4.1 | 1.5-9.3 |
|  | 60-69 | 117 | 31.8 | 15.3-52.8 | 18.3 | $6.4-38.0$ | 29.5 | 13.7-50.4 | 18.8 | 6.7-38.6 | 1.7 | 0.1-14.5 |
|  | Total | 3143 | 38.5 | 36.3-40.8 | 23.7 | 21.8-25.7 | 22.0 | 20.2-24.0 | 12.5 | 11.0-14.1 | 3.2 | 2.5-4.1 |
| Both sexes | 18-29 | 2548 | 42.1 | 39.9-44.3 | 22.5 | 20.7-24.4 | 21.2 | 19.4-23.1 | 10.9 | $9.5-12.3$ | 3.3 | 2.6-4.2 |
|  | 30-44 | 2416 | 36.6 | 34.6-38.5 | 25.4 | 23.7-27.2 | 22.6 | 20.9-24.4 | 12.2 | 10.9-13.6 | 3.2 | 2.6-4.0 |
|  | 45-59 | 962 | 35.1 | 30.2-40.3 | 25.2 | 20.8-30.0 | 20.9 | 16.8-25.4 | 15.6 | 12.1-19.8 | 3.2 | $1.7-5.5$ |
|  | 60-69 | 185 | 33.2 | 21.0-47.5 | 19.3 | $9.9-32.3$ | 26.2 | 15.3-40.1 | 17.6 | 8.8-30.4 | 3.6 | 0.7-12.1 |
|  | Total | 6111 | 38.5 | 37.0-40.0 | 24.0 | 22.7-25.3 | 21.9 | 20.6-23.2 | 12.3 | 11.3-13.4 | 3.3 | 2.8-3.9 |

## Mental health

Fig. 16 displays the proportion of respondents reporting how often they experience sleep disorders, lose interest in regular activities or feel constantly depressed. Fig. 17 shows the proportion of respondents reporting a status of severe or extreme in three areas of mental health stratified by age. The oldest age group reported the highest rate of severe to extreme feelings of depression (20.7\%), which decreased with age: $20.6 \%, 16.7 \%$ and $15.7 \%$ in the age groups $45-59$, 30-44 and 18-29, respectively. Those aged 45-59 years report the highest proportion of severe or extreme loss of interest in regular activities ( $23.0 \%$ ), followed by $60-69$-year olds ( $16.9 \%$ ), $30-44$-year-olds ( $15.7 \%$ ) and 18 - 29 -year-olds ( $15.0 \%$ ). Those aged 45-59 years report the highest proportion of severe or extreme sleep disorder at $22.5 \%$, followed by the older group ( $20.5 \%$ ), the group aged $30-44$ years ( $17.3 \%$ ) and the youngest group (16.0\%).

Fig. 16. Mental health of respondents


Fig. 17. Proportion of respondents who report severe to extreme symptoms in mental health domains by age group


Table 23 describes how often respondents felt depressed in the last 30 days. More than a third ( $37.5 \%$ ) of survey respondents did not experience constant depressive feelings in the last 30 days; the highest percentage of non-depressed respondents is in the youngest age group (40.7\%). Mild constant depressive feelings occurred in $23.6 \%$ of respondents and moderate feelings in $21.9 \%$. Overall, $13.5 \%$ of respondents faced severe constant depressive feelings in the last 30 days, and this percentage increases with age, ranging from $12.2 \%$ in the youngest age group to $15.1 \%$ in the oldest. Among the study population, women aged 45-59 report the highest proportion of severe depressive feelings (18.9\%), followed by women aged 60-69 (16.9\%). About 3.5\% of respondents had extreme constant depressive feelings, with a slight difference between men (3.1\%) and women (3.8\%). The highest proportion of respondents reporting extreme depressive feelings are men aged 60-69 at $5.8 \%$ and women aged $45-59$ at $6.2 \%$, which is about three times that of men of the same age ( $2.0 \%$ ).

Table 23. Adult respondents' depression in the last 30 days, by sex and age group


Losing interest in regular activities
Table 24 displays the loss of interest in regular activities in the last 30 days of the survey population. The majority experienced no ( $38.4 \%$ ) or mild ( $23.9 \%$ ) loss of interest, and $21.1 \%$ experienced moderate loss of interest. In particular, $13.4 \%$ of respondents reported severe loss of interest in regular activities, and the proportion is slightly higher in women ( $13.8 \%$ ) than men (13.0\%). The proportion of respondents with severe loss of interest in regular activities is significantly higher in respondents aged 45-59 (19.6\%), which is mainly due to women ( $28.6 \%$ ) who have the highest rate across all groups and more than twice that of men of the same age ( $11.5 \%$ ). Overall, $3.2 \%$ of respondents experienced an extreme loss of interest in regular activities. The oldest age group had the highest rates of extreme loss of interest: $5.6 \%$ for both sexes, $5.8 \%$ for males and $5.5 \%$ for females.

Table 24. Adult respondents' losing interest in regular activities in the last 30 days, by sex and age group


## Sleeping disorders

Table 25 summarizes the sleeping disorders experienced by respondents in the last 30 days. Overall, $34.1 \%$ had no sleeping disorders, $25.4 \%$ had mild, $22.9 \%$ had moderate and $13.8 \%$ had severe sleeping disorders. The proportion affected by severe sleeping disorders increases with age ranging from $12.4 \%$ in the youngest age group to $18.4 \%$ in the oldest. The two age groups most affected by severe sleeping disorders are women aged 45-59 (20.3\%) and women aged 60-69 (20.5\%). Finally, 3.8\% of respondents experienced extreme sleeping disorders, with a slight difference between men (4.0\%) and women (3.6\%). Women aged 45-59 (6.5\%) and men aged 60-69 (5.8\%) had the highest rates of extreme sleeping disorders in the last 30 days. Notably, no women aged 60-69 reported extreme sleeping disorders, and the highest rate of respondents reporting no sleeping disorders is in the youngest age group (38.6\%).

Table 25. Adult respondents' sleep disorders (not sleeping or sleeping too much) in the last 30 days, by sex and age group


## Overview of chronic disease risk factors

## Alcohol consumption

Table 26 shows the findings for alcohol consumption by respondents. The vast majority of the sample at $99.1 \%$ does not consume alcohol. More women (99.8\%) than men (98.5\%) abstain from alcohol. It is notable that no respondents aged 60-69 consume alcohol. Overall, only $0.9 \%$ of respondents consume alcohol. The group with the most alcohol consumers is men aged $30-44$ (2.0\%).

Table 26. Percentage of respondents who consume alcohol by sex and age group


Table 27 shows the percentage of alcohol consumers who consumed alcohol in the last 30 days and in the last 12 months. Overall, $39.6 \%$ of those who drink consumed alcohol in the last 30 days, and the figure is higher for women ( $46.5 \%$ ) than men (38.2\%). Of those who drank in the past 30 days, the highest rate is that of the age group 45-59 (48.6\%).

Table 27. Percentage of alcohol consumers who consumed alcohol in the last 30 days and the last 12 months, by sex and age group


## Nutrition

Fruit and vegetable consumption
Table 28 shows that the mean number of days in a week on which the respondents ate fruit or vegetables is 3.1 , with no overall difference between men and women. Although there is no age trend, fruit consumption decreases in the older age group (60-69), whose mean is 2.5 days. Notably, this value decreases mainly for older women ( 2.3 days), while it remains almost unchanged for older men (3.0 days).

Table 28. Mean number of days in a week in which respondents consumed fruit or vegetables by sex and age group

| Age group (years) | Men |  | Women |  | Both sexes |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Mean (days) | $\mathbf{9 5 \% ~ C I}$ | Mean (days) | $\mathbf{9 5 \% ~ C l}$ | Mean (days) | $95 \%$ Cl |
| $18-29$ | 3.1 | $3.0-3.2$ | 3.1 | $3.0-3.2$ | 3.1 | $3.0-3.2$ |
| $30-44$ | 3.1 | $3.0-3.2$ | 3.1 | $3.0-3.2$ | 3.1 | $3.0-3.1$ |
| $45-59$ | 3.1 | $3.0-3.3$ | 3.2 | $2.9-3.5$ | 3.2 | $3.0-3.3$ |
| $60-69$ | 3.0 | $2.5-3.4$ | 2.3 | $1.5-3.1$ | 2.5 | $2.0-3.1$ |
| Total | 3.1 | $\mathbf{3 . 0}-\mathbf{3 . 2}$ | $\mathbf{3 . 1}$ | $\mathbf{3 . 0}-\mathbf{3 . 1}$ | $\mathbf{3 . 1}$ | $\mathbf{3 . 0}-\mathbf{3 . 1}$ |

Table 29 shows the mean number of servings of fruits or vegetables respondents ate in a typical week: 5.4 servings. Women aged 45-59 years consumed the most fruits and vegetables ( 6.2 servings per week) while women aged 60-69 years consumed the least amount (4.4 portions per week).

Table 29. Mean number of servings of fruits or vegetables consumed in a week by sex and age group

| Age group <br> (years) | Men |  | Women |  | Both sexes |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Mean <br> (servings) | $\mathbf{9 5 \% ~ C l}$ | Mean <br> (servings) | $\mathbf{9 5 \% ~ C l}$ | Mean <br> (servings) | $\mathbf{9 5 \% ~ C l}$ |
| $18-29$ | 5.3 | $5.0-5.6$ | 5.1 | $4.9-5.3$ | 5.2 | $5.0-5.4$ |
| $30-44$ | 5.3 | $5.1-5.6$ | 5.4 | $5.2-5.7$ | 5.4 | $5.2-5.5$ |
| $45-59$ | 5.7 | $5.3-6.2$ | 6.2 | $5.4-7.0$ | 6.0 | $5.5-6.4$ |
| $60-69$ | 5.7 | $4.5-6.9$ | 4.4 | $2.7-6.2$ | 4.9 | $3.7-6.1$ |
| Total | $\mathbf{5 . 4}$ | $\mathbf{5 . 2 - 5 . 6}$ | $\mathbf{5 . 3}$ | $\mathbf{5 . 2 - 5 . 5}$ | $\mathbf{5 . 4}$ | $\mathbf{5 . 2 - 5 . 5}$ |

## Salt habits

## Salt consumption

Table 30-33 summarize the salt consumption practices of the survey population. Only a small proportion of respondents always $(2.8 \%)$ or often (11.2\%) add salt to food before or while eating. The figures were similar for those who always $(2.6 \%)$ or often $(10.8 \%)$ add salt, salty seasoning or salty sauce while preparing food at home. The consumption of processed food high in salt is less prevalent as few respondents consume it always (1.8\%) or often ( $9.7 \%$ ). The proportion of people always adopting these three negative salt consumption practices is higher for the age group 60-69, and this is in particular due to women's behaviour (7.1\% always add salt before/while eating; 7.3\% add salt/salty seasoning/salty sauce while preparing food; $14 \%$ consume processed food).

Table 30. Adding salt before or while eating by sex and age group

| Sex | Age group (years) | n | Never |  | Rarely |  | Sometimes |  | Often |  | Always |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | \% | 95\% CI | \% | 95\% CI | \% | 95\% CI | \% | 95\% CI | \% | 95\% CI |
| Men | 18-29 | 1172 | 4.1 | $2.9-5.6$ | 29.7 | 26.6-32.9 | 51.3 | 47.9-54.8 | 11.7 | 9.6-14.1 | 3.1 | $2.1-4.5$ |
|  | 30-44 | 1221 | 3.8 | 2.8-5.0 | 31.1 | 28.4-33.8 | 51.0 | 48.1-53.9 | 11.6 | 9.8-13.6 | 2.5 | 1.7-3.6 |
|  | 45-59 | 507 | 7.5 | 5.1-10.6 | 28.8 | 24.2-33.7 | 52.3 | 47.0-57.5 | 9.3 | 6.6-12.7 | 2.1 | 1.0-4.1 |
|  | 60-69 | 68 | 6.3 | 1.7-16.4 | 40.8 | 27.2-55.5 | 46.6 | 32.5-61.2 | 6.3 | 1.7-16.4 | 0.0 | - |
|  | Total | 2968 | 4.6 | 3.8-5.5 | 30.4 | 28.5-32.3 | 51.3 | 49.2-53.3 | 11.1 | 9.9-12.5 | 2.6 | 2.0-3.4 |
| Women | 18-29 | 1376 | 3.9 | 2.9-5.2 | 30.8 | 28.2-33.6 | 52.4 | 49.5-55.3 | 9.8 | 8.2-11.6 | 3.0 | 2.2-4.2 |
|  | 30-44 | 1195 | 3.3 | $2.4-4.5$ | 30.8 | 28.2-33.5 | 51.2 | 48.3-54.1 | 11.5 | $9.7-13.4$ | 3.2 | 2.3-4.4 |
|  | 45-59 | 455 | 7.8 | 3.7-14.1 | 31.0 | 22.7-40.3 | 43.4 | $34.2-53.0$ | 16.9 | 10.7-25.0 | 0.9 | 0.1-4.3 |
|  | 60-69 | 117 | 12.9 | 3.6-31.4 | 32.7 | 16.0-53.7 | 41.9 | 23.2-62.7 | 5.4 | 0.7-20.9 | 7.1 | 1.2-23.5 |
|  | Total | 3143 | 4.6 | $3.7-5.6$ | 30.9 | 28.8-33.1 | 50.3 | 47.9-52.6 | 11.3 | 9.9-12.8 | 3.0 | 2.2-3.8 |
| Both sexes | 18-29 | 2548 | 4.0 | 3.2-4.9 | 30.3 | 28.3-32.4 | 51.9 | $49.7-54.2$ | 10.7 | 9.4-12.1 | 3.1 | 2.4-3.9 |
|  | 30-44 | 2416 | 3.6 | $2.9-4.4$ | 30.9 | 29.1-32.9 | 51.1 | 49.1-53.2 | 11.5 | 10.3-12.9 | 2.9 | 2.2-3.6 |
|  | 45-59 | 962 | 7.6 | 5.2-10.8 | 29.8 | 25.2-34.9 | 48.1 | 42.8-53.4 | 12.9 | 9.7-16.8 | 1.5 | 0.6-3.3 |
|  | 60-69 | 185 | 10.5 | 4.0-21.7 | 35.7 | 23.1-50.0 | 43.7 | 30.1-58.0 | 5.7 | 1.5-15.2 | 4.5 | 1.0-13.4 |
|  | Total | 6111 | 4.6 | 4.0-5.3 | 30.6 | 29.2-32.1 | 50.7 | 49.2-52.3 | 11.2 | 10.3-12.2 | 2.8 | 2.3-3.4 |

Table 31. Adding salt, salty seasoning or salty sauce while preparing food by sex and age group

| Sex | Age group (years) | n | Never |  | Rarely |  | Sometimes |  | Often |  | Always |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | \% | 95\% CI | \% | 95\% CI | \% | 95\% CI | \% | 95\% CI | \% | 95\% CI |
| Men | 18-29 | 1172 | 6.0 | 4.5-7.9 | 26.4 | 23.5-29.6 | 53.3 | 49.9-56.8 | 11.7 | 9.6-14.1 | 2.5 | 1.6-3.7 |
|  | 30-44 | 1221 | 6.0 | 4.7-7.5 | 25.6 | 23.1-28.2 | 55.8 | 52.9-58.7 | 10.5 | 8.8-12.4 | 2.1 | 1.4-3.1 |
|  | 45-59 | 507 | 7.6 | 5.1-10.7 | 29.1 | 24.5-34.0 | 50.9 | 45.6-56.1 | 9.6 | 6.9-13.1 | 2.9 | 1.5-5.1 |
|  | 60-69 | 68 | 2.5 | 0.3-10.5 | 26.8 | 15.5-41.1 | 65.9 | 51.3-78.6 | 2.5 | 0.3-10.5 | 2.3 | 0.3-10.2 |
|  | Total | 2968 | 6.2 | 5.3-7.2 | 26.6 | 24.8-28.4 | 54.2 | 52.2-56.3 | 10.6 | 9.4-11.9 | 2.4 | 1.8-3.1 |
| Women | 18-29 | 1376 | 5.9 | 4.6-7.4 | 27.7 | 25.1-30.3 | 54.2 | 51.3-57.1 | 9.7 | 8.1-11.6 | 2.5 | 1.7-3.6 |
|  | 30-44 | 1195 | 5.4 | $4.2-6.9$ | 26.1 | 23.6-28.7 | 54.3 | 51.4-57.2 | 11.2 | 9.5-13.1 | 2.9 | 2.1-4.0 |
|  | 45-59 | 455 | 7.0 | 3.3-13.1 | 27.8 | 19.8-36.9 | 48.4 | 39.0-58.0 | 14.8 | 9.0-22.6 | 2.0 | 0.4-6.1 |
|  | 60-69 | 117 | 3.4 | 0.3-17.6 | 21.9 | $8.6-42.2$ | 59.5 | 38.6-78.0 | 8.0 | 1.5-24.7 | 7.3 | 1.2-23.8 |
|  | Total | 3143 | 5.8 | 4.8-6.9 | 26.9 | 24.8-29.0 | 53.6 | 51.3-55.9 | 11.0 | 9.6-12.5 | 2.8 | 2.1-3.6 |
| Both sexes | 18-29 | 2548 | 6.0 | 5.0-7.1 | 27.1 | 25.1-29.1 | 53.8 | 51.6-56.0 | 10.6 | $9.3-12.1$ | 2.5 | 1.9-3.3 |
|  | 30-44 | 2416 | 5.7 | 4.8-6.7 | 25.9 | 24.1-27.7 | 55.1 | 53.0-57.1 | 10.8 | 9.6-12.2 | 2.5 | 1.9-3.2 |
|  | 45-59 | 962 | 7.3 | 4.9-10.4 | 28.4 | 23.8-33.4 | 49.7 | 44.4-55.0 | 12.1 | 8.9-15.9 | 2.5 | 1.2-4.5 |
|  | 60-69 | 185 | 3.0 | 0.5-11.2 | 23.7 | 13.3-37.3 | 61.9 | 47.5-74.8 | 5.9 | 1.6-15.5 | 5.5 | 1.4-14.9 |
|  | Total | 6111 | 6.0 | $5.3-6.8$ | 26.7 | 25.4-28.1 | 53.9 | 52.3-55.4 | 10.8 | 9.9-11.8 | 2.6 | $2.1-3.1$ |

Table 32. Consuming processed food high in salt by sex and age group

| Sex | Age group (years) | n | Never |  | Rarely |  | Sometimes |  | Often |  | Always |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | \% | 95\% CI | \% | 95\% CI | \% | 95\% CI | \% | 95\% Cl | \% | 95\% CI |
| Men | 18-29 | 1172 | 7.6 | 5.9-9.6 | 35.4 | 32.1-38.7 | 44.3 | 40.8-47.8 | 11.0 | 9.0-13.4 | 1.7 | 1.0-2.8 |
|  | 30-44 | 1221 | 7.4 | 6.0-9.1 | 33.1 | 30.4-36.0 | 47.1 | 44.2-50.1 | 10.8 | 9.1-12.7 | 1.5 | 0.9-2.4 |
|  | 45-59 | 507 | 8.3 | 5.8-11.6 | 31.3 | 26.6-36.3 | 51.1 | 45.8-56.3 | 7.6 | 5.1-10.7 | 1.7 | 0.7-3.5 |
|  | 60-69 | 68 | 9.7 | 3.5-21.0 | 39.6 | 26.2-54.3 | 43.2 | 29.4-57.9 | 7.5 | 2.3-18.0 | 0.0 | - |
|  | Total | 2968 | 7.7 | 6.6-8.8 | 33.9 | 31.9-35.8 | 46.6 | 44.5-48.7 | 10.3 | 9.1-11.6 | 1.6 | 1.2-2.2 |
| Women | 18-29 | 1376 | 8.4 | 6.8-10.1 | 33.4 | 30.7-36.2 | 47.5 | 44.6-50.4 | 9.1 | 7.6-10.9 | 1.6 | 1.0-2.5 |
|  | 30-44 | 1195 | 6.7 | 5.4-8.3 | 33.9 | 31.2-36.6 | 46.8 | 43.9-49.6 | 10.8 | 9.1-12.7 | 1.8 | 1.2-2.7 |
|  | 45-59 | 455 | 9.3 | 4.8-16.0 | 34.2 | 25.6-43.6 | 49.3 | 39.8-58.8 | 6.8 | 3.1-12.8 | 0.5 | 0.0-3.5 |
|  | 60-69 | 117 | 7.5 | 1.3-24.0 | 36.2 | 18.7-57.2 | 40.2 | 21.8-61.1 | 2.1 | 0.1-15.3 | 14.0 | 4.1-32.8 |
|  | Total | 3143 | 7.8 | 6.7-9.2 | 33.8 | 31.6-36.0 | 47.2 | 44.9-49.5 | 9.2 | 7.9-10.6 | 2.0 | 1.4-2.7 |
| Both sexes | 18-29 | 2548 | 8.0 | 6.8-9.3 | 34.3 | 32.2-36.5 | 46.0 | 43.8-48.2 | 10.0 | $8.7-11.4$ | 1.7 | 1.2-2.3 |
|  | 30-44 | 2416 | 7.1 | 6.1-8.2 | 33.5 | 31.6-35.5 | 46.9 | 44.9-49.0 | 10.8 | 9.6-12.1 | 1.7 | 1.2-2.3 |
|  | 45-59 | 962 | 8.8 | 6.1-12.1 | 32.7 | 27.8-37.8 | 50.2 | 44.9-55.6 | 7.2 | 4.8-10.3 | 1.1 | 0.4-2.7 |
|  | 60-69 | 185 | 8.3 | 2.8-18.8 | 37.5 | 24.6-51.9 | 41.3 | 28.0-55.7 | 4.1 | 0.8-12.8 | 8.9 | 3.1-19.6 |
|  | Total | 6111 | 7.8 | 7.0-8.6 | 33.8 | 32.4-35.3 | 46.9 | 45.3-48.5 | 9.7 | 8.8-10.6 | 1.8 | 1.4-2.3 |

Table 33. Consuming salt or salty tomato paste by sex and age group

| Sex | Age group (years) | n | Very much |  | Much |  | Almost at required amount |  | Few |  | Very few |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | \% | 95\% CI | \% | 95\% CI | \% | 95\% CI | \% | 95\% CI | \% | 95\% CI |
| Men | 18-29 | 1172 | 1.5 | 0.8-2.5 | 10.3 | 8.3-12.5 | 48.1 | 44.6-51.6 | 27.6 | 24.6-30.8 | 12.6 | 10.4-15.0 |
|  | 30-44 | 1221 | 2.2 | 1.5-3.2 | 11.4 | 9.6-13.4 | 50.8 | 47.8-53.7 | 23.9 | 21.5-26.5 | 11.7 | 9.9-13.7 |
|  | 45-59 | 507 | 1.9 | 0.8-3.8 | 8.7 | 6.0-12.0 | 50.1 | 44.9-55.4 | 28.3 | 23.7-33.2 | 11.0 | 8.1-14.6 |
|  | 60-69 | 68 | 6.0 | 1.6-16.0 | 12.6 | 5.2-24.7 | 32.4 | 20.0-47.0 | 35.8 | 22.9-50.5 | 13.2 | 5.6-25.5 |
|  | Total | 2968 | 2.0 | 1.4-2.6 | 10.5 | 9.3-11.8 | 49.2 | 47.1-51.2 | 26.4 | 24.6-28.3 | 12.0 | 10.7-13.3 |
| Women | 18-29 | 1376 | 2.1 | 1.4-3.1 | 8.5 | 7.0-10.2 | 50.8 | 47.9-53.7 | 26.1 | 23.6-28.7 | 12.5 | 10.6-14.5 |
|  | 30-44 | 1195 | 1.9 | 1.3-2.9 | 8.9 | 7.3-10.6 | 53.3 | 50.4-56.1 | 24.7 | 22.3-27.2 | 11.2 | 9.5-13.1 |
|  | 45-59 | 455 | 1.8 | 0.3-5.8 | 5.4 | 2.2-11.0 | 56.0 | 46.4-65.3 | 28.2 | 20.2-37.3 | 8.7 | 4.4-15.3 |
|  | 60-69 | 117 | 0.0 | - | 10.9 | 2.7-28.8 | 49.1 | 29.2-69.2 | 28.7 | 13.1-49.6 | 11.3 | 2.8-29.3 |
|  | Total | 3143 | 1.9 | 1.4-2.6 | 8.3 | 7.1-9.6 | 52.4 | 50.1-54.8 | 25.9 | 24.0-28.0 | 11.4 | 10.0-12.9 |
| Both sexes | 18-29 | 2548 | 1.8 | $1.3-2.5$ | 9.3 | 8.1-10.7 | 49.6 | 47.3-51.8 | 26.8 | 24.8-28.8 | 12.5 | 11.1-14.1 |
|  | 30-44 | 2416 | 2.1 | 1.6-2.7 | 10.1 | 9.0-11.4 | 52.0 | 50.0-54.1 | 24.3 | 22.6-26.1 | 11.4 | 10.2-12.8 |
|  | 45-59 | 962 | 1.8 | 0.8-3.7 | 7.1 | 4.7-10.2 | 52.9 | 47.6-58.2 | 28.2 | 23.6-33.2 | 9.9 | 7.1-13.5 |
|  | 60-69 | 185 | 2.2 | 0.2-9.8 | 11.5 | 4.7-23.0 | 42.9 | 29.4-57.3 | 31.3 | 19.4-45.5 | 12.0 | 5.0-23.6 |
|  | Total | 6111 | 1.9 | 1.5-2.4 | 9.4 | 8.5-10.3 | 50.9 | 49.3-52.4 | 26.2 | 24.8-27.6 | 11.7 | 10.7-12.7 |

Table 34 summarizes the measures adopted by the survey population to reduce salt consumption. The most popular are limiting the consumption of processed food ( $39.5 \%$ ) and avoiding consuming food prepared outside the home ( $38.2 \%$ ), with almost no difference between men and women. The only measure adopted by half of the respondents is limiting the consumption of processed food in those aged 60-69 (52.5\%). Less than one third of respondents adopted the remaining measures: $28.5 \%$ use spices instead of salt; $19.7 \%$ check salt content on the label, and $19.6 \%$ buy low-salt alternatives.

Table 34. Measures for reducing salt consumption by sex and age group


## Body mass index (BMI)

The average BMI in the survey population is 24.4 with no significant differences between men and women. The age groups with the highest BMI are women aged 45-59 years (25.8) and men aged 60-69 years (25.5).

Table 35. BMI by sex and age group

|  | Men |  | Women |  | Both sexes |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Age group (years) | Mean | $\mathbf{9 5 \% ~ C I}$ | Mean | $\mathbf{9 5 \% ~ C I}$ | Mean | $\mathbf{9 5 \% ~ C I}$ |
| $18-29$ | 24.1 | $23.3-24.8$ | 23.6 | $23.4-23.8$ | 23.8 | $23.5-24.1$ |
| $30-44$ | 24.5 | $24.3-24.7$ | 24.9 | $24.7-25.2$ | 24.7 | $24.6-24.9$ |
| $45-59$ | 24.7 | $24.4-25.0$ | 25.8 | $24.9-26.7$ | 25.2 | $24.8-25.6$ |
| $60-69$ | 25.5 | $24.3-26.6$ | 25.0 | $23.3-26.6$ | 25.1 | $24.1-26.2$ |
| Total | $\mathbf{2 4 . 4}$ | $\mathbf{2 4 . 1} \mathbf{- 2 4 . 7}$ | $\mathbf{2 4 . 5}$ | $\mathbf{2 4 . 3 - \mathbf { 2 4 . 6 }}$ | $\mathbf{2 4 . 4}$ | $\mathbf{2 4 . 3} \mathbf{- 2 4 . 6}$ |

## Health care services

## Accessibility and use of health care services

Table 36 shows the health institutions that the survey respondents used to receive health services. The institutions most frequently visited are hospitals (66.9\%) and pharmacies (47.4\%). Overall, $31.6 \%$ of respondents have used family health centres, although women ( $34.5 \%$ ) frequent them more often than men ( $28.3 \%$ ). Among all respondents, $15.6 \%$ report using emergency services, $14.5 \%$ use refugee health centres and $7.3 \%$ use outpatient services. The number of refugee health centres reflects a portion of the overall national plan. At the time the survey was conducted (December 2017), 180 refugee health centres were active, approximately $23 \%$ of the total number planned by the Ministry of Health. The overall access by the refugee population to these centres ( $14.5 \%$ of respondents) is in line with what was expected for this phase of implementation of refugee health centres.

There appears to be a particularly low uptake of several services among women aged 60-69 compared with the overall population, with only $8.4 \%$ using refugee health centres, $3.0 \%$ using emergency services and none using outpatient services. In contrast, a notably high proportion of women in this age group have used hospital (72.9\%) and pharmacy services (70.9\%).

Table 37 and Fig. 18-Fig. 23 show the geographical variability in access to health care services. The proportion of respondents who use each health care service varies considerably according to their area of residence in Turkey. For example, $80.0 \%$ of respondents in Mardin have used pharmacy services compared with $2.8 \%$ of those living in Izmir. Similar response ranges are also seen in the utilization of emergency services (0.0-65.1\%), family health centres (3.4$63.6 \%)$, refugee health centres ( $0.0-81.6 \%$ ), outpatient services ( $0.0-60.6 \%$ ) and hospital services (34.9-95.5\%).

In Ankara, $95.5 \%$ of respondents have used hospital services, yet none have used outpatient services. Similarly, in Konya, $73.3 \%$ have used hospital services, while few have utilized family health centres (3.4\%), emergency services ( $0.9 \%$ ), refugee health centres ( $0.7 \%$ ) and outpatient services ( $0.6 \%$ ). In contrast, the proportion of respondents accessing hospital services in Kayseri (34.9\%) is lower than that of any other province. However, the proportion using outpatient services (19.6\%) is higher than that of the population as a whole ( $7.0 \%$ ). In Bursa, very few have used emergency services $(0.8 \%)$, outpatient services $(0.8 \%)$ or pharmacy services ( $6.2 \%$ ). However, in this province, the proportion using refugee health centres $(26.0 \%$ ) is higher than that of the overall population (14.0\%). Very high rates of utilization of all health care services are reported in Mardin. In particular, the proportions using refugee health centres (81.6\%), pharmacy services (80.0\%), emergency services (65.1\%) and outpatient services (60.6\%) are higher than in any other province.

Fig. 18. Access to emergency services by province


Fig. 19. Access to family health centres by province


Fig. 20. Access to refugee health centres by province


Fig. 21. Access to outpatient services by province


Fig. 22. Access to hospital services by province


| 34.9-47.0 | 59.2-71.3 | 83.5-95.5 |
| :---: | :---: | :---: |
| 47.1-59.1 | 71.4-83.4 |  |

Fig. 23. Access to pharmacy services by province


| $\square$ | $2.8-18.2$ | $33.8-49.1$ |
| :--- | :--- | :--- |
| $\square$ | 18.3-33.7 | 49.2-64.6 |

Table 36. Health institutions respondents use to receive health services by sex and age group

| Sex | Age group (years) | n | Emergency services |  | Family Health Centre |  | Refugee Health Centre |  | Outpatient services |  | Hospital services |  | Pharmacy services |  | Other |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | \% | 95\% CI | \% | 95\% CI | \% | 95\% CI | \% | 95\% CI | \% | 95\% CI | \% | 95\% CI | \% | 95\% CI |
| Men | 18-29 | 750 | 17.0 | 13.9-20.4 | 30.9 | 27.0-35.0 | 11.4 | 8.9-14.4 | 6.6 | 4.7-9.1 | 67.1 | 62.9-71.1 | 49.5 | 45.1-53.8 | 0.0 | 0.0-0.6 |
|  | 30-44 | 813 | 13.3 | 11.0-15.9 | 27.4 | 24.2-30.7 | 14.0 | 11.6-16.7 | 6.8 | 5.1-8.8 | 69.1 | 65.7-72.4 | 48.8 | 45.2-52.5 | 0.1 | 0.0-0.6 |
|  | 45-59 | 331 | 17.8 | 13.2-23.3 | 24.9 | 19.6-30.9 | 12.8 | 8.9-17.7 | 6.8 | 4.0-10.7 | 70.5 | 64.3-76.3 | 43.8 | 37.4-50.4 | 0.2 | 0.0-1.6 |
|  | 60-69 | 55 | 17.5 | $7.9-31.9$ | 25.6 | 13.7-41.1 | 15.9 | 6.9-30.1 | 5.1 | 1.0-15.8 | 55.3 | 39.3-70.4 | 55.0 | 39.0-70.1 | 0.0 | - |
|  | Total | 1949 | 15.6 | 13.8-17.5 | 28.3 | 26.0-30.6 | 12.9 | 11.2-14.6 | 6.7 | 5.5-8.1 | 68.2 | 65.8-70.5 | 48.4 | 45.8-51.0 | 0.1 | 0.0-0.4 |
| Women | 18-29 | 975 | 15.8 | 13.4-18.3 | 33.6 | $30.4-36.8$ | 15.2 | 12.9-17.8 | 5.9 | 4.4-7.6 | 66.3 | 63.0-69.4 | 42.4 | 39.0-45.7 | 0.2 | 0.0-0.6 |
|  | 30-44 | 825 | 16.2 | 13.8-18.9 | 36.7 | 33.4-40.1 | 17.4 | 14.9-20.2 | 8.3 | 6.5-10.3 | 67.0 | 63.6-70.2 | 47.4 | 43.9-50.9 | 0.0 | - |
|  | 45-59 | 312 | 17.8 | 10.5-27.5 | 34.1 | 24.3-45.1 | 16.5 | 9.5-25.9 | 14.9 | 8.3-24.0 | 58.4 | 47.3-69.0 | 49.4 | 38.4-60.4 | 0.2 | 0.0-3.7 |
|  | 60-69 | 96 | 3.0 | 0.1-19.9 | 27.1 | 10.6-50.8 | 8.4 | $1.3-28.5$ | 0.0 | - | 72.9 | 49.1-89.4 | 70.9 | 47.0-88.1 | 0.0 | - |
|  | Total | 2208 | 15.7 | 13.7-17.7 | 34.5 | 32.0-37.2 | 15.9 | 14.0-18.0 | 7.8 | 6.4-9.3 | 65.7 | 63.1-68.3 | 46.5 | 43.7-49.2 | 0.1 | 0.0-0.4 |
| Both sexes | 18-29 | 1725 | 16.3 | 14.4-18.3 | 32.4 | 29.9-35.0 | 13.6 | 11.8-15.5 | 6.2 | $5.0-7.6$ | 66.6 | 64.1-69.1 | 45.4 | 42.8-48.1 | 0.1 | 0.0-0.4 |
|  | 30-44 | 1638 | 14.8 | 13.1-16.6 | 32.1 | 29.7-34.4 | 15.7 | 14.0-17.6 | 7.5 | 6.3-8.9 | 68.0 | 65.7-70.3 | 48.1 | 45.6-50.6 | 0.1 | 0.0-0.3 |
|  | 45-59 | 643 | 17.8 | 13.4-23.1 | 29.4 | 23.8-35.4 | 14.6 | 10.5-19.5 | 10.7 | 7.2-15.1 | 64.7 | 58.4-70.6 | 46.5 | 40.2-52.9 | 0.2 | 0.0-1.5 |
|  | 60-69 | 151 | 8.3 | 2.4-20.6 | 26.5 | 14.3-42.4 | 11.2 | 3.9-24.4 | 1.9 | 0.1-10.7 | 66.4 | 50.2-80.1 | 65.0 | 48.8-79.0 | 0.0 | - |
|  | Total | 4157 | 15.6 | 14.3-17.0 | 31.6 | 29.9-33.4 | 14.5 | 13.2-15.9 | 7.3 | 6.3-8.3 | 66.9 | 65.1-68.6 | 47.4 | 45.5-49.3 | 0.1 | 0.0-0.3 |


| Province | n | Emergency services |  | Family Health Centre |  | Refugee Health Centre |  | Outpatient services |  | Hospital services |  | Pharmacy services |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | \% | 95\% CI | \% | 95\% CI | \% | 95\% CI | \% | 95\% CI | \% | 95\% CI | \% | 95\% CI |
| Adana | 344 | 5.9 | 3.6-9.0 | 63.6 | 58.0-69.0 | 26.1 | 21.4-31.4 | 2.2 | 0.9-4.3 | 75.7 | 70.6-80.4 | 60.0 | 54.4-65.5 |
| Ankara | 160 | 5.3 | 2.3-10.6 | 4.4 | $1.7-9.4$ | 0.9 | 0.1-4.0 | 0.0 | - | 95.5 | 90.5-98.2 | 47.1 | 38.1-56.2 |
| Bursa | 165 | 0.8 | 0.1-3.4 | 15.9 | 10.5-22.7 | 26.0 | 19.2-33.7 | 0.8 | 0.1-3.5 | 69.5 | 61.5-76.7 | 6.2 | $3.1-11.2$ |
| Gaziantep | 388 | 6.0 | 3.5-9.4 | 33.0 | 27.3-39.0 | 6.2 | $3.7-9.8$ | 1.6 | 0.6-3.8 | 71.8 | 66.0-77.1 | 60.1 | 53.9-66.1 |
| Hatay | 763 | 17.0 | 13.9-20.5 | 38.0 | $33.7-42.3$ | 9.9 | 7.5-12.7 | 7.5 | $5.4-10.1$ | 77.0 | $73.1-80.5$ | 37.7 | 33.5-42.0 |
| İstanbul | 721 | 3.6 | $2.3-5.4$ | 26.4 | 22.9-30.1 | 11.3 | 8.9-14.1 | 1.0 | 0.4-2.1 | 52.0 | 47.9-56.0 | 55.8 | 51.7-59.8 |
| İzmir | 157 | 6.0 | 2.7-11.6 | 30.1 | 22.2-39.0 | 29.7 | 21.9-38.6 | 2.5 | $0.7-6.7$ | 62.0 | 52.8-70.6 | 2.8 | 0.8-7.2 |
| Kahramanmaraş | 181 | 2.9 | $1.1-6.4$ | 36.9 | 29.7-44.6 | 3.6 | $1.5-7.3$ | 2.5 | 0.9-5.9 | 77.2 | 70.2-83.2 | 53.0 | 45.3-60.6 |
| Kayseri | 180 | 0.0 | - | 30.3 | 19.0-43.8 | 0.0 | - | 19.6 | 10.5-32.1 | 34.9 | 22.9-48.6 | 31.6 | 20.1-45.2 |
| Kilis | 192 | 2.1 | 0.7-5.0 | 27.7 | 21.5-34.6 | 21.9 | 16.3-28.4 | 3.3 | $1.4-6.7$ | 56.8 | 49.5-63.9 | 50.1 | 42.8-57.4 |
| Konya | 239 | 0.9 | 0.0-6.1 | 3.4 | $0.7-10.3$ | 0.7 | 0.0-5.8 | 0.6 | 0.0-5.4 | 73.3 | 61.2-83.2 | 36.3 | 25.0-48.9 |
| Mardin | 161 | 65.1 | 57.0-72.5 | 62.0 | 53.8-69.7 | 81.6 | 74.6-87.3 | 60.6 | 52.4-68.4 | 81.4 | $74.4-87.1$ | 80.0 | 72.9-86.0 |
| Mersin | 285 | 32.3 | 25.9-39.4 | 53.0 | 45.7-60.1 | 27.8 | 21.7-34.6 | 25.5 | 19.6-32.2 | 78.3 | 71.9-83.8 | 64.9 | 57.8-71.6 |
| Osmaniye | 63 | 7.1 | 2.6-15.4 | 24.5 | 15.2-36.0 | 2.7 | 0.5-9.0 | 4.2 | $1.1-11.4$ | 54.5 | 42.2-66.3 | 36.1 | 25.1-48.3 |
| Şanlıurfa | 615 | 48.3 | 42.8-53.9 | 14.7 | 11.1-19.0 | 3.5 | 1.8-6.0 | 3.0 | $1.5-5.4$ | 54.4 | 48.8-59.9 | 45.5 | 40.0-51.1 |
| Total | 4614 | 15.8 | 14.5-17.2 | 31.3 | 29.6-33.1 | 14.0 | 12.8-15.3 | 7.0 | 6.1 - 8.0 | 66.7 | 64.9-68.4 | 47.1 | 45.2-48.9 |

The majority of respondents (57.0\%) have never accessed general or family practitioner services (Table 38). In total, for the periods of less than one month, more than one but less than 6 months ago, 6-12 months ago and more than 12 months, the figures are $6.8 \%, 14.0 \%, 9.7 \%$ and $12.5 \%$ respectively. The proportion of respondents accessing these services in the past 12 months is higher among those aged 60-69 than the population as a whole. In this age group, $67.8 \%$ of women and $45.8 \%$ of men have seen a general or family practitioner in the last 12 months.

Table 38. Percentage of respondents who visited a general/family practitioner by sex and age group

| Sex | Age group (years) |  | Within the last month |  | More than 1, less than 6 months ago |  | 6-12 months ago |  | More than 12 months |  | Never |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | n | \% | 95\% CI | \% | 95\% CI | \% | 95\% CI | \% | 95\% CI | \% | 95\% CI |
| Men | 18-29 | 1172 | 5.4 | 4.0-7.1 | 13.9 | 11.6-16.4 | 9.0 | 7.1-11.1 | 12.5 | 10.3-14.9 | 59.3 | 55.9-62.7 |
|  | 30-44 | 1221 | 4.6 | $3.5-6.0$ | 11.8 | 10.0-13.8 | 10.3 | 8.6-12.2 | 14.4 | 12.4-16.5 | 58.9 | 56.0-61.8 |
|  | 45-59 | 507 | 7.2 | 4.8-10.2 | 12.5 | $9.3-16.3$ | 8.7 | 6.1-12.0 | 16.6 | 13.0-20.8 | 55.0 | 49.7-60.2 |
|  | 60-69 | 68 | 11.4 | 4.5-23.1 | 27.0 | 15.6-41.3 | 7.4 | 2.2-17.9 | 9.8 | 3.5-21.1 | 44.5 | 30.5-59.1 |
|  | Total | 2968 | 5.5 | 4.6-6.5 | 13.1 | 11.7-14.5 | 9.5 | 8.3-10.7 | 13.9 | 12.5-15.4 | 58.1 | 56.0-60.1 |
| Women | 18-29 | 1376 | 7.4 | 6.0-9.0 | 13.9 | 12.0-16.1 | 10.2 | 8.5-12.1 | 10.6 | $8.9-12.5$ | 57.8 | 54.9-60.7 |
|  | 30-44 | 1195 | 6.4 | 5.1-7.9 | 14.3 | 12.4-16.4 | 10.9 | 9.2-12.7 | 11.5 | $9.7-13.4$ | 56.9 | 54.1-59.8 |
|  | 45-59 | 455 | 11.5 | 6.4-18.7 | 14.4 | 8.6-22.0 | 5.3 | 2.1-10.8 | 14.6 | 8.8-22.3 | 54.3 | 44.7-63.6 |
|  | 60-69 | 117 | 17.9 | 6.2-37.5 | 33.9 | 16.9-55.0 | 16.0 | 5.1-35.2 | 2.7 | 0.2-16.4 | 29.5 | 13.7-50.5 |
|  | Total | 3143 | 8.0 | 6.8-9.3 | 14.9 | 13.3-16.6 | 9.9 | 8.6-11.4 | 11.2 | 9.8-12.8 | 55.9 | 53.6-58.2 |
| Both sexes | 18-29 | 2548 | 6.4 | $5.4-7.6$ | 13.9 | 12.4-15.5 | 9.6 | 8.4-11.0 | 11.5 | 10.1-13.0 | 58.5 | 56.3-60.7 |
|  | 30-44 | 2416 | 5.5 | 4.6-6.5 | 13.0 | 11.7-14.5 | 10.6 | 9.4-11.9 | 12.9 | 11.6-14.4 | 57.9 | 55.9-59.9 |
|  | 45-59 | 962 | 9.2 | 6.5-12.6 | 13.4 | 10.1-17.3 | 7.1 | 4.7-10.2 | 15.7 | 12.1-19.8 | 54.6 | 49.3-59.9 |
|  | 60-69 | 185 | 15.5 | 7.3-27.9 | 31.4 | 19.4-45.6 | 12.8 | 5.5-24.6 | 5.3 | 1.3-14.6 | 35.0 | 22.5-49.4 |
|  | Total | 6111 | 6.8 | 6.0-7.6 | 14.0 | 13.0-15.1 | 9.7 | 8.8-10.7 | 12.5 | 11.5-13.6 | 57.0 | 55.4-58.5 |

Over two-thirds of respondents (67.2\%) have never received oral health care services (Table 39). Overall, for the periods of less than one month, more than one but less than 6 months ago, 6-12 months ago and more than 12 months, the figures are $2.5 \%, 8.1 \%, 6.7 \%$ and $15.5 \%$ respectively. Notably, the proportion of respondents accessing the services in the past year is higher among women aged 60-69 than the population as a whole. For this group of females, $15.5 \%$ have accessed oral health services in the last month, and $22.7 \%$ went more than one and less than six months ago.

Table 39. Proportion of respondents who have received oral health care by sex and age group

| Sex | Age group (years) | n | Within the last month |  | More than 1, less than 6 months ago |  | 6-12 months ago |  | More than 12 months |  | Never |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | \% | 95\% CI | \% | 95\% CI | \% | 95\% CI | \% | 95\% CI | \% | 95\% CI |
| Men | 18-29 | 1172 | 1.2 | 0.6-2.2 | 7.1 | 5.4-9.0 | 5.9 | 4.4-7.7 | 14.4 | 12.1-17.0 | 71.4 | 68.2-74.5 |
|  | 30-44 | 1221 | 1.1 | 0.6-1.9 | 6.5 | $5.2-8.1$ | 7.5 | 6.1-9.2 | 15.7 | 13.7-17.9 | 69.1 | 66.4-71.8 |
|  | 45-59 | 507 | 0.6 | 0.1-1.9 | 8.8 | 6.1-12.1 | 6.0 | $3.8-8.9$ | 17.8 | 14.0-22.0 | 66.9 | 61.8-71.7 |
|  | 60-69 | 68 | 0.0 | - | 14.8 | 6.6-27.3 | 5.9 | 1.5-15.7 | 16.8 | 8.0-29.8 | 62.6 | 47.8-75.7 |
|  | Total | 2968 | 1.0 | 0.7-1.5 | 7.3 | 6.3-8.4 | 6.6 | 5.6-7.7 | 15.6 | 14.1-17.1 | 69.5 | 67.6-71.4 |
| Women | 18-29 | 1376 | 3.2 | 2.3-4.4 | 8.4 | 6.9-10.1 | 7.5 | $6.1-9.1$ | 14.3 | 12.4-16.5 | 66.6 | 63.8-69.3 |
|  | 30-44 | 1195 | 3.5 | 2.5-4.6 | 7.3 | 5.9-8.9 | 7.7 | 6.2-9.3 | 15.6 | 13.6-17.7 | 66.0 | 63.2-68.7 |
|  | 45-59 | 455 | 3.5 | 1.1-8.3 | 11.0 | 6.1-18.1 | 2.1 | 0.5-6.3 | 19.6 | 12.8-28.0 | 63.8 | 54.3-72.6 |
|  | 60-69 | 117 | 15.5 | 4.9-34.6 | 22.7 | 9.1-43.0 | 6.8 | 1.1-23.0 | 12.2 | 3.2-30.5 | 42.9 | 24.0-63.6 |
|  | Total | 3143 | 3.8 | 3.0-4.8 | 8.9 | 7.6-10.3 | 6.7 | 5.7-8.0 | 15.5 | 13.9-17.2 | 65.1 | 62.8-67.3 |
| Both sexes | 18-29 | 2548 | 2.3 | $1.7-3.0$ | 7.8 | 6.6-9.0 | 6.7 | 5.7-7.9 | 14.4 | 12.8-16.0 | 68.8 | 66.7-70.9 |
|  | 30-44 | 2416 | 2.3 | 1.7-3.0 | 6.9 | 5.9-8.0 | 7.6 | 6.6-8.7 | 15.6 | 14.2-17.2 | 67.6 | 65.6-69.5 |
|  | 45-59 | 962 | 2.0 | 0.9-3.9 | 9.8 | 7.0-13.3 | 4.2 | 2.4-6.7 | 18.6 | 14.8-23.0 | 65.4 | 60.3-70.4 |
|  | 60-69 | 185 | 9.8 | 3.6-20.8 | 19.8 | 10.3-32.9 | 6.4 | 1.8-16.3 | 13.9 | 6.2-25.9 | 50.1 | 36.1-64.2 |
|  | Total | 6111 | 2.5 | 2.0-3.0 | 8.1 | 7.3-9.0 | 6.7 | 5.9-7.5 | 15.5 | 14.4-16.7 | 67.2 | 65.8-68.7 |

More than half of the survey population (51.2\%) have never accessed specialist health care services and this proportion decreases with age, ranging from $52.8 \%$ to $39.9 \%$ (Table 40). In total, for the periods of less than one month, more than one but less than 6 months ago, more than 6 but less than 12 months ago, and more than 12 months, the figures for those who visited a specialist are $8.5 \%, 12.5 \%, 12.6 \%$ and $15.1 \%$ respectively. Similar to oral health care services, the proportion of respondents accessing specialist services more than one month ago but in the past year is higher among women aged 60-69 than the population as a whole. For this group of women, $60.3 \%$ have used specialist health care services in the last twelve months.

Table 40. Proportion of respondents who have accessed specialist health care by sex and age group

| Sex | Age group (years) | n | Within the last month |  | More than 1, less than 6 months ago |  | 6-12 months ago |  | More than 12 months |  | Never |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | \% | 95\% CI | \% | 95\% CI | \% | 95\% CI | \% | 95\% CI | \% | 95\% CI |
| Men | 18-29 | 1172 | 5.8 | 4.3-7.6 | 11.3 | 9.3-13.7 | 12.7 | 10.5-15.1 | 16.4 | 13.9-19.1 | 53.8 | 50.3-57.3 |
|  | 30-44 | 1221 | 7.4 | 5.9-9.0 | 10.7 | 9.0-12.7 | 12.1 | 10.2-14.1 | 17.2 | 15.0-19.5 | 52.7 | 49.7-55.6 |
|  | 45-59 | 507 | 9.9 | 7.1-13.3 | 9.7 | 7.0-13.2 | 12.3 | 9.1-16.0 | 18.0 | 14.2-22.3 | 50.1 | 44.8-55.3 |
|  | 60-69 | 68 | 8.3 | 2.7-19.2 | 16.9 | 8.1-29.9 | 16.9 | 8.1-29.9 | 8.8 | 3.0-19.8 | 48.9 | 34.6-63.4 |
|  | Total | 2968 | 7.2 | 6.2-8.3 | 11.0 | 9.7-12.3 | 12.4 | 11.1-13.9 | 16.8 | 15.3-18.4 | 52.6 | 50.5-54.7 |
| Women | 18-29 | 1376 | 9.0 | 7.5-10.8 | 12.9 | 11.0-14.9 | 12.4 | 10.6-14.5 | 13.7 | 11.8-15.8 | 51.9 | 49.0-54.9 |
|  | 30-44 | 1195 | 8.9 | 7.3-10.6 | 12.8 | 11.0-14.8 | 12.3 | 10.5-14.3 | 14.7 | 12.8-16.9 | 51.3 | 48.4-54.2 |
|  | 45-59 | 455 | 15.6 | 9.6-23.4 | 15.7 | 9.7-23.6 | 12.2 | 7.0-19.5 | 12.1 | 6.9-19.4 | 44.4 | 35.1-54.0 |
|  | 60-69 | 117 | 4.2 | 0.4-19.1 | 33.5 | 16.6-54.5 | 22.6 | 9.0-42.9 | 5.1 | 0.6-20.5 | 34.7 | 17.5-55.7 |
|  | Total | 3143 | 9.7 | 8.4-11.2 | 14.0 | 12.5-15.7 | 12.7 | 11.2-14.3 | 13.5 | 12.0-15.2 | 50.0 | 47.7-52.3 |
| Both sexes | 18-29 | 2548 | 7.6 | 6.4-8.8 | 12.2 | 10.8-13.7 | 12.5 | 11.1-14.1 | 14.9 | 13.4-16.6 | 52.8 | 50.6-55.0 |
|  | 30-44 | 2416 | 8.1 | 7.0-9.3 | 11.8 | 10.5-13.1 | 12.2 | 10.9-13.6 | 16.0 | 14.5-17.5 | 52.0 | 49.9-54.0 |
|  | 45-59 | 962 | 12.6 | 9.4-16.4 | 12.6 | 9.4-16.4 | 12.3 | $9.1-16.1$ | 15.2 | 11.7-19.3 | 47.4 | 42.1-52.7 |
|  | 60-69 | 185 | 5.7 | 1.5-15.2 | 27.4 | 16.2-41.4 | 20.5 | 10.8-33.7 | 6.5 | 1.9-16.3 | 39.9 | 26.7-54.3 |
|  | Total | 6111 | 8.5 | 7.7-9.4 | 12.5 | 11.5-13.6 | 12.6 | 11.6-13.6 | 15.1 | 14.0-16.3 | 51.2 | 49.7-52.8 |

Among 82 respondents who have accessed other health care services, nearly half have used a physiotherapist (49.4\%) (Table 41). More women ( $52.3 \%$ ) than men ( $15.7 \%$ ) visited traditional healers. In contrast, a higher proportion of men (24.5\%) than women (9.0\%) have used a psychologist. Notably, only respondents aged 18-44 have visited either a psychologist or dietitian.

Table 41. Respondents who accessed other health services by sex and age group

| Sex | Age group (years) | n | Physiotherapist |  | Psychologist |  | Dietitian |  | Traditional healers |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | \% | 95\% CI | \% | 95\% CI | \% | 95\% CI | \% | 95\% CI |
| Men | 18-29 | 10 | 58.7 | 27.8-84.8 | 23.4 | 5.4-55.7 | 0.0 | - | 18.0 | 3.2-49.9 |
|  | 30-44 | 11 | 53.5 | 24.5-80.6 | 34.5 | 11.5-65.4 | 10.2 | 1.1-39.1 | 10.9 | 1.3-40.1 |
|  | 45-59 | 1 | 0.0 | - | 0.0 | - | 0.0 | - | 100.0 | - |
|  | 60-69 | 3 | 100.0 | - | 0.0 | - | 0.0 | - | 0.0 | - |
|  | Total | 25 | 59.3 | 38.1-78.2 | 24.5 | 10.1-45.5 | 4.5 | 0.5-20.0 | 15.7 | 4.9-35.4 |
| Women | 18-29 | 29 | 54.6 | 29.7-77.8 | 15.1 | $3.4-39.5$ | 3.7 | 0.2-23.4 | 36.5 | 15.7-62.3 |
|  | 30-44 | 20 | 44.4 | 26.8-63.2 | 3.7 | 0.4-16.3 | 3.3 | 0.3-15.5 | 55.6 | 36.8-73.2 |
|  | 45-59 | 6 | 16.9 | $2.7-49.4$ | 0.0 | - | 0.0 | - | 100.0 | - |
|  | 60-69 | 2 | 0.0 | - | 0.0 | - | 0.0 | - | 100.0 | - |
|  | Total | 57 | 45.0 | 30.4-60.4 | 9.0 | 2.9-20.7 | 3.0 | 0.4-12.0 | 52.3 | 37.1-67.2 |
| Both sexes | 18-29 | 39 | 55.6 | 35.0-74.9 | 17.2 | $5.8-36.9$ | 2.7 | 0.2-16.6 | 31.7 | 15.2-52.8 |
|  | 30-44 | 31 | 47.7 | $31.7-64.0$ | 14.8 | 5.9-29.3 | 5.7 | 1.2-17.3 | 39.5 | 24.6-56.2 |
|  | 45-59 | 7 | 14.7 | $2.3-45.0$ | 0.0 | - | 0.0 | - | 100.0 | - |
|  | 60-69 | 5 | 61.6 | 16.2-94.1 | 0.0 | - | 0.0 | - | 38.4 | $5.9-83.8$ |
|  | Total | 82 | 49.4 | 37.0-61.8 | 13.7 | 6.8-24.0 | 3.5 | 0.8-10.5 | 41.1 | 29.353 .7 |

Overall, only $5.8 \%$ of respondents have used hospital services to treat a chronic condition. However, this proportion increases with age, from $3.0 \%$ to $27.7 \%$. Women are more likely than men to treat chronic conditions using hospital services for all age groups - except those aged 30-44 years - with $30.8 \%$ of women and $22.3 \%$ of men aged 60-69 using these services.

Table 42. Proportion of respondents who have used hospital services to treat a chronic condition by sex and age group

| Age group (years) | Men |  |  | Women |  |  | Total |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | n | \% | 95\% CI | n | \% | 95\% Cl | n | \% | 95\% Cl |
| 18-29 | 1172 | 2.7 | $1.7-4.0$ | 1376 | 3.4 | $2.4-4.5$ | 2548 | 3.0 | 2.3-3.9 |
| 30-44 | 1221 | 5.6 | 4.4-7.1 | 1195 | 3.9 | $2.9-5.2$ | 2416 | 4.8 | $4.0-5.7$ |
| 45-59 | 507 | 10.1 | 7.2-13.6 | 455 | 13.5 | 8.0-21.1 | 962 | 11.7 | 8.6-15.5 |
| 60-69 | 68 | 22.3 | 12.0-36.1 | 117 | 30.8 | 14.6-51.8 | 185 | 27.7 | 16.4-41.6 |
| Total | 2968 | 5.6 | 4.7-6.6 | 3143 | 6.1 | 5.0-7.2 | 6111 | 5.8 | $5.1-6.6$ |

## Awareness and access to preventive services

The rates of awareness and utilization of screening services are very low across the survey population (Fig. 24 and Fig. 25). Only $4.3 \%$ of women are aware of cervical cancer screening and of these, only $27.1 \%$ have received one (Table 43). Similarly, only 4.8\% of women are aware of mammography screening and among these, $23.0 \%$ have undergone screening (Table 44). None of the female respondents aged 60-69 was aware of either Pap smears or mammography screening. In male respondents, $7.0 \%$ were aware of prostate screening and among these, $18.7 \%$ have been screened (Table 45).

Fig. 24. Awareness of screening services by age group


Fig. 25. Utilization of screening services among respondents who are aware of the services by age group


Table 43. Awareness and utilization of Pap smears among women by age group

| Age group (years) | Awareness |  |  | Utilization |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | $\mathbf{n}$ | $\%$ | $\mathbf{9 5 \% ~ C l}$ | $\mathbf{n}$ | $\%$ | $\mathbf{9 5 \% ~ C I}$ |
| $18-29$ | 1232 | 4.2 | $3.1-5.5$ | 51 | 22.8 | $12.9-35.9$ |
| $30-44$ | 1013 | 5.6 | $4.3-7.1$ | 56 | 27.4 | $16.9-40.3$ |
| $45-59$ | 368 | 2.3 | $0.4-7.5$ | 8 | 51.5 | $16.0-85.8$ |
| $60-69$ | 83 | 0.0 | - | 0 | 0.0 | - |
| Total | $\mathbf{2 6 9 6}$ | $\mathbf{4 . 3}$ | $\mathbf{3 . 4} \mathbf{- 5 . 4}$ | $\mathbf{1 1 6}$ | $\mathbf{2 7 . 1}$ | $\mathbf{1 9 . 4} \mathbf{- 3 6 . 1}$ |

Table 44. Awareness and utilization of mammography screening among women by age group

| Age group (years) | Awareness |  |  | Utilization |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | $\mathbf{n}$ | $\%$ | $\mathbf{9 5 \% ~ C I}$ | $\mathbf{n}$ | $\boldsymbol{\%}$ | $\mathbf{9 5 \% ~ C I}$ |
| $18-29$ | 1232 | 4.1 | $3.1-5.4$ | 51 | 22.3 | $12.4-35.4$ |
| $30-44$ | 1013 | 6.8 | $5.3-8.5$ | 69 | 26.1 | $16.5-37.8$ |
| $45-59$ | 368 | 2.9 | $0.7-8.5$ | 11 | 5.9 | $0.2-40.0$ |
| $60-69$ | 83 | 0.0 | - | 0 | 0.0 | - |
| Total | $\mathbf{2 6 9 6}$ | $\mathbf{4 . 8}$ | $\mathbf{3 . 8} \mathbf{- 6 . 0}$ | $\mathbf{1 3 0}$ | $\mathbf{2 3 . 0}$ | $\mathbf{1 6 . 1} \mathbf{- 3 1 . 2}$ |

Table 45. Awareness and utilization of prostate screening among men by age group

| Age group (years) | Awareness |  |  |  | Utilization |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | $\mathbf{n}$ | $\mathbf{\%}$ | $\mathbf{9 5 \% ~ C l}$ | $\mathbf{n}$ | $\boldsymbol{\%}$ | $\mathbf{9 5 \% ~ C l}$ |  |
| $18-29$ | 963 | 5.0 | $3.6-6.9$ | 48 | 21.0 | $9.5-37.8$ |  |
| $30-44$ | 1060 | 7.8 | $6.2-9.5$ | 82 | 15.1 | $8.4-24.3$ |  |
| $45-59$ | 467 | 9.1 | $6.3-12.6$ | 42 | 20.8 | $9.2-37.7$ |  |
| $60-69$ | 68 | 7.5 | $2.3-18.1$ | 5 | 37.2 | $6.2-81.5$ |  |
| Total | $\mathbf{2 5 5 8}$ | $\mathbf{7 . 0}$ | $\mathbf{5 . 9}-\mathbf{8 . 2}$ | $\mathbf{1 7 8}$ | $\mathbf{1 8 . 7}$ | $\mathbf{1 2 . 8}-\mathbf{2 5 . 9}$ |  |

Compared with the Pap smears, and mammography and prostate screenings, a higher proportion of the survey population $(15.3 \%)$ are aware of vaccinations and among these, $65.3 \%$ have been vaccinated (Table 46). Notably, awareness of vaccinations is lower in women aged $45-59(9.5 \%)$ and $60-69(8.3 \%)$ than in the population as a whole. In general, the proportion that has received vaccinations decreases with age from $71.1 \%$ to $53.5 \%$.

Table 46. Awareness and utilization of vaccinations by sex and age group


Overall, only $5.6 \%$ of the study population are aware of HIV testing and among these, $31.5 \%$ have been tested (Table 47). The proportion is lowest among men aged 60-69 years (1.6\%).

Table 47. Awareness and utilization of HIV test by sex and age group


## Payment for health care services

The majority of the overall population ( $79 \%$ ) - and $81 \%$ of women and $76.9 \%$ of men - do not pay for health care services (Table 48). Only $5.0 \%$ report that they pay all of the costs themselves, while $14.3 \%$ of women and $17.8 \%$ of men pay half of the costs. Notably, a higher proportion of men aged 60-69 pay either the total ( $9.8 \%$ ) or half of the costs ( $25.3 \%$ ), compared with the population as a whole.

Table 48. Payment for health care services by sex and age group

| Sex | Age group (years) | n | I pay everything myself |  | I pay half myself |  | I do not pay anything |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | \% | 95\% CI | \% | 95\% CI | \% | 95\% CI |
| Men | 18-29 | 750 | 5.2 | 3.5-7.4 | 18.0 | 14.8-21.5 | 76.8 | 73.0-80.3 |
|  | 30-44 | 813 | 5.3 | 3.9-7.1 | 18.0 | 15.3-20.9 | 76.7 | 73.5-79.6 |
|  | 45-59 | 331 | 4.8 | 2.5-8.2 | 15.7 | 11.3-20.9 | 79.6 | 73.9-84.5 |
|  | 60-69 | 55 | 9.8 | 3.2-22.4 | 25.3 | 13.5-40.8 | 64.9 | 48.9-78.8 |
|  | Total | 1949 | 5.3 | 4.3-6.6 | 17.8 | 15.9-19.8 | 76.9 | 74.7-79.0 |
| Women | 18-29 | 975 | 5.8 | 4.4-7.6 | 13.9 | 11.7-16.4 | 80.3 | 77.5-82.9 |
|  | 30-44 | 826 | 3.6 | 2.5-5.1 | 17.0 | 14.5-19.8 | 79.3 | 76.4-82.1 |
|  | 45-59 | 313 | 3.8 | 1.1-9.8 | 9.7 | 4.6-17.7 | 86.5 | 77.7-92.8 |
|  | 60-69 | 96 | 4.6 | 0.4-22.6 | 10.4 | 1.9-31.1 | 85.1 | 63.0-96.2 |
|  | Total | 2210 | 4.7 | 3.6-5.9 | 14.3 | 12.5-16.3 | 81.0 | 78.8-83.1 |
| Both sexes | 18-29 | 1725 | 5.5 | 4.4-6.9 | 15.7 | 13.8-17.7 | 78.8 | 76.5-80.9 |
|  | 30-44 | 1639 | 4.5 | 3.5-5.6 | 17.5 | 15.7-19.5 | 78.0 | 75.9-80.0 |
|  | 45-59 | 644 | 4.3 | 2.2-7.5 | 12.8 | 9.0-17.4 | 83.0 | $77.8-87.3$ |
|  | 60-69 | 151 | 6.5 | 1.5-18.0 | 15.8 | $6.7-30.2$ | 77.7 | 62.3-88.8 |
|  | Total | 4159 | 5.0 | 4.2-5.8 | 16.0 | 14.6-17.4 | 79.1 | 77.5-80.6 |

## Satisfaction with health care services

Table 49 and Fig. 26 show that $96.2 \%$ of respondents are either "very satisfied" or "somewhat satisfied" with the emergency services. The majority of respondents are also "very satisfied" or "somewhat satisfied" with pharmacy (92.5\%), outpatient ( $90.4 \%$ ), hospital ( $88.5 \%$ ), refugee health centre ( $82.5 \%$ ) and family health centre ( $82.1 \%$ ) services. Overall, less than $4 \%$ of respondents are "dissatisfied" or "very dissatisfied" with any of the services.

Table 49. Satisfaction with health care services by age group


Fig. 26. Satisfaction with health care services


Further exceptions to the high levels of satisfaction are observed when the responses are categorized by province in Turkey. For example, $14.2 \%$ of those in Istanbul and $10.3 \%$ of those in Izmir are "very dissatisfied" with emergency services (Table 50). More than 5\% of respondents in Adana, Izmir, Mersin and Osmaniye are "dissatisfied" with family health centres (Table 51). In Istanbul, $14.8 \%$ are "dissatisfied" or "very dissatisfied" with refugee health centres (Table 52). In Gaziantep, $31.7 \%$ are "dissatisfied" with outpatient services (Table 53). Dissatisfaction with hospital services is $14.2 \%$ in Bursa and $7.1 \%$ in Adana (Table 54). In Bursa, $20.7 \%$ are "dissatisfied" with pharmacy services (Table 55).

Fig. 27. Satisfaction with emergency services by province


Table 50. Satisfaction with emergency services by province in Turkey

| Province | n | Very satisfied |  | Somewhat satisfied |  | Neither satisfied nor dissatisfied |  | Dissatisfied |  | Very dissatisfied |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | \% | 95\% CI | \% | 95\% CI | \% | 95\% CI | \% | 95\% CI | \% | 95\% CI |
| Adana | 20 | 38.9 | 20.5-60.2 | 40.1 | 21.5-61.3 | 15.1 | 4.6-34.5 | 5.8 | 0.8-22.0 | 0.0 | - |
| Ankara | 8 | 39.6 | 11.5-75.0 | 60.4 | 25.0-88.5 | 0.0 | - | 0.0 | - | 0.0 | - |
| Bursa | 1 | 100.0 | - | 0.0 | - | 0.0 | - | 0.0 | - | 0.0 | - |
| Gaziantep | 23 | 55.3 | 20.5-86.2 | 22.6 | 3.6-61.3 | 22.1 | $3.5-60.8$ | 0.0 | - | 0.0 | - |
| Hatay | 130 | 75.7 | 65.8-83.9 | 20.5 | 12.9-30.0 | 3.8 | 1.1-9.5 | 0.0 | - | 0.0 | - |
| İstanbul | 26 | 22.0 | 8.5-42.8 | 45.7 | 25.9-66.6 | 18.1 | 6.2-38.4 | 0.0 | - | 14.2 | 4.1-33.6 |
| İzmir | 10 | 70.2 | 41.9-89.9 | 9.9 | 1.3-35.4 | 9.6 | $1.2-35.0$ | 0.0 | - | 10.3 | 1.4-36.0 |
| Kahramanmaraş | 5 | 30.0 | 5.9-69.6 | 70.0 | 30.4-94.1 | 0.0 | - | 0.0 | - | 0.0 | - |
| Kayseri | 0 | 0.0 | - | 0.0 | - | 0.0 | - | 0.0 | - | 0.0 | - |
| Kilis | 4 | 0.0 | - | 100.0 | - | 0.0 | - | 0.0 | - | 0.0 | - |
| Konya | 2 | 70.5 | 17.6-97.5 | 29.5 | 2.5-82.4 | 0.0 | - | 0.0 | - | 0.0 | - |
| Mardin | 105 | 90.3 | 83.4-94.9 | 9.3 | 4.8-16.0 | 0.5 | 0.0-3.5 | 0.0 | - | 0.0 | - |
| Mersin | 92 | 34.6 | 22.9-48.1 | 64.1 | 50.7-76.1 | 1.2 | 0.1-7.3 | 0.0 | - | 0.0 | - |
| Osmaniye | 4 | 80.6 | 35.9-98.1 | 19.4 | 1.9-64.1 | 0.0 | - | 0.0 | - | 0.0 | - |
| Şanlıurfa | 297 | 96.2 | 91.7-98.6 | 3.8 | 1.4-8.3 | 0.0 | - | 0.0 | - | 0.0 | - |
| Total | 727 | 76.2 | 71.8-80.2 | 20.2 | 16.4-24.4 | 2.8 | 1.5-4.8 | 0.2 | 0.0-1.0 | 0.6 | 0.2-1.8 |

Fig. 28. Satisfaction with family health centres by province


Table 51. Satisfaction with family health centres by province in Turkey

| Province | n | Very satisfied |  | Somewhat satisfied |  | Neither satisfied nor dissatisfied |  | Dissatisfied |  | Very dissatisfied |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | \% | 95\% CI | \% | 95\% CI | \% | 95\% CI | \% | 95\% CI | \% | 95\% CI |
| Adana | 219 | 25.6 | 19.9-32.1 | 41.8 | 35.0-48.8 | 24.0 | 18.4-30.4 | 6.6 | 3.7-10.7 | 2.0 | 0.7-4.7 |
| Ankara | 7 | 12.9 | 0.9-54.8 | 87.1 | 45.2-99.1 | 0.0 | - | 0.0 | - | 0.0 | - |
| Bursa | 26 | 39.1 | 21.1-59.8 | 50.0 | 30.2-69.8 | 10.9 | 2.7-28.5 | 0.0 | - | 0.0 | - |
| Gaziantep | 128 | 45.8 | 34.2-57.8 | 43.1 | 31.7-55.1 | 9.5 | 4.1-18.3 | 0.0 | - | 1.6 | 0.2-7.0 |
| Hatay | 290 | 17.3 | 12.3-23.2 | 64.5 | 57.3-71.2 | 15.0 | 10.4-20.8 | 3.2 | 1.3-6.6 | 0.0 | - |
| İstanbul | 190 | 6.7 | 3.6-11.1 | 59.2 | 51.7-66.3 | 27.8 | 21.5-34.8 | 3.1 | 1.2-6.5 | 3.3 | 1.4-6.8 |
| İzmir | 47 | 71.4 | 56.1-83.7 | 20.9 | 10.5-35.5 | 2.0 | 0.2-10.4 | 5.6 | 1.3-16.2 | 0.0 | - |
| Kahramanmaraş | 67 | 30.4 | 19.1-43.8 | 63.1 | 49.4-75.3 | 6.5 | 2.0-15.8 | 0.0 | - | 0.0 | - |
| Kayseri | 54 | 41.6 | 19.7-66.5 | 45.9 | 23.0-70.3 | 12.5 | 2.5-35.7 | 0.0 | - | 0.0 | - |
| Kilis | 53 | 31.8 | 20.1-45.5 | 59.9 | 46.0-72.7 | 8.4 | 2.9-18.4 | 0.0 | - | 0.0 | - |
| Konya | 8 | 61.6 | 19.5-92.5 | 31.3 | 4.9-75.6 | 7.1 | 0.2-52.9 | 0.0 | - | 0.0 | - |
| Mardin | 100 | 91.3 | 84.5-95.7 | 8.2 | 3.9-14.8 | 0.5 | 0.0-3.7 | 0.0 | - | 0.0 | - |
| Mersin | 151 | 30.7 | 21.5-41.2 | 43.5 | 33.2-54.3 | 18.8 | 11.5-28.3 | 5.7 | 2.1-12.2 | 1.3 | 0.2-5.7 |
| Osmaniye | 15 | 32.1 | 13.6-56.4 | 47.9 | 25.5-71.1 | 12.6 | 2.7-34.6 | 7.4 | 1.0-27.4 | 0.0 | - |
| Şanlıurfa | 90 | 60.8 | 48.2-72.5 | 38.3 | 26.7-50.9 | 0.9 | 0.1-6.1 | 0.0 | - | 0.0 | - |
| Total | 1445 | 33.5 | 30.6-36.5 | 47.9 | 44.7-51.0 | 14.7 | 12.6-17.0 | 2.9 | 2.0-4.1 | 1.0 | 0.5-1.8 |

Fig. 29. Satisfaction with refugee health centres by province


Table 52. Satisfaction with refugee health centres by province in Turkey


Fig. 30. Satisfaction with outpatient services by province


Table 53. Satisfaction with outpatient services by province in Turkey

| Province | n | Very satisfied |  | Somewhat satisfied |  | Neither satisfied nor dissatisfied |  | Dissatisfied |  | Very dissatisfied |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | \% | 95\% CI | \% | 95\% CI | \% | 95\% CI | \% | 95\% CI | \% | 95\% CI |
| Adana | 7 | 35.3 | 12.5-65.2 | 30.3 | 9.6-60.5 | 34.3 | 11.9-64.3 | 0.0 | - | 0.0 | - |
| Ankara | 0 | 0.0 | - | 0.0 | - | 0.0 | - | 0.0 | - | 0.0 | - |
| Bursa | 1 | 100.0 | - | 0.0 | - | 0.0 | - | 0.0 | - | 0.0 | - |
| Gaziantep | 6 | 15.4 | 1.6-54.5 | 24.0 | 4.0-63.2 | 28.9 | 5.8-67.6 | 31.7 | 6.9-70.0 | 0.0 | - |
| Hatay | 57 | 27.4 | 15.7-42.2 | 57.5 | 42.4-71.6 | 11.8 | 4.6-24.0 | 3.3 | 0.5-12.2 | 0.0 | - |
| İstanbul | 11 | 48.3 | 19.5-78.0 | 24.4 | $5.7-57.4$ | 20.8 | 4.2-53.6 | 0.0 | - | 6.4 | 0.4-35.7 |
| İzmir | 4 | 100.0 | - | 0.0 | - | 0.0 | - | 0.0 | - | 0.0 | - |
| Kahramanmaraş | 5 | 52.6 | 15.8-87.1 | 0.0 | - | 47.4 | 12.9-84.2 | 0.0 | - | 0.0 | - |
| Kayseri | 35 | 17.9 | 3.3-49.6 | 53.1 | 23.6-81.0 | 26.9 | 7.1-59.1 | 2.1 | 0.0-27.8 | 0.0 | - |
| Kilis | 6 | 36.8 | 8.7-75.3 | 63.2 | 24.7-91.3 | 0.0 | - | 0.0 | - | 0.0 | - |
| Konya | 1 | 100.0 | - | 0.0 | - | 0.0 | - | 0.0 | - | 0.0 | - |
| Mardin | 98 | 90.7 | 83.7-95.4 | 8.8 | 4.3-15.7 | 0.5 | 0.0-3.8 | 0.0 | - | 0.0 | - |
| Mersin | 73 | 36.8 | 22.8-52.7 | 60.7 | 44.7-75.1 | 2.5 | 0.3-11.6 | 0.0 | - | 0.0 | - |
| Osmaniye | 3 | 100.0 | - | 0.0 | - | 0.0 | - | 0.0 | - | 0.0 | - |
| Şanlıurfa | 19 | 50.8 | 24.3-76.9 | 49.2 | 23.1-75.7 | 0.0 | - | 0.0 | - | 0.0 | - |
| Total | 326 | 52.0 | 45.1 - 58.9 | 38.0 | 31.4-44.9 | 8.3 | 5.1-12.8 | 1.4 | 0.4-3.8 | 0.2 | 0.0-1.8 |

Fig. 31. Satisfaction with hospital services by province



Table 54. Satisfaction with hospital services by province in Turkey


Fig. 32. Satisfaction with pharmacy services by province


Table 55. Satisfaction with pharmacy services by province in Turkey

| Province | n | Very satisfied |  | Somewhat satisfied |  | Neither satisfied nor dissatisfied |  | Dissatisfied |  | Very dissatisfied |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | \% | 95\% CI | \% | 95\% CI | \% | 95\% CI | \% | 95\% CI | \% | 95\% Cl |
| Adana | 204 | 37.1 | 30.4-44.3 | 46.1 | 39.0-53.4 | 13.2 | 8.8-18.6 | 2.6 | 1.0-5.8 | 1.0 | 0.2-3.3 |
| Ankara | 75 | 58.9 | 45.0-71.8 | 24.2 | 14.0-37.4 | 16.9 | 8.5-29.1 | 0.0 | - | 0.0 | - |
| Bursa | 10 | 0.0 | - | 72.0 | 38.0-93.1 | 7.2 | 0.4-38.4 | 20.7 | 3.9-54.8 | 0.0 | - |
| Gaziantep | 233 | 59.6 | 50.7-68.0 | 33.1 | 25.2-41.8 | 5.1 | 2.2-10.1 | 1.9 | 0.4-5.5 | 0.4 | 0.0-2.9 |
| Hatay | 288 | 17.1 | 12.1-23.3 | 69.2 | 62.1-75.8 | 13.6 | 9.1-19.3 | 0.0 | - | 0.0 | - |
| istanbul | 400 | 52.6 | 46.9-58.2 | 41.7 | 36.2-47.3 | 3.8 | 2.1-6.5 | 0.6 | 0.1-2.0 | 1.3 | 0.4-3.1 |
| İzmir | 4 | 94.6 | 44.1-99.9 | 0.0 | - | 5.4 | 0.1-55.9 | 0.0 | - | 0.0 | - |
| Kahramanmaraş | 96 | 49.7 | 38.9-60.5 | 47.1 | 36.4-58.0 | 2.5 | 0.5-7.8 | 0.0 | - | 0.8 | 0.0-4.8 |
| Kayseri | 57 | 18.3 | 4.6-44.5 | 74.6 | 47.6-91.8 | 7.1 | 0.7-30.1 | 0.0 | - | 0.0 | - |
| Kilis | 96 | 32.0 | 23.4-41.7 | 56.5 | 46.6-66.0 | 6.8 | 3.0-13.0 | 2.8 | 0.8-7.6 | 1.9 | 0.4-6.2 |
| Konya | 87 | 98.6 | 84.7-100.0 | 0.7 | 0.0-13.7 | 0.7 | 0.0-13.9 | 0.0 | - | 0.0 | - |
| Mardin | 129 | 94.0 | 88.9-97.2 | 5.6 | 2.5-10.6 | 0.4 | 0.0-2.9 | 0.0 | - | 0.0 | - |
| Mersin | 185 | 33.1 | 24.9-42.2 | 61.7 | 52.4-70.3 | 5.2 | 2.2-10.6 | 0.0 | - | 0.0 | - |
| Osmaniye | 23 | 56.5 | 36.0-75.5 | 43.5 | 24.5-64.0 | 0.0 | - | 0.0 | - | 0.0 | - |
| Şanlıurfa | 280 | 86.0 | 78.7-91.5 | 14.0 | 8.5-21.3 | 0.0 | - | 0.0 | - | 0.0 | - |
| Total | 2167 | 52.3 | 49.5-55.1 | 40.4 | 37.7-43.2 | 6.0 | 4.8-7.5 | 0.8 | 0.4-1.4 | 0.5 | 0.2-1.0 |

## Health literacy

Fig. 33 shows that, overall, more than half of respondents report that they are never able to "read and understand the patient education material" (51.0\%), "read and understand the patient rights and responsibilities sheet" (52.1\%) or "understand and differentiate the dosage and usage instructions on the medication bottle" (52.0\%). Between 39.0\% and $49.8 \%$ of respondents are never able to fulfil the six remaining aspects of health literacy. For each statement, a higher proportion of females than males responded that they can never carry out the actions (Table 56-68). This proportion also increases with age, as respondents aged 60-69 are most likely to report that they can never complete the actions.

Fig. 33. Health literacy of respondents


The proportions of respondents who can easily perform health literacy activities by sex are in Fig. 34. Overall, the proportion of the survey population who can often or always perform the activities is slightly higher among men than women. In particular, $15.6 \%$ of men and $13.3 \%$ of women can write their name and complete the treatment consent form; $13.4 \%$ of men and $11.8 \%$ of women can write and complete the past medical history form.

Fig. 34. Proportion of respondents who can often or always read, write and understand medical and health care
information (health literacy), by sex


Fig. 35 shows that the ability to perform the health literacy activities decreases with age. The proportion of respondents who can "often" or "always" perform the activities varies in the age group 18-29 years between 10.6\% (understand the patient rights and responsibilities sheet) to $16.3 \%$ (write your name and complete the treatment consent). In the older age group (60-69 years), the proportion varies from $6.8 \%$ (read and identify the outpatient clinic where the appointment is scheduled) to $11.2 \%$ (write your name and complete the treatment consent).

Fig. 35. Proportion of respondents who can often or always read, write and understand medical and health care information (health literacy), by age group


Table 56. Proportion of respondents who can write their name and complete the treatment consent by sex and age group

| Sex | Age group (years) | n | Never |  | Rarely |  | Sometimes |  | Often |  | Always |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | \% | 95\% CI | \% | 95\% CI | \% | 95\% CI | \% | 95\% CI | \% | 95\% CI |
| Men | 18-29 | 1172 | 33.7 | 30.4-37.0 | 25.9 | 23.0-29.1 | 22.3 | 19.6-25.3 | 11.1 | 9.0-13.4 | 7.0 | 5.4-8.9 |
|  | 30-44 | 1221 | 32.9 | 30.2-35.7 | 29.6 | 27.0-32.4 | 22.8 | 20.4-25.3 | 8.6 | 7.1-10.3 | 6.1 | 4.8-7.6 |
|  | 45-59 | 507 | 44.7 | 39.5-49.9 | 27.0 | 22.5-31.8 | 15.1 | 11.7-19.2 | 7.9 | 5.4-11.1 | 5.3 | $3.3-8.1$ |
|  | 60-69 | 68 | 50.5 | 36.1-64.9 | 27.0 | 15.7-41.3 | 14.4 | 6.4-26.9 | 4.0 | 0.8-13.0 | 4.0 | 0.8-13.0 |
|  | Total | 2968 | 35.6 | 33.6-37.6 | 27.7 | 25.8-29.5 | 21.1 | 19.5-22.8 | 9.3 | 8.2-10.6 | 6.3 | 5.3-7.3 |
| Women | 18-29 | 1376 | 38.9 | 36.1-41.8 | 26.3 | 23.8-29.0 | 19.9 | $17.7-22.3$ | 9.6 | 8.0-11.5 | 5.2 | 4.0-6.6 |
|  | 30-44 | 1195 | 42.3 | 39.5-45.2 | 26.3 | 23.8-28.9 | 19.4 | 17.2-21.7 | 7.3 | 5.9-8.9 | 4.7 | $3.6-6.0$ |
|  | 45-59 | 455 | 44.4 | 35.1-53.9 | 21.9 | 14.8-30.6 | 21.5 | 14.5-30.1 | 9.6 | 5.0-16.3 | 2.7 | 0.7-7.2 |
|  | 60-69 | 117 | 70.0 | 49.1-86.0 | 8.1 | 1.5-24.9 | 9.0 | 1.9-26.3 | 7.1 | 1.2-23.5 | 5.8 | 0.8-21.6 |
|  | Total | 3143 | 42.1 | 39.9-44.4 | 25.0 | 23.0-27.1 | 19.5 | 17.8-21.4 | 8.7 | 7.4-10.0 | 4.6 | $3.7-5.7$ |
| Both sexes | 18-29 | 2548 | 36.5 | $34.3-38.7$ | 26.2 | 24.2-28.2 | 21.0 | 19.3-22.9 | 10.3 | 9.0-11.7 | 6.0 | 5.0-7.2 |
|  | 30-44 | 2416 | 37.6 | 35.6-39.6 | 28.0 | 26.2-29.9 | 21.1 | 19.5-22.8 | 8.0 | 6.9-9.1 | 5.4 | 4.5-6.4 |
|  | 45-59 | 962 | 44.5 | 39.3-49.8 | 24.6 | 20.2-29.4 | 18.1 | 14.3-22.5 | 8.7 | 6.0-12.0 | 4.1 | $2.3-6.6$ |
|  | 60-69 | 185 | 62.9 | 48.5-75.7 | 15.0 | 7.0-27.3 | 11.0 | $4.4-22.3$ | 6.0 | 1.6-15.6 | 5.2 | 1.2-14.4 |
|  | Total | 6111 | 39.0 | 37.5-40.5 | 26.3 | 24.9-27.7 | 20.3 | 19.1-21.6 | 9.0 | 8.1-9.9 | 5.4 | 4.8-6.2 |

Table 57. Proportion of respondents who can write and complete the past medical history form by sex and age group

| Sex | Age group (years) | n | Never |  | Rarely |  | Sometimes |  | Often |  | Always |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | \% | 95\% CI | \% | 95\% CI | \% | 95\% CI | \% | 95\% CI | \% | 95\% CI |
| Men | 18-29 | 1172 | 36.6 | $33.3-40.0$ | 25.1 | 22.1-28.2 | 22.1 | 19.3-25.0 | 10.4 | 8.4-12.7 | 5.8 | 4.4-7.6 |
|  | 30-44 | 1221 | 36.2 | $33.4-39.1$ | 29.0 | 26.4-31.7 | 23.5 | 21.1-26.1 | 7.2 | $5.7-8.8$ | 4.2 | $3.1-5.4$ |
|  | 45-59 | 507 | 46.3 | 41.1-51.6 | 27.4 | 22.9-32.2 | 13.9 | 10.6-17.8 | 8.7 | 6.1-12.0 | 3.7 | 2.1-6.1 |
|  | 60-69 | 68 | 53.0 | 38.5-67.2 | 24.1 | 13.4-38.1 | 15.2 | 6.9-27.9 | 6.1 | 1.6-16.0 | 1.6 | 0.1-8.9 |
|  | Total | 2968 | 38.5 | 36.5-40.5 | 27.0 | 25.2-28.9 | 21.1 | 19.5-22.8 | 8.7 | 7.6-9.9 | 4.7 | 3.9-5.6 |
| Women | 18-29 | 1376 | 41.9 | 39.0-44.8 | 23.4 | 21.0-26.0 | 21.6 | 19.2-24.0 | 9.0 | 7.4-10.7 | 4.2 | $3.1-5.4$ |
|  | 30-44 | 1195 | 44.4 | 41.5-47.2 | 25.8 | 23.3-28.3 | 19.4 | 17.2-21.8 | 6.6 | $5.3-8.1$ | 3.8 | 2.8-5.0 |
|  | 45-59 | 455 | 47.7 | 38.2-57.2 | 19.6 | 12.9-28.0 | 21.3 | 14.3-29.9 | 9.1 | 4.6-15.7 | 2.3 | 0.6-6.7 |
|  | 60-69 | 117 | 73.5 | 52.8-88.4 | 5.6 | 0.7-21.2 | 9.7 | $2.1-27.2$ | 7.1 | 1.2-23.5 | 4.1 | 0.4-18.9 |
|  | Total | 3143 | 44.8 | 42.6-47.2 | 23.1 | 21.2-25.1 | 20.3 | 18.5-22.2 | 8.0 | 6.8-9.3 | 3.8 | 2.9-4.7 |
| Both <br> sexes | 18-29 | 2548 | 39.5 | 37.3-41.7 | 24.2 | 22.3-26.2 | 21.8 | 20.0-23.7 | 9.6 | 8.4-11.0 | 4.9 | $4.0-6.0$ |
|  | 30-44 | 2416 | 40.3 | 38.3-42.3 | 27.4 | 25.6-29.3 | 21.5 | 19.8-23.2 | 6.9 | $5.9-8.0$ | 4.0 | 3.2-4.8 |
|  | 45-59 | 962 | 47.0 | 41.7-52.3 | 23.7 | 19.4-28.4 | 17.4 | 13.7-21.7 | 8.9 | 6.2-12.2 | 3.1 | 1.6-5.3 |
|  | 60-69 | 185 | 66.0 | 51.7-78.4 | 12.4 | 5.2-24.1 | 11.7 | $4.8-23.3$ | 6.7 | 2.0-16.6 | 3.2 | 0.5-11.4 |
|  | Total | 6111 | 41.8 | 40.2-43.3 | 25.0 | 23.7-26.4 | 20.7 | 19.4-22.0 | 8.3 | 7.5-9.2 | 4.2 | 3.6-4.9 |

Table 58. Proportion of respondents who can understand and differentiate between two similar medication labels by sex and age group

| Sex | Age group (years) | $n$ | Never |  | Rarely |  | Sometimes |  | Often |  | Always |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | \% | 95\% Cl | \% | 95\% Cl | \% | 95\% Cl | \% | 95\% Cl | \% | 95\% Cl |
| Men | 18-29 | 1172 | 37.8 | 34.5-41.2 | 25.8 | 22.9-28.9 | 22.7 | 19.9-25.7 | 8.1 | 6.4-10.2 | 5.6 | 4.1-7.3 |
|  | 30-44 | 1221 | 38.2 | 35.4-41.1 | 27.6 | 25.0-30.3 | 21.7 | 19.4-24.2 | 8.7 | 7.2-10.5 | 3.7 | 2.7-5.0 |
|  | 45-59 | 507 | 45.6 | 40.4-50.9 | 27.7 | 23.2-32.6 | 14.5 | 11.1-18.5 | 8.4 | 5.8-11.6 | 3.8 | 2.1-6.2 |
|  | 60-69 | 68 | 57.6 | 42.9-71.3 | 23.7 | 13.0-37.6 | 15.9 | 7.4-28.7 | 1.2 | 0.1-8.2 | 1.6 | 0.1-8.9 |
|  | Total | 2968 | 39.8 | 37.7-41.8 | 26.8 | 25.0-28.7 | 20.7 | 19.1-22.5 | 8.3 | 7.2-9.5 | 4.4 | 3.6-5.3 |
| Women | 18-29 | 1376 | 42.0 | 39.1-44.9 | 24.9 | 22.4-27.4 | 19.6 | 17.3-22.0 | 9.6 | 8.0-11.4 | 4.0 | 3.0-5.3 |
|  | 30-44 | 1195 | 44.0 | 41.2-46.9 | 26.8 | 24.4-29.4 | 18.9 | 16.7-21.2 | 6.2 | 4.9-7.7 | 4.1 | 3.1-5.3 |
|  | 45-59 | 455 | 46.2 | 36.9-55.8 | 18.5 | 11.9-26.7 | 24.8 | 17.3-33.8 | 8.2 | 4.1 - 14.7 | 2.3 | 0.5-6.5 |
|  | 60-69 | 117 | 64.5 | 43.5-81.9 | 14.6 | $4.4-33.5$ | 10.2 | 2.3-27.8 | 7.6 | 1.4-24.2 | 3.1 | 0.2-17.2 |
|  | Total | 3143 | 44.2 | 41.9-46.5 | 24.3 | 22.4-26.3 | 19.7 | 17.9-21.6 | 8.0 | 6.8-9.3 | 3.7 | 2.9-4.7 |
| Both sexes | 18-29 | 2548 | 40.1 | 37.9-42.3 | 25.3 | 23.4-27.3 | 21.0 | 19.2-22.9 | 8.9 | 7.7-10.3 | 4.7 | 3.8-5.7 |
|  | 30-44 | 2416 | 41.1 | 39.1-43.1 | 27.2 | 25.4-29.1 | 20.3 | 18.7-22.0 | 7.5 | 6.4-8.6 | 3.9 | 3.2-4.8 |
|  | 45-59 | 962 | 45.9 | 40.7-51.2 | 23.3 | 19.1-28.1 | 19.4 | 15.5-23.9 | 8.3 | $5.7-11.6$ | 3.1 | 1.6-5.3 |
|  | 60-69 | 185 | 62.0 | 47.6-74.9 | 17.9 | 9.0-30.7 | 12.3 | 5.2-24.0 | 5.3 | 1.3-14.6 | 2.6 | 0.3-10.4 |
|  | Total | 6111 | 42.0 | 40.5-43.6 | 25.5 | 24.2-26.9 | 20.2 | 19.0-21.5 | 8.1 | 7.3-9.0 | 4.1 | 3.5-4.7 |

Table 59. Proportion of respondents who can read and identify the hospital signs shown, by sex and age group

| Sex | Age group (years) | n | Never |  | Rarely |  | Sometimes |  | Often |  | Always |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | \% | 95\% CI | \% | 95\% Cl | \% | 95\% CI | \% | 95\% CI | \% | 95\% CI |
| Men | 18-29 | 1172 | 42.2 | 38.8-45.7 | 24.4 | 21.5-27.5 | 18.8 | 16.2-21.6 | 9.3 | 7.4-11.5 | 5.3 | 3.9-7.0 |
|  | 30-44 | 1221 | 40.8 | 37.9-43.7 | 27.6 | 25.0-30.3 | 20.7 | 18.4-23.2 | 7.7 | 6.2-9.3 | 3.2 | 2.3-4.4 |
|  | 45-59 | 507 | 48.4 | 43.2-53.7 | 25.2 | 20.9-30.0 | 15.5 | 12.0-19.6 | 8.1 | 5.6-11.3 | 2.7 | 1.4-4.9 |
|  | 60-69 | 68 | 58.5 | 43.8-72.1 | 16.0 | 7.5-28.9 | 18.1 | $9.0-31.3$ | 5.7 | 1.5-15.6 | 1.6 | 0.1-8.9 |
|  | Total | 2968 | 43.1 | 41.0-45.1 | 25.7 | 23.9-27.5 | 19.0 | 17.4-20.7 | 8.3 | 7.2-9.5 | 3.9 | 3.2-4.8 |
| Women | 18-29 | 1376 | 45.1 | 42.2-48.0 | 23.2 | 20.8-25.7 | 19.8 | 17.6-22.2 | 8.1 | 6.7-9.9 | 3.8 | 2.8-5.0 |
|  | 30-44 | 1195 | 46.4 | 43.5-49.2 | 25.8 | 23.4-28.4 | 17.4 | 15.3-19.7 | 7.2 | $5.8-8.8$ | 3.2 | 2.3-4.4 |
|  | 45-59 | 455 | 44.7 | 35.4-54.3 | 27.4 | 19.5-36.5 | 17.8 | 11.4-26.0 | 8.4 | 4.2-14.9 | 1.7 | 0.3-5.6 |
|  | 60-69 | 117 | 70.2 | 49.3-86.1 | 5.4 | 0.7-20.9 | 14.7 | 4.5-33.6 | 7.6 | 1.4-24.2 | 2.1 | 0.1-15.3 |
|  | Total | 3143 | 46.4 | 44.1-48.8 | 24.1 | 22.2-26.2 | 18.4 | 16.7-20.3 | 7.8 | 6.6-9.1 | 3.2 | 2.5-4.1 |
| Both sexes | 18-29 | 2548 | 43.8 | 41.6-46.0 | 23.8 | 21.9-25.7 | 19.3 | 17.6-21.1 | 8.7 | 7.5-10.0 | 4.5 | $3.6-5.5$ |
|  | 30-44 | 2416 | 43.5 | 41.5-45.6 | 26.7 | 24.9-28.6 | 19.1 | 17.5-20.7 | 7.4 | 6.4-8.6 | 3.2 | 2.6-4.0 |
|  | 45-59 | 962 | 46.6 | 41.4-52.0 | 26.3 | 21.8-31.1 | 16.6 | 13.0-20.9 | 8.3 | $5.7-11.5$ | 2.2 | 1.0-4.2 |
|  | 60-69 | 183 | 65.9 | 51.6-78.3 | 9.3 | $3.4-20.1$ | 15.9 | 7.6-28.4 | 6.9 | 2.1-16.9 | 1.9 | 0.2-9.2 |
|  | Total | 6111 | 44.8 | 43.3-46.4 | 24.9 | 23.6-26.3 | 18.7 | 17.5-19.9 | 8.1 | $7.2-8.9$ | 3.5 | 3.0-4.2 |

Table 60. Proportion of respondents who can read and identify the outpatient clinic where they have an appointment by sex and age group


Table 61. Proportion of respondents who can read and understand the appointment slip by sex and age group


Table 62. Proportion of respondents who can read and understand the patient education material given to them by sex and age group


Table 63. Proportion of respondents who can read and understand the patient rights and responsibilities sheet by sex and age group


Table 64. Proportion of respondents who can understand and differentiate the dosage and usage instructions on the medication bottle label by sex and age group


## Maternal and child health

## Child health

## Disease, injury and accidents in children

Table 65 summarizes the disease conditions, if any, experienced by child respondents in the two weeks before the survey. The most frequent response ( $87.8 \%$ ) is "none", which is higher in females ( $88.4 \%$ ) than males ( $87.1 \%$ ). The most frequent pathologic condition is non-chronic condition (10.0\%) followed by chronic diseases ( $0.8 \%$ ), long-term discomfort ( $0.8 \%$ ), conditions limiting the ability to move ( $0.5 \%$ ), a condition that respondents think may be a symptom of a chronic illness (0.4\%) and, finally, accidents or injuries (0.2\%).

Table 66 and Table 67 show the prevalence of chronic diseases in child respondents. The great majority of children (94.9\%) have no chronic disease, with only a slight difference between males (95.1\%) and females (94.8\%). The highest proportion of children with no chronic disease is males aged $3-5$ years ( $97.4 \%$ ), while the lowest is males aged $0-2$ years ( $92.4 \%$ ).

Overall, the most common chronic disease is asthma (1.7\%), followed by psychiatric disorders ( $0.8 \%$ ), hypertension ( $0.6 \%$ ), chronic disease/discomfort due to an accident and/or injury ( $0.5 \%$ ) and chronic pulmonary disease ( $0.5 \%$ ). Asthma is the most prevalent condition across all age groups. The highest proportion of children with asthma is in the $0-2$ age group ( $2.6 \%$ ); this proportion is higher in females ( $2.7 \%$ ) than males ( $2.5 \%$ ). The highest proportion of children with psychiatric disorders is also in the $0-2$ age group (1.0\%), but it is mainly due to males (1.5\%); among females, the highest prevalence of psychiatric disorders $(1.2 \%)$ is in those aged $3-5$ years. Hypertension ( $1.2 \%$ ) is mainly seen in females aged 0-2 and 6-9; the rate of chronic disease/discomfort caused by accident and/or injury mainly is highest in females aged 10-14 (0.8\%), and the highest prevalence of chronic pulmonary disease is seen in females aged 3-5 (0.9\%).

Among the less frequent chronic diseases, affecting less than $0.5 \%$ of the total sample, it is notable that cardiac disease and diabetes are the second and the third (tied with psychiatric disorders) most prevalent diseases among children aged $0-2$ years, with proportions of $1.1 \%$ and $1.0 \%$ respectively.

Table 65. Disease, injury and accidents in the last two weeks in children by sex and age group

|  | Age group (years) | n | Non-chronic disease |  | Accident or injury |  | Chronic disease (diagnosed by a physician in the last 2 weeks) |  | Long-term discomfort and disability requiring home care |  | A condition/ obstacle that limits ability to move |  | A condition that you think is a symptom of a chronic illness |  | None |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | \% | 95\% Cl | \% | 95\% CI | \% | 95\% CI | \% | 95\% CI | \% | 95\% CI | \% | 95\% CI | \% | 95\% Cl |
| Boys | 0-2 | 358 | 12.7 | 8.9-17.5 | 0.0 | - | 0.2 | 0.0-1.6 | 0.7 | 0.1-2.5 | 0.0 | - | 0.0 | - | 86.5 | 81.7-90.5 |
|  | 3-5 | 428 | 14.4 | 10.3-19.4 | 0.6 | 0.1-2.4 | 0.9 | 0.2-2.8 | 1.3 | 0.4-3.5 | 1.9 | 0.6-4.2 | 0.4 | 0.0-1.9 | 82.4 | 77.1-86.9 |
|  | 6-9 | 595 | 8.7 | 5.8-12.5 | 0.0 | - | 1.6 | 0.6-3.7 | 1.1 | 0.3-2.9 | 0.4 | 0.1-1.8 | 0.6 | 0.1-2.1 | 88.8 | 84.6-92.1 |
|  | 10-14 | 611 | 9.5 | 6.6-13.1 | 0.2 | 0.0-1.3 | 0.3 | 0.0-1.5 | 0.3 | 0.0-1.4 | 0.2 | 0.0-1.2 | 0.4 | 0.1-1.7 | 89.1 | 85.3-92.2 |
|  | Total | 1992 | 10.9 | 9.1-12.9 | 0.2 | 0.0-0.6 | 0.8 | 0.4-1.5 | 0.8 | 0.4-1.5 | 0.6 | 0.2-1.2 | 0.4 | 0.1-0.9 | 87.1 | 84.9-89.1 |
| Girls | 0-2 | 417 | 11.7 | 8.3-16.0 | 0.0 | - | 1.3 | 0.4-3.3 | 0.8 | 0.2-2.4 | 0.6 | 0.1-2.1 | 0.0 | - | 85.9 | 81.3-89.7 |
|  | 3-5 | 474 | 8.0 | 5.1-11.9 | 0.0 | - | 0.9 | 0.2-2.8 | 1.2 | 0.4-3.3 | 0.2 | 0.0-1.5 | 0.7 | 0.1-2.5 | 89.5 | 85.2-92.9 |
|  | 6-9 | 735 | 8.2 | 5.8-11.3 | 0.0 | - | 0.2 | 0.0-1.2 | 1.0 | 0.3-2.4 | 0.4 | 0.1-1.5 | 0.4 | 0.1-1.4 | 89.8 | 86.4-92.6 |
|  | 10-14 | 714 | 9.9 | 7.1-13.3 | 0.6 | 0.1-1.8 | 0.7 | 0.2-2.1 | 0.2 | 0.0-1.1 | 0.4 | 0.1-1.5 | 0.8 | 0.2-2.1 | 87.7 | 84.0-90.7 |
|  | Total | 2340 | 9.3 | 7.8-11.0 | 0.2 | 0.0-0.5 | 0.7 | 0.4-1.3 | 0.8 | 0.4-1.4 | 0.4 | 0.1-0.9 | 0.5 | 0.2-1.0 | 88.4 | 86.5-90.1 |
| Both sexes | 0-2 | 775 | 12.2 | 9.5-15.3 | 0.0 | - | 0.8 | 0.3-1.9 | 0.8 | 0.2-1.8 | 0.3 | 0.0-1.1 | 0.0 | - | 86.2 | 82.9-89.0 |
|  | 3-5 | 902 | 11.0 | 8.5-14.1 | 0.3 | 0.0-1.1 | 0.9 | 0.3-2.1 | 1.3 | 0.5-2.6 | 1.0 | 0.4-2.2 | 0.6 | 0.1-1.6 | 86.1 | 82.8-89.0 |
|  | 6-9 | 1330 | 8.4 | 6.5-10.8 | 0.0 | - | 0.8 | 0.3-1.8 | 1.0 | 0.5-2.1 | 0.4 | 0.1-1.2 | 0.5 | 0.1-1.2 | 89.4 | 86.8-91.6 |
|  | 10-14 | 1325 | 9.7 | 7.6-12.1 | 0.4 | 0.1-1.1 | 0.6 | 0.2-1.3 | 0.2 | 0.0-0.8 | 0.3 | 0.1-0.9 | 0.6 | 0.2-1.4 | 88.3 | 85.7-90.6 |
|  | Total | 4332 | 10.0 | 8.8-11.3 | 0.2 | 0.1-0.4 | 0.8 | 0.5-1.2 | 0.8 | 0.5-1.2 | 0.5 | 0.3-0.8 | 0.4 | 0.2-0.8 | 87.8 | 86.4-89.1 |

Table 66. Chronic diseases in children by sex and age group (part 1)

| Sex | Age group (years) | n | Cardiac disease |  | Diabetes |  | Hypertension |  | Psychiatric disorders |  | Sexually transmitted and fertility disorder |  | Oral/Tooth disease |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | \% | 95\% CI | \% | 95\% CI | \% | 95\% CI | \% | 95\% CI | \% | 95\% CI | \% | 95\% CI |
| Boys | 0-2 | 417 | 1.3 | 0.4-3.3 | 1.5 | 0.5-3.5 | 0.3 | 0.0-1.6 | 1.5 | 0.5-3.5 | 0.4 | 0.0-1.8 | 0.0 | - |
|  | 3-5 | 474 | 0.5 | 0.1-2.1 | 0.0 | - | 0.0 | - | 0.2 | 0.0-1.5 | 0.0 | - | 0.0 | - |
|  | 6-9 | 735 | 0.4 | 0.1-1.4 | 0.3 | 0.0-1.3 | 0.4 | 0.1-1.5 | 0.9 | 0.3-2.2 | 0.0 | - | 0.9 | 0.3-2.3 |
|  | 10-14 | 714 | 0.3 | 0.0-1.3 | 0.6 | 0.1-1.8 | 0.8 | 0.2-2.1 | 1.2 | 0.4-2.7 | 0.0 | - | 0.5 | 0.1-1.6 |
|  | Total | 2340 | 0.5 | 0.2-1.1 | 0.5 | 0.2-1.1 | 0.4 | 0.2-0.9 | 0.9 | 0.5-1.6 | 0.1 | 0.0-0.4 | 0.4 | 0.2-0.9 |
| Girls | 0-2 | 358 | 1.0 | 0.2-2.9 | 0.4 | 0.0-2.0 | 1.2 | 0.3-3.3 | 0.5 | 0.1-2.2 | 0.0 | - | 0.3 | 0.0-1.8 |
|  | 3-5 | 428 | 0.0 | - | 0.4 | 0.0-1.9 | 0.0 | - | 1.2 | 0.3-3.3 | 0.5 | 0.1-2.1 | 0.3 | 0.0-1.9 |
|  | 6-9 | 595 | 0.0 | - | 0.4 | 0.1-1.8 | 1.2 | 0.4-3.1 | 0.2 | 0.0-1.4 | 0.7 | 0.2-2.4 | 0.3 | 0.0-1.6 |
|  | 10-14 | 611 | 0.0 | 0.0-1.5 | 0.0 | - | 0.5 | 0.1-1.9 | 0.5 | 0.1-1.9 | 0.0 | - | 0.0 | - |
|  | Total | 1992 | 0.3 | 0.1-0.7 | 0.3 | 0.1-0.8 | 0.8 | 0.3-1.4 | 0.6 | 0.2-1.2 | 0.3 | 0.1-0.8 | 0.2 | 0.1-0.7 |
| Both sexes | 0-2 | 775 | 1.1 | 0.5-2.4 | 1.0 | 0.4-2.2 | 0.7 | 0.2-1.8 | 1.0 | 0.4-2.2 | 0.2 | 0.0-1.0 | 0.1 | 0.0-0.8 |
|  | 3-5 | 902 | 0.3 | 0.0-1.1 | 0.2 | 0.0-0.9 | 0.0 | - | 0.7 | 0.2-1.8 | 0.2 | 0.0-1.0 | 0.2 | 0.0-0.9 |
|  | 6-9 | 1330 | 0.2 | 0.0-0.8 | 0.4 | 0.1-1.1 | 0.8 | 0.3-1.7 | 0.6 | 0.2-1.4 | 0.3 | 0.1-1.0 | 0.7 | 0.2-1.5 |
|  | 10-14 | 1325 | 0.3 | 0.10-1.0 | 0.3 | 0.1-0.9 | 0.7 | 0.2-1.5 | 0.9 | 0.4-1.8 | 0.0 | - | 0.3 | 0.0-0.9 |
|  | Total | 4332 | 0.4 | 0.2-0.7 | 0.4 | 0.2-0.7 | 0.6 | 0.3-1.0 | 0.8 | 0.5-1.2 | 0.2 | 0.1-0.4 | 0.3 | 0.2-0.6 |

Table 67. Chronic diseases in children by sex and age group (part 2)

| Sex | Age group (years) | n | Chronic disease/ discomfort caused by accident and/or injury |  | Asthma |  | Chronic pulmonary disease |  | Other |  | No chronic disease |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | \% | 95\% CI | \% | 95\% CI | \% | 95\% CI | \% | 95\% CI | \% | 95\% CI |
| Boys | 0-2 | 417 | 0.4 | 0.0-1.8 | 2.5 | 1.1-4.9 | 0.6 | 0.1-2.1 | 0.3 | 0.0-3.7 | 92.4 | 88.7-95.1 |
|  | 3-5 | 474 | 0.4 | 0.0-1.8 | 1.5 | 0.5-3.7 | 0.4 | 0.0-1.8 | 0.0 | - | 97.4 | 94.8-98.8 |
|  | 6-9 | 735 | 0.3 | 0.0-1.3 | 2.4 | 1.2-4.3 | 0.2 | 0.0-1.2 | 0.2 | 0.0-2.2 | 95.2 | 92.7-97.0 |
|  | 10-14 | 714 | 0.5 | 0.1-1.7 | 0.9 | 0.3-2.3 | 0.6 | 0.1-1.8 | 1.7 | 0.7-2.5 | 95.1 | 92.5-96.9 |
|  | Total | 2340 | 0.4 | 0.2-0.9 | 1.8 | 1.1-2.6 | 0.4 | 0.2-0.9 | 0.7 | 0.3-1.2 | 95.1 | 93.8-96.2 |
| Girls | 0-2 | 358 | 0.7 | 0.1-2.5 | 2.7 | 1.2-5.5 | 0.5 | 0.1-2.2 | 0.6 | 0.1-2.3 | 93.6 | 89.9-96.2 |
|  | 3-5 | 428 | 0.6 | 0.1-2.4 | 1.7 | 0.5-4.0 | 0.9 | 0.2-2.9 | 1.6 | 0.5-3.8 | 94.1 | 90.5-96.6 |
|  | 6-9 | 595 | 0.3 | 0.0-1.6 | 1.4 | 0.5-3.4 | 0.5 | 0.1-2.0 | 1.3 | 0.4-1.2 | 94.8 | 91.6-97.0 |
|  | 10-14 | 611 | 0.8 | 0.2-2.4 | 1.1 | 0.3-2.7 | 0.7 | 0.1-2.1 | 0.5 | 0.1-1.8 | 95.9 | 93.2-97.7 |
|  | Total | 1992 | 0.6 | 0.3-1.2 | 1.6 | 1.0-2.5 | 0.7 | 0.3-1.3 | 1.0 | 0.5-1.7 | 94.8 | 93.3-96.0 |
| Both sexes | 0-2 | 775 | 0.5 | 0.1-1.5 | 2.6 | 1.5-4.3 | 0.5 | 0.1-1.5 | 0.5 | 0.1-2.4 | 92.9 | 90.4-95.0 |
|  | 3-5 | 902 | 0.5 | 0.1-1.5 | 1.6 | 0.7-3.0 | 0.7 | 0.2-1.7 | 0.7 | 0.2-1.8 | 95.8 | 93.7-97.3 |
|  | 6-9 | 1330 | 0.3 | 0.1-1.0 | 1.9 | 1.1-3.2 | 0.4 | 0.1-1.1 | 0.7 | 0.2-1.6 | 95.0 | 93.1-96.5 |
|  | 10-14 | 1325 | 0.7 | 0.3-1.5 | 1.0 | 0.4-1.9 | 0.6 | 0.2-1.4 | 1.1 | 0.5-1.2 | 95.4 | 93.7-96.8 |
|  | Total | 4332 | 0.5 | 0.3-0.9 | 1.7 | 1.2-2.3 | 0.5 | 0.3-0.9 | 0.8 | 0.5-1.2 | 94.9 | 94.0-95.8 |

Fig. 36. Chronic diseases in children by sex


Health status in six domains
Affect: distress, sadness or worry

Similar to the adult respondents, children were assessed using the same six domains of health status (Sadana et al., 2012). Table 68 summarizes the status of children regarding the affect domain: distress, sadness or worry experienced in the last 30 days. According to their parents, the majority of children experienced no ( $42.3 \%$ ) or mild ( $24.5 \%$ ) distress, sadness or worry in the last 30 days. This figure significantly decreases with age, ranging from $52.8 \%$ in the youngest age group to $34.0 \%$ in the oldest.

Less than one fourth of children had moderate distress and $9.8 \%$ experienced severe distress, with a higher rate in males (10.0\%) than females (9.5\%). The highest proportion of children who experienced severe distress in the last 30 days is females aged $10-14$ years ( $12.0 \%$ ), followed by males aged $6-9$ years ( $11.4 \%$ ). Finally, $2.2 \%$ of children experienced extreme distress, sadness or worry in the last 30 days, and this figure is higher in females ( $2.7 \%$ ) than males ( $1.8 \%$ ). The age group $0-2$ had the highest rate of extreme distress at $3.8 \%$, which appears to be mainly due to females ( $5.7 \%$ ).

Table 68. Distress, sadness or worry experienced by children in the previous 30 days, by sex and age group

| Sex | Age group (years) | n | None |  | Mild |  | Moderate |  | Severe |  | Extreme |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | \% | 95\% CI | \% | 95\% CI | \% | 95\% CI | \% | 95\% CI | \% | 95\% CI |
| Boys | 0-2 | 417 | 53.6 | 47.6-59.6 | 21.5 | 16.9-26.7 | 14.8 | 10.9-19.5 | 7.9 | 5.1-11.6 | 2.2 | 0.9-4.5 |
|  | 3-5 | 474 | 45.1 | 39.0-51.4 | 24.5 | 19.5-30.2 | 18.3 | 13.8-23.5 | 11.1 | 7.6-15.4 | 1.0 | 0.3-2.9 |
|  | 6-9 | 735 | 39.2 | $34.3-44.2$ | 22.9 | 18.9-27.4 | 25.1 | 20.9-29.7 | 11.4 | 8.5-15.0 | 1.3 | 0.5-2.9 |
|  | 10-14 | 714 | 35.7 | 30.9-40.8 | 27.9 | 23.5-32.7 | 24.5 | 20.3-29.2 | 9.2 | 6.5-12.5 | 2.6 | 1.3-4.6 |
|  | Total | 2340 | 41.9 | 39.2-44.7 | 24.5 | 22.2-27.0 | 21.7 | 19.5-24.1 | 10.0 | 8.5-11.8 | 1.8 | 1.2-2.7 |
| Girls | 0-2 | 358 | 51.8 | $45.3-58.2$ | 16.3 | 12.0-21.5 | 18.8 | 14.2-24.3 | 7.4 | 4.5-11.3 | 5.7 | 3.2-9.2 |
|  | 3-5 | 428 | 51.5 | 45.0-57.9 | 20.3 | 15.5-25.9 | 16.5 | 12.1-21.7 | 10.1 | 6.7-14.5 | 1.6 | 0.5-3.9 |
|  | 6-9 | 595 | 42.3 | 36.5-48.3 | 26.3 | 21.3-31.9 | 22.5 | 17.8-27.8 | 7.9 | 5.1-11.6 | 1.0 | 0.2-2.7 |
|  | 10-14 | 611 | 31.9 | 26.9-37.3 | 30.7 | 25.7-35.9 | 22.2 | 17.8-27.0 | 12.0 | $8.7-15.9$ | 3.3 | 1.7-5.7 |
|  | Total | 1992 | 42.8 | 39.8-45.9 | 24.6 | 22.0-27.3 | 20.4 | 18.1-23.0 | 9.5 | 7.8-11.4 | 2.7 | 1.8-3.8 |
| Both sexes | 0-2 | 775 | 52.8 | 48.4-57.2 | 19.1 | 15.8-22.7 | 16.7 | 13.6-20.1 | 7.7 | 5.6-10.3 | 3.8 | 2.4-5.8 |
|  | 3-5 | 902 | 48.2 | $43.7-52.7$ | 22.5 | 18.9-26.4 | 17.4 | 14.2-21.0 | 10.6 | 8.1-13.6 | 1.3 | 0.6-2.6 |
|  | 6-9 | 1330 | 40.6 | 36.8-44.4 | 24.4 | 21.2-27.9 | 23.9 | 20.8-27.4 | 9.9 | $7.7-12.3$ | 1.2 | 0.5-2.2 |
|  | 10-14 | 1325 | 34.0 | 30.5-37.6 | 29.2 | 25.8-32.7 | 23.4 | 20.4-26.8 | 10.5 | 8.3-13.0 | 2.9 | 1.8-4.4 |
|  | Total | 4332 | 42.3 | 40.3-44.4 | 24.5 | 22.8-26.3 | 21.1 | 19.5-22.8 | 9.8 | 8.6-11.1 | 2.2 | 1.7-2.9 |

## Cognition

Table 69 describes the status of children regarding the cognition domain: concentration and memory in the last 30 days. According to their parents, most children had no (43.4\%) or mild (24.3\%) difficulty concentrating. Among all children, the proportion with no cognition problems decreases with age, ranging from $52.5 \%$ in the youngest age group to $38.7 \%$ in the oldest group. About $20.9 \%$ of children had moderate difficulty concentrating or remembering things, and $8.9 \%$ had severe difficulty, which is higher in males (9.5\%) than females ( $8.3 \%$ ). The highest proportion of children with severe difficulty in the last 30 days is males aged $3-5$ years (11.2\%), followed by females aged 10-14 ( $10.6 \%$ ). Finally, $2.5 \%$ of the total sample experienced extreme difficulty concentrating or remembering things in the last 30 days; this figure is higher in females ( $2.9 \%$ ) than males ( $2.1 \%$ ). The youngest age group ( $0-2$ years) had the highest proportion of children with extreme difficulty at $4.0 \%$, which is mainly due to females (6.2\%).

Table 69. Difficulty concentrating or remembering things experienced by children in the previous 30 days, by sex and age group

| Sex | Age group (years) | n | None |  | Mild |  | Moderate |  | Severe |  | Extreme |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | \% | 95\% CI | \% | 95\% CI | \% | 95\% CI | \% | 95\% CI | \% | 95\% CI |
| Boys | 0-2 | 417 | 54.2 | 48.2-60.1 | 21.5 | 16.9-26.8 | 15.0 | 11.1-19.7 | 7.1 | 4.5-10.7 | 2.2 | 0.9-4.5 |
|  | 3-5 | 474 | 43.6 | 37.5-49.8 | 25.9 | 20.7-31.6 | 18.3 | 13.8-23.5 | 11.2 | 7.7-15.6 | 1.0 | 0.3-2.9 |
|  | 6-9 | 735 | 39.5 | 34.6-44.5 | 26.4 | 22.1-31.0 | 22.1 | 18.1-26.5 | 9.7 | 7.0-13.0 | 2.3 | 1.1-4.2 |
|  | 10-14 | 714 | 40.0 | 35.0-45.1 | 25.0 | 20.7-29.6 | 22.7 | 18.6-27.2 | 9.6 | 6.9-13.0 | 2.7 | 1.4-4.8 |
|  | Total | 2340 | 43.1 | 40.4-45.9 | 25.0 | 22.6-27.5 | 20.3 | 18.1-22.6 | 9.5 | 8.0-11.3 | 2.1 | 1.4-3.1 |
| Girls | 0-2 | 358 | 50.5 | 44.0-55.9 | 18.1 | 13.6-23.5 | 19.4 | 14.6-24.8 | 5.8 | $3.3-9.4$ | 6.2 | 3.6-9.9 |
|  | 3-5 | 428 | 51.7 | 45.2-58.1 | 18.7 | 14.1-24.1 | 16.8 | 12.4-22.0 | 10.4 | 6.9-14.8 | 2.4 | 1.0-5.1 |
|  | 6-9 | 595 | 40.4 | 34.6-46.3 | 26.7 | 21.7-32.3 | 26.4 | 21.4-32.0 | 5.8 | $3.4-9.1$ | 0.7 | 0.1-2.4 |
|  | 10-14 | 611 | 37.3 | 32.0-42.7 | 26.8 | 22.1-31.8 | 22.0 | 17.6-26.8 | 10.6 | 7.6-14.4 | 3.3 | 1.8-5.8 |
|  | Total | 1992 | 43.7 | 40.6-46.7 | 23.5 | 21.0-26.2 | 21.7 | 19.3-24.3 | 8.3 | 6.7-10.1 | 2.9 | 2.0-4.0 |
| Both sexes | 0-2 | 775 | 52.5 | 48.1 - 56.9 | 20.0 | 16.6-23.6 | 17.0 | 13.9-20.5 | 6.5 | 4.6-8.9 | 4.0 | 2.6-6.2 |
|  | 3-5 | 902 | 47.4 | 42.9-51.9 | 22.5 | 18.9-26.4 | 17.6 | 14.4-21.2 | 10.8 | 8.3-13.9 | 1.7 | 0.8-3.2 |
|  | 6-9 | 1330 | 39.9 | 36.1-43.7 | 26.5 | 23.2-30.1 | 24.0 | 20.8-27.5 | 7.9 | 6.0-10.2 | 1.6 | 0.8-2.8 |
|  | 10-14 | 1325 | 38.7 | 35.1-42.5 | 25.8 | 22.6-29.2 | 22.4 | 19.3-25.6 | 10.1 | 8.0-12.5 | 3.0 | 1.9-4.5 |
|  | Total | 4332 | 43.4 | 41.3-45.4 | 24.3 | 22.6-26.1 | 20.9 | 19.3-22.6 | 8.9 | 7.8-10.2 | 2.5 | 1.9-3.2 |

## Mobility

Table 70 summarizes the status of child respondents regarding the mobility domain: difficulty moving around in the last 30 days. According to their parents, the majority of children faced no ( $45.6 \%$ ) or mild ( $21.9 \%$ ) difficulty moving. The proportion of children with no difficulty moving around significantly decreases with age, ranging from $53.8 \%$ in the youngest age group to $40.6 \%$ in the oldest. Approximately $20.5 \%$ of children experienced moderate difficulty moving around, and $9.5 \%$ of respondents had severe difficulty moving around in the last 30 days, with a higher rate in males ( $9.7 \%$ ) than females ( $9.2 \%$ ). Males aged $3-5$ had the highest proportion of severe mobility (12.9\%), followed by females aged 10-14 (11.3\%). Lastly, $2.5 \%$ of the total sample had extreme difficulty moving around in the last 30 days, and this figure is higher in females ( $2.8 \%$ ) than males ( $2.2 \%$ ). Those with the most (extreme) difficulty moving around are females aged 0-2 (4.0\%).

Table 70. Difficulty moving around experienced by children in the previous 30 days, by sex and age group

| Sex | Age group (years) | n | None |  | Mild |  | Moderate |  | Severe |  | Extreme |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | \% | 95\% CI | \% | 95\% CI | \% | 95\% CI | \% | 95\% CI | \% | 95\% Cl |
| Boys | 0-2 | 417 | 56.1 | 50.1-62.0 | 19.0 | 14.6-24.1 | 16.8 | 12.6-21.6 | 5.9 | 3.5-9.2 | 2.2 | 0.9-4.5 |
|  | 3-5 | 474 | 46.4 | 40.2-52.6 | 22.7 | 17.8-28.2 | 16.9 | 12.7-22.0 | 12.9 | 9.2-17.6 | 1.0 | 0.2-2.9 |
|  | 6-9 | 735 | 42.6 | $37.7-47.7$ | 22.0 | 18.1-26.5 | 22.7 | 18.6-27.1 | 10.1 | 7.3-13.4 | 2.6 | 1.3-4.6 |
|  | 10-14 | 714 | 44.0 | 38.9-49.1 | 20.4 | 16.5-24.8 | 23.5 | 19.3-28.0 | 9.5 | 6.8-12.9 | 2.6 | 1.3-4.6 |
|  | Total | 2340 | 46.2 | 43.4-49.0 | 21.1 | 18.9-23.5 | 20.7 | 18.5-23.0 | 9.7 | 8.2-11.5 | 2.2 | 1.5-3.1 |
| Girls | 0-2 | 358 | 51.1 | 44.6-57.5 | 18.6 | 14.0-24.0 | 17.8 | 13.3-23.2 | 8.5 | 5.4-12.7 | 4.0 | 2.0-7.1 |
|  | 3-5 | 428 | 57.0 | 50.6-63.3 | 15.1 | 10.9-20.2 | 15.8 | 11.5-20.9 | 8.9 | 5.7-13.1 | 3.2 | 1.5-6.1 |
|  | 6-9 | 595 | 40.5 | $34.7-46.4$ | 27.3 | 22.3-32.9 | 23.3 | 18.5-28.6 | 7.8 | 5.0-11.5 | 1.1 | 0.3-2.9 |
|  | 10-14 | 611 | 36.7 | $31.5-42.2$ | 26.5 | 21.8-31.6 | 22.0 | 17.7-26.8 | 11.3 | 8.1-15.1 | 3.6 | 1.9-6.1 |
|  | Total | 1992 | 44.8 | 41.8-47.8 | 22.9 | 20.4-25.5 | 20.3 | 17.9-22.8 | 9.2 | 7.6-11.1 | 2.8 | 1.9-4.0 |
| Both sexes | 0-2 | 775 | 53.8 | 49.4-58.2 | 18.8 | 15.6-22.4 | 17.3 | 14.1-20.8 | 7.1 | 5.1-9.6 | 3.0 | 1.8-4.8 |
|  | 3-5 | 902 | 51.4 | 46.9-55.9 | 19.1 | 15.8-22.8 | 16.4 | 13.3-19.9 | 11.0 | 8.4-14.1 | 2.0 | 1.0-3.6 |
|  | 6-9 | 1330 | 41.7 | $37.9-45.5$ | 24.4 | 21.2-27.9 | 22.9 | 19.8-26.3 | 9.1 | 7.0-11.5 | 1.9 | 1.1-3.2 |
|  | 10-14 | 1325 | 40.6 | 37.0-44.4 | 23.2 | 20.1-26.5 | 22.8 | 19.7-26.1 | 10.3 | 8.2-12.8 | 3.0 | 1.9-4.6 |
|  | Total | 4332 | 45.6 | 43.5-47.6 | 21.9 | 20.3-23.7 | 20.5 | 18.9-22.2 | 9.5 | 8.3-10.8 | 2.5 | 1.9-3.2 |

## Pain

Table 71 describes the status of child respondents in terms of pain or discomfort experienced in the last 30 days. According to their parents, the majority of children had no (45.6\%) or mild (23.0\%) pain or discomfort in the last 30 days. About 20.3\% of children had moderate pain, and $8.7 \%$ had severe pain or discomfort, with no difference between males and females. Males aged 3-5 years had the highest proportion of severe pain (10.3\%), followed by females aged 10-14 (10.1\%). Overall, $2.4 \%$ of children had extreme pain or discomfort in the last 30 days, and this figure is higher in females $(2.7 \%)$ than males (2.1\%). Females aged $0-2(4.6 \%)$ had the highest rate of extreme pain or discomfort in the last 30 days.

Table 71. Pain or discomfort experienced by children in the last 30 days, by sex and age group


## Self-care

Table 72 summarizes the status of child respondents regarding the self-care domain: difficulty performing self-care activities such as washing or dressing in the last 30 days. According to their parents, most children had no ( $50.2 \%$ ) or mild (19.6\%) difficulty with self-care. The proportion of children with no difficulty significantly decreases with age, ranging from $58.8 \%$ to $45.8 \%$. Approximately $19.1 \%$ of children experienced moderate difficulty in self-care in the last 30 days; $8.8 \%$ experienced severe difficulty, and the rate is higher in males ( $9.3 \%$ ) than females ( $8.2 \%$ ). The highest proportion of children with severe self-care difficulties in the last 30 days is males aged $3-5$ years (10.7\%). Lastly, $2.3 \%$ of the total sample experienced extreme difficulties in self-care in the last 30 days; this percentage is higher in females ( $2.8 \%$ ) than males (1.8\%). The highest proportion of children with extreme difficulty performing usual activities is females aged 10-14 years (4.4\%).

Table 72. Difficulty with self-care, such as washing or getting dressed, experienced by children in the previous 30 days, by sex and age group


## Usual activities

Table 73 summarizes the status of child respondents regarding their ability to perform (usual) work or household activities in the last 30 days. According to their parents, the majority of children had no ( $49.8 \%$ ) or mild ( $21.7 \%$ ) difficulty in the last 30 days. Approximately $18.3 \%$ of children had moderate difficulty performing usual activities in the last 30 days. About 7.9\% of children had severe difficulty, and the rate is higher in males (8.1\%) than females (7.6\%). Of those who experienced severe difficulty in performing usual activities in the last 30 days, males aged $3-5$ years had the highest rate at $9.4 \%$. Finally, $2.2 \%$ of the total sample experienced extreme difficulty with higher rates in females (2.7\%) than males (1.8\%). Females aged 10-14 had the highest rate of extreme difficulty at $3.8 \%$.

Table 73. Difficulty with work or household activities experienced by children in the previous 30 days, by sex and age group


Acute conditions in children aged 1-59 months

Table 74, Fig. 36 and Fig. 37 show the prevalence of diarrhoea, fever and respiratory infections among children in the first 59 months of life. The overall prevalence of diarrhoea is $14.1 \%$, and this figure is higher in males (15.4\%) than females ( $12.4 \%$ ). The highest prevalence of diarrhoea ( $22.0 \%$ ) is seen in the age group $0-6$ months, and the rate is higher in males ( $24.6 \%$ ) than females ( $17.9 \%$ ). The lowest rate is in the age group $25-36$ months: $8.0 \%$ in both sexes, $7.9 \%$ in females and $9.2 \%$ in males.

The prevalence of fever among all children is 19.1\%, and this rate is higher in males (19.7\%) than females (18.9). Children aged 0-6 months had the highest prevalence of fever at $24.6 \%$, with males having a higher rate ( $26.8 \%$ ) than females (23.0\%). The lowest prevalence of fever is in the age group 37-48 months at $11.6 \%$, without clear difference between males and females.

The overall prevalence of respiratory infections is $7.9 \%$, and this figure is higher in males (8.6\%) than females (7.8\%). The highest prevalence of fever ( $12.8 \%$ ) is in the age group 49-59 months, with a higher prevalence in males (15.0\%) than females (13.1\%). The lowest prevalence of respiratory infections are in the age group 37-48 months in all children (6.3\%), females aged 37-48 months (4.4\%) and males aged 13-24 months (6.8\%).

Fig. 37. Acute conditions in children aged 0-59 months by sex


Fig. 38. Acute conditions in children aged 0-59 months by age group


Table 74. Acute conditions among children aged 0-59 months

| Sex | Age (months) | n | Diarrhoea | Fever | Respiratory infection |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | \% | \% | \% |
| Boys | 0-6 | 212 | 24.6 | 26.8 | 10.4 |
|  | 7-12 | 108 | 14.6 | 14.2 | 9.1 |
|  | 13-24 | 237 | 10.5 | 18.7 | 6.8 |
|  | 25-36 | 143 | 9.2 | 22.3 | 12.6 |
|  | 37-48 | 144 | 10.2 | 11.6 | 7.4 |
|  | 49-59 | 85 | 14.7 | 22.5 | 15.0 |
|  | Total | 613 | 15.4 | 19.7 | 8.6 |
| Girls | 0-6 | 224 | 17.9 | 23.0 | 9.6 |
|  | 7-12 | 140 | 13.5 | 15.0 | 8.7 |
|  | 13-24 | 255 | 11.1 | 21.7 | 8.3 |
|  | 25-36 | 178 | 7.9 | 19.4 | 9.7 |
|  | 37-48 | 148 | 9.4 | 11.8 | 4.4 |
|  | 49-59 | 97 | 13.0 | 19.3 | 13.1 |
|  | Total | 691 | 12.4 | 18.9 | 7.8 |
| Both sexes | 0-6 | 351 | 22.0 | 24.6 | 9.3 |
|  | 7-12 | 190 | 15.5 | 15.1 | 8.5 |
|  | 13-24 | 376 | 11.6 | 20.7 | 7.4 |
|  | 25-36 | 243 | 8.0 | 19.8 | 10.1 |
|  | 37-48 | 209 | 9.7 | 11.6 | 6.3 |
|  | 49-59 | 125 | 12.4 | 17.5 | 12.8 |
|  | Total | 1071 | 14.1 | 19.1 | 7.9 |

## Vaccination status

Fig. 39, Table 75 and Table 76 summarize the vaccination status of child respondents aged $0-59$ months. Overall, $65.3 \%$ of children are vaccinated against tuberculosis using the bacille Calmette-Guérin (BCG) vaccine, with only a slight difference between females ( $65.6 \%$ ) and males ( $64.5 \%$ ). Among all children, $22.2 \%$ are not BCG-vaccinated, and $12.5 \%$ have an unknown BCG vaccination status. Considering age, the highest rate of BCG vaccination is in children aged 13-24 months ( $70 \%$ ); the highest percentage of non-vaccinated children is in the age group 0-6 months ( $25.5 \%$ ), and the highest percentage of unknown vaccination status is in the age group $7-12$ months ( $13.5 \%$ ). Considering age and gender, the highest rate of BCG-vaccinated children is in females aged 13-24 months (71.1\%); the highest percentage of nonvaccinated children is in males aged 7-12 months (28.4\%), and the highest percentage of unknown vaccination status is in females aged 7-12 months (14.3\%).

Overall, $62.9 \%$ of children received the combined vaccination for diphtheria, tetanus and pertussis, with only a slight difference between females ( $63.4 \%$ ) and males ( $62.0 \%$ ). About $20.4 \%$ of children were not inoculated with the combined vaccine, while $16.7 \%$ have an unknown vaccination status. Considering age, the highest rate of vaccinated children is in the age group 37-48 months ( $70.6 \%$ ); the highest percentage of non-vaccinated children is in the age group 0-6 months ( $28.1 \%$ ), and the highest percentage of unknown vaccination status is in the age group $7-12$ months (20.6\%). Considering age and gender, the highest percentage of vaccinated children is in females aged 37-48 months (69.4\%); the highest percentage of non-vaccinated children is in males aged 0-6 months (29.3\%), and the highest percentage of unknown vaccination status is in females aged 7-12 months (20.6\%).

Overall, $67.2 \%$ of children are vaccinated against hepatitis B, with a slight difference between females ( $67.6 \%$ ) and males (66.0\%). About $19.3 \%$ of children are not vaccinated against hepatitis B, and $13.5 \%$ have an unknown vaccination status. Considering age, the highest percentage of hepatitis B vaccinated children is in the age group 37-48 months ( $69.0 \%$ ); the highest percentage of non-vaccinated children is in the group 0-6 months (24.5\%), and the highest percentage of unknown vaccination status is in the age group 49-59 months ( $18.8 \%$ ). Considering age and gender, the highest percentage of hepatitis $B$ vaccinated children is in females aged $25-36$ months ( $72.4 \%$ ); the highest percentage of nonvaccinated children is in males aged 0-6 months (25.1\%), and the highest percentage of unknown vaccination status is in females aged 49-59 months (18.0\%).

Overall, $53.0 \%$ of children were inoculated with the conjugated pneumococcal vaccine, with only a slight difference between females ( $52.5 \%$ ) and males ( $53.8 \%$ ). About $28.1 \%$ of children are not vaccinated, and $19.0 \%$ have an unknown vaccination status. Considering age, the highest percentage of children vaccinated with conjugated pneumococcal vaccine is in the age group 37-48 months (59.6\%); the highest percentage of non-vaccinated children is in the group 0-6 months (36.9\%), and the highest percentage of unknown vaccine status is in the age group 7-12 months (21.5\%). Considering age and gender, the highest percentage of vaccinated children is in males aged $37-48$ months ( $61.3 \%$ ); the highest percentage of non-vaccinated children is in females aged 0-6 months (36.2\%), and the highest percentage of unknown vaccination status is in females aged 7-12 months (22.2\%).

Fig. 39. Vaccination in children aged 0-59 months old


Combined: diphtheria, tetanus and pertussis; MMR: measles, mumps and rubella.

Table 75. Vaccination in children by sex and age group (part 1)

| Sex |  |  | BCG (Phthisis) |  |  | Combined (diphtheria, tetanus and pertussis) |  |  | Hepatitis B |  |  | Conjugated pneumococcal |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Age group (months) | n | Yes | No | Do <br> not know | Yes | No | Do not know | Yes | No | Do not know | Yes | No | Do not know |
|  |  |  | \% | \% | \% | \% | \% | \% | \% | \% | \% | \% | \% | \% |
| Boys | 0-6 | 212 | 64.7 | 24.4 | 10.9 | 57.7 | 29.3 | 13.0 | 63.5 | 25.1 | 11.4 | 46.9 | 36.1 | 17.0 |
|  | 7-12 | 108 | 58.5 | 28.4 | 13.0 | 59.8 | 20.8 | 19.4 | 65.5 | 21.5 | 13.1 | 51.0 | 27.2 | 21.7 |
|  | 13-24 | 237 | 66.3 | 21.2 | 12.5 | 61.9 | 20.9 | 17.2 | 66.1 | 19.6 | 14.4 | 56.9 | 24.3 | 18.7 |
|  | 25-36 | 143 | 62.6 | 26.5 | 11.0 | 63.9 | 20.0 | 16.0 | 65.4 | 23.1 | 11.5 | 51.8 | 29.2 | 19.0 |
|  | 37-48 | 144 | 64.7 | 25.7 | 9.7 | 68.4 | 19.6 | 11.9 | 69.6 | 21.9 | 8.4 | 61.3 | 25.7 | 13.0 |
|  | 49-59 | 85 | 64.0 | 25.1 | 11.0 | 63.8 | 21.9 | 14.2 | 62.0 | 21.8 | 16.1 | 54.1 | 26.0 | 19.8 |
|  | Total | 613 | 64.5 | 23.6 | 11.9 | 62.0 | 21.6 | 16.4 | 66.0 | 20.5 | 13.5 | 53.8 | 27.4 | 18.8 |
| Girls | 0-6 | 224 | 61.1 | 25.1 | 13.8 | 56.6 | 25.9 | 17.6 | 63.2 | 24.4 | 12.4 | 44.8 | 36.2 | 19.0 |
|  | 7-12 | 140 | 68.1 | 17.6 | 14.3 | 61.9 | 17.5 | 20.6 | 69.3 | 17.4 | 13.4 | 52.1 | 25.7 | 22.2 |
|  | 13-24 | 255 | 71.1 | 20.0 | 8.9 | 67.5 | 18.7 | 13.8 | 68.5 | 19.7 | 11.9 | 57.0 | 25.5 | 17.5 |
|  | 25-36 | 178 | 66.4 | 21.8 | 11.8 | 65.4 | 20.6 | 14.0 | 72.4 | 18.7 | 8.9 | 54.6 | 28.3 | 17.1 |
|  | 37-48 | 148 | 65.6 | 25.0 | 9.4 | 69.4 | 17.6 | 13.1 | 67.3 | 22.1 | 10.6 | 58.5 | 26.9 | 14.6 |
|  | 49-59 | 97 | 62.7 | 25.4 | 11.9 | 63.0 | 23.0 | 14.0 | 58.2 | 23.8 | 18.0 | 51.3 | 30.6 | 18.0 |
|  | Total | 691 | 65.6 | 21.8 | 12.6 | 63.4 | 20.4 | 16.3 | 67.6 | 19.6 | 12.8 | 52.5 | 28.9 | 18.6 |
| Both sexes | 0-6 | 351 | 61.4 | 25.5 | 13.0 | 56.0 | 28.1 | 16.0 | 63.1 | 24.5 | 12.4 | 45.0 | 36.9 | 18.0 |
|  | 7-12 | 190 | 64.2 | 22.3 | 13.5 | 60.6 | 18.8 | 20.6 | 68.2 | 18.7 | 13.2 | 51.5 | 27.1 | 21.5 |
|  | 13-24 | 376 | 70.0 | 19.4 | 10.6 | 65.6 | 18.6 | 15.9 | 68.6 | 17.9 | 13.4 | 58.1 | 23.5 | 18.4 |
|  | 25-36 | 243 | 65.1 | 22.0 | 12.9 | 65.7 | 18.8 | 15.6 | 68.9 | 19.7 | 11.4 | 53.6 | 27.0 | 19.4 |
|  | 37-48 | 209 | 65.9 | 25.3 | 8.9 | 70.6 | 17.3 | 12.1 | 69.0 | 22.0 | 9.0 | 59.6 | 26.9 | 13.5 |
|  | 49-59 | 125 | 64.1 | 24.4 | 11.5 | 63.5 | 21.5 | 15.0 | 59.4 | 21.8 | 18.8 | 52.8 | 26.8 | 20.4 |
|  | Total | 1071 | 65.3 | 22.2 | 12.5 | 62.9 | 20.4 | 16.7 | 67.2 | 19.3 | 13.5 | 53.0 | 28.1 | 19.0 |

Overall, $53.4 \%$ of children are vaccinated against poliomyelitis, with only a slight difference between females (53.3\%) and males (54.5\%). About $27.9 \%$ of children are not vaccinated against polio, and $18.7 \%$ have an unknown vaccination status. Considering age, the highest percentage of children vaccinated against polio is in the age group 37-48 months (61.6\%); the highest percentage of non-vaccinated children is in the group 0-6 months ( $39.2 \%$ ), and the highest percentage of unknown vaccination status is in the age group 7-12 months (22.4\%). Considering age and gender, the highest percentage of children vaccinated against polio is in males aged 37-48 months (62.5\%); the highest percentage of non-vaccinated children is in females aged 0-6 months (38.3\%), and the highest percentage of unknown vaccination status is in females aged 7-12 months (24.3\%).

Overall, $51.0 \%$ of children are vaccinated against measles, mumps and rubella, with only a slight difference between females ( $50.8 \%$ ) and males (53.3\%). About $31.4 \%$ of children are not vaccinated, and $17.6 \%$ have an unknown vaccination status. Considering age, the highest percentage of MMR-vaccinated children is in the age group 37-48 months (58.9\%); the highest percentage of non-vaccinated children is in the age group 0-6 months (41.3\%), and the highest percentage of unknown vaccination status is in the age group $7-12$ months ( $22.6 \%$ ). Considering age and gender, the highest percentage of MMR-vaccinated children is in males aged 49-59 months ( $63.8 \%$ ); the highest percentage of non-vaccinated children is in females aged 0-6 months (40.9\%), and the highest percentage of unknown vaccination status is in females aged 7-12 months (23.2\%).

Overall, $46.3 \%$ of children are vaccinated against chickenpox, with a lowest percentage in females (45.6\%) than males ( $48.9 \%$ ). Around $34.4 \%$ are not vaccinated against chickenpox, and $19.3 \%$ have an unknown vaccination status. Considering age, the highest percentage of children vaccinated against chickenpox is in the age group 37-48 months (55.4\%); the highest percentage of non-vaccinated children is in the age group 0-6 months (43.6\%), and the highest percentage of unknown vaccination status is in the age group $7-12$ months ( $23.3 \%$ ). Considering age and gender, the highest percentage of children vaccinated against chickenpox is in males aged 45-59 months (57.0\%); the highest percentage of non-vaccinated children is in females aged 0-6 months (43.9\%), and the highest percentage of unknown vaccination status is in females aged 7-12 months (24.3\%).

Overall, $44.2 \%$ of children are vaccinated against hepatitis A; $34.8 \%$ are not vaccinated, and $21.0 \%$ have an unknown vaccination status. The percentage of vaccinated children is lower in females (43.2\%) than males (46.0\%). Considering age, the highest percentage of hepatitis A vaccinated children is in the age group 37-48 months (53.9\%); the highest percentage of non-vaccinated children is in the age group 0-6 months (43.5\%); the highest percentage of unknown hepatitis A vaccination status is in the age group 7-12 months ( $27.1 \%$ ). Considering age and gender, the highest percentage of hepatitis A vaccinated children is in males aged 49-59 months (54.0\%); the highest percentage of nonvaccinated children is in females aged 0-6 months (43.7\%); the highest percentage of unknown hepatitis A vaccination status is in females aged 7-12 months (27.7\%).

Table 76. Vaccination in children by sex and age group (part 2)

| Sex |  |  | Poliomyelitis |  |  | MMR |  |  | Chickenpox |  |  | Hepatitis A |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | n | Yes | No | Do not know | Yes | No | Do not know | Yes | No | Do not know | Yes | No | Do not know |
|  |  |  | \% | \% | \% | \% | \% | \% | \% | \% | \% | \% | \% | \% |
| Males | 0-6 | 212 | 47.9 | 37.9 | 14.2 | 46.3 | 39.5 | 14.2 | 43.1 | 41.9 | 15.0 | 40.9 | 42.8 | 16.3 |
|  | 7-12 | 108 | 52.2 | 27.7 | 20.1 | 47.4 | 32.7 | 20.0 | 41.8 | 36.9 | 21.3 | 39.6 | 33.9 | 26.5 |
|  | 13-24 | 237 | 56.7 | 24.1 | 19.2 | 55.8 | 27.8 | 16.4 | 49.5 | 30.1 | 20.4 | 43.3 | 32.5 | 24.2 |
|  | 25-36 | 143 | 56.7 | 26.0 | 17.3 | 57.1 | 26.2 | 16.7 | 53.3 | 30.0 | 16.7 | 51.1 | 30.6 | 18.4 |
|  | 37-48 | 144 | 62.5 | 25.1 | 12.3 | 60.3 | 28.9 | 10.8 | 55.3 | 31.5 | 13.2 | 53.0 | 32.3 | 14.7 |
|  | 49-59 | 85 | 55.2 | 24.1 | 20.7 | 63.8 | 17.0 | 19.2 | 57.0 | 20.7 | 22.3 | 54.0 | 22.8 | 23.2 |
|  | Total | 613 | 54.5 | 27.7 | 17.8 | 53.3 | 30.3 | 16.3 | 48.9 | 32.6 | 18.5 | 46.0 | 33.1 | 20.9 |
| Females | 0-6 | 224 | 45.5 | 38.3 | 16.3 | 42.9 | 40.9 | 16.2 | 38.8 | 43.9 | 17.3 | 39.9 | 43.7 | 16.4 |
|  | 7-12 | 140 | 51.4 | 24.3 | 24.3 | 44.4 | 32.4 | 23.2 | 38.9 | 36.8 | 24.3 | 32.3 | 40.0 | 27.7 |
|  | 13-24 | 255 | 58.0 | 25.4 | 16.6 | 55.2 | 29.9 | 14.9 | 49.8 | 33.0 | 17.2 | 43.6 | 34.8 | 21.6 |
|  | 25-36 | 178 | 58.6 | 24.8 | 16.7 | 58.5 | 27.6 | 13.9 | 52.2 | 31.9 | 15.9 | 50.6 | 32.9 | 16.6 |
|  | 37-48 | 148 | 61.0 | 25.7 | 13.4 | 57.2 | 28.9 | 13.9 | 52.8 | 31.7 | 15.5 | 50.5 | 31.8 | 17.8 |
|  | 49-59 | 97 | 53.7 | 28.8 | 17.5 | 56.8 | 25.1 | 18.2 | 52.0 | 27.1 | 20.8 | 47.7 | 30.1 | 22.1 |
|  | Total | 691 | 53.3 | 28.4 | 18.3 | 50.8 | 31.7 | 17.5 | 45.6 | 35.5 | 18.9 | 43.2 | 36.5 | 20.2 |
| Both sexes | 0-6 | 351 | 45.3 | 39.2 | 15.5 | 43.3 | 41.3 | 15.4 | 39.6 | 43.6 | 16.8 | 39.3 | 43.5 | 17.1 |
|  | 7-12 | 190 | 51.2 | 26.4 | 22.4 | 44.1 | 33.4 | 22.6 | 39.5 | 37.2 | 23.3 | 35.5 | 37.3 | 27.1 |
|  | 13-24 | 376 | 57.8 | 23.2 | 18.9 | 55.2 | 28.4 | 16.4 | 48.6 | 31.9 | 19.5 | 43.2 | 33.3 | 23.5 |
|  | 25-36 | 243 | 57.2 | 24.3 | 18.5 | 56.0 | 27.5 | 16.5 | 51.3 | 31.1 | 17.6 | 49.7 | 31.7 | 18.6 |
|  | 37-48 | 209 | 61.6 | 26.1 | 12.3 | 58.9 | 28.7 | 12.4 | 55.4 | 30.8 | 13.8 | 53.9 | 30.7 | 15.4 |
|  | 49-59 | 125 | 54.0 | 26.1 | 19.8 | 58.4 | 22.4 | 19.1 | 52.5 | 25.0 | 22.6 | 48.8 | 27.6 | 23.5 |
|  | Total | 1071 | 53.4 | 27.9 | 18.7 | 51.0 | 31.4 | 17.6 | 46.3 | 34.4 | 19.3 | 44.2 | 34.8 | 21.0 |

Table 77 shows the breastfeeding status of children aged 0-59 months. Overall, at the time of the survey, $33.2 \%$ of children aged 0-59 months were exclusively breastfed; this proportion is higher in females (33.5\%) than males (32.7\%). Children aged 7-12 months had the highest level of being exclusively breastfed at $49.7 \%$, which is higher in females (48.4\%) than males (44.1\%). The second-highest level of exclusive breastfeeding occurs in the age group 0-6 months (44.1\%), with almost no difference between males and females. Finally, the lowest proportions of exclusively breastfed children is all children aged 25-36 months (18.5\%), females aged 45-59 months (19.2\%) and males aged 25-36 months (20.5\%).

Table 77. Breastfeeding status of children by sex and age group

| Sex | Age group (months) | n | Yes | No |
| :---: | :---: | :---: | :---: | :---: |
|  |  |  | \% | \% |
| Boys | 0-6 | 212 | 43.6 | 56.4 |
|  | 7-12 | 108 | 44.1 | 55.9 |
|  | 13-24 | 237 | 31.1 | 68.9 |
|  | 25-36 | 143 | 20.5 | 79.5 |
|  | 37-48 | 144 | 23.7 | 76.3 |
|  | 49-59 | 85 | 21.5 | 78.5 |
|  | Total | 929 | 32.7 | 67.3 |
| Girls | 0-6 | 224 | 43.5 | 56.5 |
|  | 7-12 | 140 | 48.4 | 51.6 |
|  | 13-24 | 255 | 31.3 | 68.7 |
|  | 25-36 | 178 | 21.9 | 78.1 |
|  | 37-48 | 148 | 24.0 | 76.0 |
|  | 49-59 | 97 | 19.2 | 80.8 |
|  | Total | 1042 | 33.5 | 66.5 |
| Both sexes | 0-6 | 436 | 44.1 | 55.9 |
|  | 7-12 | 248 | 49.7 | 50.3 |
|  | 13-24 | 492 | 31.8 | 68.2 |
|  | 25-36 | 321 | 18.5 | 81.5 |
|  | 37-48 | 292 | 21.8 | 78.2 |
|  | 49-59 | 182 | 18.7 | 81.3 |
|  | Total | 1971 | 33.2 | 66.8 |

Table 78 shows vitamin A supplementation coverage among children aged 0-59 months. Overall, 20.0\% of children receive vitamin A supplements. More than half of children (61.3\%) do not receive vitamin A supplements, while $18.7 \%$ have an unknown status. There is almost no difference in vitamin A uptake between males (19.2\%) and females (19.1\%), although it varies across age groups. Overall, even if there is no declining trend across age groups, the highest vitamin A coverage is in the youngest age group (27.6\%), while the lowest in the oldest age group (9.6\%). Considering age and gender, the highest vitamin A coverage is in the age group 0-6 among males (28.6\%) and females (23.4\%); the lowest is in the age group 7-12 months among males (9.6\%) and 49-59 months among females (9.4\%).

Table 78. Percentage of vitamin A supplementation in children by sex and age group

| Sex | Age group (months) | n | Yes | No | Do not know |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | \% | \% | \% |
| Boys | 0-6 | 212 | 28.6 | 56.6 | 14.8 |
|  | 7-12 | 108 | 9.6 | 68.7 | 21.7 |
|  | 13-24 | 237 | 17.6 | 64.1 | 18.3 |
|  | 25-36 | 143 | 14.8 | 65.4 | 19.8 |
|  | 37-48 | 144 | 12.0 | 69.3 | 18.7 |
|  | 49-59 | 85 | 12.2 | 71.8 | 16.0 |
|  | Total | 929 | 19.2 | 63.4 | 17.4 |
| Girls | 0-6 | 224 | 23.4 | 61.3 | 15.3 |
|  | 7-12 | 140 | 19.5 | 57.9 | 22.6 |
|  | 13-24 | 255 | 16.8 | 63.4 | 19.8 |
|  | 25-36 | 178 | 16.4 | 59.9 | 23.7 |
|  | 37-48 | 148 | 12.0 | 67.8 | 20.2 |
|  | 49-59 | 97 | 9.4 | 71.3 | 19.2 |
|  | Total | 1042 | 19.1 | 61.4 | 19.5 |
| Both sexes | 0-6 | 436 | 27.6 | 57.5 | 14.9 |
|  | 7-12 | 248 | 17.1 | 60.3 | 22.6 |
|  | 13-24 | 492 | 18.2 | 62.7 | 19.1 |
|  | 25-36 | 321 | 14.9 | 61.1 | 24.0 |
|  | 37-48 | 292 | 12.7 | 68.6 | 18.7 |
|  | 49-59 | 182 | 9.6 | 73.6 | 16.8 |
|  | Total | 1971 | 20.0 | 61.3 | 18.7 |

Table 79 shows vitamin D supplementation coverage among children aged 0-59 months. Overall, $20.0 \%$ of children received vitamin D supplements. More than a half of the children, a proportion of $61.3 \%$, did not receive vitamin D supplements while $18.7 \%$ has an unknown vitamin D supplementation status. There is almost no difference in vitamin D uptake between males (19.2\%) and females (19.1\%), although it varies across age groups. Overall, even if there is no declining trend across age groups, the highest vitamin D coverage is in the youngest age group (27.6\%), while the lowest in the oldest age group (9.6\%). Considering age and gender, the highest vitamin D coverage is in the age group 0-6 among males ( $28.6 \%$ ) and females ( $23.4 \%$ ); the lowest is in the age group $7-12$ months among males ( $9.6 \%$ ) and 49-59 months among females (9.4\%).

Table 79. Percentage of vitamin D supplementation in children by sex and age group


Table 80 shows the prevalence of anaemia among children aged 0-59 months. The overall prevalence of anaemia is $4.9 \%$, and this figure is higher in males (6.0\%) than females ( $4.1 \%$ ). Among all children, the youngest age group ( $0-6$ months) has the highest proportion (7.1\%); when also considering gender, this proportion is higher in males (8.2\%) than females (6.1\%). Males aged 25-36 months have the second-highest prevalence of anaemia (7.0\%)

Table 80. Anaemia in children aged 0-59 months by sex and age group

| Sex | Age group (months) | n | Yes | No |
| :---: | :---: | :---: | :---: | :---: |
|  |  |  | \% | \% |
| Boys | 0-6 | 212 | 8.2 | 91.8 |
|  | 7-12 | 108 | 4.5 | 95.5 |
|  | 13-24 | 237 | 4.2 | 95.8 |
|  | 25-36 | 143 | 7.0 | 93.0 |
|  | 37-48 | 144 | 4.9 | 95.1 |
|  | 49-59 | 85 | 5.4 | 94.6 |
|  | Total | 929 | 6.0 | 94.0 |
| Girls | 0-6 | 224 | 6.1 | 93.9 |
|  | 7-12 | 140 | 3.3 | 96.7 |
|  | 13-24 | 255 | 3.1 | 96.9 |
|  | 25-36 | 178 | 5.7 | 94.3 |
|  | 37-48 | 148 | 1.8 | 98.2 |
|  | 49-59 | 97 | 5.1 | 94.9 |
|  | Total | 1042 | 4.1 | 95.9 |
| Both sexes | 0-6 | 436 | 7.1 | 92.9 |
|  | 7-12 | 248 | 4.2 | 95.8 |
|  | 13-24 | 492 | 3.1 | 96.9 |
|  | 25-36 | 321 | 5.7 | 94.3 |
|  | 37-48 | 292 | 4.0 | 96.0 |
|  | 49-59 | 182 | 4.7 | 95.3 |
|  | Total | 1971 | 4.9 | 95.1 |

## Antenatal care

Table 81 shows the access to antenatal care services of women respondents. Overall, 624 women gave birth in Turkey. Among these $71.9 \%$ did not regularly receive antenatal care (at least every three months). When considering age, it appears that no women aged 45-69 $(n=16)$ received regular antenatal care after immigrating to Turkey; this figure is $68.3 \%$ in women aged $18-29$ and $76.8 \%$ of those aged $30-44$. The proportion of women who received regular antenatal care is $28.1 \%$ overall, $31.7 \%$ of those aged $18-29,23.2 \%$ of those aged $30-44$, and $0 \%$ of those aged $30-44$ and $45-59$.

Table 81. Women who received regular (at least every three months) antenatal care by age group

| Age Group | Y | Yes |  | No |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | $\mathbf{\%}$ | $\mathbf{9 5 \% ~ C l}$ | \% | $\mathbf{9 5 \% ~ C l}$ |
| $18-29$ | 419 | 31.7 | $27.2-36.4$ | 68.3 | $63.6-72.8$ |
| $30-44$ | 189 | 23.2 | $17.4-29.9$ | 76.8 | $70.1-82.6$ |
| $45-59$ | 16 | 0.0 | - | 100.0 | - |
| Total | $\mathbf{6 2 4}$ | $\mathbf{2 8 . 1}$ | $\mathbf{2 4 . 4 - 3 2 . 1}$ | $\mathbf{7 1 . 9}$ | $\mathbf{6 7 . 9 - 7 5 . 6}$ |

Table 82 shows the type and frequency of antenatal examinations for pregnant women. Notably, as highlighted in the above table, no women aged 45-59 had regular antenatal care when pregnant. Of those who receive antenatal care, only two examinations were performed on at least half of women and they are on those aged 18-44: ultrasonography (56.9\%) and fetal heart rate monitoring (50.5\%).

Among women, $50.0 \%$ had their weight measured; $30.8 \%$ had their blood pressure taken, and $23.2 \%$ had a complete blood cell count performed. Less than $20 \%$ of women had blood group typing (19.0\%), system examinations (19.0\%), complete urine analysis (18.0\%), biochemistry blood tests ( $14.0 \%$,; diabetes screening tests ( $12.0 \%$ ), gynaecological (pelvic) and Pap smear examinations ( $12.0 \%$ ) and blood infection screening tests ( $12.0 \%$ ). Less than $10 \%$ of women had the triple test and the new version of the quad screen test (8.0\%), the weeks 11-14 test (4.5\%) and the Indirect Coombs Test ( $1.3 \%$ ). The only significant differences among the two age groups 18-29 and 30-44 are in blood groups determination (age group 18-19: 13.6\%; age group 30-44: 34.9\%) and diabetes screening test (age group 18-19: 8.4\%; age group 30-44: $24.5 \%$ ). Finally, $4.6 \%$ of respondents had no antenatal examinations or do not remember.
Table 82. Type of examinations performed during antenatal care visits by age group

| Age group (years) | $n$ | Gynaecological (pelvic) and Pap smear examinations |  | General first pregnancy examination: digestive, heart and circulatory, respiratory, muscles and joints, nervous system examination |  |  | Blood pressure measurement |  |  | Weight measurement |  | Complete blood cell count |  |  | Complete urine analysis |  |  | Blood infection screening tests |  | Triple test and new version of the quad screen test ${ }^{\text {a }}$ |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | \% | 95\% CI | \% | 95\% CI |  | \% | 95\% CI |  | \% | 95\% CI | \% |  | 95\% CI | \% |  | 95\% CI | \% | 95\% CI | \% | 95\% CI |
| 18-29 | 133 | 9.9 | 5.6-15.9 | 18.0 | 12.2-25.4 |  | 26.0 | 19.0-34.1 |  | 46.0 | 37.8-54.8 | 19.0 |  | 12.7-26.1 | 16.0 |  | 10.2-22.7 | 9.2 | 5.1-15.0 | 6.4 | 3.1-11.6 |
| 30-44 | 44 | 18.0 | 9.0-30.0 | 21.0 | 11.3-33.6 |  | 45.0 | 31.9-59.1 |  | 60.0 | 46.2-72.9 | 37.0 |  | 24.3-50.6 | 23.0 |  | 12.9-35.9 | 20.0 | 10.4-32.1 | 13.0 | 5.5-24.0 |
| 45-59 | 0 | 0.0 | - | 0.0 | - |  | 0.0 |  |  | 0.0 | - | 0.0 |  | - | 0.0 |  | - | 0.0 | - | 0.0 | - |
| 60-69 | 0 | 0.0 | - | 0.0 | - |  | 0.0 |  |  | 0.0 | - | 0.0 |  | - | 0.0 |  | - | 0.0 | - | 0.0 | - |
| Total | 177 | 12.0 | 7.7-17.2 | 19.0 | 13.6-25.0 |  | 30.8 | 24.3-37.8 |  | 50.0 | 42.4-57.0 | 23.2 |  | 17.4-29.8 | 18.0 | 12.4-23.5 |  | 12.0 | 7.6-17.1 | 8.0 | 4.6-12.6 <br> ne, do not know |
| Age group (years) | n | Diabetes screening test |  | Biochemistry blood test |  | Indirect Coombs Test (ICT) |  |  |  | Ultrasonography |  | Fetal heart rate monitoring |  |  | Blood group typing |  |  | Weeks 11-14 test |  | None, do not know |  |
|  |  | \% | 95\% CI | \% | 95\% CI | \% |  |  |  |  | 95\% CI |  | \% | 95\% CI |  | \% | 95\% CI | \% | 95\% CI | \% | 95\% CI |
| 18-29 | 133 | 8.4 | 4.5-14.1 | 13.0 | 7.8-19.2 | 1.2 |  | -4.3 |  |  | 48.1-65.1 |  | 50.0 | 41.9-58.9 |  | 14.0 | 8.5-20.3 | 2 | 1.0-6.9 | 4.6 | 1.9-9.3 |
| 30-44 | 44 | 25.0 | 14.2-37.7 | 18.0 | 9.5-30.8 | 1.4 |  | -8.0 |  | . 0 | 43.3-70.3 |  | 51.0 | 37.2-64.5 |  | 35.0 | 22.7-48.8 | 9. | 3.6-19.9 | 4.5 | 1.0-13.1 |
| 45-59 | 0 | 0.0 | - | 0.0 | - | 0.0 |  |  |  |  | - |  | 0.0 | - |  | 0.0 | - | 0. | - | 0.0 | - |
| 60-69 | 0 | 0.0 | - | 0.0 | - | 0.0 |  | - |  | 0 | - |  | 0.0 | - |  | 0.0 | - | 0 | - | 0.0 | - |
| Total | 177 | 12.0 | 8.2-17.9 | 14.0 | 9.6-19.8 | 1.3 |  | -3.8 |  | . 9 | 49.5-64 |  | 50.5 | 43.2-57.8 |  | 19.0 | 13.6-25.1 | 4 | 2.2-8.4 | 4.6 | 2.2-8.4 |

[^7] woman's blood: alpha-fetoprotein (AFP), human chorionic gonadotropin (hCG), estriol (uE3) and the hormone inhibin A.

Table 83 summarizes the tetanus immunization status of pregnant respondents. Overall, $0.8 \%$ are pregnant and vaccinated against tetanus and $3.6 \%$ are pregnant and not vaccinated; the remaining $95.6 \%$ are not pregnant.

Table 83. Women's pregnancy and tetanus toxoid vaccination statuses by age group

${ }^{\text {a }}$ Percentages may not add up to 100 due to rounding.

## Place of birth

Table 84 shows the places where female respondents gave birth considering all births. Indeed $84.1 \%$ of children are reported to be less than 60 months of age and $38.3 \%$ are less than 36 months old. Therefore, almost 4 out of 10 births should have occurred close to the survey period. Turkey The vast majority of women gave birth in health facilities, State or private. State facilities were preferred to private ones both in Syria, where most of the births occurred, and Turkey. Particularly, $62.7 \%$ of women gave birth in a Syrian State hospital/clinic compared with $14.7 \%$ who gave birth in a Syrian private hospital/clinic; moreover, $33.4 \%$ of women gave birth in a Turkish State hospital/clinic, while just 3.0\% gave birth in a Turkish private hospital/clinic. Overall, $14.6 \%$ of women delivered at home. However, this proportion increases with age, ranging from $10.5 \%$ in the youngest age group to $41.4 \%$ in the oldest. The proportion of women who gave birth in health facilities is higher in the youngest age groups (18-29 and 30-44) for those who gave birth in a State hospital/clinic in Turkey and varies with age in the other cases-with the exception of private hospital/clinic in Syria, where this proportion increases with age.

Table 84. Place of birth


## Postnatal care

Table 85 shows the average number of postnatal visits that a respondent had in the two years after giving birth. Overall, the majority of mothers (54.6\%) had no medical examinations in this period; this proportion significantly increases with age, ranging from $52.4 \%$ in the youngest age group to $89.8 \%$ in the oldest. Overall, the most frequent average number of attended medical examinations is two (17.4\% of women), followed by one (10.4\%), three (7.8\%) and four (5.7\%). Just 3.8\% of women had five or more postnatal visits.

Table 85. Number of postnatal visits for mothers and/or children within two years of giving birth by age group

| Age group (years) | n | 0 |  | 1 |  | 2 |  | 3 |  | 4 |  | 5 |  | 6 |  | 7 |  | 8 |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | \% | 95\% Cl | \% | 95\% Cl | \% | 95\% Cl | \% | 95\% Cl | \% | 95\% Cl | \% | 95\% Cl | \% | 95\% Cl | \% | 95\% Cl | \% | 95\% Cl |
| 18-29 | 499 | 52.4 | 47.6-57.2 | 10.4 | 7.8-13.6 | 17.4 | 14.0-21.3 | 8.2 | 5.8-11.1 | 6.6 | 4.5-9.3 | 2.2 | 1.1-4.0 | 2.1 | 1.1-3.9 | 0.0 | - | 0.1 | 0.0-0.9 |
| 30-44 | 221 | 55.4 | 48.5-62.1 | 11.4 | 7.6-16.3 | 19.3 | 14.4-25.2 | 6.8 | 3.9-10.8 | 4.3 | 2.1-7.7 | 0.9 | 0.2-2.9 | 0.6 | 0.1-2.5 | 1.0 | 0.2-3.2 | 0.0 | - |
| 45-59 | 26 | 89.8 | 44.2-99.5 | 0.0 | - | 0.0 | - | 10.2 | 0.5-55.8 | 0.0 | - | 0.0 | - | 0.0 | - | 0.0 | - | 0.0 | - |
| 60-69 | 0 | 0.0 | - | 0.0 | - | 0.0 | - | 0.0 | - | 0.0 | - | 0.0 | - | 0.0 | - | 0.0 | - | 0.0 | - |
| Total | 746 | 54.6 | 50.4-58.7 | 10.4 | 8.0-13.1 | 17.4 | 14.4-20.7 | 7.8 | 5.8-10.3 | 5.7 | 4.0-7.9 | 1.8 | 0.9-3.1 | 1.6 | 0.8-2.9 | 0.3 | 0.1-1.1 | 0.1 | 0.0-0.6 |

Table 86 shows the type and frequency of medical examinations performed during maternal and child care visits.
The most frequent is a physical examination, which $47.0 \%$ of women had, followed by a pelvic examination (39.9\%), ultrasound ( $36.1 \%$ ) and episiotomy care for women who had either caesarean or normal births (35.5\%). Moreover, $24.9 \%$ of breastfeeding women had a breast examination. For most of the above-mentioned examinations, women in the youngest age groups (18-29 and 30-44) have the highest percentage of attendance. Notably, no women aged 60-69 had any examinations, and no women aged 45-59 years had episiotomy care or a breast check-up. Just $15.2 \%$ of women aged $45-59$ had pelvic examinations compared with $40.9 \%$ of women aged $18-29$ and $38.6 \%$ of women aged $30-44$. Notably, regarding physical examinations, women aged 45-59 have the highest proportion of attendance, $64.7 \%$, compared with $46.1 \%$ of women aged 18-29 and 48.4\% of women aged 30-44.

Table 86. Examinations performed during maternal and child care visits by age group

| Age group (years) | n | Episiotomy care (for caesarean and normal births) |  | Pelvic examination |  | Ultrasound |  | Breast check |  | Physical examination (weight, eating, drinking, appetite, pain) |  | Other |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | \% | 95\% CI | \% | 95\% CI | \% | 95\% CI | \% | 95\% CI | \% | 95\% CI | \% | 95\% CI |
| 18-29 | 268 | 34.5 | 28.8-40.5 | 40.9 | 34.9-47.1 | 34.5 | 28.8-40.6 | 26.6 | 21.4-32.4 | 46.1 | 40.0-52.3 | 2.2 | 0.9-4.6 |
| 30-44 | 122 | 39.1 | 30.5-48.2 | 38.6 | 30.1-47.8 | 40.1 | 31.4-49.2 | 21.9 | 15.1-30.1 | 48.4 | 39.4-57.5 | 0.4 | 0.0-3.1 |
| 45-59 | 4 | 0.0 | - | 15.2 | 0.5-77.8 | 20.1 | $0.8-80.8$ | 0.0 | - | 64.7 | 11.6-97.1 | 0.0 | - |
| Total | 394 | 35.5 | 30.7-40.6 | 39.9 | 35.0-45.0 | 36.1 | 31.3-41.1 | 24.9 | 20.6-29.5 | 47.0 | 41.9-52.2 | 1.6 | 0.7-3.3 |

## Conclusions

## Health status of Syrian refugees

The survey investigated the status of adult Syrian refugees in Turkey with special focus on chronic diseases, evaluating their health status in six domains of health, mental health and lifestyle. The total sample size was determined as 4584 households (of which 4068 participated). The survey subjects have three domains: a married woman aged 15-69 years, a man aged 15-69 years and a child aged 0-14 years. Responses were obtained from a total of 3750 men, 3462 women and 2807 children. The survey was carried out in the 15 provinces of Turkey that host $90 \%$ of the Syrian refugees. The unweighted distributions of the 10019 survey respondents by participant category are men (37.4\%), women (34.6\%) and children (28\%). The age distribution of the children participants are $6.0 \%, 5.8 \%, 7.7 \%$ and $8.5 \%$ for the $0-2,3-5,6-9$ and $10-14$-year-old age groups, respectively. The age distribution of the adult sample respondents for the four groups - 18-$29,30-44,45-59$ and $60-69$ - are $22.8 \%, 21.5 \%, 8.3 \%$ and $1.6 \%$, respectively.

Overall, $11.5 \%$ of respondents aged 6-69 years are illiterate, and $17.6 \%$ have not received any education, that is, no formal schooling. Around $31.8 \%$ of respondents finished primary school, $14.5 \%$ finished secondary school and $4.3 \%$ finished high school. University graduates account for $1.2 \%$ of respondents.

With regards to chronic diseases, $15.2 \%$ of respondents aged $18-69$ years reported having chronic diseases, with $10.2 \%$ among those aged $18-29$ years and $56.6 \%$ among those aged $60-69$ years; the prevalence does not differ between men and women. The most prevalent chronic condition among the adult population is hypertension (3.7\%), followed by psychiatric disorders (2.8\%), diabetes (2.6\%), asthma (2.6\%) and cardiac disease (2.5\%).

Six domains of health were investigated among the Syrian population according to a validated tool of WHO: affect, cognition, mobility, pain or discomfort, self-care and ability to perform usual activities. Among all adult respondents, one in five reported experiencing severe or extreme distress, sadness or worry in the 30 days prior to the survey. In the same period, approximately one in six respondents reported having severe or extreme problems with cognition (concentrating or remembering things; 17.6\%), mobility (17\%), pain or discomfort (17\%), self-care (washing or dressing themselves; $15.6 \%$ ) and performing usual activities (work or household activities; 15.6\%). The proportions of those reporting a level of severe or extreme discomfort in the health domains evaluated generally increases with age in all six domains.

Symptoms of mental distress were also investigated; in particular the survey investigated the prevalence of self-reported depressive feelings, loss of interest in regular activities and sleep disorders. Around $17 \%$ of adult respondents reported having severe or extreme depressive feeling in the 30 days prior to the survey, and the proportion is higher among older people (20.7\%). Overall, $16.6 \%$ of respondents reported having lost interest in regular activities, with the highest rate in those aged $45-59$ years ( $23 \%$ ). About $17.6 \%$ of the study population have severe or extreme sleep disorders, and this figure is highest in those aged 45-59 years (22.5\%).

The survey also investigated lifestyles with special focus on alcohol consumption and nutrition. Very few adults consume alcohol: $0.9 \%$ for both sexes, $0.2 \%$ for women and $1.5 \%$ for men. The mean consumption of fruit or vegetables is 5.4 portions per week, and on average, Syrian respondents eat fruit or vegetables 3.1 days per week. Concerning salt consumption practices, only a small proportion of respondents reported that they always (2.8\%) or often (11.2\%) add salt to food before or while eating. While preparing food at home, only a minority always (2.6\%) or often (10.8\%) adds salt, salty seasoning or salty sauce. The figures are even lower for those who always (1.8\%) or often ( $9.7 \%$ ) consume processed food high in salt. Considering age, it is worth noting that the proportion of people always adopting these three negative salt consumption practices is higher for those aged 60-69 years. The average BMI in the adult population is 24.4. BMI slightly increases with age from 23.8 in those aged 18-29 years to 25.1 in those aged 60-69 years.

## Health service, access, satisfaction, awareness and utilization of preventive service

Concerning access and use of health care services, overall, hospitals are the most commonly used health care institution, with $66.9 \%$ of adult respondents having received treatment at a hospital. The second most frequently used service is pharmacies (47.4\%), followed by family health centres (31.6), emergency services (15.6\%), refugee health centres (14.5\%) and outpatient services (7.3\%). There is a high variability in patterns of use of health care institutions by province in Turkey.

The rates of awareness and utilization of screening services are very low across the survey population. Only 4.3\% of women are aware of Pap smears and of these, only $27.1 \%$ have received one. Similarly, only $4.8 \%$ of women are aware of mammography screening and of these, $23.0 \%$ have undergone screening. Among men, $7.0 \%$ are aware of prostate screening and of these, $18.7 \%$ have been screened. Overall, only $5.6 \%$ of adult respondents are aware of HIV testing and of these, $31.5 \%$ have been tested.

Most adults, $81 \%$ of women and $76.9 \%$ of men, do not pay for health care services. Only $5.0 \%$ report that they pay all of the costs themselves, while $14.3 \%$ of women and $17.8 \%$ of men pay half of the costs.

Around $96.2 \%$ of the adult survey population are either "very satisfied" or "somewhat satisfied" with the emergency services. The majority of respondents are also "very satisfied" or "somewhat satisfied" with pharmacy ( $92.5 \%$ ), outpatient ( $90.4 \%$ ), hospital ( $88.5 \%$ ), refugee health centre ( $82.5 \%$ ) and family health centre $(82.1 \%$ ) services. Overall, less than $4 \%$ of survey respondents are "dissatisfied" or "very dissatisfied" with any of the services. Satisfaction with health care services varies highly among Turkish provinces.

## Health literacy

The survey also investigated the health literacy of adult respondents. Overall, the proportion of respondents who can always or often perform the surveyed activities is low and varies from $9.8 \%$ of adults who can read and understand the patient rights and responsibilities sheet to $14.4 \%$ of adults who can write their name and complete the treatment consent form.

## Child health

With regards to child health the survey investigates the reported prevalence of chronic diseases and the health status evaluated in six health domains among children from 1 to 14 years, and the reported prevalence of acute conditions and the reported vaccination rates among children aged 1-59 months. Concerning chronic diseases most of the children (94.9\%) do not report a chronic condition. The most prevalent chronic conditions among children are asthma (1.7\%), psychiatric disorders ( $0.8 \%$ ), hypertension ( $0.6 \%$ ) and a chronic condition due to an accident or an injury ( $0.5 \%$ ).

According to their parents, $12 \%$ of children experienced severe or extreme distress, sadness or worry in the 30 days prior to the survey. In the same period, the corresponding figures for those experiencing severe or extreme problems within the other dimensions are $11.4 \%$ (cognition: concentrating or remembering things), $12 \%$ (mobility), $11.1 \%$ (pain), $11.1 \%$ (selfcare) and $10.1 \%$ (performing usual activities such as work or household activities).

The survey investigated the prevalence of diarrhoea, fever and respiratory infections among children in the first 59 months of life. The overall prevalence of diarrhoea is $14.1 \%$, and children aged $0-6$ months had the highest rate at $22.0 \%$. The overall prevalence of fever is $19.1 \%$, and children aged $0-6$ months had the highest prevalence at $24.6 \%$. The overall prevalence of respiratory infections is $7.9 \%$, and children aged $49-59$ months had the highest prevalence at $12.8 \%$. Boys had higher rates of diarrhoea, fever and respiratory infections than girls.

Parents were interviewed concerning the vaccination status (yes, no, do not know) of their 0-59-month-old children. Overall, $65.3 \%$ of children received the BCG vaccine against tuberculosis, while $12.5 \%$ have an unknown BCG vaccination status. Approximately $62.9 \%$ of children received the combined vaccination of diphtheria, tetanus and pertussis, and $16.7 \%$ have an unknown vaccination status. About $67.2 \%$ of children are vaccinated against hepatitis-B, and $13.5 \%$ have an unknown vaccination status. Around $53.4 \%$ of children are vaccinated against polio, and $18.7 \%$ have an unknown vaccination status. Overall, $51.0 \%$ of children are vaccinated against measles, mumps and rubella compared with $17.6 \%$ who have an unknown vaccination status. Overall, $53.0 \%$ of children were vaccinated with the conjugated pneumococcal vaccine, and $19.0 \%$ have an unknown vaccination status. Around $46.3 \%$ of children were vaccinated against chickenpox, and $19.3 \%$ have an unknown vaccination status. Overall, $44.2 \%$ of children are vaccinated against hepatitis A compared with $21.0 \%$ who have an unknown vaccination status.

## Maternal health and access to health care

Concerning women's access to antenatal care services, overall, most women (71.9\%) did not receive regular (at least every three months) antenatal care while pregnant. Among women who received regular antenatal care, the most frequent examinations are ultrasonography ( $56.9 \%$ ), fetal heartrate monitoring ( $50.5 \%$ ), body weight measurement ( $50.0 \%$ ), blood pressure measurement ( $30.8 \%$ ) and complete blood cell count ( $23.2 \%$ ). Less than $20 \%$ of women had blood group typing (19.0\%); physical examinations (19.0\%), complete urine analysis (18.0\%) and biochemistry blood tests (14.0\%).

As for postnatal care, the majority of mothers and children (54.6\%) had no medical examinations in the two years since giving birth. Around $10.4 \%$ of mothers had one clinical examination in this period and $17.4 \%$ of women had two examinations. The most common postnatal clinical evaluations are: physical examination (47.0\%), pelvic examination (39.9\%), ultrasound (36.1\%), episiotomy care (for both caesarean and normal births. 35.5\%) and breast examination for breastfeeding mothers (24.9\%).

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[^0]:    1 The six domains of health status are affect, cognition, mobility, pain, self-care and usual activities (Sadana et al., 2012).

[^1]:    2 Rounded to floor value in order get an integer sample size.
    ${ }^{3}$ A mukhtar is the head of a neighbourhood or village.

[^2]:    4 Parents were interviewed if the child was not able to respond to the survey questions.

[^3]:    5 DGMM reports only refugees registered with the Government of Turkey.

[^4]:    * Children are classified as aged 0-14 years and adults are aged 15-69 years, paralleling the sample design.

[^5]:    Note: the weighted results exactly match the DGMM statistics, due to poststratification by two-way age-sex distribution.
    Weighted and unweighted $n$ do not match due to rounding of decimal numbers for the weighted province samples.
    CI: confidence interval.

[^6]:    STD: sexually transmitted disease.

[^7]:    a The triple screen is a blood test that measures alpha-fetoprotein, human chorionic gonadotropin and unconjugated estriol. The quad screen test measures the amounts of four substances in a pregnant

