

Report of the 1st Meeting of National Information Focal Points

Brussels, Belgium, 23–24 September 2008



Abstract

The World Health Organization Regional Office for Europe and the Directorate-General for Health and Consumers of the European Commission have established a joint three-year project to monitor progress in improving nutrition and physical activity and preventing obesity in the European Union. As part of this project, a first meeting of the network of National Information Focal Points was convened in Brussels, Belgium on 23-24 September 2008. The seven work packages of the project were presented and the terms of reference of the Focal Points were explained, including the format of yearly reports.

Keywords:

NUTRITION

OBESITY – prevention and control

PHYSICAL FITNESS

HEALTH PROMOTION

MOTOR ACTIVITY

PROGRESS EVALUATION

EUROPEAN UNION

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List of abbreviations

The following abbreviations are used in this report:

ALPHA	Assessing Levels of Physical Activity and fitness
CINDI	Countrywide Integrated Noncommunicable Diseases Intervention
DAFNE	Data Food Networking (database)
DG SANCO	Directorate-General for Health and Consumers (EC)
EC	European Commission
EEN	Epode European Network
EFCOVAL	European Food Consumption Validation
ENHR	European Nutrition and Health Report
EU	European Union
EUNAAPA	European Network for Action on Ageing and Physical Activity
EURO-PREVOB	Consortium for the Prevention of Obesity through effective nutrition and physical activity actions
EURRECA	European micronutrient Recommendations Aligned Network of Excellence
FAO	Food and Agricultural Organization of the United Nations
HBSC	Health Behaviour in School-aged Children
HEPA	Health-Enhancing Physical Activity
HOPE	Health promotion through Obesity Prevention across Europe
IDAMES	Innovative Dietary Assessment Methods in Epidemiological Studies and Public Health
OECD	Organisation for Economic Co-operation and Development
PANACEA	Physical Activity, Nutrition, Alcohol, Cessation of Smoking, Eating out of home And obesity
PERISCOPE	Pilot European Regional Interventions for Smart Childhood Obesity Prevention in Early Age
PolMark	Policies on Marketing Food and Beverages to Children
WHO	World Health Organization
WP	work package

Acknowledgements

This report is a deliverable of work package (WP) 5 of the three-year collaborative project between the World Health Organization (WHO) and the Directorate-General for Health and Consumers (DG SANCO) of the European Commission (EC), which began in January 2008 (2007WHO02) under the title *“Monitoring progress on improving nutrition and physical activity and preventing obesity in the European Union (EU)”*. WHO is grateful to the Belgian Federal Public Service for Public Health, Food Chain Safety and Environment for supporting and hosting this meeting. WHO expresses gratitude to the EC for supporting the meeting and providing excellent meeting facilities. Sincere appreciation is expressed to the participants who took time to participate in this meeting and for their confirmed commitment. WHO wishes to thank the members of the project’s Advisory Group for their technical input at the meeting: Regina Guthold, Barbara Legowski, Brian Martin, Jean-Michel Oppert, Aileen Robertson and Harry Rutter. The feedback given by EC staff is very much appreciated: Jonathan Back, Stephanie Bodenbach, Ase Fulke, Brita Kaltenbrunner-Bernitz, Ingrid Keller and Maja Rupnik-Potokar. Grateful thanks are extended to Frank Theakston for the text editing, to Lars Møller for the layout and typesetting of this report and to WHO staff who contributed to the development of this report: Sally Charnley for the administrative support, Sonja Kahlmeier and Lideke Middelbeek for the technical contributions and Trudy Wijnhoven for the overall coordination.

Introduction

The joint project between WHO and the EC entitled *“Monitoring progress on improving nutrition and physical activity and preventing obesity in the EU”* runs from 2008 to 2010. It aims to develop an information and reporting system to describe progress in strengthening the promotion of healthy nutrition and physical activity, in order to reduce obesity and to illustrate good practices in Europe. It is led by the WHO Regional Office for Europe and the results and contents of the databases will be officially validated by the WHO European Member States.

A network of National Information Focal Points from the 27 EU countries has been established to map national information sources, collate information, discuss methodological issues, assess the outcome and determine the use of the database outputs. They will play a key role in securing the high quality of the project by ensuring that the appropriate technical experts from their countries are involved and that the most recent data are provided. Representatives of the EU High Level Group on Nutrition and Physical Activity and the WHO Nutrition Counterparts will also be closely involved.

This first meeting of the network of National Information Focal Points aimed to present in detail the seven work packages of the project and explain the terms of reference of the Focal Points, including the format of yearly reports.

Welcome

A total of 24 National Information Focal Points¹ were present at the meeting, which was chaired by Trudy Wijnhoven, project focal point at the Regional Office. Members of the Advisory Group of the project, EC representatives, some EU High Level Group members and WHO staff involved in the project also participated. See Annex 1 for the list of participants.

Trudy Wijnhoven welcomed the participants on behalf of WHO and thanked the Belgian Federal Public Service for Public Health, Food Chain Safety and Environment for kindly hosting the meeting and the EC for providing excellent meeting facilities. The programme for the meeting is set out in Annex 2. The need for support for this project was emphasized.

Introduction to the project

Policy context

At the WHO European Ministerial Conference on Counteracting Obesity, held in Istanbul, Turkey in November 2006, Member States approved the European Charter on Counteracting Obesity, which lists guiding principles and clear areas for action. In May 2007, the EC adopted a White Paper entitled *A strategy for Europe on nutrition, overweight and obesity related health issues*. In September 2007, the WHO Regional Committee for Europe endorsed the WHO European Action Plan for Food and Nutrition Policy 2007–2012, which calls on Member States to develop and implement food and nutrition policies. The Action Plan translates the principles and framework provided by the Charter into specific action packages and monitoring mechanisms.

Aim and objectives

The aim of the project is to develop an information and reporting system capable of describing the progress of improvements in nutrition, physical activity and reduction of obesity in Europe. Good practices will be illustrated. The following objectives are specified:

- to expand and link existing Internet resources on diet, nutritional status and physical activity, country policy documents and policy implementation tools;
- to develop an Internet-based system capable of analytically describing nutrition and physical activity policies, of measuring the progress of countries towards the achievement of key commitments in obesity reduction strategies, and of reporting in a clear, easily understandable way;
- to identify and illustrate good practices in the areas of diet, nutrition, physical activity and obesity prevention; and
- to ensure the quality of data collected by Member States.

¹ At the time of the meeting, not all Focal Points had officially been nominated.

Work packages

The project is divided into seven work packages:

1. surveillance of nutritional status, dietary habits and physical activity patterns;
2. national policies and actions;
3. good practice in regional and local initiatives;
4. establishment of the database and management;
5. support to national surveillance and policy intelligence;
6. coordination, management and reporting; and
7. dissemination of results.

Terms of reference of National Information Focal Points

The terms of reference were presented and Focal Points were informed about their main tasks and key priorities (see Annex 3). Focal Points are asked to involve appropriate experts at the national level and to identify national key stakeholders and information sources, such as government agencies, public health institutes, academic institutions, nongovernmental organizations, charities and municipal authorities. Other key tasks are to coordinate national efforts in order to collect relevant information and to ensure validation and approval of information. The information will serve as a basis for the annual report and updates. Focal points will also be asked to support the project by providing feedback on the Internet-based information platform and appraisal tools. It was emphasized that Focal Points have an essential role to play: their contribution is of great importance in ensuring the adequacy and comprehensiveness of the project.

A small budget of €4000 per country is available for the duration of the project (2008–2010). Each Focal Point can apply for these project funds by providing WHO with a budget detailing the expected expenses in order to accomplish the tasks listed in the terms of reference. On approval of the budget proposal, an Agreement for Performance of Work will be signed.

WP 1: surveillance of nutritional status, dietary habits and physical activity patterns

This WP covers the mapping of existing data on household food availability, individual dietary intake, nutritional status, physical activity patterns and obesity in all population groups for countries in the EU, and the development of calculation systems aimed at allowing intercountry comparability of data and the assessment of trends.

The following activities are included in this WP:

1. mapping the prevalence of overweight and obesity;
2. mapping household food availability and individual dietary intake;
3. mapping physical activity patterns;
4. workshop on integration of data on household food availability and individual dietary intakes; and
5. workshop on integration of data on physical activity patterns.

Focal Points can support WP 1 by:

- identifying national key stakeholders responsible for conducting/data management of surveys and implementation of surveillance systems;
- providing published documents on national and regional surveys conducted in children, adolescents and adults on nutritional status (anthropometry and micronutrient status), individual dietary intake, household food availability and physical activity patterns;
- providing English summaries of documentation if available only in the local language(s);
- providing Internet links to identified documents and project home pages if available; and
- attending one of the two workshops.

WP 2: national policies and actions

This WP aims to provide an overview of national policies and actions on nutrition and physical activity, including the level of implementation, the enforcement of legislation and an evaluation of national approaches.

The following activities are included in this WP:

1. collection of policy documents on diet, nutrition and physical activity (e.g. published/adopted by national bodies);
2. collection of data on public policies (e.g. legislation and public–private partnerships);
3. collection of data on voluntary actions by economic actors (e.g. initiatives addressing product characteristics, marketing to children and consumer information);

4. assessment of policy development; and
5. assessment of policy implementation and enforcement of legislation, regulations and codes of practice.

Focal points can support WP 2 by:

- identifying national key stakeholders responsible for policy development and implementation in nutrition, physical activity and obesity prevention;
- providing national policy documents on diet, nutrition and physical activity and other public policies;
- providing information on statutory and voluntary regulations, guidelines and codes of practice;
- providing English summaries of documentation if available only in the local language(s); and
- providing Internet links to identified documents and project home pages if available.

WP 3: good practice in regional and local initiatives

This WP aims to develop an overview of existing public health programmes and interventions designed to improve nutrition and physical activity at the national, regional and local levels. At the same time, the programmes will be assessed to see if they can serve as an example of good practice.

The following activities are included in this WP:

1. identification of projects, interventions and national and regional programmes addressing nutrition and physical activity; and
2. development of an appraisal tool for good practice.

Focal points can support WP 3 by:

- confirming information on already available case studies;
- identifying key stakeholders for community interventions;
- identifying new case studies and collecting information; and
- updating information on reported case studies.

WHO good practice tool for preventive interventions

The WHO good practice tool has already been developed and pilot tested and a final version will soon be available. The aim of the tool is to assess the quality of interventions to see whether they can be considered as good practice and can serve as an example for future initiatives.

The tool consists of two parts.

1. The appraisal form, with 43 criteria statements, serves as a template for reviewers to assess the information gathered in the questionnaire. The appraisal form comprises three sections.
 - *Main intervention characteristics.* This section consists of items such as aim of the intervention, the main objectives, planned activities, target group and involved stakeholders.
 - *Monitoring and evaluation.* Items in this section address indicators, statistics and measurements.
 - *Implementation.* This comprises performance, programme management and target group participation.

An indication of good practice can be obtained for each section as well as for the intervention as a whole.

2. The questionnaire serves as the information-gathering form for the tool. Project managers answer 43 questions and provide reference materials, such as a project description, Internet links, an evaluation report and an overview of budget and time-line.

WHO is establishing a roster of experts to assist in this assessment. Each programme will be reviewed independently by two of these experts.

WP 4: establishment of the database and management

This WP covers the development of a complex database with eight areas (household food availability, individual dietary intake, nutritional status, physical activity, policy documents, statutory and voluntary regulations, policy implementation indicators, and good practice to promote healthy diet and physical activity). The database will include information from the 27 EU Member States and the other 26 Member States of the WHO European Region. It will be possible to transform and recalculate the data to allow intercountry comparisons and assessment of progress towards the diet, nutrition, physical activity and policy objectives of the project.

The following activities are included in this WP:

1. database design; and
2. data input and validation.

Focal points can support WP 4 by:

- providing feedback on the pilot database system; and
- providing feedback on the Internet-based information and reporting system.

WP 5: support to national surveillance and policy intelligence

This WP aims to assist countries in developing and improving information systems on diet, nutrition and physical activity by implementing training activities at European and national levels in selected countries. The WP will complement and support the implementation of activities carried out under WP 1, WP 2 and WP 3.

The following activities are included in this WP:

1. establishment of a network of national information focal points;
2. organization of an annual European capacity-building workshop;
3. development of supportive tools for the surveillance of diet, nutrition and physical activity; and
4. delivery of technical assistance.

Focal points can support WP 5 by:

- providing information according to a standardized methodology;
- reporting on challenges, gaps and needs;
- participating in annual workshops;
- sharing experiences of existing monitoring and surveillance systems; and
- applying surveillance tools and providing feedback.

WP 6: coordination, management and reporting

The purpose of this WP is to ensure that project deliverables are completed on schedule, project implementation is duly monitored and, if necessary, corrective measures are taken.

The following activities are included in this WP:

1. day-to-day management;
2. establishment of a Steering Committee and convening of meetings;
3. establishment of an Advisory Group and convening of meetings; and
4. monitoring of the technical, administrative and financial implementation of the project.

WP 7: dissemination of results

The purpose of this WP is to ensure effective dissemination of the project results in order to raise awareness and political commitment at the highest level among European policy-makers.

The following activities are included in this WP:

1. meetings of WHO Nutrition Counterparts;
2. launching of the database;
3. annual publications with outputs from the database;
4. contributions to WHO and EC reports; and
5. the web site.

Focal points can support WP 7 by:

- liaising with national representatives of the EU High Level Group on Nutrition and Physical Activity;
- liaising with WHO Nutrition Counterparts; and
- supporting the validation of the information provided and its formal approval by the competent national authorities.

Information retrieval procedures and main data sources

Focal Points are asked to provide data for WP 1, WP 2 and WP 3; much of this information is already available, however. During the information retrieval process, the following will be considered:

- existing databases and meta-databases, such as the WHO Global InfoBase, the EC Statistical Office (Eurostat), Data Food Networking (DAFNE) and the statistical database of the Food and Agricultural Organization of the United Nations (FAO);
- results of surveys carried out earlier, such as the questionnaires to Member States in the WHO European Region on obesity prevention policies and on food and nutrition policies, and the questionnaire on policies to prevent unhealthy diets and lack of physical activity in the member countries of the Organisation for Economic Co-operation and Development (OECD); and
- other current international projects with links to the WHO/EC project, such as Instruments for Assessing Levels of Physical Activity and Fitness (ALPHA), the EC project on tackling the social and economic determinants of nutrition and physical activity for the prevention of obesity in Europe (EURO-PREVOB), Health promotion through obesity prevention across Europe (HOPE), the European Nutrition and Health Report II project (EHNR II) and Epoque European Network (EEN-Epoque).

Relevant sources might be:

- all government bodies concerned, such as ministries and national statistical offices;
- key research/public health institutions;
- other national and regional key stakeholders;
- existing national databases; and
- WHO Nutrition Counterparts, the WHO European network for the promotion of

health-enhancing physical activity (HEPA), the WHO countrywide integrated noncommunicable diseases intervention (CINDI) programme and similar existing information networks.

WHO will provide Focal Points with:

- further information on how to identify key institutions and stakeholders;
- a standard methodology for information collection and retrieval per WP; and
- the reporting template.

EU projects, public health programmes and co-funded European projects with links to the project

To avoid duplication, it is important to link with existing projects and Internet resources on overweight, nutrition and physical activity. Part of the data collection for this project will be realized through networking and integration with other systems and projects. Related projects exist for WP 1, WP 2, WP 3 and WP 5. WHO has already established contact with some of these and is in the process of establishing links with the others.

There are links between the following European projects and the WHO/EC project:

ALPHA	(WP 1, WP 5)
ANEMOS	(Expansion and update of existing nutrition monitoring systems) (WP 1)
DAFNE	(WP 1, WP 2)
EEN-Epode	(WP 3)
EFCOVAL	(European Food Consumption Validation) (WP 1, WP 3)
ENHR II	(WP 1, WP 2)
EUNAAPA	(EUropean Network for Action on Ageing and Physical Activity) (WP 2, WP 5)
EURO-PREVOB	(WP 2)
EURRECA	(EUropean micronutrient RECommendations Aligned Network of Excellence) (WP 2)
HOPE	(WP 3)
IDAMES	(Innovative Dietary Assessment Methods in Epidemiological Studies and Public Health) (WP 1, WP 5)
PANACEA	(Physical Activity, Nutrition, Alcohol, Cessation of Smoking, Eating out of home And obesity) (WP 1)
PERISCOPE	(Pilot European Regional Interventions for Smart Childhood Obesity Prevention in Early Age) (WP 1)
PolMark	(Policies on Marketing Food and Beverages to Children) (WP 2)

Discussion

The following issues were raised during discussion.

General

- Focal Points welcomed the project as an important step towards supporting Member States in addressing the current challenge of obesity and improving nutrition and physical activity. The project was seen as a beginning to long-term investment in this area.
- Focal Points hoped that as the project would relieve them from having to report and provide information to different bodies.

Terms of reference

- A timeline for Focal Points on workload and deadlines for deliverables would be provided.
- Focal Points were concerned about the workload and resources needed for their contribution to the project, albeit that a lot of information was already available. Their main role would therefore be to complement and ensure the accuracy of that information.
- To ensure that Focal Points received support from their health ministries, WHO would send a letter to the ministries of describing the project and the role of the Focal Points, and asking them to provide support and facilitate collaboration between their Focal Point and other relevant ministries and institutions.
- Focal points suggested that the terms of reference include the role of other stakeholders.

Information retrieval and reporting

- WHO would provide precise data retrieval instructions to ensure that the Focal Points understood the meaning of policy, mapping and voluntary actions. These instructions would also advise the Focal Points what to do should data not be available, as this would provide important information on gaps in data. However, local studies and data could also be used.
- WHO confirmed, in response to a query as to whether only peer-reviewed reports/data could be used, that all published data were welcome. If data were available only in a local language, then WHO would like to receive an English summary.
- WHO emphasized the importance of feedback from Focal Points on the data retrieval instructions (these were forwarded after the meeting).

- Focal Points stressed that terms such as “public policy” and “voluntary approaches” would need to be specifically explained in the reporting templates.
- WHO would provide Focal Points with a reporting template and an overview of data already available by the end of 2008. The first reporting deadline would be in spring 2009.

Stakeholder identification

- WHO would provide Focal Points with information on how to identify the main institutions and stakeholders.

General discussion on projects with links

- WHO would find out whether the EC’s Directorates-General for Agriculture and Rural Development and for Energy and Transport had any projects with links to this project.
- Other projects and surveys that were mentioned by the Focal Points were the Health Behaviour in School-aged Children (HBSC) survey, EURO-PREVOB, ALPHA, ENHR II and Eurobarometer. WHO pointed out that links had already been established with many of the related projects and others were foreseen.

European Commission

- EC underlined the importance of this challenging project and expressed its willingness to work closely with WHO to achieve the objectives.
- EC would provide WHO with a list of national platform members to enable Focal Points to make contact with them.
- EC informed the meeting that its monitoring tool to assess progress in the Platform on diet, physical activity and health could be linked to the present project.

Advisory Group

- The Advisory Group was very impressed with the joint WHO/EC project and recognized that it would be a big task to coordinate and integrate all the available data. The Group stressed that WHO should ensure that Focal Points received clear and precise instructions, since the project depended on good collaboration with the Focal Points.
- The Group proposed that WHO developed a prototype that could serve as an example for the Focal Points on how best to collect data and identify stakeholders.
- The Group suggested that countries could be organized in subregional networks in order to support each other and exchange similar experiences and solutions to problems.

- The Group advised WHO to divide work requests to Focal Points into small tasks with individual deadlines, rather than present them as single large requests with a final deadline.
- The Group saw the project as a unique opportunity to identify gaps in information and for countries to learn from each other.

Conclusions and further steps

- WHO would provide focal points with precise instructions on how to identify key institutions and stakeholders.
- WHO would provide focal points before the end of 2008 with:
 - a standard methodology for information collection and retrieval per WP;
 - a template for reporting; and
 - an overview of the data that WHO already had available for each country.
- Focal points would provide WHO with an overview of the main stakeholders by the end of 2008.
- First reporting on data, policies and other required information would be in spring 2009 (exact date to follow).

Next meeting

- The second meeting of the National Information Focal Points is planned for June 2009 in Copenhagen or Rome.

ANNEX 1. Participants

National Information Focal Points

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ANNEX 2. Programme

Tuesday, 23 September 2008

- 12.00 – 13.30 **Registration**
- 14.00 – 14.30 **Welcome and introductions**
- 14.30 – 14.45 **Introduction to the project**
Presentation by Trudy Wijnhoven
Plenary discussion
- 14.45 – 15.15 **Terms of reference of National Information Focal Points**
Presentation by Sonja Kahlmeier
Plenary discussion
- 15.15 – 15.30 **Work package 1: surveillance of nutritional status, dietary habits and physical activity patterns**
Presentation by Trudy Wijnhoven
- 15.30 – 15.45 **Work package 2: national policies and actions**
Presentation by Trudy Wijnhoven
- 15.45 – 16.00 **Work package 3: good practice in regional and local initiatives**
Presentation by Sonja Kahlmeier
- 16.00 – 16.15 **Coffee break**
- 16.15 – 16.45 **WHO good practice appraisal tool for preventive interventions**
Presentation by Lideke Middelbeek
- 16.45 – 17.15 **Plenary discussion, work packages 1, 2 and 3**
- 17.15 – 17.30 **Work package 4: establishment of the database and management**
Presentation by Trudy Wijnhoven
- 17.30 – 17.45 **Work package 5: support to national surveillance and policy intelligence**
Presentation by Sonja Kahlmeier
- 17.45 – 18.00 **Work package 6: coordination, management and reporting**
Work package 7: dissemination of results
Presentation by Trudy Wijnhoven
- 18.00 – 18.30 **Plenary discussion, work packages 4, 5, 6 and 7**
- 18.30 **Close**
- 20.00 **WHO invites participants to dinner at restaurant "l'Atelier Européen"**

Wednesday, 24 September 2008

- 09.00 – 09.45 **Database architecture**
Presentation by Trudy Wijnhoven
Plenary discussion
- 09.45 – 10.15 **Information retrieval procedures and main data sources**
Presentation by Sonja Kahlmeier
Plenary discussion
- 10.15 – 10.45 **Ongoing and future EU/Public Health Programme co-funded
European projects with links to the project**
Presentation by Lideke Middelbeek
Plenary discussion
- 10.45 – 11.00 ***Coffee break***
- 11.00 – 11.15 **Format of yearly reports**
Presentation by Sonja Kahlmeier
Plenary discussion
- 11.15 – 12.00 **Conclusions, recommendations and next steps**
- 12.00 **Close**
- 12.00 – 13.00 ***Lunch***
- 13.00 – 15.30 **Meeting of project Advisory Group (members only)**
- 15.30 – 15.45 ***Coffee break***
- 15.45 – 16.45 **Meeting of project Steering Committee (members only)**

ANNEX 3. Terms of reference of National Information Focal Points

The National Information Focal Point in each EU Member State will be chosen from the ministry responsible for health, from another relevant ministry such as that responsible for sport, or from a technical agency dealing with diet, nutrition and physical activity, with the aim of:

- reviewing progress towards improving nutrition and physical activity levels, in particular reducing the prevalence of overweight and obesity and achieving commitments to obesity reduction strategies in the country in question; and
- developing a better understanding of the priorities and policies of different sectors to ensure consistency in the implementation of the overall public health agenda.

The National Information Focal Point for Nutrition and Physical Activity is asked to undertake the following:

- identify national key stakeholders working on diet, nutrition, physical activity, obesity prevention and obesity reduction strategies;
- engage the appropriate expertise at the national level to cover the areas addressed by the project;
- coordinate national efforts to identify relevant sources of information, including:
 - published national and regional surveys conducted in children, adolescents and adults on their nutritional status, micronutrient status, individual dietary intake, household food availability and physical activity patterns;
 - national policy documents on diet, nutrition and physical activity and other public policies (e.g. legislation, public–private partnerships and other activities of national governments addressing food supply, consumer information, active transport, physical activity and sport promotion, education in nutrition or physical activity, market of food and public food procurement) using information checklists to be provided by WHO;
 - information on statutory and voluntary regulations, guidelines and codes of practice (e.g. national and international initiatives that address product characteristics, consumer information, marketing of food and provision of food in private catering facilities); and
 - information on national, regional and local public health programmes, projects and initiatives aiming to improve the diet and level of physical activity of different population groups in different settings;

- provide Internet links to identified documents and project home pages if available;
- provide summaries in English of the identified documents if necessary;
- provide feedback on the Internet-based information and reporting system and good practice appraisal tool (to be developed);
- liaise with national representatives of the EU High Level Group on Nutrition and Physical Activity; and
- support the validation of the information provided and its formal approval by the competent national authorities before it is published by WHO.

Joint WHO/EC DG SANCO project: Monitoring progress on improving nutrition and physical activity and preventing obesity in the European Union (EU), 2008-2010

Report series

No. Title

- 1 Report of the 1st Meeting of National Information Focal Points, Brussels, Belgium, 23–24 September 2008
- 2 Report of the 2nd Meeting of National Information Focal Points, Copenhagen, Denmark, 23–24 June 2009
- 3 Report of the Meeting on community initiatives to improve nutrition and physical activity, Berlin, Germany, 21–22 February 2008
- 4 Report of the Workshop on integration of data on physical activity patterns, Zurich, Switzerland, 25–26 February 2009
- 5 Report of the Workshop on integration of data on household food availability and individual dietary intakes, Copenhagen, Denmark, 28–29 April 2009
- 6 Review of physical activity surveillance data sources in European Union Member States
- 7 Review of dietary intake surveillance data sources in European Union Member States
- 8 Review of obesity surveillance data sources in European Union Member States
- 9 Review of food and nutrition policy development and legislation in European Union Member States
- 10 Review of physical activity promotion policy development and legislation in European Union Member States
- 11 Overview of public-private partnerships aiming to prevent obesity in European Union Member States
- 12 Overview of implementation of statutory and self-regulatory codes in the area of marketing foods and beverages to children in European Union Member States

For further information please contact:



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